



PLYMOUTH PARKS & RECREATION

FALL 2020

ACTIVITIES GUIDE

■ REGISTRATION

August 19 (Residents) / August 26 (Non-Residents)

6:00 a.m. online / 10:00 a.m. phone or in-person

PLYMOUTH *Farmers Market*

Every Wednesday, 2:30-6:30 p.m. | June 17-September 30 | Parkers Lake Playfield, 15500 County Rd 6



PLYMOUTH PARKS & RECREATION / 763.509.5200 / plymouthmn.gov/farmersmarket

The market will be bursting with summer vegetables & fruits, so remember to bring a bag to carry it all home.

A newsletter is published online each week which highlights upcoming news and recipes to try.

SPONSORED BY

 **State Farm**
Kyle Vitense Agency

 **tcf bank**

AUGUST 6



YOU PICK

vote for your favorite movie!

VOTE ONLINE:
plymouthmn.gov/specialevents

MOVIE CHOICES:
Cars • Trolls • Monsters Inc.

Voting is open July 20-27.
Results will posted Tuesday, July 28.

AUGUST 13

ALADDIN (2019 FILM)

RATED PG

A street rat pursues the princess of Agrabah with the help of a powerful genie who can grant him three wishes. His primary opponent is a malevolent sorcerer who serves as the city's grand vizier and the chief advisor to the Sultan.

AUGUST 20

THE MIGHTY DUCKS

RATED PG

A self-centered Minnesota lawyer is sentenced to community service coaching a rag tag youth hockey team.

DRIVE-IN MOVIES AT THE PLYMOUTH CREEK CENTER

Plymouth Creek Center parking lot - 14800 34th Avenue N

Movies start at dusk - approximately 8:45pm



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COVID WAIVER:

ASSUMPTION OF RISK, WAIVER OF LIABILITY, AND INDEMNIFICATION AGREEMENT:

In consideration of being allowed to participate in the City of Plymouth recreational program and related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to methicillin-resistant Staphylococcus aureus (MRSA), influenza, and corona virus disease 2019 (COVID-19). While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,

2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and

3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases, including but not limited to any applicable Governor's order and Department of Natural Resources (DNR) and Minnesota Department of Health (MDH) Outdoor Recreational Guidelines. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and

4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS City of Plymouth, its officers, officials, agents, employees, and/or volunteers, other participants, sponsoring agencies, advertisers, and if applicable owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION):

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/ release to my child/ward including the risk of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I, for myself, my spouse and my child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

CONTACT INFORMATION

MAIN PHONE NUMBERS

| | |
|-------------------------|--------------|
| City Hall | 763-509-5000 |
| Parks & Forestry Office | 763-509-5940 |
| Plymouth Creek Center | 763-509-5280 |
| Plymouth Ice Center | 763-509-5250 |
| Weather Line | 763-509-5205 |

PARKS & RECREATION • 763-509-5200

| | |
|---|--------------|
| Kari Hemp, Recreation Manager | 763-509-5220 |
| Jerrold Brunelle, Parks & Forestry Manager | 763-509-5946 |
| Jess Riley, Plymouth Creek Center Manager | 763-509-5281 |
| Erik Halverson, Ice Center Manager | 763-509-5251 |
| Dan Lauer, Athletics Supervisor | 763-509-5283 |
| Katie Yandell, Aquatics Supervisor | 763-509-5222 |
| Alyssa Fram, Music, Arts and Inclusion Supervisor | 763-509-5225 |
| Jessie Koch, Health and Fitness Supervisor | 763-509-5223 |
| Paul Pearson, Education Supervisor | 763-509-5228 |
| Jackie Maas, Volunteer Coordinator | 763-509-5230 |
| Barb Northway, Deputy Director | 763-509-5941 |
| Diane Evans, Director | 763-509-5201 |

CITY COUNCIL MEMBERS

| | |
|------------------------|--------------------------|
| Jeffry Wosje, Mayor | jwosje@plymouthmn.gov |
| Alise McGregor, Ward 1 | amcgregor@plymouthmn.gov |
| Nick Roehl, Ward 2 | nroehl@plymouthmn.gov |
| Jim Davis, Ward 3 | jdavis@plymouthmn.gov |
| Jim Prom, Ward 4 | jprom@plymouthmn.gov |
| Ned Carroll, At Large | ncarroll@plymouthmn.gov |
| Jim Willis, At Large | jwillis@plymouthmn.gov |

PARK & RECREATION ADVISORY COMMISSION (PRAC) MEMBERS

| | |
|----------------------------|-------------------------------|
| Marilyn Sunseri, Ward 1 | marilynjsunseri@comcast.net |
| Dick Burkhardt, Ward 2 | richard.burkhardt@comcast.net |
| Tricia DeBleeckere, Ward 3 | tricialynn@gmail.com |
| Vita Wilson, Ward 4 | vitawilson@edinarealty.com |
| Margie DuPuis, At Large | mdupuis1@msn.com |
| Ann Hoekstra, At Large | brigl003@umn.edu |
| Allie Stortie, At Large | teamshinnick@gmail.com |

Graphic Design & Layout by Libby Renslo-Nondorf

REGISTER FOR PROGRAMS



QUESTIONS ON PROGRAMS OR REGISTERING?

763-509-5200 / recreation@plymouthmn.gov



PARKS & REC OFFICE HOURS

Monday-Friday, 8am to 4:30pm



REGISTRATION BEGINS

Residents: August 19

6am online / 10am phone

Non-Residents: August 26

6am online / 10am phone

Aquatics Programs: August 19

6am online / 10am phone



WEATHER UPDATES

763-509-5205

Call the weather line for updates on class cancellations any time of the year.



ACTIVITIES GUIDES

The Parks & Rec Guide is published three times a year. The Fall guide is published in July. Subscriptions for non-residents are available for \$9/year.

REGISTRATION POLICIES

- » Total fee must be paid at the time of registration.
- » Registrations are not accepted at program site.
- » We reserve the right to cancel programs if needed. Full refunds will be issued if a class is cancelled by the City.
- » Cancellations made by Parks and Rec will be sent via e-mail from the Recreation general e-mail account. Credits will be put on the household account to use at a later date or account holder may request to be refunded by the original payment method.
- » Waiting lists will be started if classes fill. Additional or expanded classes may be formed if possible.
- » A receipt may be emailed as a confirmation. Further confirmations will not be sent by mail, phone or fax.
- » When registering by phone, you are officially agreeing to the liability and photo waivers stated on the registration form.

HOW TO SET UP YOUR ONLINE ACCOUNT

1 GO ONLINE

plymouthmn.gov/recreation
Click the blue and grey "Register Online" button
Click Create Account

2 CREATE AN ACCOUNT

Enter information about yourself. Before you save, add family members that participate in recreation activities by clicking Add New Member.

3 SAVE

A quick approval process is required before your account is active. A confirmation will be emailed when your account is approved.

WITHDRAWAL / TRANSFER POLICIES

- » Class transfers are available and must be made at least one full week prior to the first class unless noted otherwise.
- » Withdrawal/refund requests must be made at least one full week prior to the first class unless noted.
- » A \$5 service fee is retained on each withdrawal/refund request unless noted otherwise.
- » Withdrawals/transfers accepted by calling 763-509-5200. Faxed requests will not be accepted.
- » There are no refunds for missed classes or for withdrawals after the stated full week policy.

FINANCIAL ASSISTANCE

- » Financial assistance application forms are available at: plymouthmn.gov or by calling 763-509-5200.
- » Program financial assistance dollars are available to assist families with children who meet income guidelines.
- » Funds are available to Plymouth residents only and only for children under 18 years of age.
- » Plymouth residents qualifying for assistance may purchase eight reduced price Lifetime passes per year at the Plymouth Parks & Recreation office (\$6.50 for adults and \$2.50 for children).

Liability Waiver: In consideration of your accepting this entry, I state and affirm that participation in the above program(s) is voluntary. I understand that the program(s) are not an essential service provided by the City; that certain risks are inherent and that these risks, anticipated or unanticipated, may result in injury or damage to persons and/or property. I hereby assume all risks in connection with the program(s); agree to hold the City or anyone acting on behalf of the City harmless and waive any right to make claims or bring lawsuits for any injuries or damages related to the alleged negligence of the City. This waiver does not apply to any injuries or damages that are a result of willful, wanton or intentional misconduct by the City or anyone acting on behalf of the City.

Photo Waiver: I understand that the City may use photographs taken at its programs that picture me or my dependents for publicity purposes.

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE **VOLUNTEER!**

1,600+ VOLUNTEERS
MAKE A DIFFERENCE IN YOUR COMMUNITY

CONTACT VOLUNTEER SERVICES:

763-509-5230

PLYMOUTHMN.GOV/VOLUNTEER

VOLUNTEER@PLYMOUTHMN.GOV

GENERAL OPPORTUNITIES

Adults only

ORAL HISTORY INTERVIEWS

Record virtual interviews with residents new to Plymouth from 1970s to today and Plymouth's places of worship. Residents willing to be interviewed are also needed.

HOCKEY TICKET TAKER

November through February.

Take tickets at high school hockey games

SPECIAL EVENTS

Open to individuals 14 years & older.
Shift times and lengths vary.

BUCKTHORN BUSTS

Saturdays, October 24 and 31; November 7

Eliminate invasive species from Maple Creek Park and Hardenbergh Open Space; excellent opportunity for groups.

HALLOWEEN AT THE CREEK

Friday, Oct. 30

Help provide a fun, safe Halloween event for residents age 4 to adult at Plymouth Creek Center.

OLD-FASHIONED CHRISTMAS

Friday - Saturday, Dec 4 - 5

On Friday, help decorate. On Saturday, help residents take a step back in time.

YOUTH COACHING OPPORTUNITIES

Open to individuals 16 & older.

No coaching experience required; free coaching materials and training clinics are provided.

YOUTH SOCCER COACHES

One weeknight & Sat mornings

Whether you're a parent, an adult who enjoys working with children, a current or former player, here's your chance to teach the "world's game" to kids ages 4-14. From mid-Aug through mid-Oct.

The number of teams offered is dependent on the number of volunteer coaches available – your commitment truly makes a difference!

FLAG FOOTBALL

Tuesday and Thursday evenings & Sun afternoons

Guide and teach the fundamental skills of flag football to 5-12 year olds in a recreational environment. September - October

ICE SKATING

Assist beginning youth skaters during evening and weekend lessons; must be confident on the ice.



PARKS & REC SERVICES

ADAPTIVE RECREATION

REACH FOR RESOURCES provides programs for all ages and serves the northern and western Twin Cities suburbs. REACH programs include bowling, dances and trips.

📞 952-200-3030

💻 reachforresources.org

WINDOWS OF OPPORTUNITY provides programs for adults and serves the Robbinsdale School District 281. Program offerings include trips, dances, bike outings and computer classes.

📞 763-504-6990

💻 ced.rdale.org

PROJECT SOAR provides programs for adults and serves four school districts: Hopkins, Minnetonka, St. Louis Park and Wayzata. Program offerings include trips, dances, arts and crafts, BINGO and cooking.

📞 952-401-6898

💻 projectsoarmn.org

COURAGE KENNY REHABILITATION INSTITUTE provides programs for all ages and has locations in Burnsville, Golden Valley, Forest Lake and Stillwater. Program offerings include swim classes, sports and support groups as well as work and career skills.

📞 612-775-2499

💻 allinahealth.org/courage-kenny-rehabilitation-institute

INCLUSION SERVICES

In compliance with the Americans with Disabilities Act of 1990, reasonable accommodations can be provided upon request to allow individuals with a disability to participate in Plymouth Parks & Recreation services, programs and activities.

Plymouth Parks & Recreation offers inclusion services. If you have questions regarding special needs and our inclusion services, please call 763-509-5200.

INCLUSION POLICY

Plymouth Parks & Recreation prides itself on providing quality programs and activities for people of all abilities. To create the best recreation experience for people with and without disabilities, we require a minimum of two weeks advance notice before the start of a recreation program or activity.

Without a two-week notice, Plymouth Parks & Recreation is not able to guarantee that individual requests can be met. If Plymouth Parks & Recreation cannot meet a given request due to short notice, the participant would be required to arrange for their own Personal Care Attendant (PCA).

No refund will be issued due to the lack of an inclusion aide if you register less than one week from the start of the program.

To ensure that each participant has the best possible experience, follow these steps:

- » Register and notify Recreation staff of any special needs a minimum of two weeks in advance.
- » Complete and return the Participant Information Form.

SENIOR SERVICES

Plymouth Parks & Recreation offers Senior Outreach Services in collaboration with Senior Community Services.

Senior Community Services is a nonprofit organization with a mission to develop, coordinate and provide services that help meet the needs of older adults and support their caregivers. For more information or to set up an appointment call 952-541-1019.

VETERANS MEMORIAL WALL

"No debt to the heroic men and valiant women in the service of our country can ever be repaid. They have earned our undying America will never forget their sacrifices." - President Harry Truman

HONOR A VETERAN by having their name engraved on our Veterans Memorial wall located adjacent to City Hall. Any veteran who has been honorably discharged is eligible for engraving. For details and pricing, call 763-509-5200.

MEMORIALS

The City offers opportunities to memorialize a person, pet or event by donating money for a bench or a tree. These unique items range in price from \$500 to \$2,500.

For details, contact Paul Buck at pbuck@plymouthmn.gov or 763-509-5944.

LIFETIME™ FITNESS: PLYMOUTH

Plymouth residents may purchase daily passes for the pools and fitness club without the purchase of a LIFETIME™ Fitness membership. Daily rates are: Full club use: \$11.00 (adults), \$6.75 (youth 12-17), \$4.00 (youth under age 12)
Pool only: \$8.25 (adults), \$4.00 (youth under age 12)

The City of Plymouth is not involved in LIFETIME's™ membership services or day-to-day operations. Contacting LIFETIME™ is strongly recommended prior to attending, as they have specific admittance requirements. For more information, call LIFETIME™ Fitness at 763-509-0909.

PLYMOUTH FACILITIES

FIELDHOUSE

763-509-5280
14800 34th Ave. N., Plymouth, MN 55447
plymouthmn.gov/facilities

Open Play Information

| Activity | Toddler/Youth Open Play | Teen Open Play |
|----------|--|--|
| Age | 12 years or younger | 13-18 years old |
| Day | Mon, Wed, Fri (starts Nov 2) | Mon, Wed, Fri (starts Nov 2) |
| Time | 10:30am-1:30pm | 2:15pm-4:15pm |
| Cost | Res: \$4 per child Non-Res: \$5 per child | Res: \$4 per child Non-Res: \$5 per child |

* Open play may occasionally be canceled due to special events, field rentals, severe weather or dome maintenance. Please check the website for up to date information on schedule.

Field Rentals - Dome opens Nov. 1

The Fieldhouse dome is inflated from November through mid-April, providing an indoor space for field rentals. The artificial grass surface is ideal for many sports and activities. Please call or visit the website for hourly rental rates and more information. **A field permit is required to use the field.**
Full field is 60yds x 100yds
Half field is 45yds x 60yds

BANNER ADVERTISING IN THE DOME

\$300 provides the opportunity to display your company's information on a banner in the Fieldhouse hanging just above eye level to 150,000 annual visitors.

Contact the Plymouth Fieldhouse for more information or questions. 763-509-5280 or fieldhouse@plymouthmn.gov

Walking Track Information

Walk or jog indoors for free during the winter months at the fieldhouse starting on November 1, 2020. Dome temperatures depend on the outdoor temperature and will range from 30-55 degrees.

The walking track schedule can vary depending on scheduled activities on the field.

Call 763-509-5292 for the most up to date walking schedule.

5.25 laps = 1 mile. Baby strollers are permitted.

PLYMOUTH CREEK CENTER

763-509-5280
14800 34th Ave. N., Plymouth, MN 55447
plymouthmn.gov/facilities

FACILITY RENTAL INFORMATION

Let the Plymouth Creek Center host your birthday party, meeting, seminar, family reunion, wedding reception or other special event.

| CAPACITY | AMENITIES |
|--|--|
| Plymouth Room (1/2 or 1/4 room also available) | |
| 350 at round tables 400 audience | Carpeted room, stage, wood dance floor, sound & video system |
| Black Box Theater | |
| 40 at tables 130 audience | Theatre style, sound & lighting, tiered seating. |
| Meeting Rooms | |
| 40-50 classroom 50 audience | Tile floors, whiteboards |
| Fireside Room | |
| 40 at round tables | Fireplace, lounge furniture |
| Millennium Garden | |
| 300 | Sound system |

BUY A BRICK AT THE MILLENNIUM GARDEN

By purchasing a \$175 personalized brick, you will pave the walkways that meander through the gardens. Your paver will be personalized with an inscription of your choice.

PLYMOUTH ICE CENTER

763-509-5250
3650 Plymouth Blvd., Plymouth, MN 55446
plymouthmn.gov/facilities

Home to Wayzata High School and Providence Academy hockey teams as well as Plymouth Skate School (pg 55-57). The entire three-rink facility has recently upgraded to LED lighting.

