

# Plymouth Pedalers Lite Biking Club

2023 Lite Group Schedule 3 - July 12 through August 23

<b>July 12- 10:00</b>	<b><u>Lunch Ride to Pyre's Brewery</u></b> <b>(start at 10:00 a.m.)</b>	<b>Leader: Linda Platt</b>
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**Meet at Triangle Park at - Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. Mpls.** Ride the North Cedar Lake Regional Trail to the Mississippi River. Go over the Hennepin bridge and proceed to Boom Island. Cross back over the Mississippi to Pyre's Brewery. Return on the Bike trail to Cedar Lake Parking.. **15 miles.** **Take Hwy 55 to Theodore Wirth Parkway, go south on Theo Wirth to Cedar Lake Pkwy., take Cedar Lake Pkwy to 22<sup>nd</sup> Street, go right on 22<sup>nd</sup> one block to South Drew Ave., go left on Drew for one block to the park**  
**[\(Start Location\)](#)**

<b>Jul 19-9:00</b>	<b><u>Medicine Lake to Luce Line</u></b>	<b>Leader: Laurie Netznik</b>
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**Meet at West Medicine Lake Park, 1920 West Medicine Lake Dr, Plymouth.** Ride to the Luce Line then east to Hwy 100. Return north of railroad tracks on city streets. Trail: Mostly bike trails and generally flat. About 12 miles **Directions: From Hwy 55: go north on West Medicine Lake Dr. From Rockford Rd: go south on Northwest Blvd then south on West Medicine Lake Dr.**  
**[\(Start Location\)](#)**

<b>July 26 - 9:00</b>	<b><u>Cedar Lake Trail to Sculpture Garden</u></b>	<b>Leader: Norm Spaeth</b>
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**Meet at the Depot Coffee House parking lot; 9451 Excelsior Blvd., Hopkins 55343.** Ride on the North Cedar Lake Trail to the Sculpture Garden. Then we'll return to Hopkins on the North Cedar Lake Trail. **About 16 miles.** **Directions: Take Hwy 169 south to Excelsior Blvd. exit. Turn left (east) on Excelsior Blvd and right at first stop light into the Depot parking lot.**  
**[\(Start Location\)](#)**

<b>Aug 2- 9:00</b>	<b><u>Mendota to Harriet Island</u></b>	<b>Leader: Deb Grill</b>
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**Meet at trailhead for Big Rivers Regional Trail: 1498 Mendota Heights Rd.** We'll ride to Harriet Island along a paved old railroad bed, then across Robert Street Bridge into St Paul to Kellogg Mall Park. Return across Wabasha St. Bridge and back to Mendota. Trail **About 14 miles.** Trail: Bike paths and city streets; generally flat. **Directions: 494 East to Pilot Knob Rd. N. Left onto Mendota Heights Rd to Sibley Memorial Highway, to parking lot.** **[Start Location](#)**

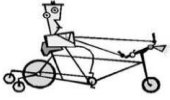
<b>Aug 9-9:00</b>	<b><u>Maple Grove Arboretum to Elm Creek</u></b>	<b>Leader: Chuck Seifert</b>
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**Meet at the Maple Grove Arboretum parking lot. About 9412 Fernbrook Ln. N.** Ride through Elm Creek Park Reserve on rolling trails and return. Approx. 10 miles. **Directions: Take I-494 N to I-94 N, exit and turn right on to Weaver Lake Rd, turn left on to Elm Creek Blvd., turn left on to 93rd Ave. N, turn right onto Fernbrook Ln. Parking about 1/10 of a mile on the right.**  
**[\(Start Location Map\)](#)**

Schedule questions? Call Gary Doyle at 612-508-4431 or send email to [garydoyle4835@gmail.com](mailto:garydoyle4835@gmail.com).

Ride cancelled for inclement weather or extreme temperatures? Info posted by 7:30 am at 763-509-5275

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**Aug 16 - 9:00**

**Minnetonka LRT to Excelsior**

**Leader: John Heibel**

**Meet at the Minnetonka Community Center, 14600 Minnetonka Blvd.** We will ride on the LRT trail to Excelsior, we will make a loop going toward the beach and around town, stopping for coffee. We'll then head back to the LRT Trail and the Community Center. Trail: Level limestone rail bed, and mostly level city streets. **14 mi.** **Directions: The Community Center is located on the north side of Minnetonka Blvd at the intersection of Williston Road. Williston Road is located a half mile west of #494 on Mtka Blvd. ([Start location](#))**

**Aug 23 - 9:00**

**Miss. Regional Trail**

**Leader: Pam Schik**

**Meet at Mississippi Crossings Event Center -307 East River Pkwy, Champlin.** We'll ride from Event Center along the northwest side of the Mississippi River into the Mississippi West Regional Trail. Stopping for coffee at the end of ride in Anoka. Trail: mostly flat, 14 miles. **Directions: north on hwy 169, right on West River Road, then 1<sup>st</sup> Left on East River Pkwy turn onto parking lot of event center. ([Start Location](#))**

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