



Every Wednesday, 2:30-6:30 p.m. | June 23-October 6 | Parkers Lake Playfield, 15500 Co. Rd 6











PLYMOUTH PARKS & RECREATION / 763.509.5200 / plymouthmn.gov/farmersmarket

The market will be bursting with vegetables & fruits, so remember to bring a bag to carry it all home.

A newsletter is published online each week which highlights upcoming news and recipes to try.

Sign up to receive the Farmers Market newsletter and updates at plymouthmn.gov/enotify

SPONSORED BY





**Parks & Recreation Sponsors** 

# Thank You!





Fall 2021 Activities guide

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#### **CONTACT INFORMATION**

#### MAIN PHONE NUMBERS

City Hall	763-509-5000
Parks & Forestry Office	763-509-5940
Plymouth Creek Center	763-509-5280
Plymouth Ice Center	763-509-5250
Weather Line	763-509-5205

#### **PARKS & RECREATION • 763-509-5200**

Kari Hemp, Recreation Manager	763-509-5220
Jason Goehring, Parks & Forestry Manager	763-509-5946
Jess Riley, Plymouth Creek Center Manager	763-509-5281
Erik Halverson, Ice Center Manager	763-509-5251
Dan Lauer, Athletics Supervisor	763-509-5283
Katie Yandell, Aquatics & Outdoor Programs	763-509-5222
Alyssa Fram, Arts & Active Adult Supervisor	763-509-5225
Jessie Koch, Outdoor Facilities & Events Supervisor	763-509-5223
Paul Pearson, Education & Inclusion Supervisor	763-509-5228
Ann Mosack, Health & Fitness Supervisor	763-509-5214
Max Gonzalez, Aquatics Coordinator	763-509-5221
Hannah Windschitl, Program Coordinator	763-509-5226
Jackie Maas, Volunteer Coordinator	763-509-5230
Barb Northway, Deputy Director	763-509-5941
Diane Evans, Director	763-509-5201

#### CITY COUNCIL MEMBERS

Jeffry Wosje, Mayor	jwosje@plymouthmn.gov
Alise McGregor, Ward 1	amcgregor@plymouthmn.gov
Nick Roehl, Ward 2	nroehl@plymouthmn.gov
Jim Davis, Ward 3	jdavis@plymouthmn.gov
Jim Prom, Ward 4	jprom@plymouthmn.gov
Ned Carroll, At Large	ncarroll@plymouthmn.gov
Jim Willis, At Large	jwillis@plymouthmn.gov

# PARK & RECREATION ADVISORY COMMISSION (PRAC) MEMBERS

Marilyn Sunseri, Ward 1
Ann Hoekstra, Ward 2
Hannah Wegner, Ward 3
Vita Wilson, Ward 4
Tricia DeBleeckere, At Large
Margie DuPuis, At Large
Allie Stortie, At Large

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Graphic Design & Layout by Libby Renslo-Nondorf

# Register for Programs



#### QUESTIONS ON PROGRAMS OR REGISTERING?

763-509-5200 / recreation@plymouthmn.gov



#### **PARKS & REC OFFICE HOURS**

Monday-Friday, 8am to 4:30pm



# REGISTRATION BEGINS

Residents: July 28 6am online / 10am phone Non-Residents: August 4 6am online / 10am phone Aquatics Programs: July 28

6am online / 10am phone



# WEATHER UPDATES

763-509-5205

Call the weather line for updates on class cancellations any time of the year.



# ACTIVITIES GUIDES

The Parks & Rec Guide is published three times a year. The Fall guide is published in July. Subscriptions for non-residents are available for \$9/year.

# HOW TO SET UP YOUR ONLINE ACCOUNT



# **GO ONLINE**

plymouthmn.gov/recreation Click the blue and grey "Register Online" button Click Create Account 2 CRE

# **CREATE AN ACCOUNT**

Enter information about yourself. Before you save, add family members that participate in recreation activities by clicking Add New Member.



# SAVE

A quick approval process is required before your account is active. A confirmation will be emailed when your account is approved.

#### FINANCIAL ASSISTANCE

- » Financial assistance application forms are available at: plymouthmn.gov or by calling 763-509-5200.
- » Program financial assistance dollars are available to assist families with children who meet income auidelines.
- » Funds are available to Plymouth residents only and only for children under 18 years of age.
- » Plymouth residents qualifying for assistance may purchase eight reduced price Lifetime passes per year at the Plymouth Parks & Recreation office (\$6.50 for adults and \$2.50 for children).

#### **REGISTRATION POLICIES**

- » Total fee must be paid at the time of registration.
- » Registrations are not accepted at program site.
- » We reserve the right to cancel programs if needed. Full refunds will be issued if a class is cancelled by the City.
- » Cancellations made by Parks and Rec will be sent via e-mail from the Recreation general e-mail account. Credits will be put on the household account to use at a later date or account holder may request to be refunded by the original payment method.
- » Waiting lists will be started if classes fill. Additional or expanded classes may be formed if possible.
- » A receipt may be emailed as a confirmation. Further confirmations will not be sent by mail, phone or fax.
- » When registering by phone, you are officially agreeing to the liability and photo waivers stated on the registration form.

#### WITHDRAWAL / TRANSFER POLICIES

- » Class transfers are available and must be made at least one full week prior to the first class unless noted otherwise
- » Withdrawal/refund requests must be made at least one full week prior to the first class unless noted.
- » A \$5 service fee is retained on each withdrawal/refund request unless noted otherwise.
- » Withdrawals/transfers accepted by calling 763-509-5200. Faxed requests will not be accepted.
- » There are no refunds for missed classes or for withdrawals after the stated full week policy.

Liability Waiver: In consideration of your accepting this entry, I state and affirm that participation in the above program(s) is voluntary. I understand that the program(s) are not an essential service provided by the City; that certain risks are inherent and that these risks, anticipated or unanticipated, may result in injury or damage to persons and/or property. I hereby assume all risks in connection with the program(s); agree to hold the City or anyone acting on behalf of the City harmless and waive any right to make claims or bring lawsuits for any injuries or damages related to the alleged negligence of the City. This waiver does not apply to any injuries or damages that are a result of willful, wanton or intentional misconduct by the City or anyone acting on behalf of the City.

Photo Waiver: I understand that the City may use photographs taken at its programs that picture me or my dependents for publicity purposes.

# wake a difference - Voluntee!

## **General Opportunities**

#### Adopt a Spot

Adopt a park, garden, dog waste station, fire hydrant, storm drain or street to keep Plymouth clean and safe. View a map at plymouthmn.gov/adoptaspot to find which spot is available near you.

#### **Police Explorers**

Youth, aged 14 to 20, explore law enforcement careers by studying an array of topics, including search and arrest, traffic stops, crime prevention, use of force and much more. Explorers meet weekly during the school year. Contact Volunteer Services for an application due Aug. 2.

# **Adults only**

#### **Hockey Ticket Taker**

Take tickets at high school hockey games November through February.

#### **Police Reserves**

Assist sworn officers with traffic and crowd control, transportation of prisoners, surveillance and patrol activities, special events and other education programs. Must be 21 year or older, commit to 15 hours a month, have a clean driving record and background check.

## **Special Events**

Open to individuals 14 years & older. Shift times and lengths vary.

#### Plymouth on Parade

Saturday, Sep 18

Celebrate our community! Monitor areas of the parade route while keeping viewers safe and help with other activities as needed.

#### **Buckthorn Busts**

Saturdays, October 23 and 30; November 6 Eliminate invasive species from Maple Creek Park and Hardenbergh Open Space; excellent opportunity for groups.

#### Halloween at the Lake

Friday, Oct. 29

Help provide a fun, safe Halloween event for children at Parkers Lake Playfields.

#### Holiday at the Hilde

Saturday, Dec 4

Bring your holiday spirit for this winter event for the entire family.

# **Youth Coaching Opportunities**

Open to individuals 16 & older.

No coaching experience required; free coaching materials and training clinics are provided.

#### **Youth Soccer Coaches**

One weeknight & Sat mornings

Whether you're a parent, an adult who enjoys working with children, a current or former player, here's your chance to teach the "world's game" to kids ages 5-11. From mid-Aug through mid-Oct.

#### Flag Football

Tuesday or Thursday evenings & Sun afternoons Guide and teach the fundamental skills of flag football to 5-12 year olds in a recreational environment. September - October

#### Ice Skating

Assist beginning youth skaters during evening and weekend lessons; must be confident on the ice.

# Contact Volunteer Services:

763-509-5230 plymouthmn.gov/volunteer volunteer@plymouthmn.gov

# Parks & Rec Services

# **ADAPTIVE RECREATION**

**REACH FOR RESOURCES** provides programs for all ages and serves the northern and western Twin Cities suburbs. REACH programs include bowling, dances and trips.



952-200-3030



reachforresources.org

**WINDOWS OF OPPORTUNITY** provides programs for adults and serves the Robbinsdale School District 281. Program offerings include trips, dances, bike outings and computer classes.



763-504-6990



**PROJECT SOAR** provides programs for adults and serves four school districts: Hopkins, Minnetonka, St. Louis Park and Wayzata. Program offerings include trips, dances, arts and crafts, BINGO and cooking.



952-401-6898



#### **COURAGE KENNY REHABILITATION INSTITUTE**

provides programs for all ages and has locations in Burnsville, Golden Valley, Forest Lake and Stillwater. Program offerings include swim classes, sports and support groups as well as work and career skills.



612-775-2499



# **INCLUSION SERVICES**

In compliance with the Americans with Disabilities Act of 1990, reasonable accommodations can be provided upon request to allow individuals with a disability to participate in Plymouth Parks & Recreation services, programs and activities.

Plymouth Parks & Recreation offers inclusion services. If you have questions regarding special needs and our inclusion services, please call 763-509-5200.

#### **INCLUSION POLICY**

Plymouth Parks & Recreation prides itself on providing quality programs and activities for people of all abilities. To create the best recreation experience for people with and without disabilities, we require a minimum of two weeks advance notice before the start of a recreation program or activity.

Without a two-week notice, Plymouth Parks & Recreation is not able to guarantee that individual requests can be met. If Plymouth Parks & Recreation cannot meet a given request due to short notice, the participant would be required to arrange for their own Personal Care Attendant (PCA).

No refund will be issued due to the lack of an inclusion aide if you register less than one week from the start of the program.

To ensure that each participant has the best possible experience, follow these steps:

- » Register and notify Recreation staff of any special needs a minimum of two weeks in advance.
- » Complete and return the Participant Information Form.

# **SENIOR SERVICES**

Plymouth Parks & Recreation offers Senior Outreach Services in collaboration with Senior Community Services.

Senior Community Services is a nonprofit organization with a mission to develop, coordinate and provide services that help meet the needs of older adults and support their caregivers. For more information or to set up an appointment call 952-541-1019.



HONOR A VETERAN by having their name engraved on our Veterans Memorial wall located adjacent to City Hall. Any veteran who has been honorably discharged is eligible for engraving. For details and pricing, call 763-509-5200.

# **LIFETIME™ FITNESS: PLYMOUTH**

Plymouth residents may purchase daily passes for the pools and fitness club without the purchase of a LIFETIME™ Fitness membership. Daily rates are: Full club use: \$11.00 (adults), \$6.75 (youth 12-17), \$4.00 (youth under age 12)

Pool only: \$8.25 (adults), \$4.00 (youth under age 12)

The City of Plymouth is not involved in LIFETIME's<sup>™</sup> membership services or day-to-day operations.

Contacting LIFETIME<sup>™</sup> is strongly recommended prior to attending, as they have specific admittance requirements. For more information, call LIFETIME<sup>™</sup> Fitness at 763-509-0909.

# **MEMORIALS**

The City offers opportunities to memorialize a person, pet or event by donating money for a bench or a tree. These unique items range in price from \$500 to \$2.500.

For details, contact Paul Buck at pbuck@plymouthmn.gov or 763-509-5944.



Use myPlymouth 24/7 to report issues, such as potholes, street or park issues, overgrown vegetation, snow plowing problems, graffiti, hydrant issues and more. You can also use myPlymouth to start/stop city utility service and make inquiries.

Using myPlymouth is quick, easy and gets it to the right person efficiently.

After you fill out the form and have confirmed details, you will receive a follow-up email acknowledging your request (myPlymouth is powered by a tool called SeeClickFix, which will ask applicants to set up an account). An additional email will follow once the request has been processed.

# **NEW OR RECENTLY RENOVATED PARKS**

#### New

Harvest Park 18101 61st Avenue N Renovated

**Zachary Playfield** 4355 Zachary Lane N

#### New

**Northwest Greenway** Pavillion and **Challenge Course** 

5250 Peony Lane N

#### Renovated

West Medicine Lake 1920 W Medicine Lake Dr

Swan Lake 4480 Quinwood Lane N

2021

## New

Horseshoe Hill 6110 Garland Lane N

## Renovating

Heritage 3005 Northwest Boulevard

Nature Canyon 13919 45th Avenue N

Turtle Lake 14991 45th Avenue N



763-509-5280
14800 34th Ave. N., Plymouth, MN 55447
plymouthmn.gov/facilities | plymouthmn.gov/pccproject

#### **BUY A BRICK AT THE MILLENNIUM GARDEN**

By purchasing a \$175 personalized brick, you will pave the walkways that meander through the gardens. Your paver will be personalized with an inscription of your choice.

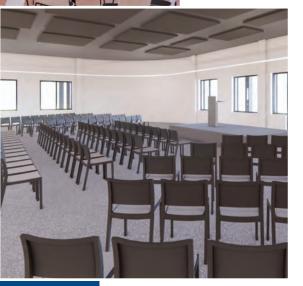
# plymouthmn.gov/pcc

**WALKING TRACK** - opening in December 2021. Walk 8 times around to achieve one mile. There will be no fee to use the track.

Let the Plymouth Community Center host your birthday party, meeting, seminar, family reunion, wedding reception or other special event.

Now booking the ballroom, meeting rooms and theater for events starting in July 2022.

visit **plymouthmn.gov/pcc** for more information on pricing and amenities







# Kids Ultimate Backyard Experience

# **Opening December 2021**

The ultimate backyard experience where the outside fun is brought indoors

# Now taking birthday party reservations in the K.U.B.E.

Party room fees:

\$135 for residents, \$170 for non-residents

K.U.B.E. daily fees:

\$5 for residents, \$6 for non-residents.





# **FIELDHOUSE**

open for the season beginning Nov. 7

763-509-5280

14800 34th Ave. N., Plymouth, MN 55447 plymouthmn.gov/facilities

FIELD RENTALS - Dome opens Nov. 7

The Fieldhouse dome is inflated from November through mid-April, providing an indoor space for field rentals. The artificial grass surface is ideal for many sports and activities. Please call or visit the website for hourly rental rates and more information. A field permit is required to use the field.

Full field is 60yds x 100yds | Half field is 45yds x 60yds

#### WALKING - Dome opens Nov. 7

Walk or jog indoors for free during the winter months. Dome temperatures depend on the outdoor temperature and will range from 30–55 degrees.

The walking track schedule can vary depending on scheduled activities on the field. Call 763-509-5292 for the most up to date walking schedule.

5.25 laps = 1 mile. Baby strollers are permitted.

#### **OPEN PLAY:**

Stay tuned for updates on open play in the Fall.

#### **BANNER ADVERTISING IN THE DOME**

\$300 provides the opportunity to display your company's information on a banner in the Fieldhouse hanging just above eye level to 150,000 annual visitors.

for more information or questions, contact

763-509-5280 or fieldhouse@plymouthmn.gov



## **PLYMOUTH ICE CENTER**

763-509-5250

3650 Plymouth Blvd., Plymouth, MN 55446 plymouthmn.gov/facilities

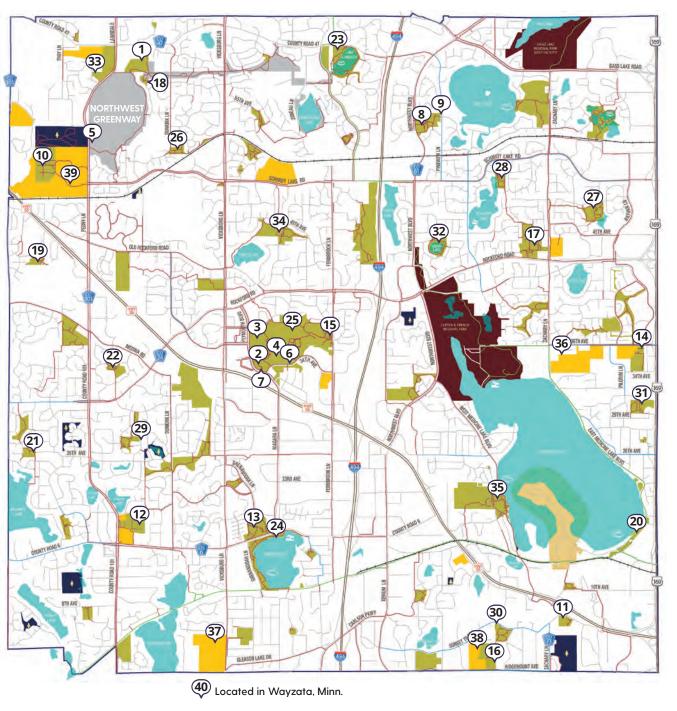
Home to Wayzata Youth Hockey Association, Wayzata High School, Providence Academy, MAP/FHIT Training Program, as well as the Plymouth Skate School (pg 64-65). Rinks can be rented out individually along with meeting rooms. The facility has various amenities including cable television, wifi, and a concession stand for special events.

PUBLIC OPEN SKATING - CHECK ICE CENTER WEBSITE			
Activity/Item	Age	Cost	
Open Skating	18 & Older (Out of high school)	\$5	
	18 & Under (Including high school seniors)	\$3	
Adult Open Hockey	18 & Older	\$6	

ADDITIONAL ITEMS AVAILABLE		
Item	Cost	
Skate Rental	\$5	
Skate Aid Rental	\$2	
Skate Sharpening	\$5	

FACILITY RENTAL			
	Center Ice Room	Blue Line Room	
Capacity	2,750 sq ft 125 max	870 sq ft 39 max	
Amenities	Kitchenette, 40" TV & 60" TV, projection system, and sound system	Ice Rink Scoreboards, Customer Service Windows, and 60" TV	
Rates	\$60/hour \$350/day	\$30/hour \$150/day	

#### **SPECIAL USE FACILITIES** Plymouth Dog Park – 17005 Co Rd 47 Hilde Performance Center - 3500 Plymouth Blvd Plymouth Ice Center - 3650 Plymouth Blvd Millennium Garden - 14800 34th Ave NW Greenway Pavilion/challenge course - 5250 Peony Ln Plymouth Community Center/Fieldhouse - 14800 34th Ave Plymouth City Hall - 3400 Plymouth Blvd PLAYFIELDS Bass Lake – 5450 Northwest Blvd Bass Lake Tennis Courts - Pineview Lane N & 54th Ave N 10 Elm Creek - 4905 Peony Ln 11 LaCompte - 10795 Old Co Rd 15 12 Oakwood - 1700 Co Rd 101 13 Parkers Lake - 15500 Co Rd 6 Plymouth - 9755 36th Ave N 14 Plymouth Creek - 3625 Fernbrook Ln Ridgemount - 11950 Ridgemount Ave W Zachary – 4355 Zachary Ln 17 **PARKS** Aspen Ridge - 5670 Garland Ln N 18 19 Crooked Creek - 4255 Walnut Grove Ln N 20 East Medicine Lake - 1740 E Medicine Lk Blvd 21 Green Oaks - 2600 Zircon Ln N 22 Heather Ponds - 3426 Lawndale Ln N 23 Lake Camelot - 14105 Co Rd 47 Parkers Lake - 15205 Co Rd 6 Plymouth Creek - 14800 34th Ave N Prairie Ponds - 5150 Dunkirk Ln N 27 Rolling Hills - 10355 48th Ave N Schmidt Lake - 11755 50th Ave N 29 Shiloh - 2700 Jewel Ln N St. Mary's - 401 Forestview Ln N 31 Sunrise - 2995 Kilmer Ln N Swan Lake - 4480 Quinwood Ln N The Meadows - 5720 Peony Court N Turtle Lake - 14991 45th Ave N 35 West Medicine Lake - 1920 W Medicine Lk Dr **SCHOOLS** Armstrong Senior High – 10635 36th Ave Wayzata Central Middle – 305 Vicksburg Ln 38 Wayzata East Middle School – 12000 Ridgemount Ave Wayzata High School – 4955 Peony Ln Wayzata West Middle School – 149 Barry Ave, Wayzata



# **All Ages**

#### arts

#### MUSIC FOR EVERYONE

Private 30-minute lessons are taught by qualified, experienced teachers. Beginner to intermediate students welcome. Learn new skills or improve those you already have. Develop your tone, rhythm and reading skills while you enjoy a variety of musical styles. Students will need their own instrument at home for practice. Piano students will need a piano/keyboard with natural touch and at least 76 keys. (No Lessons: 11/22-11/25)

AGES: 7+ DAYS: Mondays - Thursdays

FALL SESSION DATES: September 13 - December 9

COST: Res: \$264 | Non Res: \$290 RECITAL: December 11 or 12

#### REGISTRATION

Plymouth, Brooklyn Park and Maple Grove belong to this consortium. If you live in any of these cities, you qualify for the resident rate.

Before registering, call 763-509-5224 or email musicforeveryone@plymouthmn.gov to arrange lesson time.

- · Brass, Flute
- Piano
- · Viola, Violin, Cello or Guitar

New students can start anytime during the session, subject to availability. Fees are pro-rated at \$22 per lesson. Bring the course registration receipt to the first class.

#### **CANCELLATION POLICY**

Lessons canceled by City or instructor will be made up. Lessons canceled by the participant cannot be refunded and no make-up will be accommodated.

#### education

#### MINNESOTA STARWATCH PARTY

Hilde Performance Center, 3500 Plymouth Boulevard

Join retired WCCO meteorologist Mike Lynch and make the stars your old friends as we watch the great celestial show in the skies over Plymouth. We'll have giant telescopes aimed at Jupiter, Saturn, star clusters, galaxies and more. Live video telescopes will be available. Get to know constellations like The Big Bear, Cygnus the Swan, Pegasus the Winged Horse, and others. Great constellation mythological stories will also be featured. Family pricina (3+ people): Res: \$25 Non-Res: \$30

AGES	DAY	DATE & TIME	COST	ACTIVITY
	Tu	Sep 14 8:00pm-10:00pm	Res \$10 Non Res \$12	36300-01

# page 30

see family adventure golf program

# sports | martial arts

#### TAE KWON DO KARATE BEGINNER

Ultimate Martial Arts. 147 Hamel Road

Improve balance, coordination and overall physical health. Build confidence, self-esteem and concentration. Instr: Tom Malone, Martial Arts Hall of Fame Inductee. Register for 2 months and receive free uniform and belt test (limit: 2 uniforms/family-see instr for details). Fee is for unlimited classes during the month.

AGES	DAY	TIME	COST	
5+	M, Tu, Th, F	6:00pm-6:45pm	Res \$149 Non Res \$167	
	Sa	10:15am-11:00am		

DATE & ACTIVITY			
Sep 2-Sep 30	Oct 1-Oct 30	Nov 1-Nov 30	Dec 2-Dec 31
36215-01	36215-02	36215-03	36215-04

# TAE KWON DO KARATE ADVANCED (ORANGE BELT & ABOVE)

Ultimate Martial Arts, 147 Hamel Road

Improve balance, coordination and overall physical health. Build confidence, self-esteem and concentration. Instr: Tom Malone, Martial Arts Hall of Fame Inductee. Register for 2 months and receive free uniform and belt test (limit: 2 uniforms/family-see instr for details). Fee is for unlimited classes during the month.

AGES	DAY	TIME	COST	
5+	M, Tu, Th, F	6:45pm-7:30pm	Res \$149	
	Sa	10:15am-11:00am	Non Res \$167	
	<u> </u>			

DATE & ACTIVITY			
Sep 2-Sep 30	Oct 1-Oct 30	Nov 1-Nov 30	Dec 2-Dec 31
36216-01	36216-02	36216-03	36216-04

# Adult/Child

#### arts

#### ABRAKADOODLE LITTLE PICASSOS

Bass Lake Playfield, 5450 Northwest Boulevard

For toddlers/preschool students and their parent (or helper). Create art while developing fine motor, language and self help skills. Messy fun accompanied by stories and songs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-5	Tu	Sep 7-Sep 28 10:00am-10:45am	Res \$75 Non Res \$86	31100-01
1.5-5	Tu	Oct 5-Oct 26 10:00am-10:45am	Res \$75 Non Res \$86	31100-02
1.5-5	Tu	Nov 2-Nov 23 10:00am-10:45am	Res \$75 Non Res \$86	31100-03

#### **KIDCREATE STUDIO - READY, SET, MESS!**

Bass Lake Playfield, 5450 Northwest Boulevard

Your little one will love getting messy with mosaics, creating with clay, and painting in wacky ways. We'll even make our own puffy paint so we can paint yummy ice cream on real canvas boards.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
1.5-6	М	Sep 27-Oct 18 9:30am-10:30am	Res \$80 Non Res \$92	31104-01

# please note

children must be accompanied by a caregiver.

