



Plymouth Pedalers Lite Biking Club

2021 Lite Group Schedule 3 - July 14 through Aug. 25

July 14 - 9:00

Minnetonka LRT to Excelsior

Leader: Norm Spaeth

Meet at the Minnetonka Community Center, 14600 Minnetonka Blvd. We will ride on the LRT trail to Excelsior, we will make a loop going toward the beach and around town, stopping for coffee. We'll then head back to the LRT Trail and the Community Center. Trail: Level limestone rail bed, and mostly level city streets. **14 mi.** Directions: The Community Center is located on the north side of Minnetonka Blvd at the intersection of Williston Road. Williston Road is located a half mile west of #494 on Mtna Blvd. ([Start location](#))

July 21 - 9:00

Elm Creek Park-inner loop

Leader: Deb Grill

Meet at the Elm Creek Regional Park -- Beach Parking Lot, One Mile Beyond 12400 James Deane Pkwy. We'll ride south from the beach through the park to the Nature Center. Trail: paved, moderate hills. **About 12 miles.** Directions: To get to the Beach Parking lot -- From I-94 west, exit at Weaver Lake Road in Maple Grove. Go east about 1/3 of a mile to Elm Creek Blvd, then north on Elm Creek Blvd to the park entrance. Follow the park road (James Deane Parkway) 1.4 miles. Then turn left - down a little hill - to the beach parking lot. ([Start Location](#))

July 28 - 9:00

Dandelion Fountain and Lowry Hill Area

Leader: Chuck Seifert

Meet at the Depot Coffee House parking lot; 9451 Excelsior Blvd., Hopkins 55343. Ride on the North Cedar Lake Trail to the Sculpture Garden, Loring Park and the Dandelion Fountain. We'll stop for coffee near Loring Park. Then we'll return to Hopkins on the North Cedar Lake Trail. **About 16 miles.** Directions: Take Hwy 169 south to Excelsior Blvd. exit. Turn left (east) on Excelsior Blvd and right at first stop light into the Depot parking lot. ([Start Location](#))

Aug 4 - 9:00

Lake Nokomis to Mississippi River Gorge

Leader: Deb Grill

Meet at the beach house on Nokomis Parkway in Minneapolis, 5074 W Lake Nokomis Parkway. We ride east to Minnehaha Park, north on River Rd, trail to Lake St, across the Mississippi, south to east River Road trail to the Ford bridge and back. **Approx. 14 miles.** Directions: The beach house is at the northwest side of Lake Nokomis on West Lake Nokomis Parkway. You can take the Crosstown Highway (MN 62) to Cedar Ave. Go north on Cedar. After crossing the bridge over the west portion of the lake, turn right onto W Lake Nokomis Pkwy. There is a charge for parking in the parking lot. Street parking is free. Beach house is on the right. ([Start Location](#))

Aug 11 - 9:00

Minneapolis Lakes from Cedar Lake

Leader: Bob Flynn

Meet at the Triangle park - Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. We will go by Cedar Lake, Lake of the Isles, Calhoun, & Harriet. Trail: Paved bike paths and low-traffic city streets. Stop for refreshments along the way. Distance is **approximately 12 miles.** (To get to the parking area -- take TH 55 to Theo. Wirth Pkwy., go south on Theo Wirth to Cedar Lake Pkwy., take Cedar Lake Pkwy to 22nd Street, go right on 22nd one block to So. Drew Ave., go left on Drew for one block to a small park at Drew Ave. and Cedar Shore Dr.) ([Start Location](#))

Aug 18 - 9:00

Parker's Lake to Medicine Lake Trails

Leader: Linda Platt

Meet by Parkers Lake Park. 15205 County Road 6. Ride the Luce Line east to Medicine Lake trails. Ride around the lake, back to Luce Line to return to Parker's Lake. Paved bike trails, some flat with a few moderate hills. **About 15 miles.** Directions Take County Road 6 west from I-494 about .7 miles to Niagara Lane. Turn left into the parking area by the playground. ([Start location](#))

Aug 25- 10:00

Lunch Ride to Surly's (start at 10:00 a.m.)

Leader: Norm Spaeth

Meet at the Triangle Park at - Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. Mpls. Ride the North Cedar Lake Regional Trail to the Mississippi river and then take the U of M trail to Surly's for lunch with the Regular group. Return on the bike trails to Cedar Lake parking. 15 miles. Take Hwy 55 to Theodore Wirth Parkway, go south on Theo Wirth to Cedar Lake Pkwy., take Cedar Lake Pkwy to 22nd Street, go right on 22nd one block to South Drew Ave., go left on Drew for one block to the park ([Start Location](#))