PUBLIC OPEN SKATING - CHECK ICE CENTER WEBSITE

| Activity/Item | Age | Cost |
|-------------------|---|------|
| Open Skating | 18 & Older (Out of high school) | \$5 |
| | 18 & Under (Including high school seniors) | \$3 |
| Adult Open Hockey | 18 & Older | \$6 |

ADDITIONAL ITEMS AVAILABLE

| Item | Cost |
|------------------|------|
| Skate Rental | \$3 |
| Skate Aid Rental | \$2 |
| Skate Sharpening | \$5 |

FACILITY RENTAL

| | Center Ice Room | Blue Line Room |
|-----------|---|---|
| Capacity | 2,750 sq ft 125 max | 870 sq ft 39 max |
| Amenities | Kitchenette 37" TV & VCR Sound System | Overlooks Rink A conveniently located near entrance |
| Rates | \$60/hour \$350/day | \$30/hour \$150/day |

SEE OPEN SKATE DATES
ON PAGE 57

SPECIAL USE FACILITIES

- 1 Plymouth Dog Park – 17005 Co Rd 47
- 2 Hilde Performance Center – 3500 Plymouth Blvd
- 3 Ice Center – 3650 Plymouth Blvd
- 4 Millennium Garden – 14800 34th Ave
- 5 Nature Canyon – 13919 45th Ave
- 6 Plymouth Creek Center/Fieldhouse – 14800 34th Ave
- 7 Skate Park – 3625 Fernbrook Ln

PLAYFIELDS

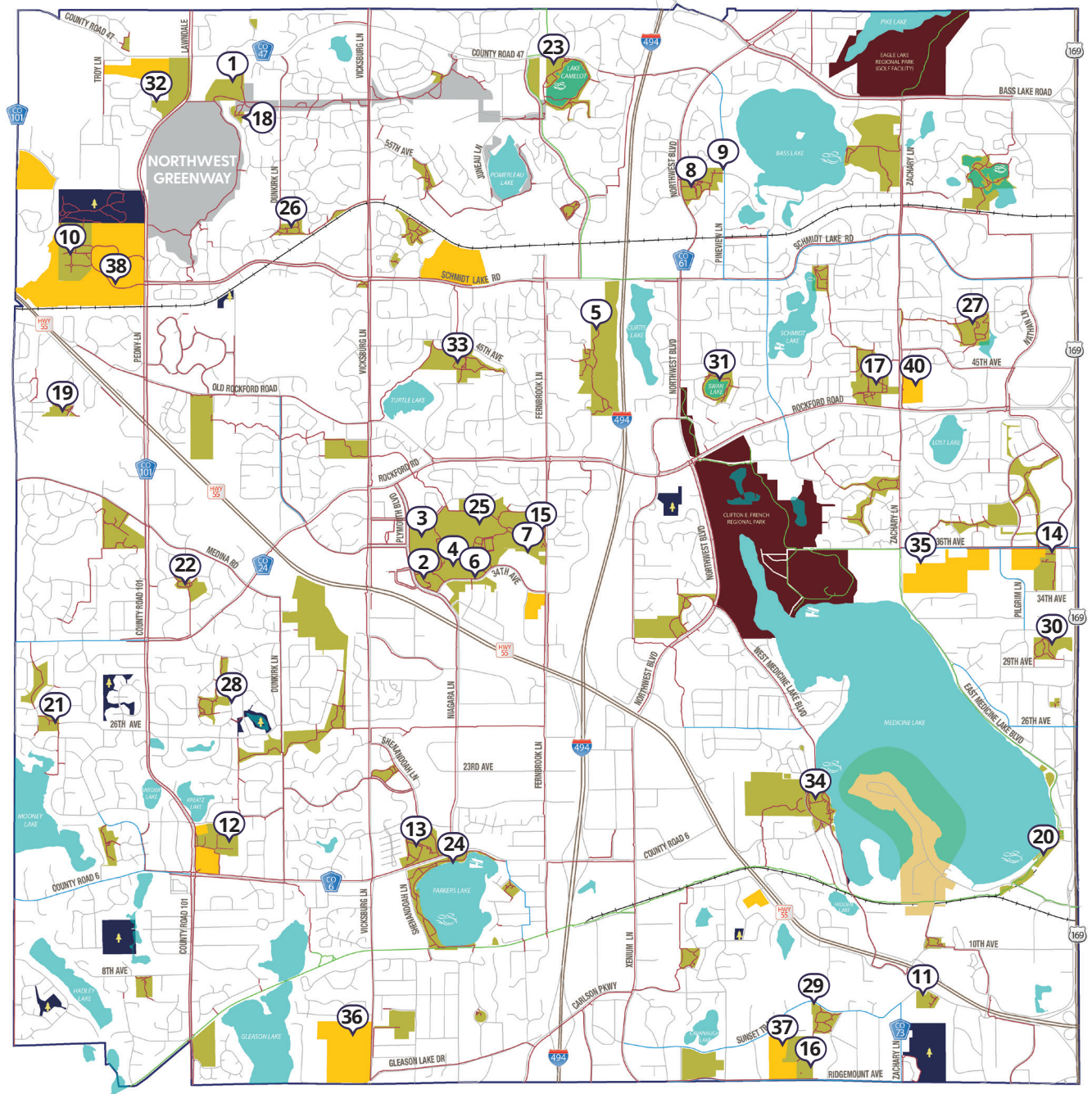
- 8 Bass Lake – 5450 Northwest Blvd
- 9 Bass Lake Tennis Courts - Pineview Lane N & 54th Ave N
- 10 Elm Creek – 4905 Peony Ln
- 11 LaCompte - 10795 Old Co Rd 15
- 12 Oakwood – 1700 Co Rd 101
- 13 Parkers Lake – 15500 Co Rd 6
- 14 Plymouth – 9755 36th Ave N
- 15 Plymouth Creek – 3625 Fernbrook Ln
- 16 Ridgemount – 11950 Ridgemount Ave W
- 17 Zachary – 4355 Zachary Ln

PARKS

- 18 Aspen Ridge - 5670 Garland Ln N
- 19 Crooked Creek - 4255 Walnut Grove Ln N
- 20 East Medicine Lake - 1740 E Medicine Lk Blvd
- 21 Green Oaks - 2600 Zircon Ln N
- 22 Heather Ponds - 3426 Lawndale Ln N
- 23 Lake Camelot - 14105 Co Rd 47
- 24 Parkers Lake – 15205 Co Rd 6
- 25 Plymouth Creek - 14800 34th Ave N
- 26 Prairie Ponds - 5150 Dunkirk Ln N
- 27 Rolling Hills - 10355 48th Ave N
- 28 Shiloh - 2700 Jewel Ln N
- 29 St. Mary's - 401 Forestview Ln N
- 30 Sunrise - 2995 Kilmer Ln N
- 31 Swan Lake - 4480 Quinwood Ln N
- 32 The Meadows - 5720 Peony Court N
- 33 Turtle Lake - 14991 45th Ave N
- 34 West Medicine Lake - 1920 W Medicine Lk Dr

SCHOOLS

- 35 Armstrong Senior High – 10635 36th Ave
- 36 Wayzata Central Middle – 305 Vicksburg Ln
- 37 Wayzata East Middle School – 12000 Ridgemount Ave
- 38 Wayzata High School – 4955 Peony Ln
- 39 Wayzata West Middle School – 149 Barry Ave, Wayzata
- 40 Zachary Elementary – 4350 Zachary Ln



39 Located in Wayzata, Minn.



This map shows where activities are located.
To view the full Parks & Trails map, visit plymouthmn.gov

ARTS

MUSIC FOR EVERYONE

Plymouth Creek Activity Center, 14800 34th Avenue N

Private 30-minute lessons are taught by qualified, experienced teachers. Beginner to intermediate students welcome. Learn new skills or improve those you already have. Develop your tone, rhythm and reading skills while you enjoy a variety of musical styles. Students will need their own instrument at home for practice. Piano students will need a piano with natural touch and at least 76 keys.

No Lessons: 10/15, 11/3, 11/9, 11/11, 11/23, 11/24, 11/25, 11/26.

AGES: 7+

DAYS: Mondays - Thursdays

SESSION DATES: September 14 - December 17

COST: Res: \$274 | Non Res: \$301

RECITAL: December 19 or 20

REGISTRATION

Plymouth, Brooklyn Park and Maple Grove belong to this consortium. If you live in any of these cities, you qualify for the resident rate.

Before registering, call 763-509-5224 or email

musicforeveryone@plymouthmn.gov to arrange lesson time.

- Brass, Harp, Flute and Woodwinds
- Piano
- Viola, Violin, Cello or Guitar

New students can start anytime during the session, subject to availability. Fees are pro-rated at \$22 per lesson. Bring the course registration receipt to the first class.

CANCELLATION POLICY

Lessons canceled by City or instructor will be made up.

Lessons canceled by the participant cannot be refunded and no make-up will be accommodated.

EDUCATION

MINNESOTA STARWATCH PARTY

Plymouth Creek Activity Center, 14800 34th Avenue N

Join retired WCCO meteorologist Mike Lynch and make the stars your old friends as we watch the great celestial show in the skies over Plymouth. We'll have giant telescopes aimed at Jupiter, Saturn, and Mars. Mars will be the closest it'll be to Earth until 2035! We'll also have live video displays from the telescopes of star clusters, galaxies, and more. Get to know constellations like The Big Bear, Cygnus the Swan, Pegasus the Winged Horse, and others. Along with that hear some of the great stories behind them. Feel free to bring a lawn chair. Family pricing (3+ people: Res. \$20 Non-Res: \$24).

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|----------|-----|-------------------------|--------------------------|----------|
| all ages | Tu | Sep 15 7:45pm-9:15pm | Res \$10 Non Res \$12 | 36300-01 |



WEATHER LINE
763-509-5205

call for updates
on class cancellations

ALL AGES

SPORTS

MARTIAL ARTS

UNLIMITED CLASSES!

Improve balance, coordination and overall physical health. Build confidence, self-esteem and concentration. Instr: Tom Malone, Martial Arts Hall of Fame Inductee. Register for 2 months and receive free uniform and belt test (limit: 2 uniforms/family-see instr for details). Fee is for unlimited classes during the month.

TAE KWON DO KARATE BEGINNER

Ultimate Martial Arts, 147 Hamel Road

| AGES | DAY | TIME | COST |
|------|--------------|-----------------|----------------------------|
| 5+ | M, Tu, Th, F | 6:00pm-6:45pm | Res \$139 Non Res \$149 |
| | Sa | 10:15am-11:00am | |

| DATE & ACTIVITY | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|
| Sep 1-Sep 29 36215-01 | Oct 1-Oct 31 36215-02 | Nov 2-Nov 30 36215-03 | Dec 1-Dec 29 36215-04 |

TAE KWON DO KARATE ORANGE BELT & ABOVE

Ultimate Martial Arts, 147 Hamel Road

| AGES | DAY | TIME | COST |
|------|--------------|-----------------|----------------------------|
| 5+ | M, Tu, Th, F | 6:45pm-7:30pm | Res \$139 Non Res \$149 |
| | Sa | 10:15am-11:00am | |

| DATE & ACTIVITY | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|
| Sep 1-Sep 29 36216-01 | Oct 1-Oct 31 36216-02 | Nov 2-Nov 30 36216-03 | Dec 1-Dec 29 36216-04 |

PARENT/CHILD CHILDREN MUST BE ACCOMPANIED BY A CAREGIVER

ARTS

ABRAKADOODLE - MOMMY/DADDY AND ME ART Plymouth Creek Activity Center, 14800 34th Avenue N

For toddlers/preschool students and their parent (or helper). Create art while developing fine motor, language and self help skills. Messy fun accompanied by stories and songs.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|---------------------------------|--------------------------|----------|
| 1.5-5 | Tu | Sep 8-Sep 29 10:00am-10:45am | Res \$68 Non Res \$78 | 31100-01 |
| 1.5-5 | Tu | Oct 6-Oct 27 10:00am-10:45am | Res \$68 Non Res \$78 | 31100-02 |
| 1.5-5 | Tu | Nov 3-Nov 24 10:00am-10:45am | Res \$68 Non Res \$78 | 31100-03 |

KIDCREATE STUDIO - MESS FEST Plymouth Creek Activity Center, 14800 34th Avenue N

Big mess means big fun! We'll make clay lions with magnificent manes, birds snuggled down in their nests, a silly green frog, and more! Your little one will love exploring and creating with clay, paint, and more at our best mess fest ever!

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|---------------------------------|--------------------------|----------|
| 1.5-6 | M | Sep 28-Oct 19 9:30am-10:30am | Res \$74 Non Res \$89 | 31104-01 |

KIDCREATE STUDIO - HALLOWEEN CRAFT PARTY Plymouth Creek Activity Center, 14800 34th Avenue N

Park your broom at the door and come on in! Together, you and your child will create an adorable picture of swirly, starry night scene, complete with spooky ghosts. This project even glows-in-the-dark. Costumes are welcome.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------|--------------------------|----------|
| 1.5-6 | Sa | Oct 24 9:30am-10:30am | Res \$19 Non Res \$23 | 31105-01 |

KIDCREATE STUDIO - THANKSGIVING CRAFT PARTY Plymouth Creek Activity Center, 14800 34th Avenue N

The kids will celebrate Thanksgiving by creating an adorable turkey that is sure to attract smiles.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------|--------------------------|----------|
| 1.5-6 | Sa | Nov 21 9:30am-10:30am | Res \$19 Non Res \$23 | 31106-01 |

KIDCREATE STUDIO - ORNAMENT MAKING PARTY Plymouth Creek Activity Center, 14800 34th Avenue N

All New Ornaments! Join us for an ornament making party. We will set up 4 stations, each with a different ornament project. These ornaments will make great keepsakes or holiday gifts! This is a great class for siblings to attend together! Come and create ornaments right along with your child. Children must be accompanied by a caregiver.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|---------------------------|--------------------------|----------|
| 1.5-6 | Sa | Dec 12 8:15am-9:15am | Res \$19 Non Res \$23 | 31107-01 |
| 1.5-6 | Sa | Dec 12 9:30am-10:30am | Res \$19 Non Res \$23 | 31107-02 |
| 1.5-6 | Sa | Dec 12 10:45am-11:45am | Res \$19 Non Res \$23 | 31107-03 |

DANCE

TIPPI TOES DANCE - TODDLER & ME DANCE Plymouth Creek Activity Center, 14800 34th Avenue N

A dance class for mom, dad, or guardian to learn basic dance steps with your little dancer. We'll incorporate music, movement, balance and basic dance steps in a fun and positive environment. No program: 11/11, 11/25.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|---------------------------------|--------------------------|----------|
| 1.5-3 | W | Sep 16-Oct 21 9:30am-10:15am | Res \$82 Non Res \$94 | 31109-01 |
| 1.5-3 | W | Nov 4-Dec 16 9:30am-10:15am | Res \$68 Non Res \$78 | 31109-02 |

MUSIC

MUSIC FOR EVERYONE - FIRST STEPS IN MUSICLAND Plymouth Creek Activity Center, 14800 34th Avenue N

Exposure to basic musical concepts and a wide variety of musical styles through fun activities. Parents and children will dance, sing and play while learning rhythm and fine/gross motor coordination. Instr: Kerri Olson. No program: 11/11, 11/25.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 2-5 | W | Sep 9-Oct 21 9:30am-10:15am | Res \$67 Non Res \$77 | 31110-01 |
| 2-5 | W | Sep 9-Oct 21 10:30am-11:15am | Res \$67 Non Res \$77 | 31110-02 |
| 2-5 | W | Nov 4-Dec 16 9:30am-10:15am | Res \$48 Non Res \$57 | 31110-03 |
| 2-5 | W | Nov 4-Dec 16 10:30am-11:15am | Res \$48 Non Res \$57 | 31110-04 |

HEALTH & FITNESS

YOGA**BLOOMA BRING YOUR OWN BABY YOGA**

Bloomer, 3900 Vinewood Ln N

Nurture baby while caring for yourself. BYOB invites babies and their caregivers (parents, grandparents, nannies) to bond through loving touch, sight, sound, and movement. Let baby in on the yoga practice physically, mentally, and spiritually to build a strong bond of trust and security— the foundation of self-confidence for baby. You'll find a warm, supportive community – essential during the postpartum period.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|---------------------------|----------|
| 0-1 | Tu | Sep 8-Oct 27 10:45am-11:45am | Res \$96 Non Res \$105 | 35444-01 |

BLOOMA LITTLE KIDS YOGA

Bloomer, 3900 Vinewood Ln N

Little Movers, Crawlers, and Tots come together for yoga, songs and stories with their parents or caregiver(s). Bond with your tiny yogi, meet other parents in the community, and get some of that pent up energy from the week out as you sing, dance, and perform basic yoga postures together.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-----------|-----|--------------------------------|--------------------------|----------|
| 9mos-4yrs | Tu | Sep 8-Oct 27 9:45am-10:30am | Res \$56 Non Res \$64 | 31402-01 |

YOGA TIME! PARENT/CHILD

Parkers Lake Park, 15205 County Road 6

Restore balance to body, mind and spirit with a soothing dose of restorative yoga. Includes a variety of supportive, restful and positive knowledge to bring into your everyday life! Please bring a yoga mat and water. If you have them, a blanket, bolster and/or blocks are also helpful and welcome. Instr: Jessica Spore.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|--------------------------|----------|
| 4-10 | Sa | Sep 12-Oct 24 10:15am-11:00am | Res \$57 Non Res \$67 | 31400-01 |
| 4-10 | Sa | Nov 7-Dec 19 10:15am-11:00am | Res \$57 Non Res \$67 | 31400-02 |

SPORTS

GYMNASTICS**TUMBLING TYKES**

Wayzata High School, 4955 Peony Lane

Emphasis on fun! Parent-child class. Start a foundation of fitness, balance and strength with your child. Explore basic gymnastics skills and improve motor skills in a small class setting.
No program: 10/17. Enter at the Commons Door. East side of Building Door 30.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|----------------------------|----------|
| 2-4 | Sa | Sep 12-Nov 7 9:00am-9:30am | Res \$118 Non Res \$130 | 32200-01 |
| 2-4 | Sa | Sep 12-Nov 7 12:45pm-1:15pm | Res \$118 Non Res \$130 | 32200-02 |
| 2-4 | Sa | Sep 12-Nov 7 9:00am-9:30am | Res \$118 Non Res \$130 | 32200-03 |
| 2-4 | Sa | Nov 14-Dec 12 9:00am-9:30am | Res \$59 Non Res \$65 | 32200-04 |
| 2-4 | Sa | Nov 14-Dec 12 12:45pm-1:45pm | Res \$59 Non Res \$65 | 32200-05 |
| 2-4 | Sa | Nov 14-Dec 12 3:00pm-3:30pm | Res \$59 Non Res \$65 | 32200-06 |

TUMBLING TYKES AND FITNESS

Parkers Lake Park, 15205 County Road 6

Emphasis on fun! Parent-child class. Start a foundation of fitness, balance and strength with your child. Explore basic gymnastics skills and improve motor skills in a small class setting.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 2-3 | M | Sep 21-Oct 19 5:30pm-6:15pm | Res \$68 Non Res \$79 | 32201-01 |
| 2-3 | M | Sep 21-Oct 19 6:25pm-7:10pm | Res \$68 Non Res \$79 | 32201-02 |
| 2-3 | Tu | Sep 22-Oct 20 5:30pm-6:15pm | Res \$68 Non Res \$79 | 32201-03 |
| 2-3 | Tu | Sep 22-Oct 20 6:25pm-7:10pm | Res \$68 Non Res \$79 | 32201-04 |

MARTIAL ARTS**MINDFUL MARTIAL ARTS AND SELF DEFENSE**

World Tae Kwon Do Academy, 11540 Bass Lake Rd

Through dynamic martial arts exercises, drills and games, Grand Master Kastelle leads groups through classes structured to increase coordination, focus, body awareness and social skills. This program's commitment to each student's individual growth and progression is shown in its unique ranking and reinforcement system. Because participants each come in with different strengths and goals, individual physical and behavioral achievements are recognized and each student is rewarded for their efforts while also continuing to be challenged.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 6+ | M | Sep 14-Oct 5 6:30pm-7:15pm | Res \$69 Non Res \$79 | 31200-01 |
| 6+ | M | Oct 12-Nov 2 6:30pm-7:15pm | Res \$69 Non Res \$79 | 31200-02 |
| 6+ | M | Nov 9-Nov 30 6:30pm-7:15pm | Res \$69 Non Res \$79 | 31200-03 |

PRESCHOOL

ARTS

KIDCREATE STUDIO - PEPPA PIG

Plymouth Creek Activity Center, 14800 34th Avenue N

Your little one will create an adorable mixed media Peppa Pig! We'll draw, paint, snip, and glue to create Peppa Pig frolicking in one of the places she loves best- a muddy puddle! Please pack a nut-free snack and drink for your child.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------|--------------------------|----------|
| 3-6 | Sa | Sep 12 9:00am-12:00pm | Res \$40 Non Res \$48 | 32103-01 |

MUSIC FOR EVERYONE - PIANO FOR LITTLE MOZARTS

Plymouth Creek Activity Center, 14800 34th Avenue N

Explore beginning piano in a dual lesson format (two students per class-each register separately). Lessons include music facts, movements, singing, percussion instruments and more. No program: 11/11, 11/25.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|---------------------------|----------|
| 4-6 | W | Sep 9-Oct 21 11:30am-12:00pm | Res \$98 Non Res \$113 | 32107-01 |
| 4-6 | W | Sep 9-Oct 21 12:20pm-12:50pm | Res \$98 Non Res \$113 | 32107-02 |
| 4-6 | W | Nov 4-Dec 16 11:30am-12:00pm | Res \$70 Non Res \$80 | 32107-03 |
| 4-6 | W | Nov 4-Dec 16 12:20pm-12:50pm | Res \$70 Non Res \$80 | 32107-04 |

DANCE

PRESCHOOL BALLET & TAP

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 10/31, 11/23, 11/28.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 3-4 | M | Sep 14-Dec 7 5:00pm-5:45pm | Res \$120 Non Res \$132 | 32102-01 |
| 3-4 | Sa | Sep 12-Dec 12 8:30am-9:15am | Res \$120 Non Res \$132 | 32102-03 |