#### **KIDCREATE STUDIO - BOO BASH**

Bass Lake Playfield, 5450 Northwest Boulevard

Park your broom at the door and come on in! You and young artist will get messy with paint and clay as you make a black cat, ghost, or jack-o-lantern. Costumes are welcome.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Oct 30 9:30am-10:30am	Res \$20 Non Res \$24	31105-01

#### **KIDCREATE -THANKSGIVING CRAFT PARTY**

Bass Lake Playfield, 5450 Northwest Boulevard

The kids will celebrate Thanksgiving by creating an adorable turkey that is sure to attract smiles.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Nov 20 9:30am-10:30am	Res \$20 Non Res \$24	31106-01

#### **KIDCREATE HOLIDAY ORNAMENT MAKING PARTY**

Bass Lake Playfield, 5450 Northwest Boulevard

All New Ornaments! Join us for an ornament making party. We will set up 4 stations, each with a different ornament project. These ornaments will make great keepsakes or holiday gifts! This is a great class for siblings to attend together. Come and create ornaments right along with your child.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
1.5-6	Sa	Dec 11 8:15am-9:15am	Res \$20 Non Res \$24	31107-01
1.5-6	Sa	Dec 11 9:30am-10:30am	Res \$20 Non Res \$24	31107-02
1.5-6	Sa	Dec 11 10:45am-11:45am	Res \$20 Non Res \$24	31107-03

#### MUSIC FOR EVERYONE -FIRST STEPS IN MUSICLAND

Bass Lake Playfield, 5450 Northwest Boulevard

Exposure to basic musical concepts and a wide variety of musical styles through fun activities. Caregiver and child will dance, sing and play while learning rhythm and fine/gross motor coordination. Instr: Kerri Olson. No program: 11/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	W	Sep 8-Oct 27 9:30am-10:15am	Res \$67 Non Res \$77	31110-01
2-5	W	Sep 8-Oct 27 10:30am-11:15am	Res \$67 Non Res \$77	31110-02
2-5	W	Nov 3-Dec 15 9:30am-10:15am	Res \$48 Non Res \$57	31110-03
2-5	W	Nov 3-Dec 15 10:30am-11:15am	Res \$48 Non Res \$57	31110-04

#### **TIPPI TOES DANCE - TODDLER & ME DANCE**

Parkers Lake Park, 15205 County Road 6

A dance class for mom, dad, or guardian to learn basic dance steps with your little dancer. We'll incorporate music, movement, balance and basic dance steps in a fun and positive environment. No program: 11/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-3	W	Sep 15-Oct 20 9:30am-10:15am	Res \$88 Non Res \$98	31109-01
1.5-3	W	Nov 3-Dec 15 9:30am-10:15am	Res \$88 Non Res \$98	31109-02

### education

# SCIENCE EXPLORERS: PARENT/CHILD SILLY, SLOPPY, SLIMES

Plymouth Ice Center, 3650 Plymouth Boulevard

Learn the science of slime and investigate states of matter with slimy, sloppy mixtures. Dress for a mess. Bring along a parent or your favorite adult for a friendly, hands-on science class. Register with child's name. Additional adult: \$7, child: \$15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-5	Sa	Oct 2 10:00am-11:30am	Res \$27 Non Res \$32	31313-01

# SCIENCE EXPLORERS: PARENT/CHILD MAGICAL MAGNETS

Plymouth City Hall, 3400 Plymouth Boulevard

Investigate this mysterious force using a variety of magnets to explore attraction and repulsion, magnetic poles and more through hands-on experiments and art projects. Preschoolers - bring along a parent or your favorite adult for a fun and friendly hands-on science class. Register with child's name. Additional adult: \$7. child: \$15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-5	Sa	Nov 13 10:00am-11:30am	Res \$27 Non Res \$32	31314-01

# **sports** | gymnastics

#### **TUMBLING TYKES**

Wayzata High School, 4955 Peony Lane

A coupled class for children with their favorite grown-up! Come have fun and learn the basic gymnastics skills to improve balance, fitness, strength, and gross motor skills. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-4	Sa	Sep 11-Oct 16 9:00am-9:30am	Res \$89 Non Res \$98	32200-01
2-4	Sa	Sep 11-Oct 16 9:40am-10:10am	Res \$89 Non Res \$98	32200-02
2-4	Sa	Sep 11-Oct 16 12:45pm-1:15pm	Res \$89 Non Res \$98	32200-03
2-4	Sa	Nov 6-Dec 18 9:45am-10:15am	Res \$89 Non Res \$98	32200-04
2-4	Sa	Nov 6-Dec 18 10:30am-11:00am	Res \$89 Non Res \$98	32200-05
2-4	Sa	Nov 6-Dec 18 1:00pm-1:30pm	Res \$89 Non Res \$98	32200-06
2-4	Sa	Nov 6-Dec 18 11:00am-11:30am	Res \$89 Non Res \$98	32200-07

# Adult/Child



# please note

children must be accompanied by a caregiver.

# arts | dance

#### **BALLET AND TAP (AGES 3-4)**

**Locations Vary** 

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff, No program: 11/22, 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY		
West I	West Lutheran High School, 3350 Harbor Ln N					
3-4	М	Sep 13-Dec 6 5:15pm-5:45pm	Res \$132 Non Res \$145	32102-01		
Parker	Parkers Lake Park, 15205 County Road 6					
3-4	Sa	Sep 11-Dec 4 8:30am-9:15am	Res \$132 Non Res \$145	32102-02		

#### **CREATIVE MODERN (AGES 3-4)**

West Lutheran High School, 3350 Harbor Ln N

We'll introduce students to dance elements of ballet, jazz and modern with a focus on creative expression. Bare feet or ballet shoes recommended. No program: 10/21, 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Th	Sep 16-Dec 9 6:00pm-6:30pm	Res \$121 Non Res \$132	32104-01

#### **BOLLYWOOD DANCING WITH STORYTELLING**

Pilgrim United Church, 4325 Zachary Lane North

RGK Dance Academy is the first professional dance academy in the Upper Midwest to offer classes in the Bollywood, Folk, Semi Classical, Contemporary dance styles of India. Offering class Bolly Laddoes: Introduce 3 to 7 yr olds to the magical world of Bollywood with this specialized class for the tiny tots.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
3-7	Tu	Sep 7-Oct 12 10:00am-11:00am	Res \$120 Non Res \$134	33404-01
3-7	Tu	Oct 19-Nov 23 10:00am-11:00am	Res \$120 Non Res \$134	33404-02

#### Kidcreate Studio

#### **KIDCREATE STUDIO - DINOMANIA**

Bass Lake Playfield, 5450 Northwest Boulevard

We'll learn cool facts about our extinct friends and create fantastic works of dino art. We'll make fossils, dino eggs, dioramas using papier mache, clay, and paint. Please pack a nut-free snack and drink for your child each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Th,F	Oct 21-Oct 22 9:00am-12:00pm	Res \$95 Non Res \$105	32103-01

#### music

#### **BACH TO ROCK - ROCK CITY WORLD TOUR**

Bach to Rock, 4345 Nathan Ln N

These high energy musical classes focus on foundational music skills; children will be introduced to different instruments each week.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Tu	Oct 5-Nov 2 11:30am-12:15pm	Res \$187 Non Res \$206	32321-01
3-5	W	Oct 6-Nov 3 3:30pm-4:15pm	Res \$187 Non Res \$206	32321-03
3-5	Sa	Oct 9-Nov 6 12:00pm-12:45pm	Res \$187 Non Res \$206	32321-04
3-5	Tu	Nov 16-Dec 14 11:30am-12:15pm	Res \$187 Non Res \$206	32321-05
3-5	W	Nov 17-Dec 15 3:30pm-4:15pm	Res \$187 Non Res \$206	32321-07
3-5	Sa	Nov 20-Dec 18 12:00pm-12:45pm	Res \$187 Non Res \$206	32321-08

#### music

# MUSIC FOR EVERYONE - PIANO FOR LITTLE MOZARTS

Bass Lake Playfield, 5450 Northwest Boulevard

Explore beginning piano in a dual lesson format (two students per class-each register separately). Lessons include music facts, movements, singing, percussion instruments and more. No program: 11/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	W	Sep 8-Oct 27 11:30am-12:00pm	Res \$98 Non Res \$113	32107-01
4-6	W	Sep 8-Oct 27 12:10pm-12:40pm	Res \$98 Non Res \$113	32107-02
4-6	W	Nov 3-Dec 15 11:30am-12:00pm	Res \$70 Non Res \$80	32107-03
4-6	W	Nov 3-Dec 15 12:10pm-12:40pm	Res \$70 Non Res \$80	32107-04

# education | Science Explorers

#### **SCIENCE EXPLORERS: SILLY, SLOPPY, SLIMES**

Plymouth Creek Playfield, 3625 Fernbrook Lane N

Are you ready for some gooey, sloppy experiments? In this exciting, hands-on lab we learn the science of slime and investigate states of matter. Dress for a messy class.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
3.5-6	W	Sep 29 9:30am-11:30am	Res \$25 Non Res \$30	32301-01

#### **SCIENCE EXPLORERS: MAGICAL MAGNETS**

Plymouth Creek Playfield, 3625 Fernbrook Lane N

Investigate the fascinating, invisible force of magnets and explore attraction and repulsion, magnetic poles and more. Learn about this mysterious force through hands-on, experiments and art projects.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	W	Nov 10 9:30am-11:30am	Res \$25 Non Res \$30	32304-01

#### health & fitness

#### **BALANCE BIKE RACE - PLYMOUTH CUP**

Plymouth Creek Playfield, 3625 Fernbrook Lane N

Bring your balance bike-loving kiddo to Plymouth Creek Park for the first ever, Plymouth Cup. Glide, stride and balance your way to the finish line. In addition to the race, riders can test their skill at the obstacle course. Don't miss what may be the cutest race happening in Plymouth.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-2	Sa	Oct 2 9:30am-10:00am	Res \$15 Non Res \$18	32402-01
3-4	Sa	Oct 2 10:30am-11:00am	Res \$15 Non Res \$18	32402-02

# sports

#### SPORTS UNLIMITED SPORTS SAMPLER

Plymouth Community Center Fieldhouse, 14800 34th Avenue N

Explore baseball, soccer, soft lacrosse and flag football. Bring appropriate clothing (shin guards recommended), baseball alove, snack and water.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	Sep 7-Oct 5 4:30pm-6:00pm	Res \$85 Non Res \$97	32202-01
4-6	Tu	Nov 9-Dec 14 4:30pm-6:00pm	Res \$99 Non Res \$114	32202-02

## sports

#### **FALL SOCCER: CO-REC AGE 4**

Zachary Playfield, 4355 Zachary Lane

Co-Rec league for 4 year olds. Games are on Saturday mornings or on your scheduled practice night (depending on team numbers). All games and practices will be at Zachary Playfield. Volunteer parent coaches needed for this program. To coach, sign up online at www.plymouthmn.gov/voluntercoaching. Practice weekday - games Saturday mornings through October 16. No program: Sept 6 (Labor Day), Games start Sept 18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4	М	August 30-Oct 11 6:00pm-7:00pm	Res \$64 Non Res \$74	33270-01
4	М	August 30-Oct 11 6:00pm-7:00pm	Res \$64 Non Res \$74	33270-02
4	Tu	Sep 7-Oct 12 6:00pm-7:00pm	Res \$64 Non Res \$74	33270-03
4	Tu	Sep 7-Oct 12 6:00pm-7:00pm	Res \$64 Non Res \$74	33270-04
4	W	Sep 8-Oct 13 6:00pm-7:00pm	Res \$64 Non Res \$74	33270-05
4	W	Sep 8-Oct 13 6:00pm-7:00pm	Res \$64 Non Res \$74	33270-06
4	Th	Sep 9-Oct 14 6:00pm-7:00pm	Res \$64 Non Res \$74	33270-07
4	Th	Sep 9-Oct 14 6:00pm-7:00pm	Res \$64 Non Res \$74	33270-08

#### **FALL TBALL**

Elm Creek Playfield, 4905 Peony Lane

Baseball is not over just because it's fall. First two weeks of the program spent practicing fundamentals and skills, the last four weeks are scheduled games. If you want your child on the same team with a friend, you must both choose the same class number. Volunteer/Parent coaches are needed for this program. To coach, sign up online at

www.plymouthmn.gov/volunteercoaching.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Su	Sep 12-Oct 17 4:00pm-5:15pm	Res \$45 Non Res \$54	33245-01
4-5	Su	Sep 12-Oct 17 4:00pm-5:15pm	Res \$45 Non Res \$54	33245-02
4-5	Su	Sep 12-Oct 17 4:00pm-5:15pm	Res \$45 Non Res \$54	33245-03
4-5	Su	Sep 12-Oct 17 4:00pm-5:15pm	Res \$45 Non Res \$54	33245-04

#### SKYHAWKS VOLLEYBALL MINI-SPIKERS

Armstrong High School, 10635 36th Avenue N

It is never too early to learn volleyball. Cool games, special equipment and tons of fun all make each class awesome. Players should wear appropriate clothing and bring a water bottle. No program: 9/18.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
4-6	Sa	Sep 11-Oct 9 1:30pm-2:30pm	Res \$89 Non Res \$102	32209-01

# **sports** | martial arts

#### LITTLE TIGER

#### Ultimate Martial Arts. 147 Hamel Road

Learn basic self-defense and martial arts skills, develop coordination and flexibility. Basic kicks and punches taught through exercises and fun games. Earn belts and stickers. Instr. Tom Malone

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Th	Oct 7-Nov 11 5:20pm-6:00pm	Res \$99 Non Res \$114	32211-01



# RevSports

#### **REVSPORTS BASKETBALL**

#### Armstrong High School, 10635 36th Avenue N

Programs are a great opportunity for your child to explore their new and developing motor skills. Parents/auardians are expected to be present and ready to engage for classes (not a league).

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	М	Nov 22-Dec 20 6:00pm-6:25pm	Res \$59 Non Res \$68	32210-01
3-5	М	Nov 22-Dec 20 6:30pm-7:10pm	Res \$59 Non Res \$68	32210-02
4-6	М	Nov 22-Dec 20 7:15pm-7:55pm	Res \$59 Non Res \$68	32210-03

#### **REVSPORTS FLAG FOOTBALL**

#### Bass Lake Playfield, 5450 Northwest Boulevard

Programs are a great opportunity for your child to explore their new and developing motor skills. Parents/quardians are expected to be present and ready to engage for classes (not a league).

	AGES	DAY	DATE & TIME	COST	ACTIVITY
	2-3	М	Sep 13-Oct 11 5:00pm-5:25pm	Res \$59 Non Res \$68	32208-01
	3-5	М	Sep 13-Oct 11 5:30pm-6:10pm	Res \$59 Non Res \$68	32208-02
_	4-6	М	Sep 13-Oct 11 6:15pm-6:55pm	Res \$59 Non Res \$68	32208-03
	4-6	М	Sep 13-Oct 11 7:00pm-7:40pm	Res \$59 Non Res \$68	32208-04

#### **REVSPORTS - NINJA WARRIORS**

#### **Locations Vary**

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve running, jumping, balance and control. coordination, strength and agility. Each session is challenging, but FUN! Parents/guardians are expected to be present and ready to engage for classes. No program: 11/24.

	AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Boulevard					
	2-3	W	Sep 15-Oct 13 5:00pm-5:25pm	Res \$69 Non Res \$79	32401-01
	3-5	W	Sep 15-Oct 13 5:30pm-6:10pm	Res \$69 Non Res \$79	32401-02
	4-6	W	Sep 15-Oct 13 6:15pm-6:55pm	Res \$69 Non Res \$79	32401-03
	5-8	W	Sep 15-Oct 13 7:00pm-7:40pm	Res \$69 Non Res \$79	32401-04

#### Plymouth Community Center Fieldhouse, 14800 34th Avenue N

2-3	W	Nov 10-Dec 15 4:00pm-4:25pm	Res \$69 Non Res \$79	32401-05
3-5	W	Nov 10-Dec 15 4:30pm-5:10pm	Res \$69 Non Res \$79	32401-06
4-6	W	Nov 10-Dec 15 5:15pm-5:55pm	Res \$69 Non Res \$79	32401-07

# sports | RevSports

#### **REVSPORTS - T-BALL/COACH-PITCH**

Plymouth Playfield, 9755 36th Avenue N

A great opportunity for your child to explore their new and developing motor skills. One parent/guardian expected to be present and ready to engage for classes. (Not a league).

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Tu	Sep 14-Oct 12 5:30pm-5:55pm	Res \$59 Non Res \$68	32205-01
3-5	Tu	Sep 14-Oct 12 6:00pm-6:40pm	Res \$59 Non Res \$68	32205-02
3-5	Tu	Sep 14-Oct 12 6:45pm-7:25pm	Res \$59 Non Res \$68	32205-03
Coach	Coach-pitch			
4-6	Tu	Sep 14-Oct 12 7:30pm-8:10pm	Res \$59 Non Res \$68	32205-04

#### **REVSPORTS SOCCER LEAGUE**

Elm Creek Playfield, 4905 Peony Lane

Co-rec instructional soccer that allows children to play soccer in a relaxed, fun, and non-competitive atmosphere. Participants will be split into small groups each week for skill development and scrimmage games. Each session will have dedicated time to game play. Includes t-shirt.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
3.5-4	Su	Sep 19-Oct 17 4:00pm-5:00pm	Res \$65 Non Res \$75	33271-01
3.5-4	Su	Sep 19-Oct 17 5:15pm-6:15pm	Res \$65 Non Res \$75	33271-02

#### **REVSPORTS SOCCER**

**Locations Vary** 

A great opportunity for your child to explore their new and developing motor skills. One parent/guardian expected to be present and ready to engage for classes. (Not a league). No program: 11/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass L	ake Pla	yfield, 5450 Northy	vest Boulevard	
2-3	М	Sep 13-Oct 11 5:00pm-5:25pm	Res \$59 Non Res \$68	32203-01
3-5	М	Sep 13-Oct 11 5:30pm-6:10pm	Res \$59 Non Res \$68	32203-02
3-5	М	Sep 13-Oct 11 6:15pm-6:55pm	Res \$59 Non Res \$68	32203-03
4-6	М	Sep 13-Oct 11 7:00pm-7:40pm	Res \$59 Non Res \$68	32203-04
2-3	W	Sep 15-Oct 13 5:00pm-5:25pm	Res \$59 Non Res \$68	32203-05
3-5	W	Sep 15-Oct 13 5:30pm-6:10pm	Res \$59 Non Res \$68	32203-06
3-5	W	Sep 15-Oct 13 6:15pm-6:55pm	Res \$59 Non Res \$68	32203-07
4-6	W	Sep 15-Oct 13 7:00pm-7:40pm	Res \$59 Non Res \$68	32203-08

AGES	DAY	DATE & TIME	COST	ACTIVITY		
Elm Cr	eek Plo	yfield, 4905 Peony	Lane			
2-3	Su	Sep 19-Oct 17 3:30pm-3:55pm	Res \$59 Non Res \$68	32203-09		
Plymouth Community Center Fieldhouse, 14800 34th Avenue N						
2-3	W	Nov 10-Dec 15 4:00pm-4:25pm	Res \$59 Non Res \$68	32203-10		
3-5	W	Nov 10-Dec 15 4:30pm-5:10pm	Res \$59 Non Res \$68	32203-11		
4-6	W	Nov 10-Dec 15 5:15pm-5:55pm	Res \$59 Non Res \$68	32203-12		
2-3	Tu	Nov 9-Dec 7 4:00pm-4:25pm	Res \$59 Non Res \$68	32203-13		
3-5	Tu	Nov 9-Dec 7 4:30pm-5:10pm	Res \$59 Non Res \$68	32203-14		
4-6	Tu	Nov 9-Dec 7 5:15pm-5:55pm	Res \$59 Non Res \$68	32203-15		



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# arts | Abrakadoodle

#### **ABRAKADOODLE - ART LAB**

Plymouth Ice Center, 3650 Plymouth Boulevard

Explore your artistic side as you have fun in this exciting class where you'll use all sorts of materials and learn tricks that make art magic. We'll draw, collage, sculpt and paint while using different art mediums like canvas and watercolor paper. Make room at home to display your masterpieces!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	W	Sep 15-Oct 6 6:30pm-7:30pm	Res \$75 Non Res \$86	33125-01

#### ABRAKADOODLE - SPARKLES AND GLITTER

Plymouth Ice Center, 3650 Plymouth Boulevard

In this amazing class we'll draw, paint and sculpt masterpieces that will glow and sparkle. There will be tons of glitter and gems to take your project to the next level of 'awesome'. We'll even create a surprise accessory for you to wear.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	W	Oct 13-Nov 3 6:30pm-7:30pm	Res \$75 Non Res \$86	33126-01

# ABRAKADOODLE ULTIMATE HOLIDAY GIFT MAKING

Plymouth Ice Center, 3650 Plymouth Boulevard

Get a jump start on holiday gift making creating the perfect gifts for relatives or friends. Fun to make and nice to give projects! Each child will bring home one gift per class beautifully hand-made and gift wrapped, just in time for the holidays!

No program: 11/24

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
5-10	W	Nov 10-Dec 1 6:30pm-7:30pm	Res \$56 Non Res \$64	33127-01

#### **Artistic Moments**

# ARTISTIC MOMENTS - HALLOWEEN FONDANT CUPCAKES

Bass Lake Playfield, 5450 Northwest Boulevard

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs. Learn how to color, roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You'll have fun using fondant to create Halloween-theme cupcakes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	М	Oct 11 5:30pm-7:00pm	Res \$31 Non Res \$37	33122-01

# ARTISTIC MOMENTS ACRYLIC PEN PAINTING ON CANVAS

Bass Lake Playfield, 5450 Northwest Boulevard

Do you like painting, but not the mess? Enjoy the benefits of acrylic painting without having to use paintbrushes, water, and paint palettes to create a stunning work of art! You will get to select a pattern for your project or design your own on canvas. All artistic abilities welcome!

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	М	Nov 22 5:30pm-7:00pm	Res \$31 Non Res \$37	33104-01

#### **ARTISTIC MOMENTS - FONDANT COOKIE ART**

Bass Lake Playfield, 5450 Northwest Boulevard

Have you ever used fondant to decorate your cookies? Fondant is a pliable and edible icing used to create festive designs on cookies. Learn how to color, roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. Have fun attaching your decorative fondant to cookies.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	М	Dec 20 5:30pm-7:00pm	Res \$31 Non Res \$37	33124-01





# arts | Kidcreate Studio

#### **KIDCREATE STUDIO - BABY YODA BOBBLEHEAD**

Bass Lake Playfield, 5450 Northwest Boulevard

Come create with clay, Model Magic and more as you create everyone's favorite little character. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
4-9	Sa	Oct 9 9:00am-12:00pm	Res \$48 Non Res \$57	33101-01

# KIDCREATE STUDIO - CREATE TOGETHER NIGHT - DIA DE LOS MUERTOS AND DIWALI

Bass Lake Playfield, 5450 Northwest Boulevard

Create art and learn about these holidays! We'll follow easy step-by-step instructions as you and your child create Sugar Skull paper collage art and a Diwali elephant on canvas.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Tu	Oct 26 6:30pm-8:00pm	Res \$52 Non Res \$58	33108-01



#### KIDCREATE STUDIO -GLOW IN THE DARK HALLOWEEN SCENE

Bass Lake Playfield, 5450 Northwest Boulevard

This is your child's chance to paint on a real canvas board. During this guided painting lesson, your child will create a Halloween scene featuring a spooky, swirly, starry night sky that glows in the dark! The children are welcome to wear their Halloween costumes to class! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Oct 30 1:00pm-4:00pm	Res \$48 Non Res \$57	33102-01

#### KIDCREATE STUDIO -THANKSGIVING CRAFT PARTY

Bass Lake Playfield, 5450 Northwest Boulevard

The kids will celebrate Thanksgiving by creating an adorable turkey that is sure to attract smiles. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Nov 20 1:00pm-4:00pm	Res \$48 Non Res \$57	33103-01



#### **KIDCREATE STUDIO - HANUKKAH CRAFT PARTY**

Bass Lake Playfield, 5450 Northwest Boulevard

We've got all the glitter and glow you need just in time for the Festival of Lights. In this class, we'll create a golden menorah with glittery candles that really glow-in-the-dark. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Su	Nov 21 9:00am-12:00pm	Res \$48 Non Res \$57	33105-01

#### KIDCREATE STUDIO -HOLIDAY ORNAMENT MAKING PARTY

Bass Lake Playfield, 5450 Northwest Boulevard

All New Ornaments! Join us for an ornament making party. We will set up 4 stations, each with a different ornament project. These ornaments will make great keepsakes or holiday gifts! This is a great class for siblings to attend together. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Sa	Dec 11 2:00pm-4:00pm	Res \$43 Non Res \$55	33107-01



# Youth

#### arts

#### MAKE YOUR OWN FAIRY PUPPET

Bass Lake Playfield, 5450 Northwest Boulevard

Do you like fairies? We'll create your dream fairy to take home and play with everyday. Have fun designing a special outfit, magic wings and matching hair.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	Tu	Sep 21 6:30pm-7:30pm	Res \$30 Non Res \$36	33160-01

#### UNICORN ORNAMENT

Bass Lake Playfield, 5450 Northwest Blvd

Create your own magical unicorn ornament. With its 3D shape and design with rainbow colors this will stand out when it comes time to display!

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	Sa	Dec 4 1:00pm-2:00pm	Res \$24 Non Res \$28	33161-01

#### WHEEL POTTERY

Bass Lake Playfield, 5450 Northwest Boulevard

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr. Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-15	W	Sep 1-Sep 22 4:30pm-6:30pm	Res \$105 Non Res \$115	33119-01
8-15	W	Sep 29-Oct 20 4:30pm-6:30pm	Res \$105 Non Res \$115	33119-02
8-15	W	Nov 3-Nov 24 4:30pm-6:30pm	Res \$105 Non Res \$115	33119-03







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# arts | dance

#### **BALLET & TAP AGES 7-8**

#### West Lutheran High School, 3350 Harbor Ln N

This class will explore ballet concepts, movement qualities, creativity, and performance. Instr: City of Plymouth Dance Staff. No program: 10/19, 11/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-8	Tu	Sep 14-Dec 7 6:20pm-7:15pm	Res \$121 Non Res \$132	33133-01

#### **BALLET & MODERN AGES 5-6**

#### West Lutheran High School, 3350 Harbor Ln N

This class will focus on ballet and modern skills to perform fun and challenging sequences expanded each week. Instr: City of Plymouth Dance Staff. No program: 10/19, 11/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Tu	Sep 14-Dec 7 5:30pm-6:15pm	Res \$121 Non Res \$132	33140-01

#### **BALLET & TAP AGES 5-6**

#### **Locations Vary**

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 11/22, 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY	
Parkers Lake Park, 15205 County Road 6					
5-6	Sa	Sep 11-Dec 4 9:15am-10:00am	Res \$132 Non Res \$145	33132-03	
West I	West Lutheran High School, 3350 Harbor Ln N				
5-6	М	Sep 13-Dec 6 5:50pm-6:35pm	Res \$132 Non Res \$145	33132-01	

#### **BALLET & TAP AGES 9-11**

#### West Lutheran High School, 3350 Harbor Ln N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 11/22.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-11	М	Sep 13-Dec 6 6:40pm-7:50pm	Res \$132 Non Res \$145	33134-01

#### **CONTEMPORARY MODERN 9-11**

#### West Lutheran High School, 3350 Harbor Ln N

This class will focus on creative movement and expression through dance. Students learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. Instr. City of Plymouth Dance staff. No program: 10/19, 11/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-11	Tu	Sep 14-Dec 7 7:15pm-8:10pm	Res \$121 Non Res \$132	33135-01

#### **CREATIVE MODERN AGES 5-8**

#### West Lutheran High School, 3350 Harbor Ln N

Participants will create their own choreography, explore modern dance technique, and play interactive creative movement games. Leotard/Tights and/or activewear required. Students will dance barefoot. No Program 10/21, 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Th	Sep 16-Dec 9 6:35pm-7:20pm	Res \$121 Non Res \$132	33137-01

#### **JAZZ & HIP HOP**

#### Parkers Lake Park, 15205 County Road 6

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-11	Sa	Sep 11-Dec 4 11:30am-12:30pm	Res \$132 Non Res \$145	33121-01

#### **JAZZ AND HIP HOP**

#### Parkers Lake Park, 15205 County Road 6

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities.

