2023 Regular Group – 4th Schedule – August 28/30 through October 9/11 Except for September 27 which starts at 10:00, All Ride Start at 9:30

Aug 28/30 9:30 Minnesota Bluffs Leader: Bob Flynn 612-280-9540

Meet at Miller Park (8250 Shoreline Dr, Eden Prairie, MN 55347). We will ride the Minnesota Bluffs

Trail crossing the Minnesota River on the highway 101 bridge into Shakopee then on to Chaska. Return on
the Bluffs trail to Miller Park. Coffee Stop at the end of the ride. Trail: limestone and asphalt. Slight up
hill back to Miller Park. About 20 miles. Directions to Miller Park from 494 take Hwy 212 west stay
in right hand lane to West bound Hwy 5 then take a left on Eden Prairie Rd. Go approximately
3/4 mile to park entrance on your right. 15 miles from PCC. (Start Location)

Meet at the Theodor Wirth Chalet parking lot — not the lot by the new Trail Building. 1301

Theodore Wirth Parkway. The ride willgo into Wirth Park, down to the Cedar Lake Trail to Nicollet Island & St. Anthony Main. From there we will ride through Dinkytown, up Stinson Blvd. and stop for coffee. Then onto the St. Anthony Blvd. Parkway trails to the river. Finally, we'll bike Victory Memorial Drive back to the parking lot at Wirth. Trail: about 20 mi., paved and quite level but with some moderate hills. Directions: Take Hwy 55 to Theodore Wirth Pkwy, North on Wirth Pkwy for about 0.7 miles to the Chalet Parking Lot. 9 miles from PCC. (Start Location)

Sept 11/13 9:30 Rock Island Swing Bridge (New) Leader: Kevin Krueger 952-210-6570

Meet at the Rock Island Swing Bridge 4465 66th St E, Inver Grove Heights. Trails: Mississippi
River Greenway, Robert Piram, Battle Creek, Indian mounds, Swede Hollow/Bruce Vento and Sam Morgan.

Coffee Stop at the end of the ride. Trial: Mostly bike trails with some moderate hills. About 24 miles.

Directions to the Swinging Bridge south and then east on I494 to Concord St S in South Saint
Paul (exit 64B); follow Concord St S for 1.8 miles to 66th St E. Turn left and follow 66th St for
about one-eighth of a mile. Parking is on the right. 34 miles from PCC. (Start Location)

Meet at Valley Park 905 9th Ave S, Hopkins 55343. Ride the Nine Mile Creek Trail and some side streets out and back for a 22 mile ride. On Wednesday there is the option to continue for a 32 mile loop. A coffee stop is optional at the end of the ride. The trail is mainly flat with a few moderate hills leading to a number of long bridges. Directions: From Hwy 169 -- exit on Excelsior Blvd (westbound) to 11th Ave S. Proceed south on 11th Ave S to 7th St. S. Turn left (east) at 7th St. S to 9th Ave S. Turn right (south) at 9th Ave. S. Parking is about .2 miles on the left. If the lot is full park in the street on 9th Ave. 11 miles from PCC. (Start Location)

Sept 27, Only 10:00 Cannon Valley Trail to Red Wing Leader: Bill Lundberg 763-2353701

Meet at 10:00 a.m. at the trail parking lot at the Welch Cannon Valley trail access. Ride from Welch to Red Wing and have buffet lunch at the Godfather's Pizza in the Red Wing "Pottery Place Historic Center". Trail: Paved rail-bed, very slight grades; about 20 miles. \$5 daily user fee (exact amount required). Directions to the Welsh access area parking: Take I-494 to US-52, US-52 south to Hampton/MN-50, MN-50 and US-61 east to Goodhue County 7 south to Welch. The parking lot is visible on the right just after you cross the Cannon River. 61 miles from PCC. (Start Location)

Oct 2/4 9:30 Mississippi River Gorge from Nokomis Leader: Ron & Carmen Kirsch 763-607-7720 Meet at the beach house on Nokomis Parkway in Minneapolis, 5074 W Lake Nokomis Parkway.

The ride will go east to the Mississippi River, then along both sides of the river to Boom Island Park,



crossing the Mississippi a couple of times. Trail: Paved trail and city streets that go down to river level and back up to the bluff top; about 23 miles. Directions: The beach house is at the northwest side of Lake Nokomis on West Lake Nokomis Parkway. You can take the Crosstown Highway (MN 62) to Cedar Ave. Go north on Cedar. After crossing the bridge over the west portion of the lake, turn right onto W Lake Nokomis Pkwy. There is a charge for parking in the parking lot. Street parking is free. Beach house is on the right. 21 miles from PCC. (Start Location)

October 9/11 9:30 Rice Creek and Silverwood Park Leader: Linda Platt 612-723-0838

Meet at Webber Park in Mpls, 4310 Webber Parkway. The ride will go across the Camden Bridge and through Columbia Heights and New Brighton mostly along trails and some streets. Along the way we will stop at Silverwood Park for coffee. We will ride through Long Lake Park, along the Rice Creek Trail and the Mississippi. Some hills. About 22 Miles.— Webber Park from Plymouth — Take Hwy 55 East to Theodore Wirth Pkwy, North on Wirth Pkwy, after 2.4 miles it becomes Victory Memorial Drive, after another 2.7 miles it becomes Webber Pkwy, after another 0.4 miles turn left at N Colfax Ave into parking lot. 14 miles from PCC. (Start Location)

October 18 Noon Year End Luncheon at Plymouth Community Center