



# Plymouth Pedalers Biking Club

**2023 Regular Group -- Schedule Three -- July 10/12 through August 21/23**

**Except for July 24/26, all Rides Start at 9:00**

**July 10/12      9:00                      Minnetonka Islands                      Leader: Kevin Krueger**

**Meet at the beach house parking lot in Wayzata - 238 Grove Lane East, Wayzata, MN.**

The ride will go west on the Dakota Rail Regional trail to Bartlett Blvd and Wilshire Blvd. Then on to Phelps Island, Enchanted Island and Shady Island, returning to the Dakota trail by way of Tuxedo Blvd and Interlachen Blvd. Trail: flat paved trail, but the islands are hilly. **Direction: Take County Rd 15 (Lake Street) west through Wayzata to Grove Lane, turn left and follow Grove to the parking area. ([Start Location](#))**

**July 17/19      9:00                      Anoka/Ramsey (New)                      Leader: Pam Schik**

**Meet at the new Mississippi Crossings parking area – 307 E. River Pkwy, Champlin.** Ride into Anoka, follow the Rum River into Ramsey on quiet streets and trails. Around Lake Itaska looping back at Northfork golf course. Trail: streets and trail generally flat. Distance: 24 miles.

**Directions: North on 169, right on West River Road, (the stoplight after Hayden Lake Road), then a quick left into the parking lot. ([Start Location](#))**

**July 24/26      10:00                      Pyres Brewry (Lunch 26<sup>th</sup>, only)                      Leader: Bill Lundberg**

**Meet at the Triangle Park - Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W 24th St.** Ride the South Cedar Lake Trail to the Greenway, Continue on the Greenway through the Seward neighborhood, cross the Franklin Ave. Bridge to Prospect Park and the Witch's Hat, take the U of M Trail to West River Pkwy to Pyres Brewery for **lunch**. Return to Cedar Lake by way of Twins Stadium, Loring Park, and North Cedar Trail. Trail: Level paved bike trails (except by the Witch's Hat), and low traffic city streets. Distance: 20 miles. **Take Hwy 55 to Theodor Wirth Parkway, go south on Theo Wirth to Cedar Lake Pkwy., take Cedar Lake Pkwy to 22<sup>nd</sup> Street, go right on 22<sup>nd</sup> one block to South Drew Ave., go left on Drew for one block to the park ([Start Location](#))**

**July 31/Aug 2      9:00                      Mississippi-MN River Confluence                      Leader: Bob Flynn**

**Meet at the beach house on Nokomis Parkway in Minneapolis, 5074 Lake Nokomis Parkway.**

Ride through Minnehaha Park and across the Mississippi River at the Ford Parkway. We'll ride through Crosby Farm, downtown St. Paul and cross the Mississippi River at the Wabasha Bridge and the Minnesota River at the Mendota Bridge. **Coffee stop along the way.** Mostly trails and residential streets – some light hills. About 23 miles. **Directions: The beach house is at the northwest side of Lake Nokomis on Lake Nokomis Parkway. You can take the Crosstown Highway (MN 62) to Cedar Ave. Go north on Cedar. After crossing the bridge over the west portion of the lake, turn right onto W Lake Nokomis Pkwy. There is a charge for parking in the parking lot. Street parking is free. Beach house is on the right. ([Start Location](#))**

**Aug 7/9      9:00                      Biking the Bays of Lake Minnetonka                      Leader: Laurie Netznik**

**Meet at the Minnetonka Community Center, 14600 Minnetonka Blvd.** Ride on the Lake Minnetonka LRT Trail, and then head to Libb's Bay, the Minnehaha Creek Headwaters, and to the trail on Co Rd 101 that passes Gray's Bay & Wayzata Bay. From there we'll ride to St. Louis Bay,

Schedule questions? Call Gary Doyle at 612-508-4431 or send email to [garydoyle4835@gmail.com](mailto:garydoyle4835@gmail.com).

Inclement Weather (Too Hot, Too Cold) Call Ride Info Line? 763-509-5275.

Sponsored by Plymouth Parks and Recreation.



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Carson Bay, the Cottagewood area, St. Alban's Bay, Excelsior Bay, Gideon's Bay, and finally back to the community center. **Coffee in Excelsior.** 20 mi. Trail: Level limestone on the LRT, paved city roads, and some hills. **Directions: The Community Center is located on the north side of Minnetonka Blvd at the intersection of Williston Road. Williston Road is located a half mile west of I-494 on Minnetonka Blvd. Park in the Community Center lot closest to Mtk. Blvd. ([Start Location](#))**

**Aug 14/16 9:00 Rush Creek Regional Trail from Elm Creek Leader: Gary Doyle**

**Meet at the Elm Creek Regional Park -- [Beach](#) Parking Lot, 12400 James Deane Pkwy.**

From Elm Creek Park ride along quiet city streets and trail to the Rush Creek Regional Trail. Follow the trail, crossing Hwy 169, then turn south to Oak Grove Pkwy and Noble Pkwy. Follow the trail along the Edinburgh Golf Course to a stop at McDonalds. Follow West River Pkwy to the Mississippi River, crossing along the Hwy 610. Continue to the Conne Rapids and the Mississippi Gateway Regional Park. Back to Elm Creek along the Rush Creek Trail. . Trail: Level and paved trails, about 19 miles. **Directions: To get to the Beach Parking lot -- From I-94 west, exit at Weaver Lake Road in Maple Grove. Go east about 1/3 of a mile to Elm Creek Blvd, then north on Elm Creek Blvd to the park entrance. Follow the park road (James Deane Parkway) 1.4 miles. Then turn left – down a small hill - to the beach parking lot. ([Start Location](#))**

**Aug 21/23 9:00 Bunker Hills/Anoka Leader: Bob Flynn**

**Meet in the Mississippi Gateway Regional Park (west side of the Coon Rapids Dam).**

**10360 W River Rd. 55444.** We will cross the dam and head north on the Coon Creek trail to Bunker Hills Regional Park. Then head west - mostly along Bunker Lake Blvd. - turn south onto the Rum River Trail into Anoka, where we'll have a **coffee stop**. From Anoka, we'll head SE along the Mississippi River Trail (MRT) back to the Dam. Distance: **About 25 miles. Trail: Mostly flat, except for Bunker Hills. Directions: From US-169 north, take MN-610 east for 2.5 miles, take Noble Pkwy north for .5 miles, take 97th Ave N east for 1.1 miles, take Russell Ave N (W River Rd) north for .7 miles. The park is on the right. ([Start Location](#))**