No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Sa	Sep 11-Dec 4 12:30pm-1:30pm	Res \$132 Non Res \$145	33128-01

#### **BOLLYWOOD DANCING WITH STORYTELLING**

#### Pilgrim United Church, 4325 Zachary Lane North

RGK Dance Academy is the first professional dance academy in the Upper Midwest to offer classes in the Bollywood, Folk, Semi Classical, Contemporary dance styles of India. Offering class Bolly Laddoes: Introduce 3 to 7 yr olds to the magical world of Bollywood with this specialized class for the tiny tots.

A	GES	DAY	DATE & TIME	COST	ACTIVITY
3	i-7	Tu	Sep 7-Oct 12 10:00am-11:00am	Res \$120 Non Res \$134	33404-01
3	i-7	Tu	Oct 19-Nov 23 10:00am-11:00am	Res \$120 Non Res \$134	33404-02



# arts | music

#### **BACH TO ROCK - 101 GROUP LESSONS**

Bach to Rock, 4345 Nathan Ln N

Bach to Rock offers a series of group lessons for: ukulele, guitar, drums, songwriting, or music production culminating in a virtual or public performance and recording of a CD. Please register for using activity code for preferred instrument and lesson day/time. Each group meets once a week. No program: 11/25

#### **DRUMS 101**

Res \$279 | Non Res \$306

AGES	DAY	DATE	TIME	ACTIVITY
7-14	Th	Oct 7-Nov 4	4:30pm-5:30pm	33151-02
7-14	W	Nov 17-Dec 15	12:00pm-1:00pm	33151-03

#### **GUITAR 101**

Res \$279 | Non Res \$306

AGES	DAY	DATE	TIME	ACTIVITY
7-14	М	Oct 4-Nov 8	6:00pm-7:00pm	33150-01
7-14	М	Nov 15-Dec 20	6:00pm-7:00pm	33150-03

#### **MUSIC PRODUCTION 101**

Res \$279 | Non Res \$306

AGES	DAY	DATE	TIME	ACTIVITY
7-14	W	Oct 6-Nov 3	6:00pm-7:00pm	33153-02
7-14	W	Nov 17-Dec 15	6:00pm-7:00pm	33153-04

#### **SONGWRITING 101**

Res \$279 | Non Res \$306

AGES	DAY	DATE	TIME	ACTIVITY
7-14	Th	Oct 7-Nov 4	4:00pm-5:00pm	33152-02
7-14	Th	Nov 18-Dec 16	4:00pm-5:00pm	33152-04

#### **UKULELE 101**

Res \$279 | Non Res \$306

AGES	DAY	DATE	TIME	ACTIVITY
7-14	W	Oct 6-Nov 3	5:00pm-6:00pm	33149-01
7-14	Sa	Nov 20-Dec 18	3:00pm-4:00pm	33149-04

#### **BACH TO ROCK - DJ CAMP**

Bach to Rock, 4345 Nathan Ln N

This class offers students hands-on experience while learning the fundamentals of mixing songs, scratching sounds and DJ music theory. No DJ experience required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	Sa	Oct 9-Nov 6 2:00pm-3:00pm	Res \$279 Non Res \$306	33138-02
10-16	Sa	Nov 20-Dec 18 2:00pm-3:00pm	Res \$279 Non Res \$306	33138-04

#### **BACH TO ROCK - FUN WITH MUSIC**

Bach to Rock, 4345 Nathan Ln N

We'll focus on core instruments each week (Guitar, Drums, Vocals, Ukulele, Keys) learning basics and roles of what makes up a band. Perfect for those who aren't ready to commit to a specific instrument yet or play in a school band/orchestra and are interested in modern music.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	F	Oct 8-Nov 5 3:30pm-4:30pm	Res \$279 Non Res \$302	33131-02
7-14	F	Nov 19-Dec 17 3:30pm-4:30pm	Res \$279 Non Res \$302	33131-04

#### **BACH TO ROCK - GLEE CLUB CAMP**

Bach to Rock, 4345 Nathan Ln N

This choral ensemble offers a dynamic atmosphere for students to unlock their inner star! We'll explore fun vocal exercises, singing in harmony, and cool choreography while performing arrangements of popular songs. This group learning experience emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-W	Dec 20-Dec 22 9:00am-12:30pm	Res \$208 Non Res \$228	33147-01
7-14	Tu-Th	Dec 28-Dec 30 9:00am-12:30pm	Res \$208 Non Res \$228	33147-02



# arts | music

#### **BACH TO ROCK - KIDS N KEYS**

Bach to Rock, 4345 Nathan Ln N

This class introduces kids to the fundamentals of music and piano playing in a fun group setting.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	М	Oct 4-Nov 1 4:30pm-5:15pm	Res \$276 Non Res \$304	33148-01
5-7	Tu	Oct 5-Nov 2 5:00pm-5:45pm	Res \$276 Non Res \$304	33148-02
5-7	W	Oct 6-Nov 3 2:30pm-3:15pm	Res \$276 Non Res \$304	33148-03
5-7	Sa	Oct 9-Nov 6 10:30am-11:15am	Res \$276 Non Res \$304	33148-04
5-7	Tu	Nov 16-Dec 14 5:00pm-5:45pm	Res \$276 Non Res \$304	33148-06
5-7	W	Nov 17-Dec 15 2:30pm-3:15pm	Res \$276 Non Res \$304	33148-07
5-7	Sa	Nov 20-Dec 18 10:30am-11:15am	Res \$276 Non Res \$304	33148-08

#### **BACH TO ROCK - ROCK BAND**

Bach to Rock, 4345 Nathan Ln N

Bach to Rock provides a group class designed for students of all levels enabling them to be playing full songs by the end of the series. These classes culminate in a public performance and a CD recording.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	W	Oct 6-Nov 3 4:30pm-5:30pm	Res \$256 Non Res \$282	33130-01
7-12	W	Nov 17-Dec 15 4:30pm-5:30pm	Res \$256 Non Res \$282	33130-03

#### **BACH TO ROCK - ROCK BAND CAMP**

Bach to Rock, 4345 Nathan Ln N

Our professional band coaches work closely with students and direct and train the bands. Students are placed in compatible bands by their age and ability. Bands make up 4-6 players and vocalist.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	M-W	Dec 20-Dec 22 9:00am-4:00pm	Res \$287 Non Res \$318	33141-01
10-16	Tu-Th	Dec 28-Dec 30 9:00am-4:00pm	Res \$287 Non Res \$318	33141-02

#### **BACH TO ROCK- GLEE CLUB**

Bach to Rock, 4345 Nathan Ln N

The B2R Glee Club provides a group learning experience that emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique. The club will also get to show off its talent at exclusive live performances.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Th	Oct 7-Nov 4 4:00pm-5:00pm	Res \$269 Non Res \$336	33129-01
7-14	Sa	Oct 9-Nov 6 1:00pm-2:00pm	Res \$269 Non Res \$336	33129-02
7-14	Th	Nov 18-Dec 16 4:00pm-5:00pm	Res \$269 Non Res \$336	33129-03
7-14	Sa	Nov 20-Dec 18 1:00pm-2:00pm	Res \$269 Non Res \$336	33129-04



# Youth

# education | Create and Learn



# CREATE AND LEARN: ACCELERATED SCRATCH

Studies have shown that middle school students who are new to coding do better by starting with blocked-based coding such as Scratch. This compressed series of Scratch coding classes introduces students to all of the key coding concepts and prepares them for more advanced computer science courses. No program: 10/23.

A	AGES	DAY	DATE & TIME	COST	ACTIVITY
1	1-17	Sa	Sep 25-Nov 20 2:00pm-3:00pm	Res \$150 Non Res \$165	33375-01



### CREATE AND LEARN: CIRCUIT WIZARD

Learn Arduino coding online to create electronics projects for real world adventures at home. In this class, we introduce students step by step to circuit and Arduino, one of the most popular single-board devices. This class uses an Arduino simulator and does not require a physical device.

No program: 10/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-11	Sa	Sep 25-Nov 20 11:00am-12:00pm	Res \$150 Non Res \$165	33374-01



#### CREATE AND LEARN: LIGHTS & BEATS WITH MICROBIT

#### Online

Micro:Bit coding is the perfect fit if your child is interested in electronics or if they may want to build robots or rockets in one day. This little device packs very powerful capabilities: LED lights, speakers, a temperature sensor, a microphone, and even an accelerometer. Coding is done in a simulator that works just like the physical Micro:Bit. You don't need the physical device to take the class. No program: 10/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-8	Sa	Sep 25-Nov 20 12:30pm-1:30pm	Res \$150 Non Res \$165	33373-01

#### chess

#### TWIN CITIES CHESS CLUB: EVENING CHESS

Plymouth City Hall, 3400 Plymouth Boulevard

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome. No program: 10/21.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Th	Sep 30-Nov 11 6:30pm-7:30pm	Res \$79 Non Res \$91	33321-01

#### **COR Robotics**

#### **COR ROBOTICS: BATTLE DRONES**

Bass Lake Playfield, 5450 Northwest Boulevard

Learn from an experienced drone pilot to complete challenges and earn your Drone Pilot's License. Take to the skies and compete with each other in exciting, aerial laser tag battles. Work in teams and use critical thinking skills to develop strategies for each aerial competition thrown your way. Please bring a bag lunch, nut-free snacks and a drink. Instr: Rvan Swanson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	Sa	Oct 2 9:00am-4:00pm	Res \$59 Non Res \$71	33368-01

# Engineering for Kids



# ENGINEERING FOR KIDS CODING CLUB: APP DEVELOPMENT CREATE YOUR OWN BOARD GAME

#### Online

Classes will be taught LIVE via Zoom. Code, test, and create apps in real-time using an easy-to understand modified JavaScript format. Create different parts of your own board game – the board, tokens, dice, etc. and put them all together to create your own game that you can share and play with others on a mobile device.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-12	Sa	Oct 30-Nov 20 10:00am-11:30am	Res \$100 Non Res \$110	33303-01



#### **ENGINEERING FOR KIDS: JR. STEM CLUB**

#### Online with kit

Classes will be taught LIVE via Zoom. Students will focus on developing 21st Century skills such as problem solving, critical thinking and peer collaboration. Lessons include: Mechanical Engineering Humpty Dumpty, Aerospace Engineering Rocket, Acoustic Engineering Magic Flute and Chemical Engineering Lava Lamp. Kits will be available for pickup at City Hall prior to the first class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Sa	Oct 30-Nov 20 9:00am-10:00am	Res \$85 Non Res \$99	33306-01



# education | fishing

#### **GET HOOKED ON FISHING**

Parkers Lake Park, 15205 County Road 6

Come give one of Minnesota's most popular summer activities a try and get hooked on fishing! Learn fun fish facts about the fish you can find swimming in MN lakes. Learn how to bait a hook, cast and untangle fishing lines. All gear and instruction provided. Participants will receive a free rod/reel combo so they can continue growing their fishing skills and enjoy the outdoors. Must register two weeks before program to guarantee you receive a fishing pole. Geared toward kids with little to no previous fishing experience.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
6-12	Sa	Sep 11 9:00am-11:00am	Res \$26 Non Res \$30	33310-01



## park all day

#### PARK ALL DAY: URBAN AIR ADVENTURES

Urban Air Adventure Park, 3580 Holly Ln N

Enjoy one last week of camp before school starts! Each day will be planned with structured games, crafts, and activities from within our own private party room. We will also have full access to ALL of the indoor attractions Urban Air has to offer\*. Don't forget about a camper favorite – playing at the park. Each week will include walks to nearby Heather Ponds Park for outdoor games and playground time. Participants should bring a lunch, beverage, and a few snacks each day. All participants must have an Urban Air Plymouth waiver on file (directions will be sent). \*Must meet height requirements for some of the attractions.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	M-F	Aug 23-Aug 27 8:00am-4:30pm	Res \$225 Non Res \$250	33372-01
5-10	M-F	Aug 30-Sep 3 8:00am-4:30pm	Res \$225 Non Res \$250	33372-02

#### **MEA PARK ALL DAY**

Zachary Playfield, 4355 Zachary Lane

Join us for three days of adventure this MEA break. Each day will include nature hikes, playground free-time and staff-led games, arts & crafts, fall and Halloween-related activities and much more. Program will be held rain or shine. Snacks will be provided. Bring a bag lunch and water bottle each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	W-F	Oct 20-Oct 22 9:00am-4:00pm	Res \$120 Non Res \$140	33371-01

# Spanish language

# CONVERSANDO CON AMIGOS (CONVERSING WITH FRIENDS)

Plymouth City Hall, 3400 Plymouth Boulevard

At the end of this course, the students will be able to introduce themselves, talk about their current emotional and physical state, describe their everyday routine and the things and activities they like. Also, communicate plans and actions in future Instr. Maria del Carmen Troncoso Gonzalez

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu	Sep 21-Oct 26 6:30pm-7:30pm	Res \$59 Non Res \$69	33376-01

# CONVERSANDO CON AMIGOS DOS (CONVERSING WITH FRIENDS TWO)

Plymouth City Hall, 3400 Plymouth Boulevard

At the end of this course, the students will be able to accept and decline invitations, make recommendations and talk about current situations and activities. Also, explain their obligations and tasks and communicate past actions and events. Instr: Maria del Carmen Troncoso Gonzalez.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu	Nov 2-Dec 7 6:30pm-7:30pm	Res \$59 Non Res \$69	33377-01

# Youth



Northwest Greenway **Challenge Course** 5250 Peony Ln N.

The Northwest Greenway Challenge Course, a new park amenity for ages 13 and older, offers unique activity challenges involving netting, climbing, balancing and agility on a variety of structures.

The Challenge Course is located on the east side of Peony Lane, south of 54th Ave. N.

# **education** | Science Explorers

#### SCIENCE EXPLORERS & PARKS AND RECREATION: **SCIENCE AND PLAY**

Bass Lake Playfield, 5450 Northwest Boulevard

Join Science Explorers and Plymouth Park and Rec staff for a day of science and play. From 9-Noon you will confirm or bust strange myths and wacky urban legends. We will ask the crazy questions, develop hypotheses, then we may smash it, crash it, or launch it to determine if the myth is confirmed, plausible or busted, Note: M&M's (non-peanut variety) and Pop Rocks may be consumed. In the afternoon there will be staff-led games and playground time. Bring along two nut-free snacks, lunch, and a drink.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	М	Aug 30 9:00am-3:00pm	Res \$60 Non Res \$69	33312-01

#### **SCIENCE EXPLORERS:** THE MECHANICS OF GIZMOS AND GADGETS

Plymouth City Hall, 3400 Plymouth Boulevard

How did toys work before batteries? They relied on physics. Explore the hows and whys of energy, gravity and motion. Build, experiment and question science contraptions that really work.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Th	Oct 21 9:30am-11:30am	Res \$25 Non Res \$30	33308-01



# education | Tech Academy



#### TECH ACADEMY: 3D PRINTING & CAD

Design 3D objects using TinkerCAD (online web app), and use the 3D slicing program Cura to bring creations to life. This class is ideal for students who like to draw, design, imagine and see their creations come to life. Students will be designing 1-2 objects, and the 3D print will be mailed home. No experience is necessary.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Oct 2-Oct 9 8:00am-10:00am	Res \$115 Non Res \$127	33300-01



# TECH ACADEMY: MINECRAFT MOD DEVELOPMENT

#### Online

Learn to make Java mods for Minecraft Java Edition Minecraft using MCreator. MCreator is a great tool to learn Minecraft modding and to learn concepts of software programming. Students should be comfortable with keyboarding. Take home your Mods at the end of class. PC only - will not work on Apple, Mac, Chromebook, tablets, or phones. Mcreator is a free downloadable software needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	Sa	Oct 2-Oct 9 10:30am-12:30pm	Res \$90 Non Res \$105	33301-01



# TECH ACADEMY: MULTIPLAYER MINECRAFT - CITY BUILDER

#### Online

Collaborate with fellow students to construct a city! Students will take home their completed world files at the end of class. Beginners and experienced Minecrafters alike will love this action-packed camp. PC only - will not work on Chromebook, tablets, or phone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	Sa	Nov 6-Nov 13 8:00am-10:00am	Res \$90 Non Res \$105	33302-01



# TECH ACADEMY: VIDEO PRODUCTION FOR YOUTUBE

#### Online

Shoot videos, edit sound, and create an online presence with YouTube. Learn tricks that pro filmmakers use for better shots, lighting, and sounds. Edit your video, add transitions, insert a soundtrack. Then share your finished video with the world. Additional Technical Requirements: Cellphone video camera or external webcam, iMovie (Mac) or Filmdora (Windows trial version) software.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-13	Sa	Nov 6-Nov 13 10:30am-12:30pm	Res \$90 Non Res \$105	33307-01



# TECH ACADEMY: MULTIPLAYER MINECRAFT - WORLD BUILDER

#### Online

Work collaboratively to create a world with others in multiple unique, themed lands. Build different biomes or base a section on your favorite movie or video game. Take a copy of the world to continue development at home. PC only - will not work on Chromebook, tablets, or phones.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	Sa	Dec 18 9:00am-12:00pm	Res \$69 Non Res \$79	33311-01

#### Tech Tac Toe

# TECH TAC TOE: ROBOTICS & STEM - ECO ENGINEERING ADVENTURES

Plymouth City Hall, 3400 Plymouth Boulevard

In this Rainforest-inspired STEM adventure, kids build and code an animal inspired robot, put on their engineer hat as they build a super fast climbing monkey, as well as have a blast engineering the tallest and coolest tree house.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Oct 2 9:00am-12:00pm	Res \$67 Non Res \$81	33369-01

#### TECH TAC TOE: ROBOTICS & STEM -AERONAUTICS & THE SCIENCE OF FLIGHT

Bass Lake Playfield, 5450 Northwest Boulevard

This class is all about planes and flying machines. Learn why airplanes and animals fly as you build and code a robotic bird (does not fly), build and test a cool plane with round wings, and engineer a plane to catapult.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Nov 13 9:00am-12:00pm	Res \$67 Non Res \$81	33370-01



763-509-5200

Report items lost or found at any of our programs or parks

# Youth

#### health & fitness

#### YOGA FOR KIDS

Parkers Lake Park, 15205 County Road 6

Fun-filled yoga, for kids only! Combine yoga with play. Poses, stretching and breathing exercises promote flexibility, coordination and body awareness. Learn more about the mind-body connection and how it helps to improve concentration and focus. Promotes confidence, self-esteem and respect for others. Bring a yoga mat & water. Certified Instr. Jessica Spore.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-10	Tu	Sep 14-Oct 19 4:15pm-4:45pm	Res \$65 Non Res \$75	33401-01
4-10	Tu	Oct 26-Nov 30 4:15pm-4:45pm	Res \$65 Non Res \$75	33401-02

# safety

#### HOME ALONE WORKSHOP FOR KIDS

Plymouth City Hall, 3400 Plymouth Boulevard

The Plymouth Public Safety Department will host a "Home Alone" workshop for kids ages 8–10. Firefighters and Police officers will work interactively with participants to discuss a variety of scenarios and issues. They will discuss 9–1–1, crime prevention in the home, severe weather awareness, scalds and burns, home fire escape plans, internet safety and cyber bullying. At the close of the workshop kids will be on their way to becoming a safe "Home Alone" kid.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-10	Tu	Sep 14 6:30pm-7:45pm	Res \$5 Non Res \$5	33502-01
8-10	W	Sep 22 6:30pm-7:45pm	Res \$5 Non Res \$5	33502-02
8-10	Th	Sep 30 6:30pm-7:45pm	Res \$5 Non Res \$5	33502-03
8-10	W	Oct 6 6:30pm-7:45pm	Res \$5 Non Res \$5	33502-04







# sports | baseball/tball

#### **FALL COACH PITCH BASEBALL**

Elm Creek Playfield, 4905 Peony Lane

Baseball is not over just because it's fall. First two weeks of the program are practice times working on fundamentals and skills. The last four weeks are scheduled games. To be on the same team as a friend, children must register for the same class number. Volunteer/Parent coaches are needed for this program. Sign up online at www.plymouthmn.gov/volunteercoaching.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5.5-7	Su	Sep 12-Oct 17 5:30pm-7:00pm	Res \$45 Non Res \$54	33248-01
5.5-7	Su	Sep 12-Oct 17 5:30pm-7:00pm	Res \$45 Non Res \$54	33248-02
5.5-7	Su	Sep 12-Oct 17 5:30pm-7:00pm	Res \$45 Non Res \$54	33248-03
5.5-7	Su	Sep 12-Oct 17 5:30pm-7:00pm	Res \$45 Non Res \$54	33248-04

#### **SKYHAWKS - TBALL & BASEBALL**

Bass Lake Playfield, 5450 Northwest Boulevard

Uses a progressive curriculum to teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun environment. Designed for beginner and intermediate players.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY	
TBALL					
4-6	Sa	Sep 11-Oct 2 10:55am-11:40am	Res \$75 Non Res \$86	33296-01	
BASEBALL					
7-9	Sa	Sep 11-Oct 2 11:50am-12:50pm	Res \$89 Non Res \$102	33296-02	

#### basketball

#### **BASKETBALL CLINIC**

Armstrong High School, 10635 36th Avenue N

Each week, instructors will teach fundamentals and run drills, then divide kids for scrimmaging. Baskets will be set at 8' for younger group - 10' for older group. T-shirt provided. Space is limited. Scrimmages may not start until week 2 or 3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Sa	Oct 30-Nov 20 9:15am-10:30am	Res \$50 Non Res \$58	33217-01
6-8	Sa	Oct 30-Nov 20 10:45am-12:00pm	Res \$50 Non Res \$58	33217-02
8-10	Sa	Oct 30-Nov 20 10:45am-12:00pm	Res \$50 Non Res \$58	33217-03

#### SKYHAWKS BASKETBALL

Armstrong High School, 10635 36th Avenue N

Program designed for boys and girls regardless of ability. Kids are divided by age and skill level when appropriate. The camp helps players learn and practice the core skills and techniques used in the sport. Skills taught: shooting, passing, and dribbling.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	W	Sep 15-Oct 6 6:15pm-7:15pm	Res \$89 Non Res \$102	33299-01
9-12	W	Sep 15-Oct 6 7:30pm-8:30pm	Res \$89 Non Res \$102	33299-02

#### cricket

Cricket is one of the fastest growing sports in the USA today and the 2nd most popular sport in the world. Cricket is a fun game, similar to Baseball but 2 bases with no "strike-outs. Camp will offer a progressive curriculum to teach fundamentals of Cricket batting, bowling (pitching), fielding, catching, running between bases in a fun, positive environment. Participants will learn and demonstrate teamwork, respect, disciplines and physical fitness drills for the game of Cricket. Camp is designed for all ages and skill levels, previous Cricket knowledge not necessary. Taught by the trained youth Cricket coaches from Minnesota Cricket Association (MCA).

#### **CRICKET - OUTDOOR YOUTH CAMP**

Plymouth Community Center Fieldhouse, 14800 34th Avenue N

Dress for outdoor athletic movement, bring a water bottle and snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	Su	Sep 12-Oct 17 2:30pm-4:30pm	Res \$65 Non Res \$75	33281-01
12-18	Su	Sep 12-Oct 17 2:30pm-4:30pm	Res \$65 Non Res \$75	33281-02

#### **CRICKET - INDOOR YOUTH CAMP**

Plymouth Community Center Fieldhouse, 14800 34th Avenue N

Dress appropriately as dome temperature is kept at 50 degrees. Bring a water bottle and snack. No program: 11/28.

1	AGES	DAY	DATE & TIME	COST	ACTIVITY
(	6-11	Su	Nov 7-Dec 19 4:30pm-6:00pm	Res \$77 Non Res \$88	33282-01
1	12-18	Su	Nov 7-Dec 19 4:30pm-6:00pm	Res \$77 Non Res \$88	33282-02

# Youth

# sports | e sports



#### **ESPORTS GAMING**

#### Online

Compete in your favorite video games safely from your home while meeting and making friends with age-verified peers from around the state! The Blaze Fire Video Gaming and Esports Club is a fun, safe way for the gamers in your household to play with other age-verified competitors so they can make friends within their own community through video gaming. Joining the club gains players access to organized community play where players can choose to participate in structured leagues and tournaments or social ladder and play activities. Players aged 7+ will participate from home and engage safely in club activity through the Safe Harbor certified platform, GYO Score. Available games rotate frequently to keep up with the most popular titles for kids. Prizes and rewards can be earned for participation and also winning our special skill-based tournaments and leagues. All gamers are welcome! Supported Gaming Systems: Nintendo Switch, Xbox One, Xbox One Series S/X, PlayStation 4, PlayStation 5. Supported Gamina Titles: Rocket League. Minecraft, Super Smash Brothers, NFL Madden Football, EA FIFA Soccer, NBA 2K, Mario Kart 8.

Consoles and games not included with club participation fee. Participants must have an active internet connection and any/all online connection subscriptions purchased to participate (i.e. Xbox Live/PlayStation Plus/Nintendo Online). Players may choose one title, or unlock the full club to play up to 3 supported titles. For questions or concerns about fees or technical setup, contact info@gyo.gg.