CREATIVE MODERN

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll introduce students dance elements of ballet, jazz and modern with a focus on creative expression. Bare feet or ballet shoes required. No program: 10/15, 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 3-4 | Th | Sep 10-Dec 10 6:00pm-6:45pm | Res \$120 Non Res \$132 | 32104-01 |

CREATIVE THEATER DANCE

Parkers Lake Park Building, 15205 County Rd 6

Was your child born for the stage? This course will introduce students to basic jazz dance and musical theatre dance moves. Students will develop body coordination while learning to dance with a group. Various creative movement exercises will be used to encourage the student's ability to express their individuality. Instr: Lisa Richardson. No program: 11/11, 11/25.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 3-4 | W | Nov 4-Dec 16 5:00pm-5:45pm | Res \$54 Non Res \$62 | 32100-01 |



LOST
AND
FOUND

763-509-5200

Report items lost or found
at any of our programs or parks

EDUCATION

SCIENCE EXPLORERS: RAINFOREST JOURNEY

Bass Lake Playfield, 5450 Northwest Boulevard

Travel along with Science Explorers as we investigate an environment where it's always warm, the trees are always green, and the animals are very unique. You will learn about the layers of the rainforest as well as some special animals that live there.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|-------------------------|--------------------------|----------|
| 3.5-6 | Th | Oct 1 9:30am-11:00am | Res \$19 Non Res \$23 | 32302-01 |

SCIENCE EXPLORERS: WET AND WILD MINNESOTA

Bass Lake Playfield, 5450 Northwest Boulevard

Lakes, rivers, fish, and eagles are all a part of our wonderful state of Minnesota. We will follow the Mississippi River from Lake Itasca through its wetlands, lakes and bluffs as we explore the animals of Minnesota.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|-------------------------|--------------------------|----------|
| 3.5-6 | Th | Dec 3 9:30am-11:00am | Res \$19 Non Res \$23 | 32303-01 |

SCIENCE EXPLORERS: SILLY, SLOPPY, SLIMES

Parkers Lake Park, 15205 County Road 6

Are you ready for some gooey, sloppy experiments? Then slide into this exciting, hands-on lab as we learn the science behind these gooey, silly and slimy mixtures. Be sure to dress for a messy class as we investigate states of matter and more.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|---------------------------|--------------------------|----------|
| 3.5-6 | W | Dec 30 10:00am-12:00pm | Res \$25 Non Res \$30 | 32301-01 |

BALANCE BIKE RACE – PLYMOUTH CUP

Plymouth Creek Park, 3625 Fernbrook Lane

Bring your balance bike-loving kiddo to Plymouth Creek Park for the first ever, Plymouth Cup. Glide, stride and balance your way to the finish line. In addition to the race, riders can test their skill at the obstacle course. Don't miss what may be the cutest race happening in Plymouth.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|----------|-----|---------------------------|--------------------------|----------|
| 18mo-2yr | Sa | Sep 26 9:30am-10:00am | Res \$15 Non Res \$18 | 32402-01 |
| 3-4 | Sa | Sep 26 10:15am-10:45am | Res \$15 Non Res \$18 | 32402-02 |
| 5-6 | Sa | Sep 26 11:00am-11:30am | Res \$15 Non Res \$18 | 32402-03 |



HEALTH & FITNESS

REVSORTS - NINJA WARRIOR FITNESS

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve running, jumping, balance and control, coordination, strength and agility. Each session is challenging, but FUN! No program: 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------------------------------------|-----|--------------------------------|--------------------------|----------|
| Plymouth Playfield, 9755 36th Ave N | | | | |
| 2-3 | Th | Sep 17-Oct 15 5:30pm-6:00pm | Res \$59 Non Res \$68 | 32401-01 |
| 3-5 | Th | Sep 17-Oct 15 6:00pm-6:30pm | Res \$59 Non Res \$68 | 32401-02 |
| 4-6 | Th | Sep 17-Oct 15 6:30pm-7:15pm | Res \$59 Non Res \$68 | 32401-03 |

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

| | | | | |
|-----|----|-------------------------------|--------------------------|----------|
| 2-3 | Th | Nov 5-Dec 10 4:30pm-5:00pm | Res \$59 Non Res \$68 | 32401-04 |
| 3-5 | Th | Nov 5-Dec 10 5:15pm-5:45pm | Res \$59 Non Res \$68 | 32401-05 |

YOGA TIME!

Plymouth Creek Activity Center, 14800 34th Avenue N

Restore balance to body, mind and spirit with a soothing dose of restorative yoga. Includes a variety of supportive, restful and positive knowledge to bring into your everyday life! Please bring a yoga mat and water. If you have them, a blanket, bolster and/or blocks are also helpful and welcome. Instr: Jessica Spore.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 4-10 | Tu | Sep 15-Oct 20 4:00pm-4:45pm | Res \$66 Non Res \$76 | 32400-01 |
| 4-10 | Tu | Oct 27-Dec 8 4:00pm-4:45pm | Res \$66 Non Res \$76 | 32400-02 |

BASKETBALL

REVSports BASKETBALL

Armstrong High School, 10635 36th Avenue N

Programs are a great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for classes (not a league).

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 2-3 | M | Nov 23-Dec 21 6:00pm-6:30pm | Res \$59 Non Res \$68 | 32210-01 |
| 3-5 | M | Nov 23-Dec 21 6:30pm-7:15pm | Res \$59 Non Res \$68 | 32210-02 |
| 4-6 | M | Nov 23-Dec 21 7:15pm-8:00pm | Res \$59 Non Res \$68 | 32210-03 |

FOOTBALL

REVSports FOOTBALL

Bass Lake Playfield, 5450 Northwest Boulevard

Programs are a great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for classes (not a league).

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 2-3 | M | Sep 14-Oct 12 5:30pm-6:00pm | Res \$59 Non Res \$68 | 32208-01 |
| 3-5 | M | Sep 14-Oct 12 6:00pm-6:45pm | Res \$59 Non Res \$68 | 32208-02 |
| 4-6 | M | Sep 14-Oct 12 6:45pm-7:30pm | Res \$59 Non Res \$68 | 32208-03 |

MARTIAL ARTS

LITTLE TIGER

Ultimate Martial Arts, 147 Hamel Road

Learn basic self-defense and martial arts skills, develop coordination and flexibility. Basic kicks and punches taught through exercises and fun games. Earn belts and stickers. Instr: Tom Malone.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 3-5 | Th | Oct 8-Nov 12 5:20pm-6:00pm | Res \$85 Non Res \$95 | 32211-02 |

MULTI-SPORT

SPORTS UNLIMITED SPORTS SAMPLER

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Explore baseball, soccer, soft lacrosse and flag football. Bring appropriate clothing (shin guards recommended), baseball glove, snack and water. No program: 11/24.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|---------------------------|----------|
| 4-6 | Tu | Sep 8-Oct 6 4:30pm-6:00pm | Res \$85 Non Res \$97 | 32202-01 |
| 4-6 | Tu | Nov 3-Dec 15 4:30pm-6:00pm | Res \$99 Non Res \$114 | 32202-02 |



WEATHER LINE
763-509-5205
call for updates
on class cancellations



SPORTS

SOCCER

REVSports SOCCER

A great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for classes. (Not a league)

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|--|-----|--------------------------------|--------------------------|----------|
| Bass Lake Playfield, 5450 Northwest Boulevard | | | | |
| 2-3 | M | Sep 14-Oct 12 5:30pm-6:00pm | Res \$59 Non Res \$68 | 32203-01 |
| 2-3 | M | Sep 14-Oct 12 6:00pm-6:30pm | Res \$59 Non Res \$68 | 32203-02 |
| 3-5 | M | Sep 14-Oct 12 6:30pm-7:15pm | Res \$59 Non Res \$68 | 32203-03 |
| 2-3 | W | Sep 16-Oct 14 5:30pm-6:00pm | Res \$59 Non Res \$68 | 32203-04 |
| 2-3 | W | Sep 16-Oct 14 6:00pm-6:30pm | Res \$59 Non Res \$68 | 32203-05 |
| 3-5 | W | Sep 16-Oct 14 6:30pm-7:15pm | Res \$59 Non Res \$68 | 32203-06 |

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

No program: 11/25

| | | | | |
|-----|---|------------------------------|--------------------------|----------|
| 2-3 | W | Nov 4-Dec 9 4:30pm-5:00pm | Res \$59 Non Res \$68 | 32203-09 |
| 3-5 | W | Nov 4-Dec 9 5:15pm-6:00pm | Res \$59 Non Res \$68 | 32203-10 |

REVSports SOCCER LEAGUE

Elm Creek Playfield, 4905 Peony Lane

Co-rec instructional soccer that allows children to play soccer in a relaxed, fun, and non-competitive atmosphere. Participants will be split into small groups each week for skill development and scrimmage games. Each session will have dedicated time to game play. Includes jersey and award.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|--------------------------|----------|
| 3.5-4 | Su | Sep 13-Oct 11 4:00pm-5:00pm | Res \$65 Non Res \$75 | 33271-01 |
| 3.5-4 | Su | Sep 13-Oct 11 5:15pm-6:15pm | Res \$65 Non Res \$75 | 33271-02 |

FALL SOCCER: CO-REC AGE 4

Zachary Playfield, 4355 Zachary Lane

Co-Rec league for 4 year olds. Games are on Saturday mornings or on your scheduled practice night (depending on team numbers). All games and practices at Zachary Playfield. **Volunteer parent coaches needed for this program. To coach, sign up online at www.plymouthmn.gov/volunteercoaching.** Practice weekday - games Saturday morning. Games through Oct 24. No program: 9/7. No games MEA weekend.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 4 | M | Aug 31-Oct 19 6:00pm-7:00pm | Res \$60 Non Res \$69 | 33270-01 |
| 4 | M | Aug 31-Oct 19 6:00pm-7:00pm | Res \$60 Non Res \$69 | 33270-02 |
| 4 | Tu | Sep 8-Oct 20 6:00pm-7:00pm | Res \$60 Non Res \$69 | 33270-03 |
| 4 | Tu | Sep 8-Oct 20 6:00pm-7:00pm | Res \$60 Non Res \$69 | 33270-04 |
| 4 | W | Sep 9-Oct 21 6:00pm-7:00pm | Res \$60 Non Res \$69 | 33270-05 |
| 4 | W | Sep 9-Oct 21 6:00pm-7:00pm | Res \$60 Non Res \$69 | 33270-06 |
| 4 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$60 Non Res \$69 | 33270-07 |
| 4 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$60 Non Res \$69 | 33270-08 |

TBALL

FALL TBALL

Elm Creek Playfield, 4905 Peony Lane

Baseball is not over just because it's fall. First two weeks of the program are spent practicing fundamentals and skills. The last four weeks are scheduled games. If you want your child on the same team with a friend, you must both choose the same class number. **Volunteer/Parent coaches are needed for this program. To coach, sign up online at www.plymouthmn.gov/volunteercoaching.** No program: 9/6.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 4-5 | Su | Aug 30-Oct 11 3:00pm-4:15pm | Res \$42 Non Res \$50 | 33245-01 |
| 4-5 | Su | Aug 30-Oct 11 3:00pm-4:15pm | Res \$42 Non Res \$50 | 33245-02 |
| 4-5 | Su | Aug 30-Oct 11 3:00pm-4:15pm | Res \$42 Non Res \$50 | 33245-03 |
| 4-5 | Su | Aug 30-Oct 11 3:00pm-4:15pm | Res \$42 Non Res \$50 | 33245-04 |
| 4-5 | Su | Aug 30-Oct 11 3:00pm-4:15pm | Res \$42 Non Res \$50 | 33245-05 |
| 4-5 | Su | Aug 30-Oct 11 3:00pm-4:15pm | Res \$42 Non Res \$50 | 33245-06 |

VOLLEYBALL

SKYHAWKS VOLLEYBALL MINI-SPIKERS

Armstrong High School, 10635 36th Avenue N

It is never too early to learn volleyball. Cool games, special equipment and tons of fun all make each class awesome. Players should wear appropriate clothing and bring a water bottle.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|---------------------------|----------|
| 4-6 | Sa | Sep 19-Oct 10 1:30pm-2:30pm | Res \$89 Non Res \$102 | 32209-01 |

ALL ABOUT DRAWING - DRAWING WITH CONFIDENCE

Plymouth Creek Activity Center, 14800 34th Avenue N

Introduction to drawing and various materials. A professional artist will show you how to use different techniques and drawing methods to help with art projects and portfolios. Instr: Tatiana Eletsky. No program: 10/15.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|---------------------------|----------|
| 7-11 | Th | Oct 1-Nov 12 6:00pm-7:00pm | Res \$89 Non Res \$102 | 33109-01 |

WHEEL POTTERY CLASSES

Bass Lake Playfield, 5450 Northwest Blvd

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|---------------------------|----------|
| 8-15 | W | Sep 2-Sep 23 4:30pm-6:30pm | Res \$95 Non Res \$109 | 33119-01 |
| 8-15 | W | Sep 30-Oct 21 4:30pm-6:30pm | Res \$95 Non Res \$109 | 33119-02 |
| 8-15 | W | Oct 28-Nov 18 4:30pm-6:30pm | Res \$95 Non Res \$109 | 33119-03 |

ABRAKADOODLE - ART STUDIO

Plymouth Creek Activity Center, 14800 34th Avenue N

Join us as we have fun drawing, painting, sculpting clay and more! In this artist's series class we'll use real artist's materials and mediums like canvas and real artist watercolor paper. Each class we'll learn about a specific technique as we explore famous artists and masterpieces.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 5-10 | W | Sep 16-Oct 7 6:30pm-7:30pm | Res \$70 Non Res \$80 | 33125-01 |

ABRAKADOODLE - SPARKLES AND GLITTER

Plymouth Creek Activity Center, 14800 34th Avenue N

In this amazing class we'll draw, paint and sculpt masterpieces that will glow and sparkle. There will be tons of glitter and gems to take your project to the next level of 'awesome'. We'll even create a surprise accessory for you to wear.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 5-10 | W | Oct 14-Nov 4 6:30pm-7:30pm | Res \$70 Non Res \$80 | 33126-01 |

ABRAKADOODLE ULTIMATE HOLIDAY GIFT MAKING

Plymouth Creek Activity Center, 14800 34th Avenue N

Get a jumpstart on holiday gift making creating the perfect gifts for relatives or friends. Fun to make and nice to give projects! Each child will bring home one gift per class beautifully hand-made and gift wrapped, just in time for the Holidays! Instr: Abakadoodle No Class 11/25.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 5-10 | W | Nov 18-Dec 16 6:30pm-7:30pm | Res \$70 Non Res \$80 | 33127-01 |

ARTISTIC MOMENTS - BOLD IMPRESSIONISM ON CANVAS

Plymouth Creek Activity Center, 14800 34th Avenue N

Would you like to learn how to paint a one-of-a-kind picture using bright colors? You will choose one of the instructor's outlines, then trace your design onto a blank canvas. Have fun applying a wide array of colorful paint patches to your canvas and let your creativity shine!

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 6-10 | Th | Sep 17 5:30pm-7:00pm | Res \$31 Non Res \$37 | 33104-01 |

ARTISTIC MOMENTS - HALLOWEEN FONDANT CUPCAKES

Plymouth Creek Activity Center, 14800 34th Avenue N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs. Learn how to color, roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You'll have fun using fondant to create Halloween-theme cupcakes.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 6-10 | Th | Oct 22 5:30pm-7:00pm | Res \$31 Non Res \$37 | 33122-01 |

ARTS

ARTISTIC MOMENTS - NORTHERN LIGHTS PAINTING

Plymouth Creek Activity Center, 14800 34th Avenue N

Join us for this exciting adventure in nature! You will choose one of the instructor's Northern Lights photos for your project. Then, have fun learning how to blend colors to create a beautiful background. Splatter paint stars in the evening sky and watch your composition come to life!

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 6-10 | M | Nov 16 5:30pm-7:00pm | Res \$31 Non Res \$37 | 33123-01 |

ARTISTIC MOMENTS - FONDANT COOKIE ART

Plymouth Creek Activity Center, 14800 34th Avenue N

Have you ever used fondant to decorate your cookies? Fondant is a pliable and edible icing used to create festive designs on cookies. Learn how to color, roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. Have fun attaching your decorative fondant to cookies.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 6-10 | Th | Dec 10 5:30pm-7:00pm | Res \$31 Non Res \$37 | 33124-01 |

KIDCREATE STUDIO - HALLOWEEN CRAFT PARTY

Plymouth Creek Activity Center, 14800 34th Avenue N

What's the best part about Halloween? The candy, of course! We'll create a spooky graveyard scene out of tons of "sweet" art supplies including some Halloween candy favorites like candy corn! The kids are welcome to wear their costumes to class. Please pack nut-free snack and drink for child.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 4-9 | Sa | Oct 24 1:00pm-4:00pm | Res \$47 Non Res \$56 | 33102-01 |

KIDCREATE STUDIO - GOBBLE BOBBLE

Plymouth Creek Activity Center, 14800 34th Avenue N

Do you need a little more time to get that turkey stuffed? Sign your kids up for some art fun and get your last minute cooking done. The kids will start celebrating Thanksgiving early by creating an adorable turkey bobble head. It will be a wonderful addition to any Thanksgiving table! This is a great class for siblings to attend together! Please pack a nut-free snack and drink for your child.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------|--------------------------|----------|
| 4-9 | Sa | Nov 21 9:00am-12:00pm | Res \$47 Non Res \$56 | 33103-01 |

KIDCREATE STUDIO - GRINCH SLIME

Plymouth Creek Activity Center, 14800 34th Avenue N

In this class, artists will learn a secret slime recipe as they mix up their very own batch of glittery green Grinch Slime. Our Grinch Slime is the best for slimy, gooey play—plus we guarantee all Grinches' hearts will grow three sizes today! Please pack a nut-free snack and drink for your child.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|--------------------------|----------|
| 4-9 | Sa | Dec 5 1:00pm-4:00pm | Res \$47 Non Res \$56 | 33105-01 |

KIDCREATE STUDIO - PARENT CHILD CREATE NIGHT - HOW TO DRAW AND PAINT SANTA

Plymouth Creek Activity Center, 14800 34th Avenue N

Christmas is just around the corner. What better way to celebrate than creating masterpieces with your child? Prepare for an evening filled with holiday fun! You and your child will follow easy step-by-step instructions as you learn to draw and then paint Santa! Each parent and child will create their own masterpiece.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 5-12 | F | Dec 11 6:30pm-8:00pm | Res \$50 Non Res \$58 | 33108-01 |

KIDCREATE STUDIO - HOLIDAY ORNAMENT MAKING PARTY

Plymouth Creek Activity Center, 14800 34th Avenue N

All new ornaments! Join us for an ornament making party. We will set up 4 stations, each with a different ornament project. These ornaments will make great keepsakes or holiday gifts! This is a great class for siblings to attend together! Please pack a nut-free snack and drink for your child.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 5-12 | Sa | Dec 12 2:00pm-4:00pm | Res \$42 Non Res \$54 | 33107-01 |

KIDCREATE STUDIO - TOTALLY TOYS

Plymouth Creek Activity Center, 14800 34th Avenue N

At this camp, children become toy designers as they design and create toys they can really play with. The kids will experience working with different materials such as Model Magic® clay, air-dry clay, watercolor paints, and more. Projects include a bobble head, a mini bowling game, a bean bag toss and more. Please pack a nut-free snack and drink for your child each day.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|------|---------------------------------|--------------------------|----------|
| 5-12 | M,Tu | Dec 28-Dec 29 9:00am-12:00pm | Res \$80 Non Res \$92 | 33120-01 |

DANCE

BALLET & TAP AGES 5-6

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 10/31, 11/23, 11/28.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|----------------------------|----------|
| 5-6 | M | Sep 14-Dec 7 6:05pm-6:50pm | Res \$120 Non Res \$132 | 33132-01 |
| 5-6 | Sa | Sep 12-Dec 12 9:35am-10:20am | Res \$120 Non Res \$132 | 33132-03 |

BALLET & TAP AGES 7-8

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 11/3, 11/24.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------------|----------------------------|----------|
| 7-8 | Tu | Sep 8-Dec 8 6:05pm-6:50pm | Res \$120 Non Res \$132 | 33133-01 |

BALLET & TAP AGES 9-11

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 11/23.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|----------------------------|----------|
| 9-11 | M | Sep 14-Dec 7 7:05pm-8:05pm | Res \$120 Non Res \$132 | 33134-01 |

BALLET & MODERN

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and modern skills to perform fun and challenging sequences expanded each week. Ballet shoes, and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 11/3, 11/24.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------------|----------------------------|----------|
| 5-6 | Tu | Sep 8-Dec 8 5:00pm-5:45pm | Res \$120 Non Res \$132 | 33140-01 |

CONTEMPORARY MODERN

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on creative movement and expression through dance. Students learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. Instr: City of Plymouth Dance staff. No program: 11/3, 11/24.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------------|----------------------------|----------|
| 9-11 | Tu | Sep 8-Dec 8 7:05pm-7:50pm | Res \$120 Non Res \$132 | 33135-01 |

CREATIVE MODERN

Plymouth Creek Activity Center, 14800 34th Avenue N

Participants will create their own choreography, explore modern dance technique, and play interactive creative movement games. Leotard/Tights and/or activewear required. Students will dance barefoot. No program: 10/15, 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 5-8 | Th | Sep 10-Dec 10 7:05pm-7:50pm | Res \$120 Non Res \$132 | 33137-01 |

JAZZ & HIP HOP

Plymouth Creek Activity Center, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. No program: 10/31, 11/28.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 6-8 | Sa | Sep 12-Dec 12 1:30pm-2:30pm | Res \$120 Non Res \$132 | 33128-01 |

JAZZ & HIP HOP

Plymouth Creek Activity Center, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. No program: 10/31, 11/28.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|----------------------------|----------|
| 9-11 | Sa | Sep 12-Dec 12 12:15pm-1:15pm | Res \$120 Non Res \$132 | 33121-01 |

ARTS

DRAMA**THEATER WORKSHOPS WITH DEBORAH SCHEE**

These theatrical workshops will use games and activities to help students learn the basics of acting such as: using your voice on stage, building a character and stage positions. Using props, music and costume pieces, we'll present a final production for family and friends on the final day of class. Please wear closed-toe shoes and dress comfortably. Instr: Deborah Schee.

