

# MARCH 2025

## OPEN GYM SCHEDULE



No team practices or private training during open times.

Open gym times are subject to change.

Please check calendar for updates before you leave.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="display: flex; flex-wrap: wrap;"> <div style="width: 50%;"> <p><span style="display: inline-block; width: 15px; height: 15px; background-color: black; margin-right: 5px;"></span> Pickleball (# of nets)</p> <p><span style="display: inline-block; width: 15px; height: 15px; background-color: gray; margin-right: 5px;"></span> Badminton (# of nets)</p> <p><span style="display: inline-block; width: 15px; height: 15px; background-color: blue; margin-right: 5px;"></span> Volleyball (# of nets)</p> <p><span style="display: inline-block; width: 15px; height: 15px; background-color: purple; margin-right: 5px;"></span> Middle &amp; Elementary Basketball (# of full courts available) <i>Ages 15 &amp; younger - parents requested to check student in at desk</i></p> </div> <div style="width: 50%;"> <p><span style="display: inline-block; width: 15px; height: 15px; background-color: green; margin-right: 5px;"></span> Basketball (# of full courts)</p> <p><span style="display: inline-block; width: 15px; height: 15px; background-color: pink; margin-right: 5px;"></span> Adaptive/wheelchair sports (# of full courts)</p> </div> </div>						1
2	3	4	5	6	7	8
8:30-11:30am (3)	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	
12pm-3:45pm (1)	1:15-4:30pm (2)	1:15-5pm (1)	1:15-4:15pm (1)	1:15-4pm (2)	1:15-5:45pm (2)	
	7:15-8pm (3)		1:15-6pm (1)	8:15-9:45pm (2)	6-7:45pm (6)	
	8-9:45pm (6)		6:15-9:45pm (2)		8-9:45pm (6)	
9	10	11	12	13	14	15
8:30-11:30am (3)	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	2:30-4:30pm (1)
12pm-3:45pm (1)	1:15-4:30pm (2)	1:15-5pm (1)	1:15-4:15pm (1)	1:15-4pm (2)	1:15-5:45pm (2)	
	7:15-8pm (3)		1:15-6pm (1)	8:15-9:45pm (2)	6-7:45pm (6)	
	8-9:45pm (6)		6:15-9:45pm (2)		8-9:45pm (6)	
16	17	18	19	20	21	22
8:30-11:30am (3)	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	
12pm-3:45pm (1)	1:15-4:30pm (2)	1:15-5pm (1)	1:15-4:15pm (1)	1:15-4pm (2)	1:15-5:45pm (2)	
	7:15-8pm (3)		1:15-6pm (1)	8:15-9:45pm (2)	6-7:45pm (6)	
	8-9:45pm (6)		6:15-9:45pm (2)		8-9:45pm (6)	
23	24	25	26	27	28	29
	8am-1pm (6)	8am-1pm (6)	8am-1pm (6)	8am-1pm (3)	8am-1pm (6)	9am-12:45pm (1)
	1:15-4:30pm (2)		1:15-4:15pm (1)	1:15-4pm (2)	1:15-5:45pm (2)	
	7:15-8pm (3)	1:15-5pm (1)	1:15-6pm (1)	8:15-9:45pm (2)	6-7:45pm (6)	
	8-9:45pm (6)		6:15-9:45pm (2)		8-9:45pm (6)	
30	31					
8:30-11:30am (6)	8am-1pm (6)					
12-2:45pm (2)	1:15-4:45pm (2)					
3-5pm (1)	5-7pm (2)					
5:30-7:45pm (1)	7:15-9:45pm (6)					

# OPEN GYM

## GENERAL INFORMATION

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**RESIDENT RATE:**  
\$6/visit

**NON-RESIDENT RATE:**  
\$8/visit

- Wristbands are sold only at the active wing desk (near the gym).
- Sales begin 15 minutes before the session starts.
- You must be present to purchase a wristband (one person, one wristband).
- We will no longer keep waitlists. To off-set this, evening and weekend open gym sessions will be limited to 2 hours or less.



## OPEN PICKLEBALL & BADMINTON

- Loaner paddles/rackets and pickleballs/shuttlecocks will be provided.
- When all courts are in use, players entering the court should place their paddles/rackets in the first open plastic bin to reserve the next open court.
- When all courts are full and players are waiting:
  - All games must be doubles (4 players per net)
  - For pickleball – games are played to 11, win by 2
  - For badminton – rally scoring to 21
  - Once a game is finished, those players must exit the court and place their paddles/rackets in the next open plastic bin to re-enter the rotation
  - Players in the “next up” bin will place their empty bin at the back of the line and take the recently vacated court
  - Players **MUST** rotate after each game
- This is community play, meaning it is **NOT** a private court rental. When players are waiting, you can play one game and then exit the court and re-enter the rotation. If you don't share the space, you will be asked to leave.