AGES	DAY	DATE & TIME	COST	ACTIVITY			
3 gam	3 game						
7-12	M-Su	Sep 1-Oct 31 2:00pm-7:00pm	Res \$75 Non Res \$86	33276-01			
7-12	M-Su	Nov 1-Dec 31 2:00pm-7:00pm	Res \$75 Non Res \$86	33276-03			
1 gam	е						
7-12	M-Su	Sep 1-Oct 31 2:00pm-7:00pm	Res \$30 Non Res \$36	33276-05			
7-12	M-Su	Nov 1-Dec 31 2:00pm-7:00pm	Res \$30 Non Res \$36	33276-07			

# fencing

#### **FENCING**

#### Plymouth Ice Center, 3650 Plymouth Boulevard

Intro to fundamentals with the foil weapon in a nonthreatening environment. Emphasis on skill building, concentration, self-discipline and fun! Dress comfortably (wear long pants).

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	W	Oct 13-Nov 17 6:15pm-7:15pm	Res \$93 Non Res \$107	33214-01
10+	W	Oct 13-Nov 17 7:15pm-8:15pm	Res \$93 Non Res \$107	33214-02

# ninja warriors

#### **REVSPORTS - NINJA WARRIORS**

#### **Locations Vary**

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve running, jumping, balance and control, coordination, strength and agility. Each session is challenging, but FUN! No program: 11/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY		
Bass Lake Playfield, 5450 Northwest Boulevard						
5-8	W	Sep 15-Oct 13 7:00pm-7:40pm	Res \$69 Non Res \$79	32401-04		
Plymouth Community Center Fieldhouse, 14800 34th Avenue N						
4-6	W	Nov 10-Dec 15 5:15pm-5:55pm	Res \$69 Non Res \$79	32401-07		



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For esports gaming, ages 13-18, see teen section



# **sports** | flag football

#### **FLAG FOOTBALL LEAGUE**

#### Bass Lake Playfield, 5450 Northwest Boulevard

Recreational league, teams will practice on specified day Tuesday or Thursday evenings. Games are Sundays between 4-7 p.m. An occasional game may be scheduled on your practice night. Sunday games start Sept 19 and run through Oct 28 (no games MEA weekend). Teams practice at their home site. Games at Bass Lake or at field in neighboring community (New Hope/Crystal/Robbinsdale). Volunteer/Parent coaches are needed for this program. Date for coaches meeting is TBD. Sign up online at www.plymouthmn.gov/volunteercoaching

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Tu	Sep 7-Oct 26 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-01
5-6	Tu	Sep 7-Oct 26 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-02
5-6	Tu	Sep 7-Oct 26 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-03
5-6	Tu	Sep 7-Oct 26 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-04
7-8	Th	Sep 9-Oct 28 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-05
7-8	Th	Sep 9-Oct 28 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-06
7-8	Th	Sep 9-Oct 28 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-07
7-8	Th	Sep 9-Oct 28 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-08

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-10	Th	Sep 9-Oct 28 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-09
9-10	Th	Sep 9-Oct 28 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-10
9-10	Th	Sep 9-Oct 28 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-11
9-10	Th	Sep 9-Oct 28 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-12
11-12	Tu	Sep 7-Oct 26 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-13
11-12	Tu	Sep 7-Oct 26 6:00pm-7:00pm	Res \$82 Non Res \$93	33297-14



763-509-5200

Report items lost or found at any of our programs or parks



# SPORTS UNLIMITED AFTERSCHOOL FLAG FOOTBALL INTRO

Plymouth Community Center Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Skills taught: passing, catching, kicking and throwing. Kids will be split into teams for games.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Tu	Sep 7-Oct 5 4:30pm-6:00pm	Res \$85 Non Res \$97	33223-01
5-9	Tu	Nov 9-Dec 14 4:30pm-6:00pm	Res \$99 Non Res \$114	33223-02



# sports | golf

#### **GOLF - BEGINNER**

#### Parkers Lake Golf Center, 1050 Vicksburg Lane

Lessons are taught by instructors from the Bryan Skavnak Golf Academy. These lessons are for the beginner to the advanced beginner ability and comfort level. Price includes all aspects of the class including golf balls. Bringing your own clubs. Call 763-443-8090 on rainy days to see if the course is open. Rainouts will be made up the following week for each session.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Sa	Sep 11-Oct 2 9:00am-9:45am	Res \$78 Non Res \$89	33237-01
6-8	Sa	Sep 11-Oct 2 9:45am-10:30am	Res \$78 Non Res \$89	33237-02
6-8	Su	Sep 12-Oct 3 4:00pm-4:45pm	Res \$78 Non Res \$89	33237-03
8-10	Su	Sep 12-Oct 3 4:45pm-5:30pm	Res \$78 Non Res \$89	33237-04
9-12	Su	Sep 12-Oct 3 5:30pm-6:15pm	Res \$78 Non Res \$89	33237-05

#### **GOLF - FAMILY ADVENTURE**

#### Parkers Lake Golf Center, 1050 Vicksburg Lane

Taught by qualified professionals, this program is for anyone who wants to enjoy golf together. Program will adapt to the needs of beginners and advanced players. Receive 10% off of total amount for family group of 3 or more (call 763-509-5200 to register group). Call 763-443-8090 on rainy days to see if course is open. Rainouts will be made up following each session.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Sa	Sep 11-Oct 2 10:30am-11:15am	Res \$78 Non Res \$89	33244-01
5+	Su	Sep 12-Oct 3 6:15pm-7:00pm	Res \$78 Non Res \$89	33244-02

## gymnastics

#### **TUMBLEWEEDS I**

#### Wayzata High School, 4955 Peony Lane

Beginners (no experience required). Intro to Floor: jumps, leaps, turns, cartwheel, forward/backward roll; Vault: approach, squaton; Bars: grips, hanging skills, pullovers; Beam: walks, kicks, hops. No program 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Sa	Sep 11-Oct 16 9:00am-9:30am	Res \$89 Non Res \$98	33219-01
6-8	Sa	Sep 11-Oct 16 9:45am-10:30am	Res \$96 Non Res \$106	33219-02
6-10	Sa	Sep 11-Oct 16 11:45am-12:30pm	Res \$96 Non Res \$106	33219-03
4-5	Sa	Nov 6-Dec 18 11:00am-11:45am	Res \$96 Non Res \$106	33219-04
6-10	Sa	Nov 6-Dec 18 1:00pm-1:45pm	Res \$96 Non Res \$106	33219-05

#### **TUMBLEWEEDS 2**

#### Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds I. Continued development of skill, focus on technique. Skills taught Floor: round off, handstand, front limbers, turns, leaps; Vaults: pop-up; Bars: back hip circle, dismounts; Beam: leaps, forward roll, dismounts. No program 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-13	Sa	Sep 11-Oct 16 9:45am-10:30am	Res \$105 Non Res \$116	33220-01
6-13	Sa	Sep 11-Oct 16 11:45am-12:30pm	Res \$105 Non Res \$116	33220-02
6-13	Sa	Nov 6-Dec 18 11:00am-11:45am	Res \$105 Non Res \$116	33220-03
6-13	Sa	Nov 6-Dec 18 1:00pm-1:45pm	Res \$105 Non Res \$116	33220-04

#### **PRE-TUMBLERS**

#### Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds 2. Advancing gymnastics skills for a more challenging class. Skills taught Floor: intermediate dance skills intro, round off rebound, front walkover; Vault: pop-up, handstand off; Bars: back hip circle, glides, squat-on; Beam: cartwheel, handstand, jumps. No program 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Sa	Sep 11-Oct 16 10:45am-12:30pm	Res \$126 Non Res \$141	33226-01
6-14	Sa	Nov 6-Dec 18 9:00am-10:45am	Res \$126 Non Res \$141	33226-02

#### TUMBLERS I

#### Wayzata High School, 4955 Peony Lane

Pre-req: pass Pre-Tumblers. Intermediate skills taught. Floor: intermediate dance skills, back walkover; Vault: handspring; Bars: kips, long hang pullover; Beams: mounts, turns. No program 11/27.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
7-14	Sa	Sep 11-Oct 16 10:45am-12:30pm	Res \$126 Non Res \$141	33222-01
7-14	Sa	Nov 6-Dec 18 10:45am-12:30pm	Res \$126 Non Res \$141	33222-02



# **sports** | gymnastics

#### **TUMBLERS II**

#### Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumblers I. Continue intermediate skill development, advancing technique. Skills taught: Floor: front & back handsprings, tumbling series, advanced dance skills; Vault: handspring; Bars: sole circle dismount; Beam: tumbling & jump series. No program 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-16	Sa	Sep 11-Oct 16 10:45am-12:30pm	Res \$135 Non Res \$152	33229-01
7-16	Sa	Nov 6-Dec 18 9:00am-10:45am	Res \$135 Non Res \$152	33229-02

#### **ACROBATS**

#### Wayzata High School, 4955 Peony Lane

Advanced gymnastics. Skills taught: Floor: complex dance skills, handsprings, tucks; Vaults: handspring; Bars: squat-ons, fly away; Beam: backwalk-over, roundoff, handstand, aerial dismounts. No program 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-16	Sa	Sep 11-Oct 16 10:45am-12:30pm	Res \$135 Non Res \$151	33230-01
8-16	Sa	Nov 6-Dec 18 9:00am-10:45pm	Res \$135 Non Res \$151	33230-02

#### martial arts

#### **SHOSHIN RYU JUJITSU YOUTH**

#### Shoshin Ryu Martial Arts, 13605 27th Avenue N

Shoshin Ryu is a Japanese based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М	Sep 13-Oct 25 5:30pm-6:25pm	Res \$82 Non Res \$94	33261-01
7-12	W	Sep 15-Oct 27 5:30pm-6:25pm	Res \$82 Non Res \$94	33261-02
7-12	М	Nov 1-Dec 13 5:30pm-6:25pm	Res \$82 Non Res \$94	33261-03
7-12	W	Nov 3-Dec 15 5:30pm-6:25pm	Res \$82 Non Res \$94	33261-04

#### **KID FU BEGINNER - YELLOW SASH**

Parkers Lake Park, 15205 County Road 6

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. No program: 11/25.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
5+	Th	Sep 9-Oct 28 5:30pm-6:30pm	Res \$80 Non Res \$92	33262-01
5+	Th	Nov 4-Dec 16 5:30pm-6:30pm	Res \$80 Non Res \$92	33262-02

#### KID FU INTERMEDIATE - ORANGE SASH & UP

#### Parkers Lake Park. 15205 County Road 6

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. No program 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Sep 9-Oct 28 6:45pm-7:45pm	Res \$80 Non Res \$92	33263-01
5+	Th	Nov 4-Dec 16 6:45pm-7:45pm	Res \$80 Non Res \$92	33263-02

#### KID SMART - SELF-DEFENSE

#### Ultimate Martial Arts, 147 Hamel Road

A fun and exciting way to learn how to defend yourself. Learn how to react to a stranger and defend against an attacker. Learn escapes, kicks and basic strikes while playing fun games. Instr: Tom Malone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Oct 16 1:00pm-2:45pm	Res \$39 Non Res \$49	33403-01

#### LIGHTSABER TAE KWON DO

#### Ultimate Martial Arts. 147 Hamel Road

Learn Martial Arts skills influenced by the epic movie series, Star Wars. Practice strikes, blocks and stances with swords. Create your own lightsaber skills and learn choreography just like the movies all while exercising and having fun. Padded swords are provided. Students may bring their own lightsaber to class. Taught by Grandmaster Thomas Malone who has over 35 years experience in the Martial Arts.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	W	Oct 27 6:30pm-8:00pm	Res \$59 Non Res \$70	33264-01



# sports | soccer

#### SKYHAWKS SOCCER

Bass Lake Playfield, 5450 Northwest Boulevard

Learn the fundamentals of soccer. Using our progressive curriculum, participants will gain skills and knowledge of the game through focusing on dribbling, passing, shooting, and ball control. Participants should wear shin guards and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Sa	Sep 11-Oct 2 9:00am-9:45am	Res \$75 Non Res \$86	33295-01
7-9	Sa	Sep 11-Oct 2 9:50am-10:50am	Res \$89 Non Res \$102	33295-02

#### SPORTS UNLIMITED AFTERSCHOOL SOCCER INTRO

Plymouth Community Center Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Shin guards recommended. Skills taught: shooting, passing, and dribbling. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Th	Sep 9-Oct 7 4:30pm-6:00pm	Res \$85 Non Res \$97	33225-01
5-9	Th	Nov 11-Dec 23 4:30pm-6:00pm	Res \$99 Non Res \$114	33225-02

#### tennis

#### **TENNIS FALL LESSONS**

**Locations Vary** 

Our tennis program uses the United State Tennis Associations (USTA) teaching auidelines. Age 7 and older have 60 minute lessons. Rainouts are made up the corresponding day/time the week following the program. Bring your own racket. In case of inclement weather, call 763-509-5205 (no sooner than 30 minutes before your lesson).

\*Bass Lake courts are off of Pineview Lane N & 54th Ave N (east side of playfield).

AGES	DAY	DATE & TIME	COST	ACTIVITY		
Bass Lake Playfield, 5450 Northwest Boulevard *						
4-6	Su	Sep 12-Oct 3 4:00pm-4:45pm	Res \$45 Non Res \$54	33227-04		
4-6	Su	Sep 12-Oct 3 5:00pm-5:45pm	Res \$45 Non Res \$54	33227-05		
7-10	Su	Sep 12-Oct 3 6:00pm-7:00pm	Res \$45 Non Res \$54	33227-06		
11+	Su	Sep 12-Oct 3 7:00pm-8:00pm	Res \$45 Non Res \$54	33227-07		
Parker	s Lake	Playfield, 15500 Co	Rd 6			
4-6	M,W	Sep 13-Sep 29 5:00pm-5:45pm	Res \$63 Non Res \$72	33227-01		
7-10	M,W	Sep 13-Sep 29 6:00pm-7:00pm	Res \$63 Non Res \$72	33227-02		
11+	M,W	Sep 13-Sep 29 7:00pm-8:00pm	Res \$63 Non Res \$72	33227-03		

#### **TENNIS LESSONS**

Armstrong High School, 10635 36th Avenue N

Provides beginner and intermediate players with fundamental skills: proper grip, footwork, strokes, serves and basic rules, Instr. Dan Richards, Varsity Tennis Coach, USPTA Certified, Lessons held in high school gym.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Su	Oct 24-Nov 14 11:30am-12:15pm	Res \$65 Non Res \$75	33215-01
4-6	Su	Oct 24-Nov 14 12:15pm-1:00pm	Res \$65 Non Res \$75	33215-02
7-8	Su	Oct 24-Nov 14 1:00pm-2:00pm	Res \$65 Non Res \$75	33215-03
7-8	Su	Oct 24-Nov 14 2:00pm-3:00pm	Res \$65 Non Res \$75	33215-04
8-10	Su	Oct 24-Nov 14 3:00pm-4:00pm	Res \$65 Non Res \$75	33215-05
8-10	Su	Oct 24-Nov 14 4:00pm-5:00pm	Res \$65 Non Res \$75	33215-06
10-14	Su	Oct 24-Nov 14 5:00pm-6:00pm	Res \$65 Non Res \$75	33215-07
4-6	W	Oct 20-Nov 10 6:15pm-7:00pm	Res \$65 Non Res \$75	33215-08
7-10	W	Oct 20-Nov 10 7:00pm-8:00pm	Res \$65 Non Res \$75	33215-09
11+	W	Oct 21-Nov 10 8:00pm-9:00pm	Res \$65 Non Res \$75	33215-10



# sports | track & field

# TRACK & FIELD - ALLSPORTS COACHING Locations Vary

Sportshall Athletics is a version of track and field that concentrates on the skills required to compete as a multi-sport athlete. Participants throw foam javelins, discus, shot put, and hammer. They also look at the fundamental jumping, sprinting, and hurdling technique that develop all around athleticism for general sport as well as track and field athletics. Ian Hall, from the UK was in charge of the development of Sportshall athletics in the Dover district of the UK during the London Olympics and currently works as a PE teacher in the metro area.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Boulevard				
6-7	W	Sep 15-Oct 13 5:00pm-5:45pm	Res \$65 Non Res \$75	33272-01
8-9	W	Sep 15-Oct 13 5:45pm-6:30pm	Res \$65 Non Res \$75	33272-02
10-11	W	Sep 15-Oct 13 6:30pm-7:15pm	Res \$65 Non Res \$75	33272-03
Plymouth Community Center Fieldhouse, 14800 34th Avenue N				
6-8	W	Nov 10-Dec 15 4:30pm-5:15pm	Res \$65 Non Res \$75	33272-04
9-11	W	Nov 10-Dec 15 5:15pm-6:00pm	Res \$65 Non Res \$75	33272-05

# volleyball

#### SKYHAWKS VOLLEYBALL

Armstrong High School, 10635 36th Avenue N

Volleyball taught through drills and exercises that focus on passing, setting, hitting, and serving. Coaches will assist participants in developing fundamental skills through gamespeed drills and daily scrimmages aimed at developing the whole player. Wear appropriate clothing and bring a water bottle. No program: 9/18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-9	Sa	Sep 11-Oct 9 2:45pm-3:45pm	Res \$89 Non Res \$102	33228-01
10-12	Sa	Sep 11-Oct 9 2:45pm-3:45pm	Res \$89 Non Res \$102	33228-02



Open Skate is held on Tuesdays, Sundays and some Fridays. Check the Open Skate & Open Hockey calendar on the Ice Center website for times. plymouthmn.gov/pic





# Teen

# arts | dance

#### **BALLET & TAP AGES 12-18 ADVANCED**

West Lutheran High School, 3350 Harbor Ln N

This class will focus on ballet and tap technique, alignment, and steps at an advanced level. This class is for students with several years of dance experience who are looking to learn at a faster pace. Students will utilize technical skills that they learn to perform fun and challenging ballet and tap sequences that will be expanded upon each week. Pink ballet slippers, black tap shoes and leotards/tights of your color choice are needed. Instr: City of Plymouth Dance staff. No program: 11/22.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	М	Sep 13-Dec 6 7:50pm-9:15pm	Res \$121 Non Res \$132	34107-01

#### **CONTEMPORARY MODERN AGES 12-18**

West Lutheran High School, 3350 Harbor Ln N

This class will focus on creative movement and expression through dance. Students learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. Instr.: City of Plymouth Dance staff. No program: 10/19, 11/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Tu	Sep 14-Dec 7 8:10pm-9:15pm	Res \$121 Non Res \$132	34109-01

#### **JAZZ & HIP HOP AGES 12-18**

Parkers Lake Park, 15205 County Road 6

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities.

No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Sa	Sep 11-Dec 4 10:00am-11:15am	Res \$132 Non Res \$145	34108-01

#### **MUSICAL THEATER JAZZ**

West Lutheran High School, 3350 Harbor Ln N

This class will inspire the future Broadway star with upbeat, theatrical jazz choreography, complete with music from your favorite musicals. Jazz shoes and leotards/tights and/or activewear required. Instr: City of Plymouth Dance Staff. No program: 10/21, 11/25.

AGI	S	DAY	DATE & TIME	COST	ACTIVITY
12-1	8	Th	Sep 16-Dec 9 7:20pm-8:30pm	Res \$121 Non Res \$132	34110-01

# drawing

# ALL ABOUT DRAWING - DRAWING WITH CONFIDENCE

Bass Lake Playfield, 5450 Northwest Boulevard

Introduction to drawing and various materials. A professional artist will show you how to use different techniques and drawing methods to help with art projects and portfolios. Instr. Tatiana Eletsky.

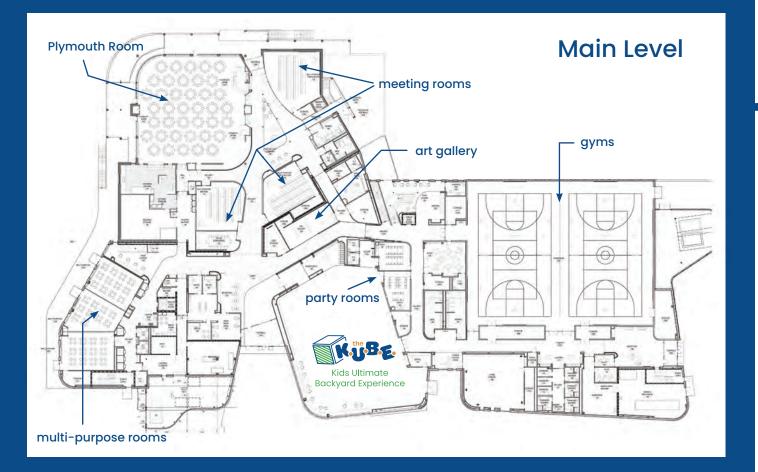
AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	Th	Sep 30-Nov 4 6:00pm-7:00pm	Res \$72 Non Res \$83	34105-01



# page 22-25

See teen STEM programs in youth section







# Plymouth Community Center

763-509-5280 14800 34th Ave N plymouthmn.gov/pccproject

look inside







# See Pages 6-7 for fees and rental information **OPENING** B DECEMBER 2021 **ACTIVE WING - PHASE 1**











- gyms and locker rooms (A)
- indoor playground (the K.U.B.E.) (B)
- walking track (C)
- fitness rooms (D)
- party rooms (E)
- sensory room
- lounge areas
- new parking lot

# Now Booking:

- birthday parties at the K.U.B.E.
- events and weddings







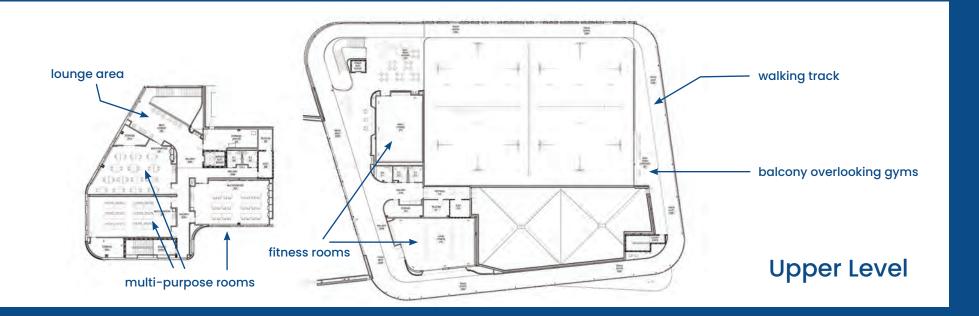


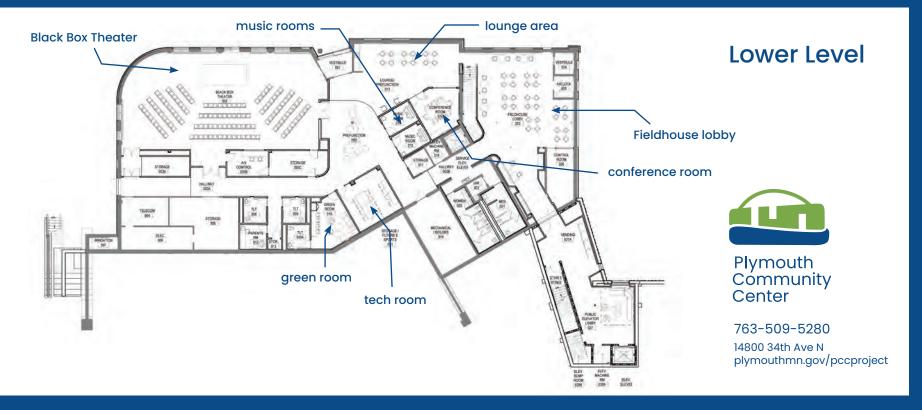
# ANTICIPATED OPENING JUNE 2022 EVENT WING - PHASE 2

- Plymouth Room (ballroom) (F)
- green rooms (G)
- theater (H)
- meeting rooms
- art gallery

#### **EDUCATION WING - PHASE 2**

- STEM room
- art room
- multi-purpose rooms
- tech room
- lounge spaces







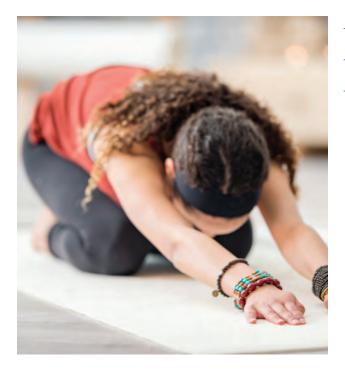
#### health & fitness

#### **TEEN YOGA**

Parkers Lake Park, 15205 County Road 6

Fun-filled yoga, for kids only! Combine yoga with play. Poses, stretching and breathing exercises promote flexibility, coordination and body awareness. Learn more about the mind-body connection and how it helps to improve concentration and focus. Promotes confidence, self-esteem and respect for others. Bring a yoga mat & water. Certified Instr: Jessica Spore.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-16	Tu	Sep 14-Oct 19 5:00pm-5:45pm	Res \$65 Non Res \$75	33402-01
11-16	Tu	Oct 26-Nov 30 5:00pm-5:45pm	Res \$65 Non Res \$75	33402-02



#### safety

#### SAFE SITTER BABYSITTERS TRAINING WITH CPR

Plymouth City Hall, 3400 Plymouth Boulevard

Safe Sitter prepares grades 6-8 to be safe when home alone, watching siblings, or babysitting. Students learn child care skills including diapering, behavior management, and personal safety. Hands on skills in first aid, injury prevention, infant/child CPR and choking rescue. Activities and role playing maintain a fun learning environment. Course follows American Academy of Pediatrics and the American Heart Association guidelines.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-14	Sa	August 28 9:00am-2:45pm	Res \$99 Non Res \$114	33503-01
11-14	Sa	Sep 25 9:00am-2:45pm	Res \$99 Non Res \$114	33503-02
11-14	Sa	Oct 16 9:00am-2:45pm	Res \$99 Non Res \$114	33503-03
11-14	Sa	Nov 13 9:00am-2:45pm	Res \$99 Non Res \$114	33503-04
11-14	Sa	Dec 18 9:00am-2:45pm	Res \$99 Non Res \$114	33503-05

#### page 28

For esports gaming, ages 7-12, see youth section

## **sports** | e-sports



#### **ESPORTS GAMING**

Online

Compete in your favorite video games safely from your home while meeting and making friends with age-verified peers from around the state! The Blaze Fire Video Gaming and Esports Club is a fun, safe way for the gamers in your household to play with other age-verified competitors so they can make friends within their own community through video gaming. Joining the club gains players access to organized community play where players can choose to participate in structured leagues and tournaments or social ladder and play activities. Players aged 7+ will participate from home and engage safely in club activity through the Safe Harbor certified platform, GYO Score. Available games rotate frequently to keep up with the most popular titles for kids. Prizes and rewards can be earned for participation and also winning our special skill-based tournaments and leagues. All gamers are welcome! Supported Gaming Systems: Nintendo Switch, Xbox One, Xbox One Series S/X, PlayStation 4, PlayStation 5. Supported Gaming Titles: Rocket League. Minecraft, Super Smash Brothers, NFL Madden Football, EA FIFA Soccer, NBA 2K, Mario Kart 8.

