



Plymouth Pedalers Biking Club

2nd Newsletter May 24 - July 5, 2023

Welcome to Our Second Newsletter and Schedule in 2023

In spite of some quite cool and fairly hot weather to start our 2023 season, ride turn out has been great with 49 Lite and Regular pedalers riding around the lakes. Other memorable locations -- the big pencil along Lake of the Isles and Coffee at the Turtle Bread Company. And our own Orange Brigade.



Now we're looking for some just right weather for our seven second schedule rides.

Both the Lites and the Regulars have the same start location four times on the second schedule, including a new start location – Shady Oak Beach – on May 31. See the ride schedules for a links to this location. On July 5 "Holiday Week", the Lites and Regs will both start at Triangle Park and ride to Minnehaha Park. Regs will leave first and Lites will follow. On June 7, the Regulars have an out-of-town ride to Hastings.

On the second schedule, the Regulars will continue to do a pre ride on Mondays in addition to the Wednesday ride. The ride location and the starting time will be the same for both rides. The pre ride may be a bit faster, and more exploratory for trail closures and alternate routes. The Lite rides will ride on Wednesday, only.

Schedules and Newsletters

The Pedalers publish four schedules and newsletters each year. These are available on the Plymouth City Web site, under Senior Programs. Go to web site:

<http://www.plymouthmn.gov/departments/parks-recreation-/recreation-activities/seniors>

Then scroll down to "Plymouth Pedalers". You can also sign up on this web page under "Wednesday" Clubs/Groups.

Annual Club Sign Up

A One-Time annual sign up is all that is required.

To sign up either register online ([you can create an account here](#)) or by phone at 763-509-5200. To register online go to plymouthmn.gov/seniors, under "Wednesdays" you can "click to register" at Plymouth Pedalers Biking Group.

Log In (after you have created an account)

Click on the Plus (+) sign next to Plymouth Pedalers

Scroll to the green area on the bottom right-hand side and click "Add to Cart"

Agree to the Waiver and Click "Continue." Proceed to Checkout



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Bike Maintenance

Now that we've put a few miles on our bikes, let's make sure they stay in tip-top conditions. Clean your bike (we've already been on some soft limestone trails), lubricate your drivetrain, inspect your tires, check your breaks and bring along a spare inner tube. If in doubt take your bike to a shop.

Ride Cancellation Info Line

Our announcement line is 763-509-5275. On ride days, it will be updated by 7:30 a.m. if the ride is cancelled. Call the info line if in doubt about the weather so you don't drive to a ride and find it was cancelled.

Start Times

All rides on the first schedules will start at **9:00, except for the June 7 Regular's ride which starts at 10:00**

YouTube Videos

Ride videos are posted on YouTube. Go to [YouTube](https://www.youtube.com) and search for Plymouth Pedalers.

Ride Leaders

We try to offer new rides every year. If you have any ideas for new rides, let the Steering Committee know. We always like to add variety to our biking schedules.

PPBC Steering Committee

Gary Doyle, Bob Flynn, Deb Grill, Allie Hafez, Kevin Krueger, Bill Lundberg, Linda Platt, Chuck Seifert and Norm Spaeth