

COVID-19 Preparedness Plan –

Plymouth Parks and Recreation

Below are the specific guidelines for the Fall Youth Soccer program as it relates to players, coaches and spectators. Thank you for doing your best to help make this season a success. While there have been some changes, we are looking forward to a fun fall season.

Players

- ☐ Stay home if you are sick
- ☐ Sanitize hands before and after activity (players should bring their own sanitizer)
- ☐ Avoid touching eyes, nose and mouth
- ☐ Cover coughs and sneezes
- ☐ No shared food or drink – bring an individual water bottle for each practice/game
- ☐ If you have a ball, bring it with you to practices/games (sanitize after practices)
- ☐ Players can wear a mask, but it is not required

Coaches

- ☐ Stay home if you are sick
- ☐ Sanitize hands before and after practices/games
- ☐ If possible, sanitize any shared equipment (e.g. ball) after each practice/game
- ☐ No extra scrimmage games on practice nights
- ☐ Coaches can wear a mask, but it is not required

Spectators

- ☐ Stay home if you are sick
- ☐ Maintain 6' of distance between yourself (household) and others
- ☐ Arrive to the field promptly at practice time
- ☐ Leave field immediately following a game/practice
- ☐ You may wear a mask, but it is not required