Consoles and games not included with club participation fee. Participants must have an active internet connection and any/all online connection subscriptions purchased to participate (i.e. Xbox Live/PlayStation Plus/Nintendo Online). Players may choose one title, or unlock the full club to play up to 3 supported titles. For questions or concerns about fees or technical setup, contact info@gyo.gg.

		33		
AGES	DAY	DATE & TIME	COST	ACTIVITY
3 gam	nes			
13-18	M-Su	Sep 1-Oct 31 2:00pm-7:00pm	Res \$75 Non Res \$86	33276-02
13-18	M-Su	Nov 1-Dec 31 2:00pm-7:00pm	Res \$75 Non Res \$86	33276-04
1 gam	е			
13-18	M-Su	Sep 1-Oct 31 2:00pm-7:00pm	Res \$30 Non Res \$36	33276-06
13-18	M-Su	Nov 1-Dec 31 2:00pm-7:00pm	Res \$30 Non Res \$36	33276-08

#### arts | Artistic Moments

# ARTISTIC MOMENTS - HALLOWEEN FONDANT CUPCAKES

Bass Lake Playfield, 5450 Northwest Boulevard

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs. Learn how to color, roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You'll fun using fondant to create Halloween theme cupcakes. Pre-made cupcakes are purchased from a commercial kitchen.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Oct 11 7:15pm-9:15pm	Res \$31 Non Res \$37	35108-01

# ARTISTIC MOMENTS - HOLIDAY WOOD BURNING ORNAMENTS

Bass Lake Playfield, 5450 Northwest Boulevard

Using Pyrography (wood burning) you trace and engrave your pattern onto several holiday ornaments. Then apply acrylic paints or watercolors to your projects to create perfect personalized gifts

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Nov 22 7:15pm-9:15pm	Res \$31 Non Res \$37	35123-01

# ARTISTIC MOMENTS - HOLIDAY FONDANT COOKIES

Bass Lake Playfield, 5450 Northwest Boulevard

We'll play with fondant, a pliable and edible icing to create and design festive cookies just in time for the holidays! Cookies are purchased from a commercial kitchen.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Dec 20 7:15pm-9:15pm	Res \$31 Non Res \$37	35125-01

#### stamping

#### **FALL AND HOLIDAY STAMPING CLASS**

Bass Lake Playfield, 5450 Northwest Boulevard

Come create hand stamped cards, gifts, tags and more for the holidays. All supplies included with class fee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 12-Oct 19 6:00pm-8:00pm	Res \$19 Non Res \$23	35128-01

#### voice over



#### INTRODUCTION TO VOICE OVER

Online

Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom; you will receive a link 24 hours prior to the class. Instr: Cathi Colas, Such a Voice, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 6 6:30pm-8:30pm	Res \$30 Non Res \$30	35140-01







#### arts | dance

#### **BALLROOM DANCING FOR BEGINNERS**

Pilgrim United Church, 4325 Zachary Lane North

Have a fun-filled weekly date learning to ballroom dance with your partner! Practice in class to popular party & wedding dance songs. Learn waltz, foxtrot, swing, rumba and more! You're sure to be laughing & having fun learning to partner dance, and lessons will build your confidence for dancing in front of others! Beginner level, 4-week courses offered seasonally. You will learn new steps in each, so attend any or all sessions. Price is per person, so please register individually. For more course info, visit www.ConstantineDance.com.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 20-Nov 10 7:00pm-8:30pm	Res \$59 Non Res \$68	35103-01

#### **BOLLYWOOD DANCING AND BOLLY FITNESS**

Pilgrim United Church, 4325 Zachary Lane North

R.G.K. Modern Indian Dance Academy is the first professional dance academy in the Upper Midwest to offer classes in Bollywood, folk, and contemporary dance styles of India. Come prepared to have fun, shake your shoulders, and swing your hips to this contagious fusion style of dance. You'll find that Bollywood dance is fun and energetic, as well as excellent aerobic exercise. All RGK bollywood dance classes end with Yoga and Pranayam. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 9-Oct 14 6:30pm-7:15pm	Res \$120 Non Res \$134	35458-01
18+	Th	Oct 21-Dec 2 6:30pm-7:15pm	Res \$120 Non Res \$134	35458-02

#### BOLLYWOOD DANCING AND BOLLY FITNESS 55+

Pilgrim United Church, 4325 Zachary Lane North

RGK Dance Academy is the first professional dance academy in the Upper Midwest to offer classes in the Bollywood, Folk, Semi Classical, Contemporary dance styles of India. Offering class Bolly Masala for Seniors and Adults. It is a Fun, upbeat, commercial dance routine to experience the magic of Bollywood. Best suited for beginners to intermediate levels for Seniors to Adults. Reconnect with body, mind and spirit through dance movements/yoga class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	F	Sep 10-Oct 15 10:00am-11:00am	Res \$120 Non Res \$134	35461-01

#### TAP DANCE FOR SENIORS

Parkers Lake Park. 15205 County Road 6

Learn a whole dance in your weeks with Stephanie Stockton. Fun, good exercise, keeps you young. No experience required. Tap shoes are preferred, but hard-soled leather shoes will work, if desired. No program: 11/26

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	F	Sep 24-Dec 10 10:15am-11:15am	Res \$116 Non Res \$128	35104-01
50+	F	Sep 24-Dec 10 11:30am-12:30pm	Res \$116 Non Res \$128	35104-02
50+	F	Sep 24-Dec 10 12:45pm-1:45pm	Res \$116 Non Res \$128	35104-03





## arts | glass arts

#### **SKYLAB GLASS ARTS - BEGINNER LAMPWORKING**

Skylab Glass Arts, 8838 7th Avenue

Great class for beginners with little to no experience using torch. Lampworking is a method of glassblowing using a torch to melt and manipulate glass into a desired form. Create at your own pace and comfort level. Start with solid shaped objects and transition into pendants you can take home. All supplies included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Sep 14 6:30pm-8:30pm	Res \$68 Non Res \$78	35138-01
16+	Th	Oct 7 6:30pm-8:30pm	Res \$68 Non Res \$78	35138-02
16+	Sa	Nov 13 6:30pm-8:30pm	Res \$68 Non Res \$78	35138-03
16+	Tu	Dec 7 6:30pm-8:30pm	Res \$68 Non Res \$78	35138-04

#### SKYLAB GLASS ARTS - GLASS FUSING

Skylab Glass Arts, 8838 7th Avenue

Glass fusing is like puzzle-making with sheet glass and your imagination. Create a glass tile or set of coasters as you learn about glass fusing and the kiln process. We will fire your creation and have it available for pickup after class. No experience needed. All materials included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Sep 17 6:00pm-9:00pm	Res \$68 Non Res \$78	35155-01
18+	Tu	Nov 2 6:00pm-9:00pm	Res \$68 Non Res \$78	35155-02

#### **SKYLAB GLASS ARTS - GLASS PENDANT MAKING**

Skylab Glass Arts, 8838 7th Avenue

This class will focus on the design and shaping of a solid object to be fused to a glass bale for hanging on a chain or cord of choice. Students can select several colors to be combined and layered, and will come away from the class with a couple of one of a kind pendants great for gifting or wearing for yourself!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Sep 27 6:00pm-9:00pm	Res \$68 Non Res \$78	35145-01
18+	Tu	Oct 19 6:00pm-9:00pm	Res \$68 Non Res \$78	35145-02

#### **SKYLAB GLASS ARTS - HOLIDAY ORNAMENT**

Skylab Glass Arts, 8838 7th Avenue

Students will manipulate raw glass into solid shapes and decorate choice color, fume and use various tools to create any design desired. All supplies included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Dec 2 6:00pm-9:00pm	Res \$68 Non Res \$78	35160-01

# SKYLAB GLASS ARTS - WINE STOPPERS AND STRAWS

Skylab Glass Arts, 8838 7th Avenue

Instructors will guide students through the process of melting and gathering colored glass. You can also decorate either solid stir sticks or create glass drinking straws. All materials provided, with supplies making up to three creations.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 14 6:00pm-9:00pm	Res \$68 Non Res \$78	35144-01
18+	W	Nov 10 6:00pm-9:00pm	Res \$68 Non Res \$78	35144-02

#### knitting



#### **BEGINNER CABLE KNITTING**

Bass Lake Playfield, 5450 Northwest Boulevard

Learn how to read and work basic knitted cables while knitting a bracelet/wrist-warmer or coffee cozy in this 3-hour class. Knitting level: Students need to know how to cast on, knit, and purl. Bring size 5 or 6 straight or circular needles, a cable needle, and any general knitting supplies you may have. Yarn will be provided by instructor. Instr. Wendy Johnson, Saga Hill Designs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Oct 15 1:00pm-4:00pm	Res \$58 Non Res \$67	35147-01



#### arts | music



# WHAT, HOW, AND WHY OF MUSIC: THEORY FOR EVERYONE

#### Online

Students will learn fundamental musical concepts such as scales, harmony, chords, phrases and many more. We'll write our own compositions using concepts learned in class. Zoom class login information provided with registration receipt. Instr. Daniel Georgakopoulos.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 21-Nov 2 1:00pm-2:00pm	Res \$140 Non Res \$154	35161-01





## UNWRAPPING MUSIC - NADIA BOULANGER Online

Nadia Boulanger was a music teacher who coached composers from her Paris apartment for over 50 years. Some of her students include Aaron Copland, Philip Glass, Quincy Jones, and Burt Bacharach. In this class we will learn about her unique teaching style that shaped the sound of the 20th century. Class will be instructed via Zoom Online platform. Login instructions will be provided via email prior to class time. Instr. Andrea Leap.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Oct 19 10:00am-11:00am	Res \$15 Non Res \$15	35142-01



# UNWRAPPING MUSIC - FANNY MENDLESSOHN HENSEL

#### Online

Fanny Mendlessohn Hensel, sister of Felix Mendelssohn, was an excellent composer and pianist and music scholar, as well as being her brother's close confidant and musical sounding board. Learn about her life, her musical values, and her energetic, virtuosic compositions. Class instruction will take place on Zoom with login information emailed prior to class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Sep 21 10:00am-11:00am	Res \$15 Non Res \$15	35139-01



# UNWRAPPING MUSIC - ETHEL SMYTH Online

Dame Ethel Smyth was one of only two women composers to have an opera performed at the Metropolitan Opera, and her life's work of symphonic, operatic and chamber music is considered to be a British National Treasure. Class instruction will be online via Zoom platform. Login instructions will be provided via email prior to class time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Dec 14 10:00am-11:00am	Res \$15 Non Res \$15	35148-01



#### UNWRAPPING MUSIC - JEANINE TESORI

#### Online

Hear the music of Jeanine Tesori, Tony-award winning Broadway composer of Fun Home, Caroline or Change, Thoroughly Modern Millie, and Violet. She has also composed operas, film scores and incidental music. Her presence as a female composer on Broadway has changed the types of female characters presented on the Great White Way. Class held via Zoom. Login instructions emailed prior to class. Instr. Andrea Leap

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Nov 16 10:00am-11:00am	Res \$15 Non Res \$15	35143-01

#### arts | paints & pastels

#### **OIL PAINTING**

#### Bass Lake Playfield, 5450 Northwest Boulevard

We'll use oil paint to learn techniques on both wood and canvas boards. Recommended supply list provided prior to class. Instr: Maria del Carmen Troncoso Gonzalez.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 7-Oct 5 1:00pm-4:00pm	Res \$80 Non Res \$92	35116-01
18+	Tu	Nov 9-Dec 7 1:00pm-4:00pm	Res \$53 Non Res \$60	35116-02

#### **PASTEL DRAWING**

#### Bass Lake Playfield, 5450 Northwest Boulevard

You will learn the basics of pastel drawing which combine drawing and painting. Dry pastels allow you to draw, blur and mix using your fingers, resulting in wonderful works of art. Supplies list provided prior to class. Instr: Maria del Carmen Trancoso Gonzalez

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Th	Sep 9-Oct 14 1:00pm-4:00pm	Res \$80 Non Res \$92	35133-01
18+	Th	Nov 4-Dec 2 1:00pm-4:00pm	Res \$53 Non Res \$60	35133-02

#### Pallette Up!

# PALETTE UP! ALCOHOL INK STATE COASTERS WORKSHOP

Plymouth City Hall, 3400 Plymouth Boulevard

Learn to create stunning, one-of-a kind alcohol ink coasters. Show your Minnesota (or any state of your choosing) pride with alcohol ink coasters. Alcohol inks are pigment-intense and vibrant, free-flowing and filled with an energy all their own. You will leave the workshop with knowledge of a new technique that you can then take home and expand your artist interest. You will create a set of 4 coasters. Instr: ArtInnovatorsMN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Nov 3 7:00pm-8:30pm	Res \$42 Non Res \$48	35118-01

#### PALETTE UP! ACRYLIC POURING ORNAMENTS

Bass Lake Playfield, 5450 Northwest Boulevard

Take the art of acrylic pouring to a whole new level by creating fun festive ornaments for the holiday season. Create unique one-of-a-kind seasonal décor to keep or give away as gifts. First learn different acrylic pouring techniques. Then it is your turn to try out these techniques on 2 round bulb ornaments and 2 wooden cut out silhouettes. All supplies provided including a tray to transport your works home in. Instr. ArtInnovatorsMN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Dec 6 6:30pm-8:30pm	Res \$54 Non Res \$62	35119-01

#### watercolor with Sonja Hutchinson



#### SUNSHINE AND WATERCOLORS

Zoom

We'll paint seasonal colors as they manifest themselves in giant sunflowers, scrumptious carrots, and elegant pine cones. Supply list and Zoom login emailed with registration. All levels are welcome. Instr: Sonja Hutchinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 14-Sep 28 1:00pm-4:00pm	Res \$75 Non Res \$75	35135-01



#### FRUIT OF THE VINE IN WATERCOLOR

Zoom

In this set of watercolor classes we will paint the elegant vines, inviting wineries and sun kissed grapes inspired by the beautiful settings of local vineyards. Supply list and Zoom login emailed with registration. Instr: Sonja Hutchinson.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Tu	Oct 12-Oct 26 1:00pm-4:00pm	Res \$75 Non Res \$75	35114-01

#### **FUN WITH FIGURES - ONE DAY WORKSHOP**

Plymouth City Hall, 3400 Plymouth Boulevard

In this one day workshop you will work with figures to create a unique expressive painting. Students will explore scale and perspective in planning their pieces. Step-by-step instruction on the painting and development process will be provided. Bring a bag lunch. Instr: Sonja Hutchinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Nov 18 10:00am-4:00pm	Res \$75 Non Res \$86	35149-01



#### **arts** | photography

#### INTRO TO PHOTOGRAPHY

#### Plymouth City Hall, 3400 Plymouth Boulevard

No matter what kind of camera you have, understanding the principles of photography will help you take better pictures. This course will cover basic operation of all kinds of cameras (but focused primarily on modern phones, DSLR and mirrorless cameras); will introduce basic photographic concepts including composition, exposure, focus, lighting, and color; and will give you the tools and confidence to take great pictures. Includes discussion, demonstrations, weekly photo assignments, evaluation and coaching. Instr. Keith Bridges. For anyone who has any kind of camera (phone, mirror-less, compact, dslr)-must have experience with own camera. Instr. Keith Bridges.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	М	Sep 6-Sep 20 7:00pm-8:30pm	Res \$100 Non Res \$110	35132-01

# TRAVEL PHOTOGRAPHY - HELPFUL TIPS AND TECHNIQUES

#### Plymouth City Hall, 3400 Plymouth Boulevard

Learn about photo travel gear, security, and tips for capturing landscapes, people, street scenes, architecture, and scoping out prime photo locations. Improve your photos with any digital camera using the techniques you'll learn. Instr: Ron Timm.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	W	Oct 13 7:00pm-8:30pm	Res \$25 Non Res \$30	35131-01

#### podcasting



#### HOW TO CREATE YOUR OWN PODCAST

Would you like to start a podcast but don't know how to go about it? While there are a lot of things involved, it's not as complicated or costly as you might think. This workshop will cover the technical process of turning your idea for a podcast into a reality. We will cover the setup, process, and options for hosting, recording, editing, publishing, and even publicizing your podcast. Instr. Keith Bridges.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	М	Oct 18-Nov 1 7:00pm-8:30pm	Res \$50 Non Res \$50	35136-01

#### pottery

#### WHEEL POTTERY

#### Bass Lake Playfield, 5450 Northwest Boulevard

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr. Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 1-Sep 22 7:00pm-9:00pm	Res \$125 Non Res \$138	35126-01
18+	W	Sep 29-Oct 20 7:00pm-9:00pm	Res \$125 Non Res \$138	35126-02
18+	W	Nov 3-Nov 24 7:00pm-9:00pm	Res \$125 Non Res \$138	35126-03

#### page 48

See introduction to podcasts in education section



#### education | bridge

#### **BRIDGE: BOOK 1 - LEARN TO PLAY BRIDGE**

Plymouth City Hall, 3400 Plymouth Boulevard

Requires experience with the game. Continue learning the game of bridge by learning the requirements to bid. Also, learn to play a hand of bridge. I hour of lecture followed by I hour of play and discussion of the hands. Books are available for purchase from the instructor. Instr. Mianon Nearmeyer. No program: 9/14.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 7-Nov 2 6:45pm-8:45pm	Res \$48 Non Res \$58	35397-01

#### **BRIDGE: SHUFFLE. DEAL AND PLAY**

Plymouth City Hall, 3400 Plymouth Boulevard

Pre-req: Book 1-4. Practice what you have learned in class. Also get a little instruction on the latest rules and play under the eye of an expert Bridge Master. Instr: Mignon Nearmeyer. No program: 10/7.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 9-Nov 4 9:00am-11:00am	Res \$48 Non Res \$58	35309-01

# BRIDGE: BOOK 4 - COMMONLY USED CONVENTIONS

Plymouth City Hall, 3400 Plymouth Boulevard

Pre-req: Book 1-3. Class will include lesson and playing time. Books can be purchased from instructor Mignon Nearmeyer at class.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	М	Sep 13-Nov 1 1:30pm-3:30pm	Res \$48 Non Res \$58	35370-01

#### carfit

#### CARFIT

Zachary Playfield, 4355 Zachary Lane

CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them. The CarFit program also provides information and materials on community-specific resources that could enhance their safety as drivers, and/or increase their mobility in the community. At the event a team of trained technicians and/or health professionals work with each participant to ensure they "fit" their vehicle properly for maximum comfort and safety. A CarFit check takes approximately 20 minutes to complete. Weather make-up date is Thursday, September 30th. Please call 763-509-5200 to register for a 20 minute time slot.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Sep 28 9:00am-12:00pm	no fee	35369-01

#### community solar



#### **COMMUNITY SOLAR**

#### Online

If you are interested in supporting clean electric energy production while saving money on your electric bill, community solar may be for you. No up-front investment is required and no solar panels go on your roof. Join this Zoom class to see if community solar should be in your future. Instr: Reed Wahlberg.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	Th	Dec 9 7:00pm-8:00pm	\$10	35341-01

Find more cooking classes by Tess on our registration website by using the keyword search "culinary"

#### cooking



# COOKING CLASSES WITH FOODS OF SOUTHERN FRANCE

#### Online

Observe or cook along with Chef Connie Blanchard. A menu, ingredients and equipment list, recipes, and the Zoom link will be provided after registration. If you choose to cook along with the chef, you will have a meal for four ready to enjoy that evening. The menus for this series will be menus using ingredients of the fall season, and will incorporate the flavors of Provence, a region of Southern France. Students will need access to a kitchen, oven, range, sink and basic cooking equipment. The student ingredient cost will vary according to the menu as prepared for four diners, but is estimated to be approximately \$50-60 per class, as an average. Students may have an assistant/sous chef for the class at same location for no additional charge.\*November 20 class will be taught from France if Covid restrictions allow travel at that time, and will be conducted from the kitchen where the Chef is staying.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 8 5:30pm-7:30pm	\$50	35303-01
18+	Th	Oct 7 5:30pm-7:30pm	\$50	35303-02
18+	Sa	Nov 20 12:00pm-2:00pm	\$50	35303-03



#### **INSTANT POT 101 - LIVE**

#### Online

Demystify the electric pressure cooker/multi-cooker called the Instant Pot® during a LIVE VIRTUAL class. Learn the foundations of cooking and care, and how to make a few amazingly satisfying dishes in the Instant Pot. Breakfast, lunch, dinner, and dessert menu items will be demonstrated. Choose to cookalong with the instructor to make Creamy Cheese Tuscan Chicken with Penne. Instr: Tess Georgakopoulos.

\*\*See online for the full class description and additional details

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 15 5:00pm-7:00pm	\$35	35307-01



#### education | Doug Ohman lecture series

#### **DOUG OHMAN: COUNTY FAIR - A MN TRADITION**

Plymouth City Hall, 3400 Plymouth Boulevard

Enjoy photos and stories as historian Doug Ohman takes you back to the days when the county fair was the highlight of the summer.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	W	Sep 15 1:00pm-2:30pm	Res \$15 Non Res \$20	35326-01

# DOUG OHMAN: MEMORIES OF THE BRAVE - MN MEDAL OF HONOR RECIPIENTS

Plymouth City Hall, 3400 Plymouth Boulevard

Join historian and storyteller Doug Ohman as he gives honor to many of the brave Minnesotan's who earned the highest military honor. Doug has selected some incredible stories to share from the Civil War to Vietnam.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 27 1:00pm-2:30pm	Res \$15 Non Res \$20	35327-01

#### **DOUG OHMAN: STATE PARKS OF MN**

Plymouth City Hall, 3400 Plymouth Boulevard

Minnesotans love their State Parks. Go on a visual vacation with a photographer as Doug has visited all 67 parks and has photos, stories, history and personal adventures to share. This program has two main themes; the history of the oldest state parks, and the incredible recreational opportunities just waiting to be explored.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Nov 10 1:00pm-2:30pm	Res \$15 Non Res \$20	35328-01

#### **DOUG OHMAN: VANISHING LANDMARKS**

Plymouth City Hall. 3400 Plymouth Boulevard

Explore the back roads and small towns and hear the stories and history of Minnesota through historic buildings that are quickly disappearing. Doug will share his experiences visiting many of these sites from Minnesota's oldest courthouse to the last Civil War recruiting station.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Dec 8 1:00pm-2:30pm	Res \$15 Non Res \$20	35329-01

#### cemetery tour

# HISTORICAL WALK THROUGH PARKER'S LAKE CEMETERY

Parkers Lake Park, 15205 County Road 6

On this historical walk through Parker's Lake Cemetery, learn the history of the cemetery, Plymouth's founding families and the Parker's Lake area. The group will meet at Parker's Lake Pavilion and walk to the cemetery. All participants must be comfortable walking two miles. Led by the Plymouth Historical Society.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 25 3:00pm-5:00pm	Res \$14 Non Res \$17	35345-02

#### electric cars

#### **ELECTRIC CARS: ARE THEY FOR YOU?**

Plymouth City Hall, 3400 Plymouth Boulevard

Curious about electric cars? Do they make environmental sense? How about range anxiety? How and where can you charge them? What about cold weather? What about cost? Does it make financial sense to buy one? What is the future of electric cars and battery technology? Come to this class and find out the answers to these questions and many more. Instr. Ron Timm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 27 7:00pm-8:00pm	Res \$19 Non Res \$23	35325-01

#### education | Great Britain Spot On!

#### **GREAT BRITAIN SPOT ON!: ENGLISH HERITAGE**

Plymouth City Hall, 3400 Plymouth Boulevard

Everywhere we look, history is around us. English Heritage acts as the guardian of the nations' history and are charged with preserving and maintaining over 350,000 historic and listed buildings, ruins and castles. Instr: Terry Kubista.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 15-Sep 29 9:30am-11:30am	Res \$25 Non Res \$30	35315-01

# GREAT BRITAIN: SPOT ON!: CASTLES OF GREAT BRITAIN AND IRELAND

Plymouth City Hall, 3400 Plymouth Boulevard

Tour some of the grandest castles in all of Great Britain. From Leeds and Warwick in the south, to Edinburgh and Highland castles in the north. The sights are an exquisite treat. Instr: Terry Kubista.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 6-Oct 20 9:30am-11:30am	Res \$25 Non Res \$30	35316-01

#### **GREAT BRITAIN: SPOT ON! LANDSCAPE MYSTERIES**

Plymouth City Hall, 3400 Plymouth Boulevard

The landscape around us is part of our life, it affects so much of what we feel and do. Amazing forces have acted to shape our landscapes; they began millions of years back and continue to this day. Instr: Terry Kubista.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Nov 3-Nov 17 9:30am-11:30am	Res \$25 Non Res \$30	35317-01

# GREAT BRITAIN: SPOT ON! ROYAL UPSTAIRS/DOWNSTAIRS

Plymouth City Hall, 3400 Plymouth Boulevard

Victoria's diaries and their firsthand accounts reveal the extraordinary food, décor and garden preparations that were undertaken for "The Queen's Visit." Instr: Terry Kubista.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Dec 1-Dec 15 9:30am-11:30am	Res \$25 Non Res \$30	35318-01

#### home



#### **PLAN YOUR MOVE**

Online

It's never too early to start thinking about one of your biggest investments and what changes it will mean for your future when you decide to sell your home. This virtual workshop brings in experts to teach you about the process and we help with a seamless transition. Instr. Renee Miller