**THE ADVENTURES OF CAPTAIN UNDERPANTS**

Plymouth Creek Activity Center, 14800 34th Avenue N

George and Harold are fourth grade class clowns who write their own homemade comic books. After hypnotizing their ill-tempered principal, Mr. Krupp, their superhero, Captain Underpants becomes real. Things get interesting when Mr. Krupp drinks alien juices and gains superpowers!

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 7-12 | M | Sep 21-Oct 12 5:30pm-6:45pm | Res \$84 Non Res \$96 | 33110-01 |

HARD KNOCK LIFE JR

Plymouth Creek Activity Center, 14800 34th Avenue N

The kids living at Miss Hannigan's orphanage have nothing, except washing, scrubbing and cleaning! Students will bring the song, 'It's a Hard Knock Life' from this classic musical to life on stage. Leap'n lizards!

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 4-6 | Tu | Sep 22-Oct 13 5:30pm-6:45pm | Res \$84 Non Res \$96 | 33111-01 |

NARNIA JR

Plymouth Creek Activity Center, 14800 34th Avenue N

Peter, Susan, Edmond and Lucy step through the wardrobe into a fantastic world where animals talk, a lion is King and the White Witch will stop at nothing to keep them from becoming the rulers of Narnia.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 4-6 | M | Oct 26-Nov 16 5:30pm-6:45pm | Res \$84 Non Res \$96 | 33112-01 |

HARRY POTTER AND THE CHAMBER OF SECRETS

Plymouth Creek Activity Center, 14800 34th Avenue N

As Second Years, Harry, Hermione and Ron investigate a new mystery when a series of messages on the school's corridor walls warn that the "Chamber of Secrets" has been opened.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 7-12 | Tu | Oct 27-Nov 17 5:30pm-6:45pm | Res \$84 Non Res \$96 | 33113-01 |

FROZEN 2 (AGES 4-6)

Plymouth Creek Activity Center, 14800 34th Avenue N

In this new story, Elsa starts to hear a strange sound calling her from the north. Her sister Anna, Kristoff, Olaf, and Sven, embark on a journey beyond their homeland in order to discover the origin of Elsa's magical powers and save their kingdom.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 4-6 | M | Nov 30-Dec 21 5:30pm-6:45pm | Res \$84 Non Res \$96 | 33114-01 |

FROZEN 2 (AGES 7-12)

Plymouth Creek Activity Center, 14800 34th Avenue N

In this new story, Elsa starts to hear a strange sound calling her from the north. Her sister Anna, Kristoff, Olaf, and Sven, embark on a journey beyond their homeland in order to discover the origin of Elsa's magical powers and save their kingdom.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 7-12 | Tu | Dec 1-Dec 22 5:30pm-6:45pm | Res \$84 Non Res \$96 | 33115-01 |

ARTS

MUSIC

BACH TO ROCK - BEAT REFINERY DJ CAMP

Bach to Rock, 345 Nathan Ln N

This class offers students hands-on experience while learning the fundamentals of mixing songs, scratching sounds and DJ music theory. No DJ experience required.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|----------------------------|----------|
| 10-16 | Tu | Sep 15-Oct 20 6:00pm-7:00pm | Res \$306 Non Res \$336 | 33138-01 |
| 10-16 | Tu | Oct 27-Dec 1 6:00pm-7:00pm | Res \$306 Non Res \$336 | 33138-02 |

BACH TO ROCK - UKULELE AND GUITAR GROUP LESSONS

Bach to Rock, 345 Nathan Ln N

Bach to Rock offers a series of six group classes of ukulele or guitar culminating in a public performance and recording of a CD. Please note which instrument when registering and we will provide lesson times/days. *meets once per week for one hour*

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 7-14 | M-W | Sep 14-Oct 21 5:00pm-7:00pm | Res \$306 Non Res \$336 | 33139-01 |
| 7-14 | M-W | Oct 26-Dec 2 5:00pm-7:00pm | Res \$306 Non Res \$336 | 33139-02 |

BACH TO ROCK - ROCK BAND CAMP

Bach to Rock, 345 Nathan Ln N

Bach to Rock provides a group class designed for students of all levels enabling them to be playing full songs by the end of the series. These classes culminate in a public performance and a CD recording.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 7-12 | W | Sep 16-Oct 21 7:00pm-8:00pm | Res \$306 Non Res \$336 | 33130-01 |
| 7-12 | W | Oct 28-Dec 2 7:00pm-8:00pm | Res \$306 Non Res \$336 | 33130-02 |

BACH TO ROCK - ROCK CITY WORLD TOUR

Bach to Rock, 345 Nathan Ln N

These high-energy musical classes focus on foundational music skills; children will be introduced to different instruments each week.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 4-7 | Tu | Sep 15-Oct 20 5:00pm-5:45pm | Res \$275 Non Res \$302 | 33131-01 |
| 4-7 | Tu | Oct 27-Dec 1 5:00pm-5:45pm | Res \$275 Non Res \$302 | 33131-02 |

BACH TO ROCK - GLEE CLUB CAMP

Bach to Rock, 345 Nathan Ln N

The B2R Glee Club provides a group learning experience that emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique. The club will also get to show off its talent at exclusive live performances.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 7-14 | Tu | Sep 15-Oct 20 7:00pm-8:00pm | Res \$306 Non Res \$336 | 33129-01 |
| 7-14 | Tu | Oct 27-Dec 1 7:00pm-8:00pm | Res \$306 Non Res \$336 | 33129-02 |

EDUCATION

ENGINEERING FOR KIDS: DISASTER ENGINEERING*

Plymouth Creek Activity Center, 14800 34th Avenue N

Hurricanes, tornadoes, and other destructive weather events highlight the role of engineers in improving forecasts and reducing the toll from natural disasters. Brainstorm ideas and then use the Engineering Design Process to design, create, test and refine projects to avoid or minimize the impact of natural disasters like guiding search and rescue robots, measuring wind speeds and designing sturdier buildings.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 8-11 | Sa | Sep 19-Oct 10 1:00pm-4:00pm | Res \$165 Non Res \$185 | 33360-01 |

ENGINEERING FOR KIDS: JR. ENGINEERING IN THE OCEAN*

Plymouth Creek Activity Center, 14800 34th Avenue N

Who lives in a pineapple under the sea? Let's go visit our friends in the bottom of the ocean and learn about marine life. Explore saltwater density, learn about beach erosion, make sand slime, save the coral reef and more! Join us for fun and adventure where everyone goes home an ocean lover.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|----------------------------|----------|
| 5-9 | Sa | Sep 19-Oct 10 9:00am-12:00pm | Res \$165 Non Res \$185 | 33359-01 |

ENGINEERING FOR KIDS: JR. WRECK IT WEEK*

Plymouth Creek Activity Center, 14800 34th Avenue N

Smash! Crash! BOOM! Students in this camp enjoy building and breaking. They will use the Engineering Design Process to create a wrecking ball, a catapult, construct safety mechanisms to protect a raw egg from impact and more. Put on your hard hats and safety goggles and join the fun. No program: 10/31.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|----------------------------|----------|
| 5-9 | Sa | Oct 24-Nov 21 9:00am-12:00pm | Res \$165 Non Res \$185 | 33361-01 |

* ENGINEERING FOR KIDS

If in-person classes cannot be held,
format will change to virtual classes

EDUCATION

**ENGINEERING FOR KIDS:
TAKE FLIGHT WITH UAV DRONES***

Plymouth Creek Activity Center, 14800 34th Avenue N

This camp is the perfect introduction to the world of unmanned aerial vehicles (UAVs). Safety is a priority as students learn to fly and explore the real-world applications of drones. Master basic piloting skills, program your drone to fly on its own, and use the Engineering Design Process to problem solve. No program: 10/31.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 8-11 | Sa | Oct 24-Nov 21 1:00pm-4:00pm | Res \$165 Non Res \$185 | 33362-01 |

SCIENCE EXPLORERS: CRAZY CATAPULTS

Bass Lake Playfield, 5450 Northwest Boulevard

Looking for a fun, hands-on class that incorporates all the areas of STEM? We will investigate science as we learn about energy and Newton's Laws of Motion. Plus, we will cover technology and engineering as we build our simple catapults and then use math as we practice our skills of trajectory against a castle wall.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------|--------------------------|----------|
| 7-12 | Th | Oct 15 9:30am-11:30am | Res \$25 Non Res \$30 | 33358-01 |

**SCIENCE EXPLORERS:
GREAT CHEMISTRY REACTIONS**

Parkers Lake Park, 15205 Co Rd 6

Join Science Explorers as we discover the fascinating world of chemistry! You will experiment with mixtures that are sloppy, slimy, foamy and more while investigating the difference between chemical and physical reactions. Please dress for a mess in our fun, "hands-in" STEM class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 6-12 | W | Dec 30 1:00pm-3:00pm | Res \$25 Non Res \$30 | 33309-01 |

SNAPOLOGY: VIRTUAL LEGO STEAM LAB

Online

We'll build strong bridges, habitats and ecosystems, design landscape architecture and more! A Snapology teacher is always in the virtual classroom with the students interacting and leading the class. Students will need at least 1 gallon Ziploc bag's worth of loose LEGO bricks. No special bricks are required. Zoom instructions will be emailed out prior to the first class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|------|----------|
| 5-11 | Sa | Oct 3-Oct 24 10:00am-11:00am | \$49 | 33367-01 |

SNAPOLOGY: MEA ROBOTICS VIRTUAL CAMP

Online

Snapology will provide sterilized robotics kits and supplemental materials to distribute to families for camp. Zoom instructions will be sent prior to the first class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|------|----------|
| 7-11 | Sa | Oct 3-Oct 24 10:00am-11:00am | \$55 | 33357-01 |

**SNAPOLOGY: VIRTUAL MINING AND CRAFTING-
LEGO BUILDING IN THE NETHER**

Online

Using LEGO bricks from your home collection, we'll build awesome Minecraft-inspired worlds, biomes, petting zoos, mazes and more! A Snapology teacher is always in the virtual classroom with the students interacting and leading the class. Students will need at least 1 gallon Ziploc bag's worth of loose LEGO bricks. Zoom instructions will be sent prior to the first class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|------|----------|
| 5-11 | Sa | Nov 7-Nov 21 10:00am-11:00am | \$35 | 32309-01 |

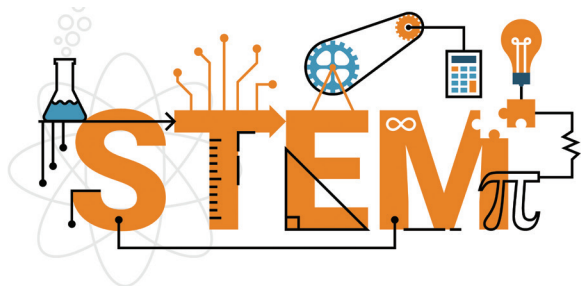
SNAPOLOGY: HEROES VIRTUAL WEEKEND CLASS

Online

Using LEGO bricks from your home collection, we'll look at heroes from movie universes like Star Wars, Superheroes, and Ninjago as well as build, learn, socialize and have fun! A Snapology teacher is always in the virtual classroom with the students interacting and leading the class. Students will need at least 1 gallon Ziploc bag's-worth of loose LEGO bricks. No special bricks are required. Zoom instructions will be sent prior to the first class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|------|----------|
| 5-11 | Sa | Dec 5-Dec 19 10:00am-11:00am | \$35 | 33356-01 |





STEM BUILDERS: LEARN TO CODE

Online

This theme based learning unit primarily focus on learning computer science concepts using a block based programming tool which simplifies the process of computer programming. Rather than writing out the code, students will drag and drop coding blocks that represent code. Students won't have to worry about their reading/writing skills in order to play.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|-------|----------|
| 6-8 | Tu | Sep 15-Nov 17 6:00pm-7:30pm | \$275 | 33363-01 |

STEM BUILDERS: CODING ADVENTURE

Online

Coding Adventure is a gamified coding course where young students learn real coding from the very first challenge. Part 1: Coding fundamentals; Part 2: Functions & Conditions; Part 3: Logic and Events.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|-------|----------|
| 8-10 | W | Sep 16-Nov 18 6:00pm-7:30pm | \$275 | 33364-01 |

STEM BUILDERS: INTERACTIVE CODING WITH PYTHON

Online

Students will complete a series of mini-projects designed to teach the basic syntax, structure, and process of writing programs in Python. Class covers: data-types, variables, conditionals, loops, functions and debugging.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|-------|----------|
| 10-12 | Th | Sep 17-Nov 19 6:00pm-7:30pm | \$325 | 33365-01 |



TWIN CITIES CHESS CLUB: AFTERSCHOOL CHESS

Plymouth Creek Activity Center, 14800 34th Avenue N

Want to amaze your friends and impress your opponents? Increase your IQ while having fun playing Chess. Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome. No program 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 5-12 | Th | Oct 22-Dec 3 4:30pm-5:30pm | Res \$79 Non Res \$91 | 33321-01 |



LOST
AND
FOUND

763-509-5200

Report items lost or found
at any of our programs or parks

HEALTH & FITNESS

REVSports - NINJA Warrior Fitness

Plymouth Playfield, 9755 36th Avenue N

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve running, jumping, balance and control, coordination, strength and agility. Each session is challenging, but FUN!

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 6-9 | Th | Sep 10-Oct 8 7:15pm-8:00pm | Res \$59 Non Res \$68 | 33405-01 |

YOGA TIME!

Plymouth Creek Activity Center, 14800 34th Avenue N

Restore balance to body, mind and spirit with a soothing dose of restorative yoga. Includes a variety of supportive, restful and positive knowledge to bring into your everyday life! Please bring a yoga mat and water. If you have them, a blanket, bolster and/or blocks are also helpful and welcome. Instr: Jessica Spore.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|--------------------------|----------|
| 11-16 | Tu | Sep 15-Oct 20 5:00pm-5:45pm | Res \$66 Non Res \$76 | 33400-01 |
| 11-16 | Tu | Oct 27-Dec 8 5:00pm-5:45pm | Res \$66 Non Res \$76 | 33400-02 |

SPECIALTY

MERMAID 101

Wayzata East Middle School, 12000 Ridgemount Avenue

Become a Certified Mermaid! Learn how to be safe and swim with your fin and tail skin. You will learn how to take your tail on and off, glide across the pool with tail on and swim 25 yards in your tail. Participants must be able to float 30 seconds on back and front, roll independently from front to back, tread water for 1 minute, swim 25 yards, and perform a basic dolphin kick. Monofin and mermaid tail skin included. Review the Mermaid Monofin size chart in the Docs Folder to determine the proper size fins to request upon registration. No program: 10/16.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---|----------------------------|----------|
| 8-12 | F | Sep 18-Nov 13 6:30pm-7:00pm (8 classes) | Res \$150 Non Res \$150 | 33812-05 |
| 5-7 | Tu | Nov 17-Dec 8 7:15pm-7:45pm (4 classes) | Res \$95 Non Res \$95 | 33812-06 |

MERMAID UNIVERSITY

Wayzata East Middle School, 12000 Ridgemount Avenue

Now that you have your Mermaid 101 certification, you will learn how to swim like a mermaid! Learn how to make mermaid bubble kisses, dive for treasures, synchronized formations, dives, somersaults, and more! Participants must be certified mermaids in order to enroll in this course. Monofin and mermaid tail skin included. Review the Mermaid Monofin size chart in the Docs Folder to determine the proper size fins to request upon registration. No program: 10/16.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---|----------------------------|----------|
| 8-12 | F | Sep 18-Nov 13 7:30pm-8:00pm (8 classes) | Res \$180 Non Res \$180 | 33830-07 |
| 5-7 | Tu | Nov 17-Dec 8 6:30pm-7:00pm (4 classes) | Res \$95 Non Res \$95 | 33830-08 |



WEATHER LINE
763-509-5205
call for updates
on class cancellations

BADMINTON / PICKLEBALL

BADMINTON & PICKLEBALL - ALLSPORTS COACHING

Armstrong High School, 10635 36th Avenue N

Will provide training in badminton and pickleball. In badminton, the focus will be on the basic shots including the serve, overhead clear, backhand and smash and develop basic rallying and hand-eye coordination. Pickleball will involve forehand, backhand shots, and introduce volleying the ball.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 6-8 | M | Nov 23-Dec 28 6:00pm-6:45pm | Res \$65 Non Res \$75 | 33275-01 |
| 9-11 | M | Nov 23-Dec 28 6:45pm-7:30pm | Res \$65 Non Res \$75 | 33275-02 |



BASEBALL / TBALL

FALL COACH PITCH BASEBALL

Elm Creek Playfield, 4905 Peony Lane

Baseball is not over just because it's fall. First two weeks of the program are practice times working on fundamentals and skills. The last four weeks are scheduled games. To be on the same team as a friend, children must register for the same class number. **Volunteer/Parent coaches are needed for this program. Sign up online at www.plymouthmn.gov/volunteercoaching.**

