



# Plymouth Pedalers Lite Biking Club

## 2022 Lite Group Schedule 3 - July 13 through August 24

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| <b>July 13- 10:00</b>   | <b><u>Lunch Ride to Pyre's Brewery (start at 10:00 a.m.)</u></b> | <b>Leader: Linda Platt</b> |
| <p>Meet at the Triangle Park at - Drew Ave. So. &amp; Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. Mpls. Ride the North Cedar Lake Regional Trail to the Mississippi river. Continue to Boom Island and the brewery for lunch with the Regular Group. Return on the bike trails to Cedar Lake parking. <b>15 miles</b>. Take Hwy 55 to Theodore Wirth Parkway, go south on Theo Wirth to Cedar Lake Pkwy., take Cedar Lake Pkwy to 22<sup>nd</sup> Street, go right on 22<sup>nd</sup> one block to South Drew Ave., go left on Drew for one block to the park (<a href="#">Start Location</a>)</p> |  |                            |

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| <b>Jul 20-9:00</b>   | <b><u>W. Medicine Lake to Wayzata</u></b> | <b>Leader: Bill Lundberg</b> |
| <p>Meet at West Medicine Lake Park, 1920 West Medicine Lake Dr, Plymouth. Ride to Luce Line to Wayzata and its new Downtown trail. Stop for coffee on Main St. Return to Medicine Lake. Trail: Flat hard packed limestone and some city streets. <b>About 14 miles</b>. Directions: From Hwy 55: go north on West Medicine Lake Dr. From Rockford Rd: go south on Northwest Blvd then south on West Medicine Lake Dr. (<a href="#">Start Location</a>)</p> |   |                              |

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| <b>July 27 - 9:00</b>  | <b><u>Cedar Lake Trail to Sculpture Garden</u></b> | <b>Leader: John Heibel</b> |
| <p>Meet at the Depot Coffee House parking lot; 9451 Excelsior Blvd., Hopkins 55343. Ride on the North Cedar Lake Trail to the Sculpture Garden. Then we'll return to Hopkins on the North Cedar Lake Trail. <b>About 16 miles</b>. Directions: Take Hwy 169 south to Excelsior Blvd. exit. Turn left (east) on Excelsior Blvd and right at first stop light into the Depot parking lot. (<a href="#">Start Location</a>)</p> |  |                            |

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| <b>Aug 3- 9:00</b>   | <b><u>Fish Lake, Rice Lake Loop</u></b> | <b>Leader: Deb Grill</b> |
| <p>Meet in the parking lot at Fish Lake Regional Park, 14900 Bass Lake Road. We will ride around up both Fish &amp; Rice Lakes. Then we'll continue the loop west of Fish Lake and including a long downhill joy ride re-entering the park. Paved with a few moderate hills. <b>Distance: 13.5 miles</b>. - Directions: Fish Lake Regional Park Road is 1.4 miles west of I-494 on County Rd 10 (Bass Lake Rd.) The Park is on the north side of Bass Lake Rd and parking is .6 miles from the park entrance. (<a href="#">Start Location</a>)</p> |   |                          |

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| <b>Aug 10-9:00</b>  | <b><u>Minneapolis Lakes from Cedar Lake</u></b> | <b>Leader: Bob Flynn</b> |
| <p>Meet at the Triangle park - Drew Ave. So. &amp; Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. Combined Lite Group and Regular Group. We will go by Cedar Lake, Lake of the Isles, Calhoun, &amp; Harriet. Trail: Paved bike paths and low-traffic city streets. Stop for refreshments along the way. Distance is <b>approximately 12 miles</b>. (To get to the parking area -- take TH 55 to Theo. Wirth Pkwy., go south on Theo Wirth to Cedar Lake. Pkwy., take Cedar Lake Pkwy to 22<sup>nd</sup> Street, go right on 22<sup>nd</sup> one block to So. Drew Ave., go left on Drew for one block to a small park at Drew Ave. and Cedar Shore Dr.) (<a href="#">Start Location</a>)</p> |   |                          |

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| <b>Aug 17 - 9:00</b>  | <b><u>Minnetonka LRT to Excelsior</u></b> | <b>Leader: Norm Spaeth</b> |
| <p>Meet at the Minnetonka Community Center, 14600 Minnetonka Blvd. We will ride on the LRT trail to Excelsior, we will make a loop going toward the beach and around town, stopping for coffee. We'll then head back to the LRT Trail and the Community Center. Trail: Level limestone rail bed, and mostly level city streets. <b>14 mi</b>. Directions: The Community Center is located on the north side of Minnetonka Blvd at the intersection of Williston Road. Williston Road is located a half mile west of #494 on Mtka Blvd. (<a href="#">Start location</a>)</p> |   |                            |

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| <b>Aug 24 - 9:00</b>   | <b><u>Elm Creek Park to Coon Rapids Dam</u></b> | <b>Leader: Rebecca Khankari</b> |
| <p>Meet at the Elm Creek Regional Park -- <b>Beach</b> Parking Lot, One Mile Beyond 12400 James Deane Pkwy. We'll ride from the Elm Creek Park to the Coon Rapids dam, stop at the visitor center, then ride back. Trail: mostly level, paved. <b>About 15 miles</b>. Directions: To get to the Beach Parking lot -- From I-94 west, exit at Weaver Lake Road in Maple Grove. Go east about 1/3 of a mile to Elm Creek Blvd, then north on Elm Creek Blvd to the park entrance. Follow the park road (James Deane Parkway) 1.4 miles. Then turn left - down a little hill - to the beach parking lot. (<a href="#">Start Location</a>)</p> |   |                                 |

Schedule questions? Call Gary Doyle at 612-508-4431 or send email to [garydoyle4835@gmail.com](mailto:garydoyle4835@gmail.com).

Ride cancelled for inclement weather or extreme temperatures? Info posted by 7:30 am at 763-509-5275

Sponsored by Plymouth Parks and Recreation.