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 16 10:00am-11:00am	Res \$10 Non Res \$10	35342-01
18+	Th	Oct 14 10:00am-11:00am	Res \$10 Non Res \$10	35342-02

#### ARE YOU PLANNING A KITCHEN REMODEL?

Plymouth City Hall, 3400 Plymouth Boulevard

Are you overwhelmed with the thought of remodeling your kitchen? Learn all about counter tops, cabinets and layouts. We will study before and afters and how little things can make a BIG difference! Instr: Anne-Marie Klobe.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Nov 30 6:30pm-8:30pm	Res \$25 Non Res \$30	35367-01

#### investing



#### **INDIVIDUAL INVESTING 101**

Zoon

There is no better time to be an individual investor in the stock market when some basic principles are understood and followed. Getting started investing in index funds and individual stocks, basic tax strategies and developing the right mindset for successful long-term investing will be covered. Instr: Brandon Gierach.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 9-Sep 30 7:00pm-8:00pm	Res \$25 Non Res \$25	35339-01

#### Mah Jongg

#### MAH JONGG 101: INTRODUCTION TO MAH JONGG

Plymouth City Hall, 3400 Plymouth Boulevard

Learn the basics of the game through lessons and actual play. The Mah Jongg set and official rules and game card will be provided. It is recommended that you bring a notebook and writing utensil to class so you can take notes. Instr: Wendy Salita.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 5-Nov 2 9:30am-11:00am	Res \$65 Non Res \$75	35385-01
18+	Tu	Oct 5-Nov 2 11:00am-12:30pm	Res \$65 Non Res \$75	35385-02



#### education | pet care

# TOENAIL TRIMMING FOR DIFFICULT OR FEARFUL DOGS

Plymouth Creek Playfield, 3625 Fernbrook Lane N

This 6-week course teaches a new approach to nail trimming using basic behavioral training concepts & professional grooming techniques. Kits are available for purchase at cost (\$50) or students may bring their own (an approved list will be sent out prior to first class). Instr. Kerry Gardner.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 23-Oct 28 7:00pm-7:30pm	Res \$99 Non Res \$115	35350-01

# DOG GROOMING: WHAT YOU CAN DO AT HOME & WHEN TO CALL THE PROFESSIONAL

Bass Lake Playfield, 5450 Northwest Blvd

A discussion of simple at-home tools and techniques to manage your dog's fur whether it's a long-haired breed that mats easily or a heavy shedder. Instr: Kerry Gardner.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 5 7:00pm-8:00pm	Res \$39 Non Res \$47	35333-01

# GROOMING TIPS & TRICKS FOR CAT OWNERS: INFO FOR EVERY BREED & COAT TYPE

Plymouth City Hall, 3400 Plymouth Boulevard

Even short-haired cats need some grooming, but if you have a long-haired cat, there are game-changing tools & techniques to help you keep your cat in tip-top shape. Instr. Kerry Gardner.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	W	Nov 10 7:00pm-8:00pm	Res \$39 Non Res \$47	35344-01

# CANINE HEALTH AND WELLNESS: NUTRITION, ENRICHMENT & BUILDING A STRONGER BOND WITH YOUR DOG

Plymouth City Hall, 3400 Plymouth Boulevard

Having a dog is different than it used to be. This course is ideal for those who are new to dog ownership or just want to learn the most current methods to promote longer life, better health, and more enrichment for their dog. Instr. Kerry Gardner.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Dec 7 7:00pm-8:00pm	Res \$39 Non Res \$47	35331-01

#### style/shopping

# PERSONALIZED STYLING TIPS TO CREATE A COMPLETE LOOK FROM HEAD TO TOE ON A BUDGET

Resale Select, 1605 County Road 101

Our Resale Select Stylist will hand pick clothing, shoes, and accessories for everyday wear and special occasions as well as provide tips and tricks for selecting items to add to your current wardrobe for a new look on a budget. Demonstration, fashion show and shopping. Each class participant will receive a coupon for 15% off their purchase the night of class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 7 6:00pm-9:00pm	Res \$18 Non Res \$22	35355-01

#### TIRED OF THE SAME LOOK FOR THE HOLIDAYS?

Resale Select, 1605 County Road 101

Our Resale Select Merchandisers will hand pick Home Decor for a holiday look that you can afford. Demonstration with shopping and each class participant will receive a coupon for 20% off their purchase the night of class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Nov 11 6:00pm-9:00pm	Res \$18 Non Res \$22	35356-01

#### selling

#### **RESELLING 101**

Plymouth City Hall, 3400 Plymouth Boulevard

Each month millions of items are sold through on-line portals such as Ebay, Poshmark and Facebook Marketplace. This course will show you how to get started selling online with opportunities to make thousands of dollars a month just by cleaning out your own closets. Instr: Scott Kvasnik.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Oct 30 11:00am-12:00pm	Res \$30 Non Res \$36	35324-01

#### Spanish language

# CONVERSANDO CON AMIGOS (CONVERSING WITH FRIENDS)

Plymouth City Hall, 3400 Plymouth Boulevard

At the end of this course, the students will be able to introduce themselves, talk about their current emotional and physical state, describe their everyday routine and the things and activities they like. Also, communicate plans and actions in the future. Instr: María del Carmen Troncoso González.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 23-Oct 28 6:00pm-8:00pm	Res \$59 Non Res \$69	35337-01

# CONVERSANDO CON AMIGOS DOS (CONVERSING WITH FRIENDS TWO)

Plymouth City Hall, 3400 Plymouth Boulevard

At the end of this course, the students will be able to accept and decline invitations, make recommendations and talk about current situations and activities. Also, explain their obligations and tasks and communicate past actions and events. No program: 11/25. Instr: María del Carmen Troncoso González.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Nov 4-Dec 16 6:00pm-8:00pm	Res \$59 Non Res \$69	35338-01

#### education | retirement & future planning



#### DON'T WORRY, RETIRE HAPPY

In retirement every day can be like a Saturday. That's a lot of time to fill and it's important to have a plan. Learn from financial expert Tom Hegna's book Don't Worry, Retire Happy: 7 steps to a secure retirement. No products will be sold. For additional information, see Thrivent.com/social. Instr: Edward Sachs. Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 21 6:30pm-8:00pm	Res \$10 Non Res \$10	35322-01
18+	Th	Oct 28 6:30pm-8:00pm	Res \$10 Non Res \$10	35322-02

#### **MEDICARE 101 - JUST THE BASICS**

#### Plymouth City Hall, 3400 Plymouth Boulevard

We will discuss the different parts of Medicare deductibles and what's covered, enrollment periods, and costs. How to enroll to get additional coverage. Different types of Medicare Advantage plans and Medicare Supplements. Understanding Part D Drug Coverage, minimum requirements formularies, drug tiers and the donut hole and how to avoid penalties. Instr. Sarah Colpitts. Integrated Insurance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 18 10:00am-11:00am	Res \$10 Non Res \$12	35336-01
18+	Sa	Oct 2 10:00am-11:00am	Res \$10 Non Res \$12	35336-02
18+	Sa	Nov 13 10:00am-11:00am	Res \$10 Non Res \$12	35336-03
18+	Sa	Dec 4 10:00am-11:00am	Res \$10 Non Res \$12	35336-04



Learn the basics of Social Security strategies for maximizing your benefits, including five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security benefits, and how to coordinate Social Security with your other sources of retirement income. No products will be sold. Thrivent financial professionals have general knowledge of the Social Security tenets. For complete details on your situation, contact the Social Security Administration. Instr: Edward Sachs. Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 16 6:30pm-8:00pm	Res \$10 Non Res \$10	35373-01
18+	Tu	Oct 19 6:30pm-8:00pm	Res \$10 Non Res \$10	35373-02



#### **SAVVY TAX STRATEGIES**

#### Online

Understand the critical tax questions you must answer before retirement. Explore the Social Security "tax trap" and how you can avoid it along with a summary of the recently passed SECURE Act. This is an educational event. No products will be sold. For additional disclosures, see Thrivent.com/social. Instr: Edward Sachs. Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 28 6:30pm-8:00pm	Res \$10 Non Res \$10	35302-01
18+	Th	Oct 14 6:30pm-8:00pm	Res \$10 Non Res \$10	35302-02

#### PREPARE YOUR OWN WILL

#### Plymouth City Hall, 3400 Plymouth Boulevard

Who would raise your children if you died? Who will be vour executor? Without a will, the laws in Minnesota and a judge decide. Class is taught by an experienced attorney in drafting wills-Adam Altman, Leave with a simple will prepared. Instruction and all of the necessary forms, witnesses and notaries are provided. This is an individual will.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 5 6:30pm-8:30pm	Res \$39 Non Res \$47	35330-01



#### HOSPICE DEMYSTIFIED

This presentation will discuss hospice eligibility, as well as the wonderful benefits and services that can be expected with hospice care. We will share the facts about hospice care, help address common myths we encounter, and discuss which professionals make up the hospice team. Instr: Jessica Steele. Grace Hospice.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Nov 15 10:00am-11:00am	\$10	35300-01



#### **education** | The Gift of Answers Series

Midwest Preplanning and Suddendorf Legal Services LLC has paired up to offer the following series of presentations. Our mission is to provide families with education on issues that will need to be resolved around the dvina process. Our goal of these workshops is to make sure that not only you, but your families are prepared for an emergency, including death.

#### THE GIFT OF ANSWERS SERIES: BEFORE AND AFTER THE FUNERAL

Plymouth City Hall, 3400 Plymouth Boulevard

Explore what you need to know before the funeral so that it is cost effective. We'll explore such things as current laws, payment, cremation authorization, costs of funerals, and whether a funeral home is needed. Learn the process of probate, what triggers it, letters, time considerations for processing wills, taxes of the deceased, do I need an attorney or can I do it myself?

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	W	Oct 6 10:00am-11:30am	Res \$10 Non Res \$12	35364-01

#### THE GIFT OF ANSWERS SERIES: THE FOND FAREWELL

Plymouth City Hall, 3400 Plymouth Boulevard

There are nearly 100 decisions to be made by the survivors immediately following a death and usually a what-to-do guide is not available. Learn about the documents you need to prepare vour family for any emergency-including death.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 13 10:00am-11:30am	Res \$10 Non Res \$12	35347-01

#### THE GIFT OF ANSWERS SERIES: YOU DON'T KNOW WHAT YOU DON'T KNOW

Plymouth City Hall, 3400 Plymouth Boulevard

We do the best we can with what we know at the time when making decisions but unfortunately there can be huge consequences both financially and emotionally. Come learn from real life stories of those who wish they would have had a bigger perspective and would have made a different decision which would not have been so costly.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 20 10:00am-11:30am	Res \$10 Non Res \$12	35366-01







#### education | technology

#### SMART PHONE WORKSHOP

Plymouth City Hall, 3400 Plymouth Boulevard

Learn some of the most common and basic topics of smartphone use. Become familiar with your smart phone device and get your questions answered. We will also explore resources to get additional help. Prerequisite: Be able to place and answer cellphone calls. Instr: "RayTheComputerGuy," Ray Neiad.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 30 9:30am-11:30am	Res \$35 Non Res \$42	35354-01

#### **SMART PHONE WORKSHOP II**

Plymouth City Hall, 3400 Plymouth Boulevard

A continuation of Workshop I. It covers more of the most common smartphone features. We briefly review Workshop I material and dive right into more in-depth use of smart device features and functionalities. Prerequisite: Smartphone Workshop I or be familiar with Smartphone use. Instr: "RayTheComputerGuy," Ray Nejad.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 7 9:30am-11:30am	Res \$35 Non Res \$42	35389-01

#### **SMART PHONE. BEYOND BASICS I**

Plymouth City Hall, 3400 Plymouth Boulevard

Become familiar with advanced functionalities of your smart phone. Explore App store & Play store tools, popular apps, online shopping and coupon use, scanning with camera, placing orders to purchase, & other shopping options. Explore social media apps, online movies and music streaming technology, Q&A and help resources to wrap. Prerequisite: Students must be familiar and comfortable using smartphone. Instr: "RayTheComputerGuy," Ray Neiad.

A	GES	DAY	DATE & TIME	COST	ACTIVITY
18	}+	Th	Oct 28 9:30am-11:30am	Res \$35 Non Res \$42	35372-01

#### **SMART PHONE, BEYOND BASICS II**

Plymouth City Hall, 3400 Plymouth Boulevard

Briefly review Beyond Basics I material and then explore more smartphone features. Q&A and help resources to end. Prerequisite: Students must be familiar and comfortable using smartphone. Instr: "RayTheComputerGuy," Ray Nejad.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Nov 4 9:30am-11:30am	Res \$35 Non Res \$42	35301-01



#### PHONES & PARENTING -WHAT YOU NEED TO KNOW

Online

When your child has a smartphone there are key things you should know in order to keep them safe and secure. In this class you'll understand recommended safety settings on popular social media apps, parental apps for your child's smartphone, and more! Instr: Nickie Welsh. Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Oct 25 5:30pm-6:30pm	Res \$20 Non Res \$20	35379-01



#### INTRODUCTION TO PODCASTS

Online

Learn all about how to listen to these digital audio shows online. Select your favorite topics and even learn about any subject. See how podcasts are now one of the most popular tools for learning and personal growth, as well as a fun form of entertainment! Instr: Nickie Welsh. Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Sep 20 5:30pm-6:30pm	Res \$20 Non Res \$20	35358-01

#### page 41

learn how to create your own podcast in the arts section



#### education | technology



#### INTRODUCTION TO SOCIAL MEDIA

Do you want to learn what exactly social media is all about? This class will go over step-by-step basics for Facebook, Instagram, Snapchat, Twitter and YouTube. Common questions and insights on social media will be reviewed so that you're up to date on the latest buzz words and topics. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 9 5:30pm-6:30pm	Res \$20 Non Res \$20	35392-01



#### INTRODUCTION TO FACEBOOK

Are you new to Facebook or just getting started? Learn how to use the world's most popular social media site to safely connect with family and friends. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Sep 13 5:30pm-6:30pm	Res \$20 Non Res \$20	35393-01



#### INTRODUCTION TO SNAPCHAT

In this workshop we will cover everything curious parents need to know about one of most popular social media apps in the world used by tweens and teens. You'll learn the foundation for how it's used, what the basic features include, and more. Stay to up to date in today's digital world with this fun and informational class. Instr: Nickie Welsh. Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Sep 27 5:30pm-6:30pm	Res \$20 Non Res \$20	35359-01



#### A PARENT'S GUIDE TO TIKTOK

#### Online

Have you heard about the latest new app called TikTok? Take a look at the fastest growing social media app used by millions each day. Learn how it's used and how parents can also help their kids stay safe while on it. We'll cover everything you need to know as it's paving the future of a new social media. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Oct 4 5:30pm-6:30pm	Res \$20 Non Res \$20	35371-01

#### **HOW TO CUT THE CABLE CORD**

Plymouth City Hall, 3400 Plymouth Boulevard

Cable (or satellite) television is the single most expensive utility for many households. Learn about viewing options that are free or a lower cost. Discuss pros/cons of cable, how to get internet without cable, how to get TV from your computer to your television, and more. Find out why and how thousands of TV watchers are ditching cable forever. Instr. Ron Timm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 7 7:00pm-8:30pm	Res \$29 Non Res \$35	35340-01



#### INTRODUCTION TO TWITTER

#### Online

We'll go over all the basics you need to know about one of the largest social media platforms in the world. You'll learn how to create a profile, read what others are saying, how to send a tweet, and more. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Oct 11 5:30pm-6:30pm	Res \$20 Non Res \$20	35375-01



#### INTRODUCTION TO UBER

#### Online

Do you hate to drive in bad weather or when it's dark outside? Expand your transportation options and independence through the ride sharing service, Uber. In this training workshop, students will learn the basics and gain the knowledge on how to use Uber if needed. Instr. Nickie Welsh. Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Oct 18 5:30pm-6:30pm	Res \$20 Non Res \$20	35378-01



#### education | Tuesday Topic Series

#### **TUESDAY TOPIC SERIES: HEALTHY LIVING**

Northwest Greenway Pavilion, 5250 Peony Lane N

Look for details online this Fall.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Tu	Sep 21 11:30am-12:30pm	no fee	35357-01

# TUESDAY TOPIC SERIES: DOWNSIZING AND DECLUTTERING

Plymouth City Hall. 3400 Plymouth Boulevard

Do you struggle with downsizing? Do you want to live in a less cluttered life? Laurie Wrobel will address the struggle of parting with things and how to look at those items differently. She will share how/where to take those items. She will also talk about how to help someone who is going through the process. Laurie Wrobel is the Owner of Clutter 911 and has been featured on multiple stories by the Fox 9 Morning Buzz and Kare 11 News.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 19 11:30am-12:30pm	no fee	35376-01

# TUESDAY TOPICS SERIES: PLYMOUTH COMMUNITY CENTER

Plymouth City Hall, 3400 Plymouth Boulevard

Join members of the Plymouth Parks and Recreation Department's Management Team and HGA Design Firm as they take you on a virtual tour of the newly renovated and expanded Plymouth Community Center. A portion of the new facility will be opening to the public in December of 2021.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Nov 16 11:30am-12:30pm	no fee	35377-01

#### **TUESDAY TOPICS SERIES: MINDFULNESS/STRESS**

Plymouth City Hall, 3400 Plymouth Boulevard

Look for further details online this fall.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Dec 7 11:30am-12:30pm	no fee	35381-01

#### writing

#### **HOW TO GET PUBLISHED**

Plymouth City Hall, 3400 Plymouth Boulevard

In the information age, don't wait around to get discovered. We will focus on identifying the periodicals, publishers, and platforms that can help launch your writing to a wider audience. We have helped over 500 authors launch their projects and are ready to help you take this next step in your writing journey. Instr. Victoria Petelin. Wise Ink Creative Publishina.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Nov 10 6:30pm-8:30pm	Res \$20 Non Res \$25	35368-01





see pg. 64-65 for skate school programs

plymouthmn.gov/pic



#### health & fitness | barre



#### **BARRE FUSION**

#### Online

An online full body workout using movement inspired by yoga, ballet, drumming and traditional exercises. All levels. You will receive an email with instructions from ZoYoga Fitness at least 24 hours before class begins. If you do not, please call 612-210-6981. Instr: Julie Bice Zoril.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Oct 4-Oct 25 5:30pm-6:30pm	Res \$29 Non Res \$29	35401-01
18+	Tu	Oct 5-Oct 26 9:00am-9:45am	Res \$29 Non Res \$29	35401-02
18+	F	Oct 8-Oct 29 9:00am-9:45am	Res \$29 Non Res \$29	35401-03
18+	М	Dec 6-Dec 27 5:30pm-6:30pm	Res \$29 Non Res \$29	35401-04
18+	Tu	Dec 7-Dec 28 9:00am-9:45am	Res \$29 Non Res \$29	35401-05
18+	F	Dec 10-Dec 31 9:00am-9:45am	Res \$29 Non Res \$29	35401-06

#### cardio

#### **CARDIO STRENGTH & WELLNESS**

#### Pilgrim United Church, 4325 Zachary Lane North

Class involves intervals of cardio and weight training to build strength and aerobic capacity. A wellness workout that will focus on breathing exercises, balance work, yoga components and relaxation. We promote a strong and balanced body along with restoring a calm mind with a relaxing visualization. Bring a mat, small towel and water. ACE Certified Instr: Aleen Waters. No program: 11/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 15-Oct 20 5:30pm-6:30pm	Res \$54 Non Res \$60	35403-01
18+	W	Oct 27-Dec 8 5:30pm-6:30pm	Res \$54 Non Res \$60	35403-02

#### **CARDIO STRENGTH BOOT CAMP**

## Plymouth Community Center Fieldhouse, 14800 34th Avenue N

A rigorous full-body workout that gets your heart pumping and muscles moving. We will focus on athletic conditioning to boost your strength and endurance by incorporating some resistance training and bursts of HIIT. This class is high energy and guaranteed to make you sweat. Fee is for the month.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 14-Oct 12 6:00am-6:55am	Res \$75 Non Res \$85	35460-01

#### facial exercise



#### FACIAL EXERCISE

#### Zoon

This virtual class is geared for women. Just like the rest of your body, the face has muscles that can be tightened to lift up what gravity pulls down no matter what age. After an 1.5 hour practice session, sagging jowls, droopy eyelids, turkey neck, and many more facial muscles can be tightened through a 4-minute workout you can fit easily into your life. Have a small stand-up mirror handy. An instructional booklet will be emailed. Tessa has been teaching facial exercise for over 40 years, Instr. Tessa Hill.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 5 7:00pm-8:30pm	Res \$25 Non Res \$29	35411-01





763-509-5200

Report items lost or found at any of our programs or parks

## health & fitness | hiking

#### **FALL HIKING GROUP**

Come enjoy a new park each week to look at the beautiful Fall foliage. A park and recreation employee will accompany the walk as a leader and to engage in conversations. Please dress for the weather! Bring cameras and water bottles.

#### Parks and Dates:

9/15: Nature Canyon, 13919 45th Ave N 9/22: Gleanloch Park, 735 Sycamore Ln N 9/29: Green Tree Island Park, 18915 30th Ave N 10/6: Rolling Hills Park, 10355 48th Ave N

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 15-Oct 6 1:00pm-2:00pm	no fee	35901-10

#### Hatha Yoga

#### HATHA YOGA

Parkers Lake Park, 15205 County Road 6

Increase your energy, condition, relax tight muscles and release stiff joints. Your body will be challenged to align, strengthen and balance. Program for all levels. Monday focus: Slow Flow, Wednesday focus: Power Yoga/Vinyasa. Bring a mat and water. Instr: Jessica Spore.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	M,W	Sep 13-Oct 20 6:00pm-7:00pm	Res \$120 Non Res \$130	35408-01
18+	M,W	Nov 1-Dec 8 6:00pm-7:00pm	Res \$120 Non Res \$130	35408-02

#### holiday

#### **DESTRESSING HOLIDAYS**

Parkers Lake Park, 15205 County Road 6

The holidays can be as equally difficult as they can be fun. It's easy to become a hot mess of stress trying to manage the everdemanding holiday frenzy and absorb all that holiday stress until we melt down. This workshop provides powerful tips and techniques to de-stress the holidays! Explore how you can take control of bouts of pressure, anxiety and panic, utilizing yoga and meditation. Leave class with tools to help you stay calm and manage difficult moments during the holidays and every day. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Oct 22 7:00pm-9:00pm	Res \$28 Non Res \$32	35445-01

#### **ESSENTIALLY GOOD GIFT MAKING**

Parkers Lake Park, 15205 County Road 6

The ultimate workshop to create handmade gifts that are useful, healthful and fun using doTerraa essential oils. Participants can make lotions and bath goodies, jewelry and ornaments. Handmade gifts for your favorite people (and pets). Walk away with an increased understanding about the positive impact that essential oils can have. Included with the workshop are 3 gifts. All materials are provided. Additional gifts can be made for \$4 to \$6 each. Instr. PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Dec 3 7:00pm-9:00pm	Res \$28 Non Res \$32	35442-01

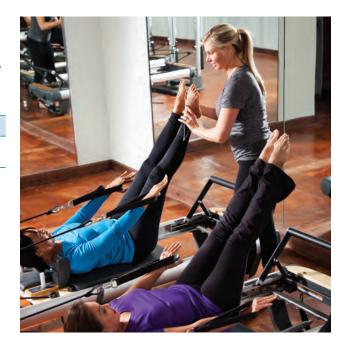
#### pilates

#### PILATES MN - REFORMER PILATES

Pilates MN, 2355 Polaris Lane North, Suite 130

The Intro class is the building block to your Pilates experience. The Reformer assists in doing exercises correctly, using core strength that will flatten and firm abs. Alignment, breathing and posture challenged. Instr: Pam Hasselbring, Pilates MN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Sep 10-Oct 15 6:00am-6:50am	Res \$130 Non Res \$140	35405-01
18+	F	Oct 22-Nov 26 6:00am-6:50am	Res \$130 Non Res \$140	35405-02
18+	W	Sep 8-Oct 13 7:30pm-8:20pm	Res \$130 Non Res \$140	35405-03
18+	W	Oct 20-Nov 24 7:30pm-8:20pm	Res \$130 Non Res \$140	35405-04





#### health & fitness | Tai Chi Chih

#### TAI CHI CHIH BEGINNER

Parkers Lake Park, 15205 County Road 6

T'ai Chi Chih® is a gentle, meditative and calming practice consisting of 19 movements and one pose which are designed to circulate and balance the vital energy of the body to optimize health and well-being; it can be done standing or seated. It is not a martial art. With daily practice, benefits may include improved balance and flexibility, reduced stress, blood pressure control, increased energy, better concentration, or improved immune function

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 7-Oct 26 10:15am-11:15am	Res \$52 Non Res \$60	35416-01
18+	Tu	Nov 2-Dec 21 10:15am-11:15am	Res \$52 Non Res \$60	35416-02

#### TAI CHI CHIH INTERMEDIATE

Parkers Lake Park, 15205 County Road 6

Tai Chi Chih® is a gentle, meditative and calming practice consisting of 19 movements and one pose which are designed to circulate and balance the vital energy of the body to optimize health and well-being; it can be done standing or seated. It is not a martial art. With daily practice, benefits may include improved balance and flexibility, reduced stress, blood pressure control, increased energy, better concentration, or improved immune function. Pre-requisite: Completion of a beginner class in Tai Chi Chih

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Tu	Sep 7-Oct 26 11:30am-12:30pm	Res \$52 Non Res \$60	35417-01
18+	Tu	Nov 2-Dec 21 11:30am-12:30pm	Res \$52 Non Res \$60	35417-02

#### Yoga with Clare Ochry



#### CHAIR YOGA

Parkers Lake Park, 15205 County Road 6

A series of seated and standing yoga poses. Chair support modification offered. Designed to increase flexibility and balance. Restorative breathing emphasized and a final relaxation is included. Instr: Clare Ochry. No program: 10/25, 11/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY		
Parker	Parkers Lake Park, 15205 County Road 6					
18+	М	Sep 20-Nov 1 10:00am-11:00am	Res \$56 Non Res \$64	35419-01		
18+	М	Nov 8-Dec 20 10:00am-11:00am	Res \$56 Non Res \$64	35419-02		
Zoom						
18+	М	Sep 20-Nov 1 10:00am-11:00am	Res \$56 Non Res \$64	35419-03		
18+	М	Nov 8-Dec 20 10:00am-11:00am	Res \$56 Non Res \$64	35419-04		