No program: 9/6.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|--------------------------|----------|
| 5.5-7 | Su | Aug 30-Oct 11 4:30pm-6:00pm | Res \$42 Non Res \$50 | 33248-01 |
| 5.5-7 | Su | Aug 30-Oct 11 4:30pm-6:00pm | Res \$42 Non Res \$50 | 33248-02 |
| 5.5-7 | Su | Aug 30-Oct 11 4:30pm-6:00pm | Res \$42 Non Res \$50 | 33248-03 |
| 5.5-7 | Su | Aug 30-Oct 11 4:30pm-6:00pm | Res \$42 Non Res \$50 | 33248-04 |
| 5.5-7 | Su | Aug 30-Oct 11 4:30pm-6:00pm | Res \$42 Non Res \$50 | 33248-05 |
| 5.5-7 | Su | Aug 30-Oct 11 4:30pm-6:00pm | Res \$42 Non Res \$50 | 33248-06 |

SKYHAWKS - TBALL & BASEBALL

Bass Lake Playfield, 5450 Northwest Boulevard

Uses a progressive curriculum to teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun environment. Designed for beginner and intermediate players.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|---------------------------|----------|
| 4-6 | Sa | Sep 19-Oct 10 10:30am-11:30am | Res \$89 Non Res \$102 | 33296-01 |
| 7-9 | Sa | Sep 19-Oct 10 11:45am-12:45pm | Res \$89 Non Res \$102 | 33296-02 |

BASKETBALL

SKYHAWKS BASKETBALL

Armstrong High School, 10635 36th Avenue N

Program designed for boys and girls regardless of ability. Kids are divided by age and skill level when appropriate. The camp helps players learn and practice the core skills and techniques used in the sport. Skills taught: shooting, passing, and dribbling.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|---------------------------|----------|
| 8-12 | W | Sep 16-Oct 7 6:30pm-7:45pm | Res \$99 Non Res \$114 | 33299-01 |

BASKETBALL CLINIC

Armstrong High School, 10635 36th Avenue N

Each week, instructors will teach fundamentals and run drills, then divide kids for scrimmaging. Baskets will be set at 8' for younger group - 10' for older group. T-shirt provided. Space is limited. Scrimmages may not start until week 2 or 3.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|--------------------------|----------|
| 6-8 | Sa | Oct 24-Nov 21 9:15am-10:30am | Res \$60 Non Res \$69 | 33217-01 |
| 6-8 | Sa | Oct 24-Nov 21 10:45am-12:00pm | Res \$60 Non Res \$69 | 33217-02 |
| 8-10 | Sa | Oct 24-Nov 21 10:45am-12:00pm | Res \$60 Non Res \$69 | 33217-03 |

SPORTS

CRICKET

Cricket is one of the fastest growing sports in the USA today and the 2nd most popular sport in the world. Cricket is a fun game, similar to Baseball but 2 bases with no "strike-outs. Camp will offer a progressive curriculum to teach fundamentals of Cricket batting, bowling (pitching), fielding, catching, running between bases in a fun, positive environment. Participants will learn and demonstrate teamwork, respect, disciplines and physical fitness drills for the game of Cricket. Camp is designed for all ages and skill levels, previous Cricket knowledge not necessary. Taught by the trained youth Cricket coaches from Minnesota Cricket Association (MCA).

CRICKET - OUTDOOR YOUTH CAMP

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Dress for outdoor athletic movement, bring a water bottle and snack.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|--------------------------|----------|
| 6-11 | Su | Sep 13-Oct 11 2:30pm-4:30pm | Res \$60 Non Res \$69 | 33281-01 |
| 12-18 | Su | Sep 13-Oct 11 2:30pm-4:30pm | Res \$60 Non Res \$69 | 33281-02 |

CRICKET - INDOOR YOUTH CAMP

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Dress appropriately as dome temperature kept at 50 degrees. Bring a water bottle and snack. No program: 11/29.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|-------------------------------|--------------------------|----------|
| 6-11 | Su | Nov 1-Dec 13 4:30pm-6:00pm | Res \$77 Non Res \$88 | 33282-01 |
| 12-18 | Su | Nov 1-Dec 13 4:30pm-6:00pm | Res \$77 Non Res \$88 | 33282-02 |

E SPORTS

ESPORTS GAMING

Online

Hey gamers - have you been bored out of your mind over the past few months? Are you looking for something fun to do this fall? Look no further! Welcome to Blaze Fire Games Online (5) Week Esports Leagues. Beginning Sept 16, our online participants will have the opportunity to play in an online, esports competition hosted by Blaze Fire Games. Register to play FIFA Soccer, Rocket League, NBA 2K, NFL Madden Football in a secure, monitored and fun environment. League play is done remotely from your own home gaming consoles: Xbox One, PS4/PS5, Nintendo Switch and/or PC. You will be matched up into three competitive games weekly to be played between 2 - 7 pm. Our flex scheduling option allows you to communicate with your opponent to select competition times that work for the both of you. All leagues run five weeks for the regular season, with top competitors being invited back for a 6th and final week playoff tournament. With your registration fee, you may select up to 3 games to play and you will complete 3 matches per week in your selected titles. Winner will receive Blaze Fire Game Championship Trophy and weekly chances to win a free Blaze Fire Game merchandise gift cards for the entire 5 weeks.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|------|---------------|--------------------------|----------|
| 7-12 | M-Su | Sep 16-Oct 20 | Res \$75 Non Res \$86 | 33276-01 |
| 13-18 | M-Su | Sep 16-Oct 20 | Res \$75 Non Res \$86 | 33276-02 |
| 19+ | M-Su | Sep 16-Oct 20 | Res \$75 Non Res \$86 | 33276-03 |
| 7-12 | M-Su | Nov 4-Dec 8 | Res \$75 Non Res \$86 | 33276-04 |
| 13-18 | M-Su | Nov 4-Dec 8 | Res \$75 Non Res \$86 | 33276-05 |
| 19+ | M-Su | Nov 4-Dec 8 | Res \$75 Non Res \$86 | 33276-06 |

FENCING

FENCING

Plymouth Ice Center, 3650 Plymouth Boulevard

Intro to fundamentals with the foil weapon in a nonthreatening environment. Emphasis on skill building, concentration, self-discipline and fun! Dress comfortably (wear long pants).

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|---------------------------|----------|
| 6-9 | W | Oct 14-Nov 18 6:15pm-7:15pm | Res \$93 Non Res \$107 | 33214-01 |
| 10+ | W | Oct 14-Nov 18 7:15pm-8:15pm | Res \$93 Non Res \$107 | 33214-02 |



FLAG FOOTBALL

FLAG FOOTBALL LEAGUE

Bass Lake Playfield, 5450 Northwest Boulevard

Recreational league, teams will practice on specified day Tuesday or Thursday evenings. Games are Sundays between 4-7 p.m. An occasional game may be scheduled on your practice night. Sunday games start Sept 20 and run through Oct 25 (no games MEA weekend). Teams practice at their home site. Games at Bass Lake or at field in neighboring community (New Hope/Crystal/Robbinsdale). **Volunteer/Parent coaches are needed for this program. Coaches meeting scheduled the week of TBD. Sign up online at www.plymouthmn.gov/volunteercoaching.**



WEATHER LINE
763-509-5205
 call for updates
 on class cancellations

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|--------------------------|----------|
| 5-6 | Tu | Sep 8-Oct 20 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-01 |
| 5-6 | Tu | Sep 8-Oct 20 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-02 |
| 5-6 | Tu | Sep 8-Oct 20 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-03 |
| 5-6 | Tu | Sep 8-Oct 20 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-04 |
| 7-8 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-05 |
| 7-8 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-06 |
| 7-8 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-07 |
| 7-8 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-08 |
| 9-10 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-09 |
| 9-10 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-10 |
| 9-10 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-11 |
| 9-10 | Th | Sep 10-Oct 22 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-12 |
| 11-12 | Tu | Sep 8-Oct 20 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-13 |
| 11-12 | Tu | Sep 8-Oct 20 6:00pm-7:00pm | Res \$82 Non Res \$93 | 33297-14 |

GOLF

GOLF - BEGINNER

Parkers Lake Golf Center, 1050 Vicksburg Lane

Lessons are taught by instructors from the Bryan Skavnak Golf Academy. These lessons are for the beginner to the advanced beginner ability and comfort level. Price includes all aspects of the class including golf balls. Bringing your own clubs. Call 763-443-8090 on rainy days to see if the course is open. Rainouts will be made up the following week for each session.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 6-8 | Sa | Sep 12-Oct 3 9:00am-9:45am | Res \$78 Non Res \$89 | 33237-01 |
| 6-8 | Sa | Sep 12-Oct 3 9:45am-10:30am | Res \$78 Non Res \$89 | 33237-02 |
| 6-8 | Su | Sep 13-Oct 4 4:00pm-4:45pm | Res \$78 Non Res \$89 | 33237-03 |
| 9-12 | Su | Sep 13-Oct 4 4:45pm-5:30pm | Res \$78 Non Res \$89 | 33237-04 |

GOLF - FAMILY ADVENTURE

Parkers Lake Golf Center, 1050 Vicksburg Lane

Taught by qualified professionals, this program is for anyone who wants to enjoy golf together. Program will adapt to the needs of beginners and advanced players. Receive 10% off of total amount for family group of 3 or more (call 763-509-5200 to register group). Call 763-443-8090 on rainy days to see if course is open. Rainouts will be made up following each session.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 5+ | Sa | Sep 12-Oct 3 10:30am-11:15am | Res \$78 Non Res \$89 | 33244-01 |
| 5+ | Su | Sep 13-Oct 4 5:30pm-6:15pm | Res \$78 Non Res \$89 | 33244-02 |
| 5+ | Su | Sep 13-Oct 4 6:15pm-7:00pm | Res \$78 Non Res \$89 | 33244-03 |

SPORTS

GYMNASTICS

Students will be evaluated at the start and end of every session to ensure proper placement. Transfers may be made if necessary for suitable class placements.

ALL AGES BEGINNING TUMBLERS

Wayzata High School, 4955 Peony Lane

This is a great opportunity if you have ever been interested in trying gymnastics but don't want to be in a regular beginner class. This course will help all ages learn the basics. Please Enter through the #30 door. No program: 10/17.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|----------------------------|----------|
| 8-12 | Sa | Sep 12-Nov 7 12:30pm-1:15pm | Res \$150 Non Res \$165 | 33254-02 |
| 8-12 | Sa | Nov 14-Dec 12 12:30pm-1:15pm | Res \$75 Non Res \$83 | 33254-03 |

TUMBLEWEEDS 1

Wayzata High School, 4955 Peony Lane

Beginners (no experience required). Intro to Floor: jumps, leaps, turns, cartwheel, forward/backward roll; Vault: approach, squat-on; Bars: grips, hanging skills, pullovers; Beam: walks, kicks, hops. No program: 10/17. Enter at the Commons Entrance on the East side of the building. Door #30.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|----------------------------|----------|
| 4-5 | Sa | Sep 12-Nov 7 9:45am-10:30am | Res \$128 Non Res \$140 | 33219-01 |
| 6-8 | Sa | Sep 12-Nov 7 9:45am-10:30am | Res \$128 Non Res \$140 | 33219-02 |
| 6-10 | Sa | Sep 12-Nov 7 11:30am-12:15pm | Res \$128 Non Res \$140 | 33219-03 |
| 4-5 | Sa | Nov 14-Dec 12 9:45am-10:30am | Res \$64 Non Res \$70 | 33219-04 |
| 6-8 | Sa | Nov 14-Dec 12 9:45am-10:30am | Res \$64 Non Res \$70 | 33219-05 |
| 6-10 | Sa | Nov 14-Dec 12 11:30am-12:15pm | Res \$64 Non Res \$70 | 33219-06 |

TUMBLEWEEDS 2

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds I. Continued development of skill, focus on technique. Skills taught Floor: round off, handstand, front limbers, turns, leaps; Vaults: pop-up; Bars: back hip circle, dismounts; Beam: leaps, forward roll, dismounts. No program: 10/17. Enter at the Commons Entrance on East side of building. Door #30.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|----------------------------|----------|
| 6-13 | Sa | Sep 12-Nov 7 10:45am-11:40am | Res \$140 Non Res \$154 | 33220-01 |
| 6-13 | Sa | Sep 12-Nov 7 3:00pm-3:55pm | Res \$140 Non Res \$154 | 33220-02 |
| 6-13 | Sa | Nov 14-Dec 12 10:45am-11:40am | Res \$70 Non Res \$77 | 33220-03 |
| 6-13 | Sa | Nov 14-Dec 12 3:00pm-3:55pm | Res \$140 Non Res \$154 | 33220-04 |

PRE-TUMBLERS

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds II. Advancing gymnastics skills for a more challenging class. Skills taught Floor: intermediate dance skills intro, round off rebound, front walkover; Vault: pop-up, handstand off; Bars: back hip circle, glides, squat-on; Beam: cartwheel, handstand, jumps. No program: 10/17. Enter at the Commons Entrance on East side of building. Door #30.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 6-14 | Sa | Sep 12-Nov 7 1:30pm-2:45pm | Res \$160 Non Res \$176 | 33226-02 |
| 6-14 | Sa | Nov 14-Dec 12 1:30pm-2:45pm | Res \$80 Non Res \$88 | 33226-03 |

TUMBLERS I

Wayzata High School, 4955 Peony Lane

Pre-req: pass Pre-Tumblers. Intermediate skills taught. Floor: intermediate dance skills, back walkover; Vault: handspring; Bars: kips, long hang pullover; Beams: mounts, turns. No program: 10/17. Enter at the Commons Entrance on East side of building. Door #30.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 7-14 | Sa | Sep 12-Nov 7 1:30pm-2:45pm | Res \$160 Non Res \$176 | 33222-02 |
| 7-14 | Sa | Nov 14-Dec 12 1:30pm-2:45pm | Res \$80 Non Res \$88 | 33222-03 |

TUMBLERS II

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumblers I. Continue intermediate skill development, advancing technique. Skills taught: Floor: front & back handsprings, tumbling series, advanced dance skills; Vault: handspring; Bars: sole circle dismount; Beam: tumbling & jump series. No program: 10/17. Enter at the Commons Entrance on East side of building. Door #30

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 7-16 | Sa | Sep 12-Nov 7 1:30pm-2:45pm | Res \$193 Non Res \$212 | 33229-02 |
| 7-16 | Sa | Nov 14-Dec 12 1:30pm-2:45pm | Res \$97 Non Res \$106 | 33229-03 |

ACROBATS

Wayzata High School, 4955 Peony Lane

Advanced gymnastics. Skills taught: Floor: complex dance skills, handsprings, tucks; Vaults: handspring; Bars: squat-ons, fly away; Beam: backwalk-over, roundoff, handstand, aerial dismounts. No program: 10/17. Enter at the Commons Entrance on East side of building. Door #30.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 8-16 | Sa | Sep 12-Nov 7 1:30pm-2:45pm | Res \$193 Non Res \$212 | 33230-02 |
| 8-16 | Sa | Nov 14-Dec 12 1:30pm-2:45pm | Res \$97 Non Res \$106 | 33230-03 |

LACROSSE

SPORTS UNLIMITED

AFTERSCHOOL LACROSSE INTRO

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Soft lacrosse (non-contact). Skills taught: catching, throwing, scooping, and cradling. No program: 11/24.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|---------------------------|----------|
| 5-9 | Tu | Sep 8-Oct 6 4:30pm-6:00pm | Res \$85 Non Res \$97 | 33224-01 |
| 5-9 | Tu | Nov 3-Dec 15 4:30pm-6:00pm | Res \$99 Non Res \$114 | 33224-02 |

MARTIAL ARTS

JEDI LIGHT SABER/SAMURAI INTRODUCTION

Ultimate Martial Arts, 147 Hamel Road

Students learn forms, step drills, sitting and standing meditation and cutting (paper, fruit, straw and bamboo). This is a non-contact martial art that is fast paced for good workout but is low impact, which makes it appropriate for many age groups. Instr: Plymouth World Tae Kwon Do Academy.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 8-16 | Sa | Sep 5-Sep 26 12:00pm-12:45pm | Res \$79 Non Res \$90 | 33265-01 |
| 8-16 | Sa | Oct 3-Oct 24 12:00pm-12:45pm | Res \$79 Non Res \$90 | 33265-02 |
| 8-16 | Sa | Nov 7-Dec 5 12:00pm-12:45pm | Res \$79 Non Res \$90 | 33265-03 |

KID FU BEGINNER- YELLOW SASH

Bass Lake Playfield, 5450 Northwest Boulevard

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. No program: 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 5-12 | Th | Sep 10-Oct 29 5:30pm-6:30pm | Res \$70 Non Res \$80 | 33262-01 |
| 5-12 | Th | Nov 5-Dec 17 5:30pm-6:30pm | Res \$53 Non Res \$61 | 33262-02 |

KID FU INTERMEDIATE - ORANGE SASH & UP

Bass Lake Playfield, 5450 Northwest Boulevard

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. No program: 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 5-12 | Th | Sep 10-Oct 29 6:30pm-7:30pm | Res \$70 Non Res \$80 | 33263-01 |
| 5-12 | Th | Nov 5-Dec 17 6:30pm-7:30pm | Res \$53 Non Res \$61 | 33263-02 |

KID SMART - SELF-DEFENSE

Ultimate Martial Arts, 147 Hamel Road

A fun and exciting way to learn how to defend yourself. Learn how to react to a stranger and defend against an attacker. Learn escapes, kicks and basic strikes while playing fun games. Taught by Thomas M. Malone, Black Belt Hall of Fame Member and 30 years of teaching experience.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|--------------------------|----------|
| 6-12 | Sa | Nov 7 1:00pm-3:00pm | Res \$39 Non Res \$44 | 33266-01 |

LIGHTSABER TAE KWON DO

Ultimate Martial Arts, 147 Hamel Road

Learn Martial Arts skills influenced by the epic movie series, Star Wars. Practice strikes, blocks and stances with swords. Create your own Lightsaber skills and learn choreography just like the movies all while exercising and having fun. Padded swords are provided. Students may bring their own Lightsaber to class. Taught by Grandmaster Thomas Malone who has over 35 years experience in the Martial Arts.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 6-12 | Th | Oct 29-Nov 12 7:30pm-8:10pm | Res \$59 Non Res \$67 | 33264-01 |

SHOSHIN RYU JUJITSU YOUTH

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Classical Japanese Martial Art with the emphasis on kids having fun learning effective martial arts. Classes instill better focus, deeper respect and improved body coordination. Kids will study various striking, kicking, throwing, grappling, weaponry and jujitsu arts in a fun-filled, yet disciplined class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 7-12 | M | Sep 14-Oct 26 5:15pm-6:15pm | Res \$69 Non Res \$79 | 33261-01 |
| 7-12 | W | Sep 9-Oct 21 5:15pm-6:15pm | Res \$69 Non Res \$79 | 33261-02 |
| 7-12 | M | Nov 2-Dec 14 5:15pm-6:15pm | Res \$69 Non Res \$79 | 33261-03 |
| 7-12 | W | Nov 4-Dec 16 5:15pm-6:15pm | Res \$69 Non Res \$79 | 33261-04 |

SPORTS

SOCCER

SPORTS UNLIMITED AFTERSCHOOL SOCCER INTRO

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Shin guards recommended. Skills taught: shooting, passing, and dribbling. No program: 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|---------------------------|----------|
| 5-9 | Th | Sep 10-Oct 8 4:30pm-6:00pm | Res \$85 Non Res \$97 | 33225-01 |
| 5-9 | Th | Nov 5-Dec 17 4:30pm-6:00pm | Res \$99 Non Res \$114 | 33225-02 |

TENNIS

TENNIS FALL LESSONS

Our tennis program uses the United State Tennis Associations (USTA) teaching guidelines. Age 7 and older have 60 minute lessons. Rainouts are made up the corresponding day/time the week following the program. Bring your own racket. In case of inclement weather, call 763-509-5205 (no sooner than 30 minutes before your lesson).