#### MINDFUL MOVEMENTS YOGA

Parkers Lake Park, 15205 County Road 6

Blend your deep breathing techniques with mindful movements. Discover clarity of mind, strength of body and beauty of spirit. A mix of poses and meditations for a complete sense of well-being. All levels accepted. Instr: Clare Ochry. No program: 10/25, 11/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Sep 20-Nov 1 11:30am-12:30pm	Res \$56 Non Res \$64	35421-01
18+	М	Nov 8-Dec 20 11:30am-12:30pm	Res \$56 Non Res \$64	35421-02

#### **YOGA EASY**

Parkers Lake Park, 15205 County Road 6

Enjoy a soothing stretch journey celebrating life with body, mind and spirit! Strengthens and conditions muscles as it relieves stiff joints and aids balance and breath. All postures have modifications. Instr: Clare Ochry. No program: 10/29, 11/26, 12/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Sep 24-Nov 5 9:00am-10:00am	Res \$56 Non Res \$64	35420-01
18+	F	Nov 12-Dec 31 9:00am-10:00am	Res \$56 Non Res \$64	35420-02

#### **YOGA TONE**

Parkers Lake Park, 15205 County Road 6

Safe strength training using light weights, infused with yoga alignment and breathing principles. Builds muscle and overall well-being. Instr: Clare Ochry. No program: 10/27, 11/17.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	W	Sep 22-Nov 3 10:30am-11:30am	Res \$56 Non Res \$64	35422-01
18+	W	Nov 10-Dec 22 10:30am-11:30am	Res \$56 Non Res \$64	35422-02

#### page 54

turn the page for more yoga programs

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See Hatha Yoga with Jessica Spore

## health & fitness | yoga with PR Brady



#### GENTLE SELF-CARE YOGA/MEDITATION

A gentle start for movement in larger, or less flexible bodies, or anyone new to movement of the body at any stage of life. This class has the perfect combination of breath work, gentle and restorative postures, and Yoga Nidra to soothe and nurture the mind and body, release some tension, and bring the nervous system to a restful state. Enjoy in the comfort and privacy of your own space. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Su	Sep 12-Oct 31 7:30pm-8:45pm	Res \$108 Non Res \$118	35457-01
18+	Su	Nov 7-Dec 26 7:30pm-8:45pm	Res \$108 Non Res \$118	35457-02

#### **HAPPY JOINTS**

Parkers Lake Park, 15205 County Road 6

A hour of dedicated care to gently increase the body's range of motion, and ease the aches and pains associated with "computer body". Let that tension go with guided meditation and specific Yin asana sequences focused on nurturing and nourishing the soft tissue of the joints and upper body. If you stand or sit all day at a computer, are tense, inflexible, or experience anxiety, this practice is for you. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 14-Nov 2 6:00pm-7:00pm	Res \$70 Non Res \$80	35459-01
18+	Tu	Nov 9-Dec 28 6:00pm-7:00pm	Res \$70 Non Res \$80	35459-02



#### **MINI MORNING YOGA**

Zoom

Wake up and join a mini yoga practice that includes breath work, a little meditation and a short, energizing yoga practice. If you stand or sit all day, feel tight, tense, inflexible, or experience anxiety, this is for you. Now is the perfect time to try some yoga in the privacy of your own space. Start your day with energy, positivity, and sense of calm. All you need is a mat and blanket. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M-F	Sep 6-Oct 1 6:00am-6:45am	Res \$60 Non Res \$69	35455-01
18+	M-F	Oct 4-Oct 29 6:00am-6:45am	Res \$60 Non Res \$69	35455-02
18+	M-F	Nov 1-Nov 26 6:00am-6:45am	Res \$60 Non Res \$69	35455-03
18+	M-F	Nov 29-Dec 24 6:00am-6:45am	Res \$60 Non Res \$69	35455-04

#### **RESTORATIVE YOGA**

Parkers Lake Park, 15205 County Road 6

Restorative Yoga facilitates conscious relaxation and brings the nervous system to a restful state that helps to achieve a deeper sleep. It's known to decrease insomnia, lower blood pressure, increase "good cholesterol" levels, reduce belly fat, improve digestion, lower blood sugar levels, reduce muscle tension and general fatigue. Treat yourself to this gentle, nurturing yoga series. Bring a mat and your favorite blanket. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Sep 13-Nov 1 7:30pm-8:45pm	Res \$96 Non Res \$106	35441-01
18+	М	Nov 8-Dec 27 7:30pm-8:45pm	Res \$96 Non Res \$106	35441-02



#### SEATED YIN

Zoom

Yin Yoga involves relaxing the body right up to ones' healthy edge—wherever your edge may be. Yin lives halfway between active exercise and total stillness, and it can be done seated in a chair. If your body is craving movement, but finds it challenging to get down to a yoga mat, seated Yin may be just what you need. If you stand or sit all day, are tense, or inflexible this Zoom class is for you. Instr. PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 15-Nov 3 4:30pm-5:30pm	Res \$70 Non Res \$80	35456-01
18+	W	Nov 10-Dec 29 4:30pm-5:30pm	Res \$70 Non Res \$80	35456-02
18+	Su	Sep 12-Oct 31 6:00pm-7:00pm	Res \$70 Non Res \$80	35456-03
18+	Su	Nov 7-Dec 26 6:00pm-7:00pm	Res \$70 Non Res \$80	35456-04

#### YIN YOGA

Parkers Lake Park, 15205 County Road 6

Yin Yoga involves relaxing the body right up to ones' healthy edge. Breathe into the muscles as we engage them and allow them to stretch. This class will help you feel more balanced and an increase in strength and energy, along with feeling less stressed and restless. Great for people who stand all day, are tense, inflexible, or experience anxiety. Bring a mat and blanket. Instr. PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 14-Nov 2 7:30pm-8:45pm	Res \$108 Non Res \$118	35440-01
18+	Tu	Nov 9-Dec 28 7:30pm-8:45pm	Res \$108 Non Res \$118	35440-02



#### health & fitness | zumba

#### **ZUMBA GOLD**

#### Parkers Lake Park, 15205 County Road 6

Fitness class for senior adults that uses exciting Latin and international dance rhythms. Class is modified for beginner participants. No dance experience necessary. Comfortable clothing and workout shoes recommended. Using dance and fitness moves, experience a complete body workout. Instr: Gina Galindo. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Sep 14-Oct 26 9:00am-10:00am	Res \$56 Non Res \$64	35418-01
50+	Tu	Nov 2-Dec 14 9:00am-10:00am	Res \$48 Non Res \$56	35418-02
50+	Th	Sep 16-Oct 28 9:00am-10:00am	Res \$56 Non Res \$64	35418-03
50+	Th	Nov 4-Dec 16 9:00am-10:00am	Res \$48 Non Res \$56	35418-04





#### Locations vary

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo. No program: 10/20, 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY		
Zoom	Zoom					
16+	М	Sep 13-Oct 25 5:30pm-6:30pm	Res \$56 Non Res \$64	35409-01		
16+	М	Nov 1-Dec 13 5:30pm-6:30pm	Res \$56 Non Res \$64	35409-04		
West Lutheran High School, 3350 Harbor Ln N						
16+	W	Sep 15-Oct 27 6:45pm-7:45pm	Res \$48 Non Res \$56	35409-02		
16+	W	Nov 3-Dec 15 6:45pm-7:45pm	Res \$56 Non Res \$64	35409-05		
Pilgrim United Church, 4325 Zachary Lane North.						
16+	Th	Sep 16-Oct 28 5:30pm-6:30pm	Res \$56 Non Res \$64	35409-03		
16+	Th	Nov 4-Dec 16 5:30pm-6:30pm	Res \$48 Non Res \$56	35409-06		



#### Locations vary

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo. No program: 10/20.

AGES	DAY	DATE & TIME	COST	ACTIVITY	
Zoom					
16+	Tu	Sep 14-Oct 26 6:30pm-7:30pm	Res \$56 Non Res \$64	35410-01	
16+	Tu	Nov 2-Dec 14 6:30pm-7:30pm	Res \$56 Non Res \$64	35410-03	
West I	Luthera	n High School, 3350	Harbor Ln N		
16+	W	Sep 15-Oct 27 5:30pm-6:30pm	Res \$48 Non Res \$56	35410-02	
16+	W	Nov 3-Dec 15 5:30pm-6:30pm	Res \$56 Non Res \$64	35410-04	



call for updates on class cancellations

#### sports

#### **BADMINTON - ADULT OPEN**

Wayzata High School, 4955 Peony Lane

We supply the net and the birdies; you supply the paddle. Limited number of loaner paddles available. Players must preregister for this program. Registration is limited. No program: 10/21, 11/25.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	М	Sep 13-Oct 25 7:30pm-10:00pm	Res \$35 Non Res \$42	35213-01
18+	Th	Sep 16-Oct 28 7:30pm-10:00pm	Res \$35 Non Res \$42	35213-02
18+	М	Nov 1-Dec 20 7:30pm-10:00pm	Res \$40 Non Res \$48	35213-03
18+	Th	Nov 4-Dec 16 7:30pm-10:00pm	Res \$30 Non Res \$36	35213-04

#### **BASKETBALL - ADULT OPEN**

Wayzata High School, 4955 Peony Lane

We supply the court, basketballs, and setup. Players rotate on the court depending on the number of people. Participants will need to pre-register for this program. No program: 11/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 5-Nov 9 7:30pm-10:00pm	Res \$30 Non Res \$36	35215-01
18+	Tu	Nov 16-Dec 21 7:30pm-10:00pm	Res \$30 Non Res \$36	35215-02

#### **GOLF - ADULT BEGINNER**

Parkers Lake Golf Center, 1050 Vicksburg Lane

From beginners to experience players, we have a class that fits your ability and comfort level. Lessons are taught by Instructors from the Bryan Skavnak Golf Academy. Price includes all aspects of the class including golf balls. Bring your own clubs. Call 763-443-8090 on rainy days to see if the course is open. Rainouts will be made up the following week each sessions.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 11-Oct 2 11:15am-12:15pm	Res \$81 Non Res \$93	35219-01
18+	Su	Sep 12-Oct 3 3:00pm-4:00pm	Res \$81 Non Res \$93	35219-02

#### **PICKLEBALL - ADULT OPEN**

Bass Lake Playfield, 5450 Northwest Boulevard

Enjoy pickleball at Bass Lake Playfield this summer/fall. We supply the courts, nets, and balls. Participants bring their own paddles. Due to the concern of noise associated with the game, we are encouraging all forms of noise reduction (green zone) equipment while playing. Volunteer participants will be needed to direct the program at the site - no staff provided. Interested volunteers should contact the Parks & Recreation Office at 763-509-5200. Registration is required for this program. There will be some times/days where some courts may be utilized for other programs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M-F	Aug 2-Oct 29 8:00am-10:00am	Res \$10 Non Res \$12	35200-01

#### **PICKLEBALL - BASIC LESSONS**

Bass Lake Playfield - 5450 Northwest Blvd

Learn the basics of pickleball, one of the fastest growing sports for all ages. Rules, scoring, volleys, player position and more will be covered. Game playtime available each session.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Su	Sep 12-Oct 3 6:00pm-8:00pm	Res \$70 Non Res \$80	35201-01
16+	Th	Sep 16-Oct 7 6:30pm-8:30pm	Res \$70 Non Res \$80	35201-02

#### **SOCCER - ADULT OPEN**

**Locations Vary** 

Co-Rec soccer on a social level. Not for the aggressive/ competitive player. No slide tackling, shin guards recommended. Teams formed on site by captains each week. Pre-registration required.

AGES	DAY	DATE & TIME	COST	ACTIVITY	
Parkers Lake Playfield, 15500 County Road 6					
18+	W	Sep 1-Oct 20 7:30pm-9:00pm	Res \$40 Non Res \$48	35216-02	
Plymouth Community Center Fieldhouse, 14800 34th Avenue N					
18+	Su	Aug 29-Oct 17 4:30pm-6:00pm	Res \$40 Non Res \$48	35216-01	

#### **ADULT OPEN SOCCER**

Plymouth Community Center Fieldhouse, 14800 34th Avenue N

Co-rec soccer on a social level. Not for aggressive/competitive players. No slide tackling; shin guards recommended. Teams formed on site by captains. Pre-registration required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Nov 8-Dec 27 9:00pm-10:30pm	Res \$109 Non Res \$120	35207-01
18+	W	Nov 10-Dec 29 9:00pm-10:30pm	Res \$109 Non Res \$120	35207-02



#### sports

#### **TENNIS - ADULT BEGINNER**

Parkers Lake Playfield, 15500 County Road 6

Classes are for those who have little or no tennis experience. Learn the basic strokes and begin to rally. All participants will be given a new HEAD tennis racquet. All classes taught by USTA-trained instructors. Rainouts are made up the next corresponding day/time following the program. In case of inclement weather, call 763-509-5205 (no sooner than 30 minutes before your lesson).

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Tu,Th	Sep 7-Sep 23 6:00pm-7:30pm	Res \$75 Non Res \$86	35220-01

#### **VOLLEYBALL - ADULT OPEN**

Wayzata High School, 4955 Peony Lane

We supply the nets, volleyballs and setup. Players rotate on the court depending on the number of people. Participants will need to pre-register for this program.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 6-Nov 3 7:30pm-10:00pm	Res \$25 Non Res \$30	35214-01
18+	W	Nov 10-Dec 15 7:30pm-10:00pm	Res \$25 Non Res \$30	35214-02

#### martial arts

#### SHOSHIN RYU JUJITSU ADULT

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Shoshin Ryu is a Japanese based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools: all the while perfecting one's character.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	М	Sep 13-Oct 25 7:00pm-7:55pm	Res \$82 Non Res \$94	35217-01
13+	W	Nov 3-Dec 15 7:00pm-7:55pm	Res \$82 Non Res \$94	35217-02
13+	М	Nov 1-Dec 13 7:00pm-7:55pm	Res \$82 Non Res \$94	35217-03
13+	W	Sep 15-Oct 27 7:00pm-7:55pm	Res \$82 Non Res \$94	35217-04

#### **sports** | leagues

# FALL MEN'S OUTDOOR OFFICIATED SOCCER LEAGUE

Parkers Lake Playfield, 15500 Co Rd 6

Play 6 v 6 plus goalie. Depending on number of teams, two divisions based on competitive level. Returning teams may be moved up. Roster limit is 16. Registration starts July 6.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Su	Sep 12-Oct 24 6:00pm-8:00pm	\$325	35205

#### **FALL 5 X 5 UNOFFICIATED BASKETBALL LEAGUE**

Armstrong High School, 10635 36th Avenue N

Full court; no referees, call your own fouls. Timekeeper supplied. Two divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball. Registration starts July 6.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Sep 13-Nov 15 6:00pm-10:00pm	\$190	35220

#### WINTER 5 X 5 OFFICIATED BASKETBALL LEAGUE

Armstrong High School, 10635 36th Avenue N

Scrimmage game plus ten game season. Single-elimination playoff within division at end of season. Roster limit is 12. Teams are sanctioned by the MRPA. League champion advances to a state tournament. Call 763-509-5200 for roster and registration forms. No Play Dec 22 or Dec 29. Registration starts July 28.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	W	Dec 8-Mar 2 6:00pm-10:00pm	\$625	35221

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more leagues on the next page

# sports | leagues

#### **WINTER 5 X 5 OFFICIATED BASKETBALL LEAGUE**

Armstrong High School, 10635 36th Avenue N

Scrimmage game plus ten game season. Single-elimination playoff within division at end of season. Roster limit is 12. Teams are sanctioned by the MRPA. League champion advances to a state tournament. Call 763-509-5200 for roster and registration forms. No Play Dec 23 or Dec 30. Registration starts July 28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Dec 9-Mar 3 6:00pm-10:00pm	\$625	35222

#### FALL SOCCER INDOOR OFFICIATED LEAGUE

Plymouth Community Center Fieldhouse, 14800 34th Avenue N

Play 6 v 6 plus goalie, 2 or 3 divisions based on competitive level. Returning teams may be moved up. Roster limit is 16. Registration starts July 26.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
18+	Th	Nov 11-Dec 30 8:00pm-11:15pm	\$875	35206

#### senior trips

#### **TAYLORS FALLS RIVER BOAT CRUISE**

Plymouth Ice Center, 3650 Plymouth Boulevard

See the scenic beauty of the world famous dalles of the upper St. Croix river aboard an authentic paddlewheel boat. A sack luncheon is provided by June Berry Café. See the unique rock formations and awesome views. Shop at Eichten's cheese & buffalo store. Deadline to register Aug 30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Th	Sep 30 9:00am-3:00pm	Res \$75 Non Res \$86	35601-02

#### **AUTUMN ORCHARD ADVENTURE**

Plymouth Ice Center, 3650 Plymouth Boulevard

Enjoy a private tours of Minnesota's best orchards, taste delicious cider, view trails, pick a pumpkin, shop in the gift shop, and enjoy lunch prepared by the gracious owners of the orchard. Registration deadline Sept 10.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	М	Oct 11 10:00am-4:45pm	Res \$65 Non Res \$75	35602-01

#### TREASURE ISLAND CASINO TRIP

Plymouth Ice Center, 3650 Plymouth Boulevard

Join us on a trip to Treasure Island Casino! Deadline to register/cancel: November 5

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	W	Nov 17 9:00am-4:00pm	Res \$25 Non Res \$30	35603-01

#### WINTER LIGHTS TOUR

Plymouth City Hall, 3400 Plymouth Blvd

Have dinner at the Cherokee Tavern Restaurant. A professional sightseeing guide will narrate a riding tour to see the Christmas lights in downtown St. Paul and see neighborhood displays. Register by Nov 5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	F	Dec 10 2:15pm-8:45pm	Res \$79 Non Res \$91	35605-01

#### refresher driving classes



Plymouth City Hall, 3400 Plymouth Blvd

Taught by trained instructors, topics include changes in traffic laws, vehicle technology and defensive driving tips using educational videos and classroom training/discussion. Sessions are available in a basic (8-hour) first-time course or a refresher (4-hour) course. Please bring what you need for the day (eg. snack, lunch or beverage). Completion of this course allows for a 10% reduction on automobile insurance premiums in Minnesota for those ages 55 and over. Refresher course must be completed every three years for discount.

#### For class fees & registration contact MN Hwy Safety Research Center toll free number: 1-320-308-1400

DAY/DATE	COURSE	TIME	LOCATION
Fri, Sept. 10	4 hour Refresher	Noon-4:00pm	Zoom
Tues/Wed, Sept. 18/19	Basic Course	4:30pm-8:30pm	Zoom
Fri, Oct. 8	4 hour Refresher	Noon-4:00pm	Plymouth City Hall
Thurs, Nov 11	4 hour Refresher	10:00am-2:00pm	Zoom
Wed, Dec. 8	4 hour Refresher	4:30pm-8:30pm	Zoom

# senior groups

The groups noted below are meeting in Fall 2021 – stay tuned for additional groups meeting in 2022 in the updated Plymouth Community Center!

# 2021 Annual Membership Fees

\$5 Resident / \$7 Non-Resident

	MEETING SCHEDULE	TIME	ACTIVITY CODE
	MEETING SCHEDULE	TIME	ACTIVITY CODE
MONDAYS			
Evening Bridge	Every Monday	6:30pm-9:15pm	46910-01
Plymouth Rockers Chorus	Mondays (Feb-June) (Sept-Dec)	9:00am-11:30am	45903-01
Writers Group	Every Monday	1:00pm-3:00pm	46909-01
TUESDAYS			
Mah Jongg	Every Tuesday	12:30pm-4:00pm	46911-01
Story Time Players	1st & 3rd Tuesdays	1:00pm-3:00pm	45900-21
WEDNESDAYS			
Antiques & Collectibles	Last Wednesday (Sept-May)	1:30pm-3:30pm	45904-01
Book Club	1st Wednesday	1:30pm-2:30pm	45906-05
Computer Users	4th Wednesday	10:00am-11:30am	45900-09
Duplicate Bridge	2nd & 4th Wednesdays	12:00pm-4:00pm	46913-02
Party Bridge	Every Wednesday	12:00pm-4:00pm	46912-01
Plymouth Pedalers (Biking)	Wednesdays (April–Oct)	Times Vary	45908-01
THURSDAYS			
Needle Arts	1st & 3rd Thursdays	11:30am-2:30pm	45907-01
Cribbage	Every Thursday	12:30pm-3:00pm	46914-01
Current Events	Every Thursday	10:00am-11:30am	46915-01
Plymouth Woodcarvers	Every Thursday	9:00am-11:00am	45905-01
FRIDAYS			
Arts Studio	Every Friday	9:00am-11:30am	45902-01
500 Card Club	Every Friday	1:00pm-4:00pm	46916-01

# how to register

There are many ways to register for an annual membership. You must register for each group you would like to participate in.

# 1 go online

plymouthmn.gov/recreation

Register online - using online recreation account - search for group using activity code.

# 2 call us

Call us at 763-509-5280 or 763-509-5200 and provide the activity code for the group you would like to register for.

# 3 stop in

Register in-person at Plymouth Parks and Recreation office - located in Plymouth City Hall, 3400 Plymouth Blvd

# Aquatics No classes: November 24-November 27 CLASS DESCRIPTIONS (please see schedule on following pages)

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WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

#### **ADULT BEGINNER SWIMMING (AGES: 15+)**

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety.

#### WOMEN'S ADULT BEGINNER SWIMMING (AGES: 16+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety.Taught by female instructors.

#### **INFANT/TODDLER SWIMMING (AGES: 6 MOS-2.5)**

A parent/child class that builds basic swimming skills and water safety knowledge. One adult per child required in water. Using games and activities, the class will focus on water adjustment and basic comfort in front & back positions. One adult required to be in the water.

#### PRESCHOOL ADULT + CHILD SWIMMING (AGES: 2-4)

One adult per child required in the water. A class for those new to swimming or wishing to build on comfort and water safety skills learned in the Infant/Toddler class. Beginning swim skills introduced including: breath control, front & back position, and movement in the water.

#### SWIM STARS (AGES: 3-5)

A class for children to develop the confidence needed to transition to a Preschool 1 swimming class. Parent/adults will be in the water for the first half of the session and then transition to a preschool class with instructor only.

#### PRESCHOOL 1 SWIMMING (AGES: 3-5)

This class is for those who have completed a parent/child class or a child comfortable in a class setting without a parent. Class introduces age appropriate basic swimming skills, breath control, bobbing underwater, supported front and back floats/alides and movement in the water (5-10 ft). (Ratio 5:1)

#### PRESCHOOL 2 SWIMMING (AGES: 3-5)

For preschoolers who are comfortable in the water. Expand on basic skills: bobbing underwater, unsupported front and back floats/glides, swim on front and back unsupported 6ft. Jump in water glone. (Ratio 5:1)

#### **LEVEL 1 SWIMMING (AGES: 5-14)**

This class is an introduction to water skills and builds basic swimming skills for comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control. (Ratio 5:1)

#### LEVEL 2 SWIMMING (AGES: 5-14)

This class is for those who have passed Level 1 or are able to float on front and back (5 sec) and independent swim (10 ft on front/back). Class builds on level 1 skills introducing front & back crawl, elementary backstroke and fundamental techniques while building endurance to swim front crawl (15 ft). (Ratio 6:1)

#### **LEVEL 3 SWIMMING (AGES: 6-14)**

A class for those who have passed Level 2 or have the equivalent skills. Class concentrates on stroke development, through guided practice, to swim front crawl & back crawl (15 yds each). 30 yd. endurance swim. Intro of elementary back stroke (15 ft), treading water, and diving introduction. (Ratio 6:1).