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|--|-------|-------------------------------|--------------------------|----------|
| Parkers Lake Playfield, 15500 Co. Rd. 6 | | | | |
| 4-6 | Tu,Th | Sep 15-Oct 1 5:00pm-5:45pm | Res \$60 Non Res \$69 | 33227-01 |
| 7-10 | Tu,Th | Sep 15-Oct 1 6:00pm-7:00pm | Res \$60 Non Res \$69 | 33227-02 |
| 11+ | Tu,Th | Sep 15-Oct 1 7:00pm-8:00pm | Res \$60 Non Res \$69 | 33227-03 |

Bass Lake Playfield, 5450 Northwest Boulevard

Courts are off of Pineview Lane N & 54th Ave N (east side of playfield)

| | | | | |
|------|----|-------------------------------|--------------------------|----------|
| 4-6 | Su | Sep 13-Oct 4 4:00pm-4:45pm | Res \$42 Non Res \$49 | 33227-04 |
| 4-6 | Su | Sep 13-Oct 4 5:00pm-5:45pm | Res \$42 Non Res \$49 | 33227-05 |
| 7-10 | Su | Sep 13-Oct 4 6:00pm-7:00pm | Res \$42 Non Res \$49 | 33227-06 |
| 11+ | Su | Sep 13-Oct 4 7:00pm-8:00pm | Res \$42 Non Res \$49 | 33227-07 |

TENNIS LESSONS

Armstrong High School, 10635 36th Avenue N

Provides beginner and intermediate players with fundamental skills: proper grip, footwork, strokes, serves and basic rules. Instr: Dan Richards, Varsity Tennis Coach, USPTA Certified. Lessons held in high school gym.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|----------------------------------|--------------------------|----------|
| 4-6 | Su | Oct 25-Nov 15 11:30am-12:15pm | Res \$65 Non Res \$75 | 33215-01 |
| 4-6 | Su | Oct 25-Nov 15 12:15pm-1:00pm | Res \$65 Non Res \$75 | 33215-02 |
| 7-8 | Su | Oct 25-Nov 15 1:00pm-2:00pm | Res \$65 Non Res \$75 | 33215-03 |
| 7-8 | Su | Oct 25-Nov 15 2:00pm-3:00pm | Res \$65 Non Res \$75 | 33215-04 |
| 8-10 | Su | Oct 25-Nov 15 3:00pm-4:00pm | Res \$65 Non Res \$75 | 33215-05 |
| 8-10 | Su | Oct 25-Nov 15 4:00pm-5:00pm | Res \$65 Non Res \$75 | 33215-06 |
| 10-14 | Su | Oct 25-Nov 15 5:00pm-6:00pm | Res \$65 Non Res \$75 | 33215-07 |
| 4-6 | W | Oct 21-Nov 11 6:15pm-7:00pm | Res \$65 Non Res \$75 | 33215-08 |
| 7-10 | W | Oct 21-Nov 11 7:00pm-8:00pm | Res \$65 Non Res \$75 | 33215-09 |
| 11+ | W | Oct 21-Nov 11 8:00pm-9:00pm | Res \$65 Non Res \$75 | 33215-10 |



763-509-5200

Report items lost or found
at any of our programs or parks

SPORTS

TRACK & FIELD

TRACK & FIELD - ALLSPORTS COACHING

Sportshall Athletics is a version of track and field that concentrates on the skills required to compete as a multisport athlete. Participants throw foam javelins, discus, shot put, and hammer. They also look at the fundamental jumping, sprinting, and hurdling technique that develop all around athleticism for general sport as well as track and field athletics. Ian Hall, from the UK, was in charge of the development of Sportshall athletics in the Dover District of the UK during the London Olympics and currently works as a PE teacher in Delano and Maple Lake.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------|------|----------|
|------|-----|-------------|------|----------|

Bass Lake Playfield, 5450 Northwest Boulevard

| | | | | |
|-------|---|--------------------------------|--------------------------|----------|
| 6-7 | W | Sep 16-Oct 14 5:30pm-6:15pm | Res \$65 Non Res \$75 | 33272-01 |
| 8-9 | W | Sep 16-Oct 14 6:15pm-7:00pm | Res \$65 Non Res \$75 | 33272-02 |
| 10-11 | W | Sep 16-Oct 14 7:00pm-7:45pm | Res \$65 Non Res \$75 | 33272-03 |

Plymouth Creek Center Fieldhouse, 14800 34th Ave N

No program: 11/25

| | | | | |
|------|---|------------------------------|--------------------------|----------|
| 6-8 | W | Nov 4-Dec 9 4:30pm-5:15pm | Res \$65 Non Res \$75 | 33272-04 |
| 9-11 | W | Nov 4-Dec 9 5:15pm-6:00pm | Res \$65 Non Res \$75 | 33272-05 |

VOLLEYBALL

SKYHAWKS VOLLEYBALL

Armstrong High School, 10635 36th Avenue N

Volleyball taught through drills and exercises that focus on passing, setting, hitting, and serving. Coaches will assist participants in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. Wear appropriate clothing and bring a water bottle. No program: 10/3.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|---------------------------|----------|
| 7-9 | Sa | Sep 19-Oct 10 2:45pm-3:45pm | Res \$89 Non Res \$102 | 33228-01 |
| 10-12 | Sa | Sep 19-Oct 10 2:45pm-3:45pm | Res \$89 Non Res \$102 | 33228-02 |



WEATHER LINE
763-509-5205

call for updates
on class cancellations

SAFETY

SAFE SITTER BABYSITTERS TRAINING WITH CPR Plymouth Creek Activity Center, 14800 34th Avenue N

Safe Sitter prepares grades 6-8 to be safe when home alone, watching siblings, or babysitting. Students learn child care skills including diapering, behavior management, and personal safety. Hands on skills in first aid, injury prevention, infant/child CPR and choking rescue. Activities and role playing maintain a fun learning environment. Course follows American Academy of Pediatrics and the American Heart Association guidelines.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|-------------------------|---------------------------|----------|
| 11-14 | Sa | Sep 26 9:00am-2:45pm | Res \$99 Non Res \$114 | 33503-01 |
| 11-14 | Sa | Oct 24 9:00am-2:45pm | Res \$99 Non Res \$114 | 33503-02 |
| 11-14 | Sa | Dec 5 9:00am-2:45pm | Res \$99 Non Res \$114 | 33503-03 |



ARTS

**ALL ABOUT DRAWING -
DRAWING WITH CONFIDENCE**

Plymouth Creek Activity Center, 14800 34th Avenue N

Introduction to drawing and various materials. A professional artist will show you how to use different techniques and drawing methods to help with art projects and portfolios. Instr: Tatiana Eletsky. No program: 10/15.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|-------------------------------|---------------------------|----------|
| 12-17 | Th | Oct 1-Nov 19 7:15pm-8:15pm | Res \$89 Non Res \$102 | 34105-01 |

MUSIC**BACH TO ROCK- GROUP JAZZ BAND**

Bach to Rock, 345 Nathan Ln N

For students with some experience on instruments, specifically playing chords and reading melodies. Class will culminate in a public performance and CD recording.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|------------------------------------|----------------------------|----------|
| 14-17 | M | Sep 14-October 19 7:00pm-8:00pm | Res \$306 Non Res \$332 | 34129-01 |
| 14-17 | M | Oct 26-Nov 30 7:00pm-8:00pm | Res \$306 Non Res \$332 | 34129-02 |

DANCE**BALLET & TAP**

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 11/23.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|-------------------------------|----------------------------|----------|
| 12-18 | M | Sep 14-Dec 7 8:25pm-9:30pm | Res \$120 Non Res \$132 | 34104-01 |

CONTEMPORARY MODERN

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on creative movement and expression through dance. Students learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. Instr: City of Plymouth Dance staff. No program: 11/3, 11/24.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|------------------------------|----------------------------|----------|
| 12-18 | Tu | Sep 8-Dec 8 8:05pm-9:05pm | Res \$120 Non Res \$132 | 34109-01 |

JAZZ & HIP HOP

Plymouth Creek Activity Center, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. No program: 10/31, 11/28.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|----------------------------------|----------------------------|----------|
| 12-18 | Sa | Sep 12-Dec 12 10:40am-11:40am | Res \$120 Non Res \$132 | 34108-01 |

MUSICAL THEATER JAZZ

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will inspire the future Broadway star with upbeat, theatrical jazz choreography, complete with music from your favorite musicals. Jazz shoes and leotards/tights and/or activewear required. Instr: City of Plymouth Dance Staff. No program: 10/15, 11/26

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|----------------------------|----------|
| 12-18 | Th | Sep 10-Dec 10 8:10pm-9:10pm | Res \$120 Non Res \$132 | 34110-01 |

SEE E-SPORTS
ON PAGE 23

EDUCATION

STEM BUILDERS: CODING WITH PYTHON

Online

Brand new to text-based programming? Python is one of the most versatile, popular and easy to use languages today. It is used in wide range of fields, from web programming, to data science, to robotics. With a strong foundation in Python programming, you'll have a good start in any of these career paths.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------------|-------|----------|
| 12-17 | F | Sep 18-Nov 20 6:00pm-7:30pm | \$325 | 33366-01 |

TRIPS

BIKE SCREAM RIDE

Minnetonka Community Center to Excelsior

Grab your bike and ride along city trails toward an excellent ice cream shop destination, Lick's Unlimited in Excelsior. Participants must stay with group leaders, be able to complete the round-trip distance (approx. 12 miles) at a casual pace and provide a properly working bike, helmet and water. Participants must provide their own transportation to and from the Minnetonka Community Center. Trip includes the cost of ice cream.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------|-------------------------|----------|
| 11-16 | Sa | Sep 12 12:30pm-3:00pm | Res \$8 Non Res \$10 | 34605-01 |

IFLY TRIP

Minnetonka

Experience what it feels like to fly and defy gravity! Participants will get two opportunities to fly in a wind tunnel after training with their IBA Certified Instructor. All gear is provided. Transportation will be provided to and from the Plymouth Creek Center.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|-------|-----|--------------------------|--------------------------|----------|
| 11-16 | Sa | Oct 10 12:45pm-2:30pm | Res \$55 Non Res \$60 | 34606-01 |

ARTISTIC MOMENTS: BOLD IMPRESSIONISM ON CANVAS

Plymouth Creek Activity Center, 14800 34th Avenue N

Would you like to learn how to paint a one-of-a-kind picture using bright colors? You will choose one of the instructor's outlines, then trace your design onto a blank canvas. Have fun applying a wide array of colorful paint patches to your canvas and let your creativity shine!

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Th | Sep 17 7:15pm-9:15pm | Res \$31 Non Res \$37 | 35100-01 |

ARTISTIC MOMENTS: HALLOWEEN FONDANT CUPCAKES

Plymouth Creek Activity Center, 14800 34th Avenue N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs. Learn how to color, roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You'll have fun using fondant to create Halloween theme cupcakes

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Th | Oct 22 7:15pm-9:15pm | Res \$31 Non Res \$37 | 35108-01 |



ARTISTIC MOMENTS: NORTHERN LIGHTS CANVAS PAINTING

Plymouth Creek Activity Center, 14800 34th Avenue N

Join us for this exciting adventure in nature! You will choose one of the instructor's Northern Lights photos for your project. Then, have fun learning how to blend colors to create a beautiful background. Splatter paint stars in the evening sky and watch your composition come to life!

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | M | Nov 16 7:15pm-9:15pm | Res \$31 Non Res \$37 | 35122-01 |

ARTISTIC MOMENTS: HOLIDAY WOOD BURNING ORNAMENTS

Plymouth Creek Activity Center, 14800 34th Avenue N

Using Pyrography (wood burning) you trace and engrave your pattern onto several holiday ornaments. Then apply acrylic paints or watercolors to your projects to create perfect personalized gifts

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Th | Dec 10 7:15pm-9:15pm | Res \$31 Non Res \$37 | 35123-01 |

BRUSH MARKER CALLIGRAPHY

Online

Brush lettering is easy to learn and could just get you hooked on the wonderful art of calligraphy. We'll provide step-by-step demos and individualized instruction to help create letterforms using two types of brush markers. By the end of the workshop, you'll be able to create a final paper project of an envelope and greeting card. No experience necessary! Class taught through Zoom. Login info will be emailed before class. Recommended supply list provided. Instr: Sally Wightkin.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|------|----------|
| 18+ | W | Oct 7-Oct 21 6:00pm-8:00pm | \$75 | 35110-01 |

FALL AND HOLIDAY STAMPING CLASS

Plymouth Creek Activity Center, 14800 34th Avenue N

Hand stamp cards, gifts, tags and more. Making a hand stamped card, tag or gift is so much more meaningful for you and the person you give them to than anything you can buy at the store. Come see how much fun it is, how good it makes you feel and how "special" the person you give it to feels. Many holidays are coming! Instr: Nancy Berg.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 18+ | W | Oct 7-Oct 21 6:00pm-8:00pm | Res \$37 Non Res \$43 | 35128-01 |
| 18+ | W | Nov 4-Nov 18 6:00pm-8:30pm | Res \$37 Non Res \$43 | 35128-02 |

ARTS

HOW TO CREATE YOUR OWN PODCAST

Online

Would you like to start a podcast but don't know how to go about it? While there are a lot of things involved it's not as complicated or costly as you might think. This workshop will cover the technical process of turning your idea for a podcast into a reality. We will cover the setup, process, and options for hosting, recording, editing, publishing, and even publicizing your podcast. If you have an idea and are willing to put in the time and a little money, you can make your podcast happen. Instr: Keith Bridges - artistic director Harbor Repertory Theater - creator/producer Cavalcade podcast.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|------|----------|
| 16+ | M | Oct 19-Nov 2 7:00pm-8:30pm | \$50 | 35136-01 |

INTRODUCTION TO VOICE OVER

Online

Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, and you will receive a link 24 hours prior to the class. Instr: Cathi Colas, Such a Voice, LLC.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|------|----------|
| 18+ | Th | Nov 12 6:30pm-8:30pm | \$30 | 35140-01 |

WHEEL POTTERY

Bass Lake Park Building, 5450 Northwest Blvd

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 18+ | W | Sep 2-Sep 23 6:45pm-9:00pm | Res \$115 Non Res \$127 | 35126-01 |
| 18+ | W | Sep 30-Oct 21 6:45pm-9:00pm | Res \$115 Non Res \$127 | 35126-02 |
| 18+ | W | Oct 28-Nov 18 6:45pm-9:00pm | Res \$115 Non Res \$127 | 35126-03 |

**DANCE****TAP DANCE FOR SENIORS**

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn a whole dance in your weeks with Stephanie Stockton. Fun, good exercise, keeps you young. No experience required. Tap shoes are preferred, but hard-soled leather shoes will work, if desired. No program: 11/27.

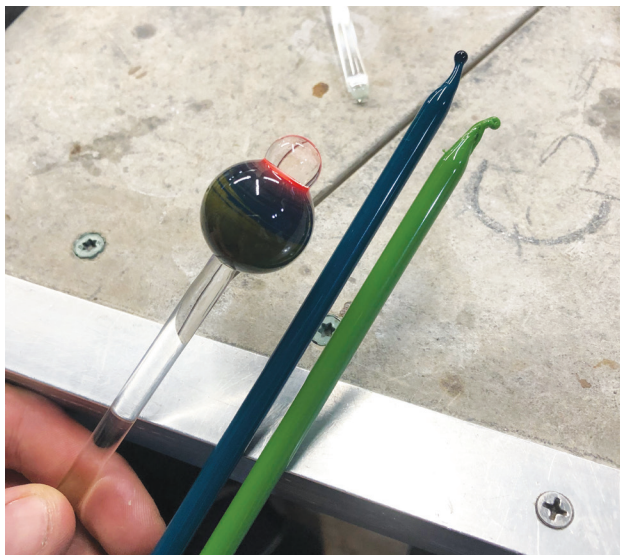
| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|----------------------------|----------|
| 50+ | F | Sep 25-Dec 11 10:00am-11:00am | Res \$116 Non Res \$128 | 35104-01 |
| 50+ | F | Sep 25-Dec 11 11:45am-12:45pm | Res \$116 Non Res \$128 | 35104-02 |

BALLROOM DANCING FOR BEGINNERS

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn easy steps and turns in popular ballroom dances, including waltz, foxtrot, swing, salsa, and more. The perfect course for anyone getting married or preparing for an upcoming event. Instr: Deanna Constantine.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 18+ | Tu | Oct 6-Oct 27 7:00pm-8:30pm | Res \$59 Non Res \$68 | 35103-01 |



GLASS ART

BEGINNER LAMPWORKING

Skylab Glass Arts, 8838 7th Avenue

This class is for newer lampworkers and people with little to no experience on the torch. Lampworking is a method of glassblowing using a fix mounted torch to melt and manipulate glass into a desired form. We will go over safety, the torch and glass, work on solid shaped objects and marbles, transitioning into multiple variations of pendants depending on what your comfort level is, or desire to create. Class participants will keep their creations.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 16+ | Tu | Sep 15 6:30pm-8:30pm | Res \$68 Non Res \$78 | 35138-01 |
| 16+ | Th | Oct 8 6:30pm-8:30pm | Res \$68 Non Res \$78 | 35138-02 |
| 16+ | Sa | Nov 14 6:30pm-8:30pm | Res \$68 Non Res \$78 | 35138-03 |
| 16+ | Tu | Dec 8 6:30pm-8:30pm | Res \$68 Non Res \$78 | 35138-04 |



SKYLAB GLASS ARTS - GLASS PENDANT MAKING

Skylab Glass Arts, 8838 7th Avenue

In this three-hour class you will work on making decorative holiday ornaments. Students will manipulate raw glass into solid shapes and will be able to decorate their piece with color, fume and using various tools create any design they please. Our instructors will help every step on the way to sculpting a wonderful decoration for the holidays.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | M | Sep 28 6:00pm-9:00pm | Res \$68 Non Res \$78 | 35145-01 |
| 18+ | Th | Oct 29 6:00pm-9:00pm | Res \$68 Non Res \$78 | 35145-02 |

SKYLAB GLASS ARTS - WINE STOPPERS AND STRAWS

Skylab Glass Arts, 8838 7th Avenue

You can make your own beautiful wine stopper that will make a perfect seal for preserving wine in a bottle! Our instructors will accompany students through the process of melting and gathering colored glass into virtually any solid shape. Students can also decorate either solid stir sticks or their own vibrant glass drinking straws. They're a great way to differentiate drinks by having a unique decoration for everyone, and help conserve waste from single-use straws! Make up to 3 each! All materials provided in class fee.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Th | Oct 15 6:00pm-9:00pm | Res \$68 Non Res \$78 | 35144-01 |
| 18+ | Th | Nov 12 6:00pm-9:00pm | Res \$68 Non Res \$78 | 35144-02 |

ARTS

MUSIC

All Unwrapping Music classes will be held online via Zoom. Login instructions will be emailed prior to class. Instr: Andrea Leap.

UNWRAPPING MUSIC - MUSIC AND MEMORY
 Online

Music has a unique way of lodging in our brains, and scientists study the way our brains process music in order to gain insight as to how and why our brains remember events, emotions, and facts. Learn how the neurobiology processes music and explore the still-mysterious ways that musical memories get recorded in our minds.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------|------|----------|
| 50+ | Tu | Sep 15 10:00am-11:00am | \$15 | 35139-01 |

UNWRAPPING MUSIC - MUSIC AND BIRDSONG
 Online

Birds don't just sing, they also compose! Learn how birds create music and adapt sounds in their surroundings to create songs for their own pleasure and the enjoyment of other birds!

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------|------|----------|
| 50+ | Tu | Oct 13 10:00am-11:00am | \$15 | 35142-01 |

UNWRAPPING MUSIC - COWBOY SONGS
 Online

The songs of the American West are a unique reflection on the cowboy culture that grew out of the cattle drives in the late 19th century. Come hear how the yodel, the cowboy ballad and the western song were incorporated into popular American culture and became part of our legacy.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------|------|----------|
| 50+ | Tu | Nov 17 10:00am-11:00am | \$15 | 35143-01 |

UNWRAPPING MUSIC - MUSIC OF THE TUDOR ERA
 Online

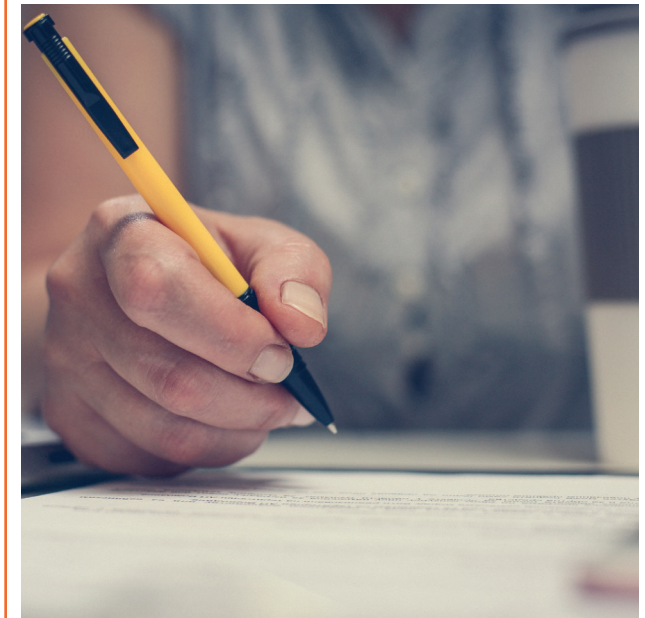
Music of the English Renaissance was an important part of day life - ranging from official town musicians who composed for civic events to the King of England writing madrigals to be performed at court. Learn how this music had a brief but intense influence on hymns, love songs and dance music.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------|------|----------|
| 50+ | Tu | Dec 15 10:00am-11:00am | \$15 | 35148-01 |

THE CRAFT OF SONGWRITING
 Online

This course is designed to help songwriters at all levels develop the skills to write great songs. We'll explore lyric writing techniques and exercises to truly hone your songwriting skills. This course will leave you with tools that you can use over and over to write the best songs of your life! Instr: Chad Shank. Zoom instructions provided before class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|------|----------|
| 18+ | Tu | Sep 8-Sep 29 7:00pm-9:00pm | \$20 | 35113-01 |



PAINTING AND PASTELS**BEYOND BEGINNING WATERCOLOR WITH SONJA HUTCHINSON**

Develop your skills and confidence with watercolor painting a variety of subjects while practicing specific techniques. Each session includes demonstrations and supplied reference material. Use your own watercolor supplies (supply list available).

SEPTEMBER SCENIC BYWAYS

Online

Each week features a special Minnesota scene including: The Spoon Bridge and Cherry Sculpture, Minnehaha Falls, and St Croix River Valley Bluffs. Classes held via Zoom with instructions and image references emailed before class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|------|----------|
| 18+ | Th | Sep 10-Sep 24 1:00pm-4:00pm | \$75 | 35112-01 |

OCTOBER HARVEST FESTIVAL

Online

Each class will feature products of a bountiful fruits of the season including: Apple Bushels, Pumpkin Wagon, and Acorns and Oak Leaves. Classes held via Zoom with instructions and image references emailed before class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|------|----------|
| 18+ | Th | Oct 8-Oct 22 1:00pm-4:00pm | \$75 | 35114-01 |

NOVEMBER PROMISE

Online

As days become short and gray, we'll paint bright arrangements including: Milkweed pods, and Dried Chinese Lanterns. Classes held via Zoom with instructions and image references emailed before class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|------|----------|
| 18+ | Th | Nov 5 & Nov 19 1:00pm-4:00pm | \$50 | 35117-01 |

DECEMBER SNOWS

Online

Celebrate the magic of the season with fun snowy scenes. Classes held via Zoom with instructions and image references emailed before class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|------|----------|
| 18+ | Th | Dec 3-Dec 10 1:00pm-4:00pm | \$50 | 35149-01 |

PASTEL DRAWING

Plymouth Creek Activity Center, 14800 34th Avenue N

You will learn the basics of pastel drawing which combine drawing and painting. Dry pastels allow you to draw, blur and mix using your fingers, resulting in wonderful works of art. Instr: Maria del Carmen Troncoso Gonzalez. No program: 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 18+ | Th | Sep 10-Oct 15 1:00pm-4:00pm | Res \$80 Non Res \$92 | 35133-01 |
| 18+ | Th | Nov 19-Dec 17 1:00pm-4:00pm | Res \$53 Non Res \$60 | 35133-02 |

OIL PAINTING

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll use oil paint to learn techniques on both wood and canvas boards. Instr: Maria del Carmen Troncoso Gonzalez. No program: 11/24.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 18+ | Tu | Sep 8-Oct 13 1:00pm-4:00pm | Res \$80 Non Res \$92 | 35116-01 |
| 18+ | Tu | Nov 17-Dec 15 1:00pm-4:00pm | Res \$53 Non Res \$60 | 35116-02 |



PALETTE UP! ALCOHOL INK PAINTING WORKSHOP

Plymouth Creek Activity Center, 14800 34th Avenue N

Experiment with alcohol inks on Yupo paper. The non-absorbent nature of Yupo means it will not buckle, no matter how much water you put on it, and it makes colors more vibrant and brilliant than on standard papers as all the color sits on the surface. Alcohol inks are pigment-intense and vibrant, free-flowing and filled with an energy all their own. You will leave the workshop with knowledge of a new technique that you can then take home and expand your artist interest. Instr: ArtInnovatorsMN.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Th | Oct 29 6:00pm-8:30pm | Res \$42 Non Res \$48 | 35118-01 |

PALETTE UP! ACRYLIC POURING 2.0

Plymouth Creek Activity Center, 14800 34th Avenue N

Come see what the latest craze of fluid acrylics and pouring medium. No experience required to create the same beautiful abstract canvases you see online. Try your hand at the "flip cup" method or use a sink strainer to create a one of a kind art. You create two 8x8" canvases and a tray will be provided to transport your work of art. All supplies included. Art Innovators MN.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|--------------------------|----------|
| 18+ | M | Nov 9 6:30pm-8:00pm | Res \$55 Non Res \$63 | 35119-01 |

PHOTOGRAPHY

TRAVEL PHOTOGRAPHY - HELPFUL TIPS AND TECHNIQUES

Online

If you have an interest in both travel and digital photography, this course will help you marry those interests into dramatic images, telling stories with your photos, and creating slide shows and photo books to share the wonderful memories of your travels. You'll improve your travel photos with any digital camera using the techniques you'll learn. Covered in this class are what photo gear you'll need for travel, security, photography tips for landscapes, people, street scenes, architecture, and finding great photo locations while on your trips. You'll see over 150 excellent photos to reinforce the principles the instructor offers. Instr: Ron Timm. Class instruction via Zoom - login information provided prior to program via email.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|------|----------|
| 18+ | Th | Nov 19 7:00pm-8:30pm | \$25 | 35131-01 |



763-509-5200

Report items lost or found
at any of our programs or parks

BRIDGE AND MAH JONGG**BRIDGE: BOOK 1 - LEARN TO PLAY BRIDGE**

Plymouth Creek Activity Center, 14800 34th Avenue N

Begin the process of learning the game of bridge by learning the requirements to bid. Also, learn to play a hand of bridge. 1 hour of lecture followed by 1 hour of play and discussion of the hands. Books are available for purchase from the instructor. Instr: Mignon Nearnmeyer.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 18+ | Tu | Sep 8-Oct 27 6:45pm-8:45pm | Res \$48 Non Res \$58 | 35397-01 |
| 18+ | Th | Sep 10-Oct 29 9:00am-11:00am | Res \$48 Non Res \$58 | 35397-02 |

BRIDGE: BOOK 5 -**MORE COMMONLY USED CONVENTIONS**

Plymouth Creek Activity Center, 14800 34th Avenue N

Pre-req: Books 1-4. Books can be purchased from instructor at class. Instr: Mignon Nearnmeyer.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 18+ | M | Sep 14-Nov 2 1:30pm-3:30pm | Res \$48 Non Res \$58 | 35349-01 |

MAH JONGG 101: INTRODUCTION TO MAH JONGG

Plymouth Creek Activity Center, 14800 34th Avenue N

This class is for beginners. Mah Jongg is played with 4 players and a set of 144 tiles based on Chinese characters and symbols. Players draw and discard tiles trying to complete a legal hand. Mahjong set and official rules and game card will be provided. Bring a notebook and writing utensil to class to take notes. Instr: Wendy Salita.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|--------------------------|----------|
| 18+ | Tu | Sep 22-Oct 20 9:30am-11:00am | Res \$79 Non Res \$90 | 35385-01 |
| 18+ | Tu | Sep 22-Oct 20 11:00am-12:30pm | Res \$79 Non Res \$90 | 35385-02 |

MAH JONGG 102: OPEN PLAY

Plymouth Creek Activity Center, 14800 34th Avenue N

This class is for students who have completed Mah Jongg 101 and want to practice their skills by playing with others. There will be minimal instruction so it is recommended you are comfortable with the rules and how to play Mah Jongg. Students must bring a current Mah Jongg card with them. Instr: Wendy Salita.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------|--------------------------|----------|
| 18+ | Tu | Oct 27 9:30am-11:00am | Res \$25 Non Res \$30 | 35394-01 |

**FAMILY****CLIMBING YOUR FAMILY TREE: GENEALOGY BASICS**

Plymouth Creek Activity Center, 14800 34th Avenue N

This four-week course is geared toward beginning genealogists. We will cover methods for organizing family information, commonly used resources for online and archival genealogy research, and best practices used by successful genealogists. The final session will focus on individual student's progress and next steps. Students are welcome to bring a computer. Instr: Elizabeth Williams Gomoll, CG.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 18+ | Th | Oct 8-Oct 29 6:30pm-8:00pm | Res \$79 Non Res \$91 | 35374-01 |

FUNDRAISING**FUNDRAISING CRASH COURSE**

Online

Are you a leader or board member at a nonprofit? Learn about strategic fundraising and the importance of planned gifts for long-term success. You'll walk away with a basic understanding of endowment funds, foundations, and planned giving vehicles to help weather economic downturns. Instr. Christy Boysen, Gift Planning Services

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|------|----------|
| 20+ | M | Nov 9 7:00pm-8:00pm | \$25 | 35371-01 |

EDUCATION

FOOD DEMONSTRATION WITH JEFF SANDINO

Jeff's love of food began at the Lincoln Del. He sought formal training at L'Hotel Sofitel in both Mpls and Houston Texas. His 40+ year professional career has brought him to such spots as Buca Di Beppo, Figlio, Sunsets on the Bay, My Pie Pizza and the Sunshine Factory to name just a few. He's appeared on several cooking shows demonstrating his culinary wizardry but his passion is teaching and demystifying the process of gourmet cooking.

OKTOBERFEST FOOD DEMONSTRATION

Plymouth Creek Activity Center, 14800 34th Avenue N

Come celebrate the fall tradition German style with "sauerbraten"- tender pot-roast in a tangy sweet and sour sauce, beef roulades stuffed with pickles, bacon and onion in red wine sauce, "Schweinshaxe" pork ribs and sauerkraut, and "Weiner Schnitzel" chicken tenders lightly breaded and sautéed with fresh squeezed lemon and herbs. You'll learn to prepare "spaetzle", German pasta, potato pancakes with apple sauce and sour cream, "kartoffelklosse", dumplings topped with buttered bread crumbs and braised red cabbage. We'll finish with a classic black Forest cake, it's sublime.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Th | Sep 10 6:00pm-9:00pm | Res \$39 Non Res \$49 | 35313-01 |

ITALIAN PIZZA AND MORE FOOD DEMONSTRATION

Plymouth Creek Activity Center, 14800 34th Avenue N

Come join us in a celebration of the perfect pizza dough along with a no-gluten option. Stromboli stuffed with Chicken, broccoli, sundried tomatoes, romano, mozzarella and boursin cheese with a zippy tomato sauce for dipping. Pies will include both BBQ and buffalo chicken, basil pesto, margarita, reuben style, pepperoni, sausage, mushrooms, peppers, onions. We'll pair our pies with pasta Napolitana simply prepared with Roma tomatoes, garlic, fresh basil, parmesan and romano cheeses. We'll finish with "Zuppa Inglese", layers of triple sec and kirsch soaked pound cake, rich Italian custard, chocolate ganache and sweet cherry preserves.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Th | Oct 15 6:00pm-9:00pm | Res \$39 Non Res \$49 | 35314-01 |

**HOME****PLANNING YOUR MOVE**

Plymouth Creek Activity Center, 14800 34th Avenue N

It's never too early to start thinking about one of your biggest investments and what changes it will mean for your future when you decide to sell your home. This senior housing workshop will teach you about getting your home ready to sell and get you inspired to move forward. Instr: Renee Miller, Lifestyle Network Home Team.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------|-------------------------|----------|
| 18+ | Th | Sep 3 10:00am-11:00am | Res \$8 Non Res \$10 | 35308-01 |



THE GIFT OF ANSWERS SERIES

Midwest Preplanning and Suddendorf Legal Services, LLC has paired up to offer the following series of presentations. Our mission is to provide families with education on issues that will need to be resolved around the dying process. Our goal of these workshops is to make sure that not only you, but your families are prepared for an emergency, including death.

**THE GIFT OF ANSWERS SERIES:
BEFORE AND AFTER THE FUNERAL**

Plymouth Creek Activity Center, 14800 34th Avenue N

Many of the answers to our questions come from understanding processes. Explore what you need to know BEFORE the funeral so that it is cost effective. You'll learn about current laws, payment, cremation authorization, costs of funerals, an if a funeral home is really needed. The second half of the class will cover the process of probate - what triggers it, letters, time considerations for processing the will, taxes of the deceased, and whether you need an attorney.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------|-------------------------|----------|
| 18+ | Tu | Sep 29 10:00am-11:30am | Res \$8 Non Res \$10 | 35364-01 |

**THE GIFT OF ANSWERS SERIES:
HOW TO SAVE MONEY ON FUNERALS**

Plymouth Creek Activity Center, 14800 34th Avenue N

What are the basics you need to know about how to save thousands of dollars for your final expenses? Get insider tips about the processes, costs and what you really need, not hearsay or myths. Come with your thoughts and questions for a great discussion and learning experience.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------|-------------------------|----------|
| 18+ | Tu | Oct 6 10:00am-11:30am | Res \$8 Non Res \$10 | 35365-01 |

**THE GIFT OF ANSWERS SERIES:
YOU DON'T KNOW WHAT YOU DON'T KNOW**

Plymouth Creek Activity Center, 14800 34th Avenue N

The decisions we make can have a variety of financial and emotional consequences. Come and learn from real life experiences. You'll hear from people who would have made different decisions and saved money. Topics include important documents, assuming we know everything, medical assistance and the aging process.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------|-------------------------|----------|
| 18+ | Tu | Oct 13 10:00am-11:30am | Res \$8 Non Res \$10 | 35366-01 |

**GREAT BRITAIN SPOT ON! SERIES
WITH TERRY KUBISTA****GREAT BRITAIN SPOT ON!:
THE VICTORIAN PHARMACY**

Plymouth Creek Activity Center, 14800 34th Avenue N

The 1880's had different drugs, different dosages, and different laws, which made them more interesting and much more dangerous.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 18+ | W | Sep 9-Sep 23 9:30am-11:30am | Res \$25 Non Res \$30 | 35315-01 |

GREAT BRITAIN: SPOT ON! WELSH HISTORY

Plymouth Creek Activity Center, 14800 34th Avenue N

So what is the story of a little-known part of the United Kingdom? Wales! What bearing does this small and quite part of the United Kingdom have in today's economy?

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 18+ | W | Oct 7-Oct 21 9:30am-11:30am | Res \$25 Non Res \$30 | 35316-01 |

**GREAT BRITAIN: SPOT ON! PREHISTORIC BRITAIN**

Plymouth Creek Activity Center, 14800 34th Avenue N

What's new about the old folk? Would you like to go into a 6,000 year old tomb? Enjoy a quick review of the first known people in Britannia. Then get ready for some important stops and exciting discoveries.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 18+ | W | Nov 4-Nov 18 9:30am-11:30am | Res \$25 Non Res \$30 | 35317-01 |

**GREAT BRITAIN: SPOT ON!
INDIA AND SOUTH AFRICA AS COLONIES**

Plymouth Creek Activity Center, 14800 34th Avenue N

What caused Britain to "Give up" her empire and how do those newly independent countries feel about the "Mother Country" after the first seventy years of independence?