#### LEVEL 4 SWIMMING (AGES: 6-14)

A class for those who have passed Level 3 or have the equivalent skills. Class stresses technique and endurance with front & back crawl and elementary backstroke (25 yds). Class introduces breast stroke kick and dolphin kicks, diving progression, deep water skills, lap swimming, and 50 yds endurance swim. (Ratio 6:1)

#### **LEVEL 5 SWIMMING (AGES: 8-14)**

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer (ratio 6:1)

#### **LEVEL 6 SWIMMING (AGES: 8-14)**

Develop and refine the four competitive strokes: front crawl, back crawl, breaststroke and butterfly. Drills, relays, games, and stroke work! Perfect all strokes (front crawl and back crawl 100 yds., elementary backstroke, breaststroke, and sidestroke 50yds, butterfly 25yds), tread water 5 minutes, endurance swim 500yds (ratio 6:1)

ADULT BEGINNER (AGES 15+)					
DAY	DATE	TIME	COST	ACTIVITY	
Tu	Sep 7-Oct 12	7:45pm-8:30pm	\$90	35800-01	
Sa	Sep 11-Oct 16	1:30pm-2:15pm	\$90	35800-02	
Sa	Oct 30-Dec 11	8:00am-8:45am	\$90	35800-03	

WOMEN'S ADULT BEGINNER SWIMMING (AGES 16+)					
DAY	DATE	TIME	COST	ACTIVITY	
Sa	Sep 11-Oct 30	12:30pm-1:15pm	\$90	35802-01	
М	Oct 25-Dec 13	8:00pm-8:45pm	\$120	35802-02	

INFANT/TODDLER (AGES 6 MONTHS-2.5)					
DAY	DATE	TIME	COST	ACTIVITY	
Th	Sep 9-Oct 14	7:00pm-7:30pm	\$90	31800-01	
Sa	Sep 11-Oct 16	8:30am-9:00am	\$90	31800-02	
Sa	Sep 11-Oct 16	10:45am-11:15am	\$90	31800-03	
М	Sep 13-Oct 18	6:45pm-7:15pm	\$90	31800-04	
М	Oct 25-Dec 13	6:00pm-6:30pm	\$120	31800-05	
Tu	Oct 26-Nov 30	7:00pm-7:30pm	\$90	31800-06	
Sa	Oct 30-Dec 11	9:00am-9:30am	\$90	31800-07	

PRESCHOOL ADULT + CHILD (AGES 2-4)				
DATE	TIME	COST	ACTIVITY	
Sep 7-Oct 12	7:00pm-7:30pm	\$90	31801-01	
Sep 11-Oct 16	10:00am-10:30am	\$90	31801-02	
Sep 13-Oct 18	6:00pm-6:30pm	\$90	31801-03	
Oct 25-Dec 13	6:45pm-7:15pm	\$120	31801-04	
Oct 28-Dec 9	7:00pm-7:30pm	\$90	31801-05	
Oct 30-Dec 11	9:45am-10:15am	\$90	31801-06	
	DATE  Sep 7-Oct 12  Sep 11-Oct 16  Sep 13-Oct 18  Oct 25-Dec 13  Oct 28-Dec 9	DATE         TIME           Sep 7-Oct 12         7:00pm-7:30pm           Sep 11-Oct 16         10:00am-10:30am           Sep 13-Oct 18         6:00pm-6:30pm           Oct 25-Dec 13         6:45pm-7:15pm           Oct 28-Dec 9         7:00pm-7:30pm	DATE         TIME         COST           Sep 7-Oct 12         7:00pm-7:30pm         \$90           Sep 11-Oct 16         10:00am-10:30am         \$90           Sep 13-Oct 18         6:00pm-6:30pm         \$90           Oct 25-Dec 13         6:45pm-7:15pm         \$120           Oct 28-Dec 9         7:00pm-7:30pm         \$90	

# Aquatics

SWIM STARS (AGES 3-5)				
DAY	DATE	TIME	COST	ACTIVITY
Sa	Sep 11-Oct 16	9:15am-9:45am	\$90	31802-01
М	Sep 13-Oct 18	7:30pm-8:00pm	\$90	31802-02
М	Oct 25-Dec 13	6:45pm-7:15pm	\$120	31802-03
Th	Oct 28-Dec 9	7:45pm-8:15pm	\$90	31802-04
Sa	Oct 30-Dec 11	9:00am-9:30am	\$90	31802-05

PRESCHOOL I (AGES 3-5)				
DAY	DATE	TIME	COST	ACTIVITY
Th	Sep 9-Oct 14	7:00pm-7:30pm	\$90	32800-01
Sa	Sep 11-Oct 16	9:15am-9:45am	\$90	32800-02
Sa	Sep 11-Oct 16	11:45am-12:15pm	\$90	32800-03
М	Sep 13-Oct 18	6:45pm-7:15pm	\$90	32800-04
Th	Oct 28-Dec 9	7:00pm-7:30pm	\$90	32800-05
Sa	Oct 30-Dec 11	9:45am-10:15am	\$90	32800-06
		l		

PRES	PRESCHOOL 2 (AGES 3-5)				
DAY	DATE	TIME	COST	ACTIVITY	
Tu	Sep 7-Oct 12	7:00pm-7:30pm	\$90	32801-01	
Sa	Sep 11-Oct 16	8:30am-9:00am	\$90	32801-02	
Sa	Sep 11-Oct 16	11:00am-11:30am	\$90	32801-03	
М	Sep 13-Oct 18	6:00pm-6:30pm	\$90	32801-04	
М	Oct 25-Dec 13	6:45pm-7:15pm	\$120	32801-05	
Sa	Oct 30-Dec 11	10:45am-11:15am	\$90	32801-06	

LEVEL 1 (AGES 5-14)				
DAY	DATE	TIME	COST	ACTIVITY
Tu	Sep 7-Oct 12	7:00pm-7:30pm	\$90	33800-01
Sa	Sep 11-Oct 16	8:30am-9:00am	\$90	33800-02
Sa	Sep 11-Oct 16	10:00am-10:30am	\$90	33800-03
М	Sep 13-Oct 18	6:00pm-6:30pm	\$90	33800-04
М	Sep 13-Oct 18	7:30pm-8:00pm	\$90	33800-05
М	Oct 25-Dec 13	6:00pm-6:30pm	\$120	33800-06
М	Oct 25-Dec 13	7:30pm-8:00pm	\$120	33800-07
Th	Oct 28-Dec 9	7:00pm-7:30pm	\$90	33800-08
Sa	Oct 30-Dec 11	10:30am-11:00am	\$90	33800-09
Sa	Oct 30-Dec 11	12:00pm-12:30pm	\$90	33800-10

LEVEL 2 (AGES 5-14)					
DAY	DATE TIME		COST	ACTIVITY	
Th	Sep 9-Oct 14	7:00pm-7:30pm	\$90	33801-01	
Sa	Sep 11-Oct 16	9:15am-9:45am	\$90	33801-02	
Sa	Sep 11-Oct 16	10:45am-11:15am	\$90	33801-03	
М	Oct 25-Dec 13	6:00pm-6:30pm	\$120	33801-04	
Tu	Oct 26-Nov 30	7:00pm-7:30pm	\$90	33801-05	
Th	Oct 28-Dec 9	7:45pm-8:15pm	\$90	33801-06	
Sa	Oct 30-Dec 11	9:00am-9:30am	\$90	33801-07	
Sa	Oct 30-Dec 11	11:15am-11:45am	\$90	33801-08	



ALL SWIMMING PROGRAMS MEET AT
WAYZATA EAST MIDDLE SCHOOL
12000 Ridgemount Avenue

LEVEL 3 (AGES 6-14)					
DAY	DATE	TIME	COST	ACTIVITY	
Sa	Sep 11-Oct 16	11:30am-12:15pm	\$90	33802-01	
М	Sep 13-Oct 18	6:45pm-7:30pm	\$90	33802-02	
М	Oct 25-Dec 13	7:30pm-8:15pm	\$120	33802-03	
Th	Oct 28-Dec 9	7:45pm-8:30pm	\$90	33802-04	
Sa	Oct 30-Dec 11	10:30am-11:15am	\$90	33802-05	

LEVEL 4 (AGES 6-14)					
DAY	DATE	COST	ACTIVITY		
Th	Sep 9-Oct 14	7:45pm-8:30pm	\$90	33803-01	
Sa	Sep 11-Oct 16	10:00am-10:45am	\$90	33803-02	
М	Oct 25-Dec 13	7:30pm-8:15pm	\$120	33803-03	
Sa	Oct 30-Dec 11	9:45am-10:30am	\$90	33803-04	

LEVEL 5 (AGES 8-14)					
DAY	DATE	TIME	COST	ACTIVITY	
Th	Sep 9-Oct 14	7:45pm-8:30pm	\$90	33805-01	
Sa	Sep 11-Oct 16	11:30am-12:15pm	\$90	33805-02	
М	Sep 13-Oct 18	7:45pm-8:30pm	\$90	33805-03	
Tu	Oct 26-Nov 30	7:00pm-7:45pm	\$90	33805-04	
Sa	Oct 30-Dec 11	11:30am-12:15pm	\$90	33805-05	

LEVEL 6 (AGES 8-14)					
DAY	DATE	TIME	COST	ACTIVITY	
Th	Sep 9-Oct 14	7:45pm-8:30pm	\$90	33806-01	
Sa	Sep 11-Oct 16	11:30am-12:15pm	\$90	33806-02	
М	Sep 13-Oct 18	7:45pm-8:30pm	\$90	33806-03	
Sa	Oct 30-Dec 11	11:30am-12:15pm	\$90	33806-04	

# Aquatics

#### **FALL PRIVATE SWIMMING LESSONS**

Wayzata East Middle School, 12000 Ridgemount Avenue

Each season we are able to offer a limited number of private 30-minute swimming lessons to swimmers 5 years and older. A member of our aquatics team will contact families who have registered for the interest list to arrange your lesson(s). Please note that registration for this interest list does not guarantee a private 30-minute swimming lesson. The purpose of the interest list is to notify the aquatics team that you are interested in scheduling a private swimming lesson dependent upon availability of instructors. Fees are pro-rated at \$28 per lesson with a minimum of 4 lessons. There are no make-up lessons or refunds for students' missed classes. Semi-private lessons (\$68/ child) available for 4 lessons 30 minutes for 2 or more children. This is a great alternative if you have multiple kids in the same level and you would like a private class fit just for them.

AGES	DAY	DATE & TIME	ACTIVITY
5+	Tu	Sep 7-Dec 7 6:00pm-7:00pm	36800-01
5+	Th	Sep 9-Dec 9 6:00pm-7:00pm	36800-02

#### LAP SWIMMING

Wayzata West Middle School, 149 Barry Avenue

Start the morning off right with some lap swimming! No program: 11/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	M,W	Sep 13-Sep 29 6:00am-7:00am	\$40	35830-01
15+	M,W	Oct 4-Oct 27 6:00am-7:00am	\$52	35830-02
15+	M,W	Nov 1-Nov 29 7:30pm-8:15pm	\$40	35830-03
15+	M,W	Dec 1-Dec 27 6:00am-7:00am	\$52	35830-04

#### LIFEGUARD INSTRUCTOR TRAINING (LGI)

Wayzata East Middle School, 12000 Ridgemount Avenue

Become a certified American Red Cross Lifeauard instructor. This is a blended learning class, all in-water and classroom days are mandatory. Pre-rea: Students must be 17 years of gae by the last day of class and be currently lifeguard certified. This is a 2 year certification and includes the ability to teach CPR/First Aid.

AGES	DAY	DATE & TIME	COST	ACTIVITY
17+	M-Th	Aug 30-Sep 2 12:00pm-6:00pm	\$250	34805-01

#### PLYMOUTH MASTERS SWIM PROGRAM

Wayzata West Middle School, 149 Barry Avenue

Enjoy swimming and want to work towards the next level? Need a more challenging and structured pool workout? Join highly renown coach Krisie Melsen in this fabulous program aimed at helping you achieve your fitness goals through structured workouts. Krisie is a USAT certified coach, Ironman Certified Coach, USMS Level I and II Certified Coach. an Minnesota Masters Swimming State record holder, and has completed an IRONMAN competition. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	Tu,Th	Sep 21-Sep 30 6:00am-7:00am	\$33	35831-01
15+	Tu,Th	Oct 5-Oct 28 6:00am-7:00am	\$65	35831-02
15+	Tu,Th	Nov 2-Nov 30 6:00am-7:00am	\$65	35831-03
15+	Tu,Th	Dec 2-Dec 30 6:00am-7:00am	\$65	35831-04

#### RED CROSS LIFEGUARD CERTIFICATION

Wayzata East Middle School, 12000 Ridgemount Avenue

Become a certified American Red Cross Lifeauard (pool), First Aid, and CPR & AED for the Professional Rescuer. This is a blended learning class, all in-water and classroom days are mandatory. Pre-reg: Students must be 15 years of age by the last day of class and be able to complete the following swim skills on the first day of class:1. Swim 300 yds demonstrating breath control and rhythmic breathing. Front crawl, breaststroke or a combination of both. 2. Tread water for 2 minutes using legs only with hands placed under armpits.3. Swim 20 yds, surface dive 7-10 ft, retrieve a 10-lb brick, return to surface and swim 20 vds back to start within 1 min 40 sec.

AGE	S DAY	DATE & TIME	COST	ACTIVITY
15+	M-Th	Aug 23-Aug 26 12:00pm-6:00pm	\$125	34800-01
15+	Th-Sa	Oct 21-Oct 23 9:00am-4:00pm	\$125	34800-02

#### SYNCHRO FOR FUN

Wayzata West Middle School, 149 Barry Avenue

Come learn how to be a synchronized swimmer! Learn how to tread, dive, and complete a real synchro routine. Synchro Showcase at the end of the season, Includes a synchro "costume" for showcase. Must be able to tread water for 30-45 seconds and have passed Learn to Swim Level 3 or equivalent level. No program: 10/19, 10/21, 11/23, 11/25.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
6-8	Tu	Sep 7-Dec 7 6:00pm-7:00pm	\$225	33811-01
8+	Th	Sep 9-Dec 9 6:00pm-7:00pm	\$225	33811-02

# **Aquatics**

#### **TURKEY 2K**

#### Wayzata West Middle School, 149 Barry Avenue

Stay out of the cold and challenge yourself! Beat those turkey calories with the Turkey a 2k or 1.2 miles. Swimming 80 lengths or 40 laps.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
12+	W	Nov 24 6:00am-7:00am	\$10	33807-01
12+	W	Nov 24 7:00am-8:00am	\$10	33807-02

## page 66

see specialty swim events

# WATER SAFETY INSTRUCTOR BLENDED LEARNING (WSI)

Wayzata East Middle School, 12000 Ridgemount Avenue

Become certified to teach the American Red Cross Swim Lessons. This course combines classroom and online training. You must be at least 16 years of age before the final scheduled session (proof required). Must demonstrate the following skills according to the Stroke Performance Charts: Level 5 - 25 yard front crawl, 25 yard back crawl, 25 yard breaststroke, 25 yard elementary backstroke, 25 yard sidestroke, 15 yard butterfly, tread water for 1 minute, and maintain position on back 1 minute in deep water. Students must complete the online portion of the course (approx 7 hours) in addition to participating in the Classroom & Water Skills sessions. Once registered information for accessing the online course will be emailed to the student.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M-Th	Aug 23-Sep 2 8:00am-12:00pm	\$225	34806-01

#### **DEEP WATER RUNNING**

#### Wayzata East Middle School, 12000 Ridgemount Avenue

Have an injury? Tired of your same old workout? This 45 minute class is the perfect addition to your routine. Allow yourself to experience a new challenge with absolutely zero impact. Water belts are provided or you can bring your own. No program: 11/25.

AGES	DAY	DATE & TIME	соѕт	ACTIVITY
16+	Tu,Th	Sep 7-Sep 30 6:00pm-6:45pm	\$40	35801-01
16+	Tu,Th	Oct 5-Nov 2 6:00pm-6:45pm	\$40	35801-02
16+	Tu,Th	Nov 4-Dec 9 6:00pm-6:45pm	\$50	35801-03







# Skating

# CLASS DESCRIPTIONS (please see schedule on following pages)

#### **SKATING BEGINNERS (AGES: 4-6)**

For children that have never been on ice. Helmets required.

#### **SKATING BEGINNER/INTERMEDIATE (AGES: 4-6)**

For children who have skated previously and can walk on the ice. They must know how to fall down and get up on their own.

#### **SKATING PRE-ALPHA LEVEL 1 (AGES: 7-15)**

A beginner level class for children ages 7-15 with little to no skating experience. Helmets required at this beginner level.

#### **SKATING PRE-ALPHA LEVEL 2 (AGES: 4-15)**

Class Elements: One foot glide, right/left, two foot glide, forward/backward swizzles, backward wiggle, two foot turns in place, forward pumps on circles.

#### **SKATING ALPHA (AGES: 4-18)**

Pre-req: Pre-Alpha. Class Elements: Forward stroking, forward crossover (both directions), one foot snowplow stop, backward one foot glides, backward pumps on circle, moving two foot turns.

#### **SKATING BETA (AGES: 4-18)**

Pre-req: Alpha. Class Elements: Backward stroking, backward crossovers both directions, t-stop, backward edges on circle, side toe hop/shuffle, forward edges.

#### **SKATING GAMMA (AGES: 4-18)**

Pre-req: Beta. Class Elements: Forward outside 3-turns, inside open Mohawk, hockey stop, moving backward two foot turns on circle, chasse.

#### **SKATING DELTA (AGES: 4-18)**

Pre-req: Gamma. Class Elements: Forward inside 3-turn, forward consecutive edges, shoot the duck/lunge bunny hop, backward crossover to backward outside glide, backward outside edge transitions on circle

#### **SKATING FREESTYLE 1-6 (AGES: 4+)**

Pre-req: Delta. Advanced figure skating lessons. Jumps and spins.

#### **SKATING HOCKEY 1 (AGES: 4+)**

For those with little experience on the ice. Participants must have hockey skates and know how to fall and recover. Proper stance, stationary snowplow stop, forward marching, dips and glides, backwards wiggle, stationary two foot turns, forward swizzles, rocking horses, t-pushes.

#### **SKATING HOCKEY 2 (AGES: 4+)**

Pre-req: Hockey 1. For those with moderate skating experience. Must have hockey skates. Forward power swizzles, backward C-cuts, backward snowplow stops, forward/backward C-cuts on circle plus glides, skateboard push, t-push with glides.

#### **SKATING HOCKEY 3 (AGES: 4+)**

Pre-Req: Hockey 2. For those with considerable skating experience. Must have hockey skates. One-foot snowplow stops, full stride v-pushes, shuffle stride, backward hustle, forward and backward crossovers, hockey stops, quick starts, forward power turns, mohawks, alternating backward crossovers with wide transitions.

#### **SKATING ADULT (AGES: 15.5+)**

Beginner through advanced levels using basic skills.



## **Plymouth Skate School**

offers a fun and safe learning environment for students of all ages and abilities to learn how to skate.

#### **GENERAL INFORMATION**

- Beginning levels are required to wear helmets.
- Skaters MUST be at least 4 years old by the start of the class – no exceptions will be made.
- Rental skates available for \$5/lesson.
- Parents are not allowed on the ice during class time.
- For safety reasons, no shoes allowed on the ice.

#### PROPER ATTIRE

Skaters will benefit more from a lesson with proper skates. We prefer boots be of leather rather than vinyl and they should have strong ankle support. Skates should not crease or buckle when worn, and should fit to the foot size and not have excess 'room to grow'. Blades should be of high tempered steel and properly sharpened. Double runner blades are NOT allowed.

It is important that all skaters are warm and comfortable while skating. We suggest dressing in layers and request all skaters to wear mittens or gloves.

PLYMOUTH ICE CENTER

3650 Plymouth Blvd.

open skate

Open Skate is held on Tuesdays, Sundays and some Fridays. Check the Open Skate & Open Hockey calendar on the Ice Center website for times.



#### **SKATING CONTRACT ICE**

Contract Ice is an opportunity for skaters to come and practice their skating skills on reserved ice time. Walk-ins welcome at a rate of \$16 per hour, \$8 per half hour.

NOTE: Coaches who are Skate School instructors will not be charged to teach on contract ice. All others pay for ice time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
0+	Sa	Oct 9-Dec 4 8:00am-9:00am	\$102	36200-01
0+	Su	Oct 10-Dec 5 2:15pm-3:15pm	\$102	36200-02

BEGINNERS (AGES 4-6) Res \$102 Non Res \$116				
DAY	DATE	TIME	ACTIVITY	
Sa	Oct 9-Dec 4	9:00am-9:30am	36203-01	
Sa	Oct 9-Dec 4	9:35am-10:05am	36203-02	
Sa	Oct 9-Dec 4	10:55am-11:25am	36203-03	
Sa	Oct 9-Dec 4	11:30am-12:00pm	36203-04	
BEGINNER/INTERMEDIATE (AGES 4-6) Res \$102 Non Res \$116				
Sa	Oct 9-Dec 4	9:00am-9:30am	36204-01	
Sa	0.00			
	Oct 9-Dec 4	9:35am-10:05am	36204-02	
Sa	Oct 9-Dec 4 Oct 9-Dec 4	9:35am-10:05am 11:30am-12:00pm	36204-02 36204-03	
Sa Su	00.7 200 .	7.000	3323 : 32	
	Oct 9-Dec 4	11:30am-12:00pm	36204-03	
Su	Oct 9-Dec 4 Oct 10-Dec 5	11:30am-12:00pm 3:30pm-4:00pm	36204-03 36204-04	

Su	Oct 10-Dec 5	6:00pm-6:30pm	36204-07	
PRE-ALPHA LEVEL 1 (AGES 7-15) Res \$102 Non Res \$116				
Sa	Oct 9-Dec 4	9:00am-9:30am	36205-01	
Sa	Oct 9-Dec 4	11:30am-12:00pm	36205-02	
Su	Oct 10-Dec 5	3:30pm-4:00pm	36205-03	
Su	Oct 10-Dec 5	6:00pm-6:30pm	36205-04	

PRE-ALPHA LEVEL 2 (AGES 4-15) Res \$102 Non Res \$116					
DAY	DATE	TIME	ACTIVITY		
Sa	Oct 9-Dec 4	9:00am-9:30am	36206-01		
Sa	Oct 9-Dec 4	10:55am-11:25am	36206-02		
Sa	Oct 9-Dec 4	11:30am-12:00pm	36206-03		
Su	Oct 10-Dec 5	3:30pm-4:00pm	36206-04		
Su	Oct 10-Dec 5	4:05pm-4:35pm	36206-05		
Su	Oct 10-Dec 5	5:25pm-5:55pm	36206-06		
Su	Oct 10-Dec 5	6:30pm-7:00pm	36206-07		
ALPHA (AGES 4-18) Res \$102 Non Res \$116					
Sa	Oct 9-Dec 4	9:35am-10:05am	36207-01		
Sa	Oct 9-Dec 4	10:55am-11:25am	36207-02		
Su	Oct 10-Dec 5	3:30pm-4:00pm	36207-03		
Su	Oct 10-Dec 5	5:25pm-5:55pm	36207-04		
Su	Oct 10-Dec 5	6:30pm-7:00pm	36207-05		
BETA (AGES 4-18) Res \$102 Non Res \$116					
Sa	Oct 9-Dec 4	10:10am-10:40am	36208-01		
Su	Oct 10-Dec 5	4:40pm-5:10pm	36208-02		
Su	Oct 10-Dec 5	6:30pm-7:00pm	36208-03		
GAMMA (AGES 4-18) Res \$102 Non Res \$116					
Sa	Oct 9-Dec 4	10:10am-10:40am	36209-01		
Su	Oct 10-Dec 5	4:40pm-5:10pm	36209-02		

<b>DELTA (AGES 4-18)</b> Res \$102 Non Res \$116					
DAY	DATE	TIME	ACTIVITY		
Sa	Oct 9-Dec 4	10:10am-10:40am	36210-01		
Su	Oct 10-Dec 5	4:40pm-5:10pm	36210-02		
	FREESTYLE 1-6 (AGES 4+) Res \$102 Non Res \$116				
DAY	DATE	TIME	ACTIVITY		
Sa	Oct 9-Dec 4	10:10am-10:40am	36211-01		
Su	Oct 10-Dec 5	4:40pm-5:10pm	36211-02		
	KEY 1 (AGES 4+) 102 Non Res \$116				
Sa	Oct 9-Dec 4	10:55am-11:25am	36212-01		
Su	Oct 10-Dec 5	5:25pm-5:55pm	36212-02		
	<b>KEY 2 (AGES 4+)</b> 102 Non Res \$116				
Sa	Oct 9-Dec 4	10:10am-10:40am	36213-01		
Su	Oct 10-Dec 5	4:40pm-5:10pm	36213-02		
	HOCKEY 3 (AGES 4+) Res \$102 Non Res \$116				
Su	Oct 10-Dec 5	6:00pm-6:30pm	36214-01		
ADULT (AGES 15.5+) Res \$102 Non Res \$116					
Sa	Oct 9-Dec 4	9:35am-10:05am	36201-01		
Su	Oct 10-Dec 5	4:05pm-4:35pm	36201-02		
Su	Oct 10-Dec 5	6:30pm-7:00pm	36201-03		

# special events at the pool

mermaid party

cost: \$40 | Sept. 24th, 6-8 pm | Nov. 20th, 3-5 pm

sensory swims

cost: \$5/person

Wednesdays 6-8:30pm (one hour time slots)
Sep. 8 & 22 | Oct. 6 & 27 | Nov. 3 & 17 | Dec. 1 & 15

back to school glow swim

cost: \$10/person | Sep. 10th, 7-9pm

family game night

**cost: \$10/person** | Oct. 15th, 6-8 pm

movie night

cost: \$10/person | Dec. 11th, 7-9pm

#### registration

register online under "Events & Tickets" or call 763-509-5200



# PLYMOUTH PUBLIC SAFETY 5K & KIDS FUN RUN

(Formerly Firefighters 5K)

#### Saturday, August 28th, 2021

9 a.m. - 5K Run/Walk | 10 a.m. - Kids Fun Run

#### **Northwest Greenway**

5250 Peony Lane, Plymouth, MN

#### **EVENT INFORMATION**

Early-Registration: \$15 (by 8/13) On-Site Registration: \$20

Kids Fun Run: FREE

All 5K participants receive a drawstring backpack and goodies. Snacks and water included.

For more information, or to register, visit: www.plymouthmn.gov/PublicSafety5K













Your child can drop off a letter to Santa

November 22-December 3

All letters are responded to. Letters must include a self-addressed-stamped envelope



# **VETERANS BREAKFAST**

TUESDAY, NOVEMBER 9 9:30-11:00 A.M.

Free drive-thru event for veterans Plymouth Veterans Memorial, 3400 Plymouth Blvd

Registration required by October 31 | 763-509-5200





SATURDAY, DECEMBER 4 • 4-7PM

Hilde Performance Center, 3500 Plymouth Boulevard

. . . . . . . . . . . . . . . . . . .

# Thank You! Music in Plymouth

presented by the Plymouth
Civic League and the City of
Plymouth. Thanks to all the
generous contributors to the
the 2021 event.
The tradition continues.

musicinplymouth.org



plymouth civic league



# FREE EVENT! SATURDAY, APRIL 23

9AM-2PM | PLYMOUTH COMMUNITY CENTER, 14800 34th Ave N

Visit with local businesses, community groups and non-profits. Learn about city services and connect with City Council. Shop the marketplace for homemade and handmade goods. Explore health and wellness opportunities.

Discover your community.

#### NOW ACCEPTING VENDOR APPLICATIONS

Business · Home Improvement · Wellness · Volunteer Opportunities
Interested in being a vendor? Visit plymouthmn.gov/specialevents

PLYMOUTH PARKS & RECREATION
WWW.PLYMOUTHMN.GOV · 763-509-5200











# FALLOWEEN

at the CBEEK LAKE



**FRIDAY OCTOBER** 

FREE

**PARKERS LAKE PLAYFIELD** 15500 Co. Rd. 6

5:00-8:00pm







**Games & Activities Orange Carpet Photo Ops Pumpkin Patch Emergency Vehicles Treat Stations** 







3400 Plymouth Boulevard Plymouth, MN 55447-1482

Mon - Fri: 8 am - 4:30 pm



\*\*\*ECRWSS\*\*\*
Residential Postal Customer

SEPTEMBER 18, 2021

23RD ANNUAL

# 

9:30AM-12:30PM
Pre-Parade family activities & entertainment

10:30AM PARADE