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 18+ | W | Dec 2-Dec 16 9:30am-11:30am | Res \$25 Non Res \$30 | 35318-01 |

EDUCATION

RELIGION**WHAT YOU ALWAYS WANTED TO KNOW ABOUT ISLAM AND MUSLIMS**

Plymouth Creek Activity Center, 14800 34th Avenue N

Have you wanted to learn more about Islam and Muslims? This class will give you a better understanding of what Islam teaches and what Muslims practice. The class will introduce basic terminology, demographics and differences between religion and culture. You will learn about the beliefs and practices of Muslims as well as religious celebrations. You will also have the opportunity to get your questions answered first hand. Class will take place online via Zoom if we are unable to hold in person programs. Instr: Islamic Resource Group.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Th | Oct 15 7:00pm-8:30pm | Res \$15 Non Res \$18 | 35334-01 |

**RETIREMENT AND FUTURE PLANNING****25 DOCUMENTS NEEDED BEFORE YOU PASS AWAY**

Plymouth Creek Activity Center, 14800 34th Avenue N

The emotional consequences and negative ripple effects of failing to keep your documents in order can cause frustration, delays and a financial burden on your loved ones and heirs. You may have a simple WILL in place, but that only scratches the surface of what is needed in case you pass away or become incapacitated. What have you done about your financial accounts? Insurance policies? Medical wishes? What if you're divorced? Own a business? Have a blended family? What about property you may own or pets you care deeply about? Who will know what to do if you aren't around to tell them? In this educational workshop, you will learn the 25 documents most experts recommend you collect and maintain so family members aren't left scrambling to find important papers and information in a time of loss and confusion. Instr: Jeff Litfin, Certified Estate Planner, Generations Legal Services.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 24+ | Tu | Sep 22 6:00pm-7:30pm | Res \$20 Non Res \$25 | 35305-01 |

MEDICARE 101 - JUST THE BASICS

Plymouth Creek Activity Center, 14800 34th Avenue N

We will discuss the different parts of Medicare deductibles and what's covered, enrollment periods, and costs. How to enroll to get additional coverage. Different types of Medicare Advantage plans and Medicare Supplements. Understanding Part D Drug Coverage, minimum requirements formularies, drug tiers and the donut hole and how to avoid penalties. Instr: Sarah Colpitts, Partners Senior Advantage.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------|--------------------------|----------|
| 18+ | Sa | Sep 12 10:00am-11:00am | Res \$10 Non Res \$12 | 35336-01 |
| 18+ | Sa | Oct 10 10:00am-11:00am | Res \$10 Non Res \$12 | 35336-02 |
| 18+ | Sa | Nov 7 10:00am-11:00am | Res \$10 Non Res \$12 | 35336-03 |

PREPARE YOUR OWN WILL

Plymouth Creek Activity Center, 14800 34th Avenue N

Who would raise your children if you died? Who will be your executor? Without a will, the laws in Minnesota and a judge decide. Class is taught by an experienced attorney in drafting wills- Adam Altman. Leave with a simple will prepared. Instruction and all of the necessary forms, witnesses and notaries are provided. This is an individual will.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Tu | Oct 27 6:30pm-8:30pm | Res \$38 Non Res \$46 | 35330-01 |

WHERE THERE'S A WILL THERE'S NOT ALWAYS A WAY

Plymouth Creek Activity Center, 14800 34th Avenue N

One of the most dangerous misunderstandings of estate planning is the belief that all you need is a will. Another myth is that wills take care of everything and avoid Probate. Finally understand the good, the bad, and the ugly concerning wills.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 24+ | Tu | Oct 20 6:00pm-7:30pm | Res \$20 Non-Res \$25 | 35321-01 |

INCOME TAXES AND RETIREMENT

Online

Preparing for retirement includes making choices that can affect your income taxes. Learn more about the financial impact of taxes and how to make the wise decisions that minimize their impact on you. Instr: Edward Sachs, Thrivent Financial

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|------|----------|
| 18+ | Tu | Sep 29 6:30pm-8:00pm | \$10 | 35332-01 |
| 18+ | Th | Oct 8 6:30pm-8:30pm | \$10 | 35332-02 |

RETIREMENT AND FUTURE PLANNING CONT'D.**THE TOP 10 ESTATE PLANNING MISUNDERSTANDINGS - VIRTUAL CLASS**

Online

One of the most dangerous misunderstandings of Estate Planning is the belief that all you need is a WILL (not true). Another common myth is that WILLS take care of everything and avoid Probate (hint: they don't). If you have struggled understanding the difference between Wills and Trusts, Healthcare Directives and Power of Attorney forms, you are not alone. In this one-hour educational program, you will finally understand the difference between these and other estate planning documents (what you need and what you don't), while also learning to avoid the most common—and costly—mistakes. Don't let your kids inherit a MESS. Come join us for a relaxed but thorough discussion on these and other estate planning fundamentals. Instr: Jeff Litfin, Certified Estate Planner, Generations Legal Services. Online Zoom instructions will be sent prior to the class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|------|----------|
| 24+ | Th | Oct 8 6:00pm-7:00pm | \$20 | 35306-01 |

ESTATE PLANNING 101

Online

Identify the loved ones and organizations you'd like to impact through your estate and get an overview of estate planning lingo and tools. Instr: Christy Boysen, Gift Planning Services.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|------|----------|
| 20+ | M | Sep 21 7:00pm-8:00pm | \$20 | 35391-01 |

WHO WILL INHERIT THE MESS?

Come learn the differences between WILLS and TRUSTs, how to avoid the pitfalls of Probate, and why it is vital that you (and your college-bound kids) have a current Power of Attorney and Health Care Directive form in place. This valuable presentation covers other important aspects of estate planning that most attorneys and advisors do not address—such as how beneficiary forms, Transfer on Death (TOD) and Payable on Death (POD) designations can be used to compliment a successful and comprehensive estate plan. Don't let your loved ones inherit a mess! Learn how to keep your estate out of court and how to make sure your assets pass quickly and smoothly to your beneficiaries. Finally, a workshop about estate planning that is informative, beneficial and non-intimidating. This workshop will be followed by a Q&A session. Instr: Jeff Litfin, Certified Estate Planner, Generations Legal Services.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------|------|----------|
|------|-----|-------------|------|----------|

Online class

| | | | | |
|-----|----|-------------------------|------|----------|
| 24+ | Th | Sep 10 6:00pm-7:00pm | \$20 | 35304-01 |
|-----|----|-------------------------|------|----------|

Plymouth Creek Activity Center, 14800 34th Avenue N

| | | | | |
|-----|----|-------------------------|--------------------------|----------|
| 24+ | Th | Nov 17 6:00pm-7:30pm | Res \$20 Non Res \$25 | 35304-02 |
|-----|----|-------------------------|--------------------------|----------|

SOCIAL SECURITY: TIMING IS EVERYTHING

Online

When should I apply for benefits? How can I maximize my benefits? How will this affect my spouse? Will I have enough to retire? Will my retirement income last? How will taxes affect my retirement? Learn how to sort through options to ensure the choices you make are tailored to your needs. Instr: Nick Christoff, Thrivent Financial.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|------|----------|
| 18+ | Th | Oct 8 6:30pm-7:30pm | \$10 | 35361-01 |

SAVVY SOCIAL SECURITY

Online

Learn the basics of Social Security strategies for maximizing your benefits, including five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security benefits, and how to coordinate Social Security with your other sources of retirement income. Edward Sachs, Thrivent Financial.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|------|----------|
| 18+ | Th | Sep 17 6:30pm-8:00pm | \$10 | 35373-01 |
| 18+ | Tu | Oct 20 6:30pm-8:00pm | \$10 | 35373-02 |

DON'T WORRY, RETIRE HAPPY

Online

In retirement every day can be like a Saturday. That's a lot of time to fill and it's important to have a plan. Learn from financial expert Tom Hegna's book Don't Worry, Retire Happy: 7 steps to a secure retirement. Instr: Edward Sachs, Thrivent Financial.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|------|----------|
| 18+ | Tu | Sep 22 6:30pm-8:00pm | \$10 | 35322-01 |
| 18+ | Th | Oct 29 6:30pm-8:00pm | \$10 | 35322-02 |

EDUCATION

TECHNOLOGY**HOW TO CUT THE CABLE CORD**

Plymouth Creek Activity Center, 14800 34th Avenue N

Cable (or satellite) television is the single most expensive utility for many households. Learn about viewing options that are free or a lower cost. Discuss pros/cons of cable, how to get internet without cable, how to get TV from your computer to your television, and more. Find out why and how thousands of TV watchers are ditching cable forever.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Tu | Dec 15 7:00pm-8:30pm | Res \$29 Non Res \$35 | 35340-01 |

HOW TO USE ZOOM - VIRTUAL CLASS

Online

Do you miss seeing your family and friends in-person? Learn how to connect with them virtually using one of the most popular online meeting tools today called Zoom. In this beginner level class you'll learn how to safely connect with your family and friends online, all while in the comfort of your home. Along with the basic features of Zoom, you will leave the class with top safety tips and online gathering etiquette so that you can be up to date on the best practices whether it's for work or play! Class handouts will be provided by email. No experience required.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|------|----------|
| 18+ | W | Oct 28 6:00pm-7:00pm | \$15 | 35319-01 |

**INTRODUCTION TO SOCIAL MEDIA - VIRTUAL CLASS**

Online

Do you want to learn what exactly social media is all about? This class will go over step-by-step basics for Facebook, Instagram, Snapchat, Twitter and YouTube. Common questions and insights on social media will be reviewed so that you're up to date on the latest buzz words and topics. Come and learn to share, search and connect. No prior experience required. Instr: Nickie Welsh, Social Club Simple Nickie Welsh

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|------|----------|
| 18+ | Th | Oct 15 6:00pm-8:00pm | \$20 | 35392-01 |

TRAVEL**INTERNATIONAL TRAVEL SAFETY PLANNING**

Plymouth Creek Activity Center, 14800 34th Avenue N

Build a personalized travel safety plan, focused on pre-departure preparedness using Travel HEROES™ Safety Certification Course. Learn about risks at your destination, local laws, customs, emergency numbers, Embassy assistance, avoiding illness, travel insurance, translating medical records. Students going abroad are encouraged to come with a parent/guardian to co-build a plan.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|--------------------------|----------|
| 18+ | Tu | Dec 8 6:30pm-8:30pm | Res \$39 Non Res \$47 | 35310-01 |



**DESTRESSING HOLIDAY**

Parkers Lake Park, 15205 county Road 6

The holidays can be equally difficult as they can be fun. It's easy to become a hot mess of stress trying to manage the ever-demanding holiday frenzy and absorb all that holiday stress until we melt down. This workshop provides powerful tips and techniques to De-Stress the Holidays! Explore how you can take control of bouts of pressure, anxiety and panic, utilizing yoga and meditation. Leave class with tools to help you stay calm and manage difficult moments during the holidays and every day.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|--------------------------|----------|
| 18+ | Th | Oct 1 7:00pm-9:00pm | Res \$24 Non Res \$28 | 35445-01 |

ESSENTIALLY GOOD GIFT MAKING

Parkers Lake Park, 15205 county Road 6

The ultimate workshop to create handmade gifts that are useful, healthful and fun using doTerra essential oils. Participants can make lotions and bath goodies, jewelry and ornaments. Handmade gifts for your favorite people (and pets). Walk away with an increased understanding about the positive impact that essential oils can have. Included with the workshop are 3 gifts. All materials are provided. Add'l gifts can be made for \$4 to \$6 each.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Th | Nov 12 7:00pm-9:00pm | Res \$24 Non Res \$28 | 35442-01 |

**FUSION FITNESS**

ZoYoga & Fitness, 112 Hamel Road

Full body workout using movement inspired by yoga, ballet, drumming and traditional exercises. You will be guided through effective and safe movement with a positive and welcoming community. Feel good about everything you can do and satisfied with your ongoing efforts to take good care of yourself. Beginners welcome. The fee is for unlimited classes in those time slots. All equipment provided.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|------|--------------------------------|--------------------------|----------|
| 16+ | M,W | Sep 14-Oct 7 5:45pm-6:45pm | Res \$59 Non Res \$69 | 35443-01 |
| 16+ | Tu,F | Sep 15-Oct 9 8:30am-9:30am | Res \$59 Non Res \$69 | 35443-02 |
| 16+ | M,W | Oct 26-Nov 18 5:45pm-6:45pm | Res \$59 Non Res \$69 | 35443-03 |
| 16+ | Tu,F | Oct 27-Nov 20 8:30am-9:30am | Res \$59 Non Res \$69 | 35443-04 |

PILATES PRINCIPLES ON THE REFORMER

Pilates MN, 864 Lake Street E, Wayzata

This virtual livestream class is for beginners learning the Principles of Pilates. The Pilates Principles give you a basic foundation to start building core stability, breathing techniques, and overall body strength. We teach to help you understand alignment and cue to keep you safe. We can also give good advice while on zoom as we are great at watching the body move and give you cues to improve.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 18+ | Sa | Sep 19-Oct 24 7:30am-8:20am | Res \$130 Non Res \$120 | 35437-01 |
| 18+ | Sa | Nov 7-Dec 12 7:30am-8:20am | Res \$130 Non Res \$120 | 35437-02 |

HEALTH & FITNESS

CARDIO STRENGTH & WELLNESS

Plymouth Creek Activity Center, 14800 34th Avenue N

Class involves intervals of cardio and weight training to build strength and aerobic capacity. This wellness workout that will focus on breathing exercises, balance work, yoga components and relaxation. We promote a strong and balanced body along with restoring a calm mind with a relaxing visualization. Bring a mat, small towel and water. ACE Certified Instructor Aleen Waters. No program: 11/25.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 18+ | W | Sep 16-Oct 21 5:30pm-6:30pm | Res \$54 Non Res \$60 | 35403-01 |
| 18+ | W | Oct 28-Dec 9 5:30pm-6:30pm | Res \$54 Non Res \$60 | 35403-02 |

FACIAL EXERCISE

Plymouth Creek Activity Center, 14800 34th Avenue N

Geared for women. Just like the rest of your body, the face has muscles that can be tightened to lift up what gravity pulls down no matter what age. Sagging jowls, droopy eyelids and turkey neck can be corrected through a 4-minute workout. Bring a small stand-up mirror and washcloth. Instruction booklet provided. Instr: Tessa Hill.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|--------------------------|----------|
| 18+ | W | Oct 7 6:00pm-7:30pm | Res \$24 Non Res \$28 | 35411-01 |



**LOST
AND
FOUND**

763-509-5200

Report items lost or found
at any of our programs or parks

TAI CHI CHIH

Tai Chi Chih® is a gentle, meditative and calming practice consisting of 19 movements and one pose which are designed to circulate and balance the vital energy of the body to optimize health and well-being; it can be done standing or seated. It is not a martial art. With daily practice, benefits may include improved balance and flexibility, reduced stress, blood pressure control, increased energy, better concentration, or improved immune function.

TAI CHI CHIH BEGINNER

Plymouth Creek Activity Center, 14800 34th Avenue N

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|--------------------------|----------|
| 18+ | Tu | Sep 8-Oct 27 10:00am-11:00am | Res \$52 Non Res \$60 | 35416-01 |
| 18+ | Tu | Nov 10-Dec 15 10:00am-11:00am | Res \$40 Non Res \$46 | 35416-02 |

TAI CHI CHIH INTERMEDIATE

Plymouth Creek Activity Center, 14800 34th Avenue N

Pre-requisite: Completion of a beginner class in Tai Chi Chih.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|--------------------------|----------|
| 18+ | Tu | Sep 8-Oct 27 11:30am-12:30pm | Res \$52 Non Res \$60 | 35417-01 |
| 18+ | Tu | Nov 10-Dec 15 11:30am-12:30pm | Res \$40 Non Res \$46 | 35417-02 |

TAI CHI FOR HEALTH

Plymouth Creek Activity Center, 14800 34th Avenue N

Using mind and body connection, Tai Chi practice creates internal strength through gentle relaxing movements. You increase balance, strengthen bones, improve flexibility and coordination. Tai Chi is a life-long exercise with many positive benefits for participants living with or without arthritis. The form is easy to learn and suitable for all ages. Wear loose fitting clothing and flat comfortable shoes. Instr: Cindy Bergstrom.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|--------------------------|----------|
| 18+ | W | Sep 16-Nov 4 6:45pm-7:45pm | Res \$58 Non Res \$66 | 35406-01 |

**SEE DEEP WATER RUNNING
ON PAGE 54**

**SEE ADULT FITNESS SWIMMING
ON PAGE 52**

HEALTH & FITNESS

YOGA

BLOOMA BARRE YOGA (BABYWEARING FRIENDLY)
Bloomer, 3900 Vinewood Ln N

All ages and levels of fitness experience welcome. This fast, fun class brings you a Bloomer Barre class that is adaptable for babies in carriers. Bloomer Barre utilizes targeted isometric movements to tone, lift, and engage muscle groups one at a time, sometimes even ones you didn't even know you had. Each class is full of energetic music, an encouraging, empowering instructor, and uses a blend of unique exercises on your mat or at the stable wooden barre, sometimes with a bit of cardio mixed in. Caregivers are invited to bring their baby (birth to pre-crawling) along in a carrier to this class to make getting in your workout a little bit easier while soaking up support from the community. Feeding or diaper changing in the space is welcome, and bringing baby is not required. With baby or without, this class is a perfect way to pack a lot of fitness into a fast, fun class.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|---------------------------|----------|
| 16+ | Th | Sep 10-Oct 29 7:45pm-8:45pm | Res \$96 Non Res \$105 | 35433-01 |

BLOOMA PRENATAL YOGA

Bloomer, 3900 Vinewood Ln N

All stages of pregnancy and levels of yoga experience welcome. Whether you are a new or experienced yoga student, our trained yoga teachers will guide you gracefully through meditation, breathing, and movement specialized for the prenatal body and mind. Designed to both nurture and challenge you, Bloomer prenatal yoga inspires trust in your birthing journey while providing an open community to discuss what you are experiencing. You'll benefit from much-needed relaxation, while strengthening the muscles that support your baby during pregnancy, birth and the postpartum period. Empower and inspire yourself for birth, bond with baby, and meet other mamas in your community.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|---------------------------|----------|
| 16+ | Th | Sep 10-Oct 29 6:30pm-7:30pm | Res \$96 Non Res \$105 | 35432-01 |

HATHA YOGA

Increase your energy, condition, relax tight muscles and release stiff joints. Your body will be challenged to align, strengthen and balance. Program for all levels. Monday focus: Slow Flow, Wednesday focus: Power Yoga/Vinyasa. Bring a mat and water. Instr: Jessica Spore.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|---|-----|-------------|------|----------|
| Plymouth Creek Activity Center, 14800 34th Avenue N | | | | |

| | | | | |
|-----|-----|--------------------------------|----------------------------|----------|
| 18+ | M,W | Sep 14-Oct 28 6:30pm-7:30pm | Res \$112 Non Res \$122 | 35408-01 |
| 18+ | M,W | Nov 2-Dec 16 6:30pm-7:30pm | Res \$112 Non Res \$122 | 35408-02 |

Zoom

| | | | | |
|-----|-----|--------------------------------|-------|----------|
| 18+ | M,W | Sep 14-Oct 28 6:30pm-7:30pm | \$112 | 35408-03 |
| 18+ | M,W | Nov 2-Dec 16 6:30pm-7:30pm | \$112 | 35408-04 |

RESTORATIVE YOGA

Parkers Lake Park, 15205 County Road 6

Just 15 – 20 minutes of conscious relaxation is as beneficial as 3 hours of sleep. Other results obtained during deep relaxation can include: lowering blood pressure, increased "good cholesterol", reductions in belly fat, digestion improvements, lowering blood sugar levels and reduction of muscle tension and general fatigue. Learn how to get into "rest and digest mode" deeply and completely in this gentle, nurturing series. Great for all levels. Bring a mat and blanket. No program: 11/30.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|---------------------------|----------|
| 18+ | M | Sep 14-Nov 2 7:30pm-8:45pm | Res \$96 Non Res \$105 | 35441-01 |
| 18+ | M | Nov 9-Jan 4 7:30pm-8:45pm | Res \$96 Non Res \$105 | 35441-02 |

YIN YOGA

Parkers Lake Park, 15205 County Road 6

Yin Yoga is a slow and restorative style that involves relaxing the body right up to one's healthy edge, really feeling into each and every part of the body, especially areas of pain. When we breathe deeply while outstretched, we release tension. This process results in feeling more balanced and less restless, giving back strength and energy. Great for people who stand all day, are tense, inflexible, or experience anxiety. Bring a mat and blanket. No program: 12/1.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|---------------------------|----------|
| 18+ | Tu | Sep 15-Nov 3 7:30pm-8:45pm | Res \$96 Non Res \$105 | 35440-01 |
| 18+ | Tu | Nov 10-Jan 5 7:30pm-8:45pm | Res \$96 Non Res \$105 | 35440-02 |

HEALTH & FITNESS

**YOGA WITH CLARE OCHRY****CHAIR YOGA**

Plymouth Creek Activity Center, 14800 34th Avenue N

A series of seated and standing yoga poses. Chair support modification offered. Designed to increase flexibility and balance. Restorative breathing emphasized and a final relaxation is included.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|--------------------------|----------|
| 18+ | M | Sep 14-Oct 26 10:30am-11:15am | Res \$56 Non Res \$64 | 35419-01 |
| 18+ | M | Nov 2-Dec 14 10:30am-11:15am | Res \$56 Non Res \$64 | 35419-02 |

MINDFUL MOVEMENTS YOGA

Plymouth Creek Activity Center, 14800 34th Avenue N

Blend your deep breathing techniques with mindful movements. Discover clarity of mind, strength of body and beauty of spirit. A mix of poses and meditations for a complete sense of well-being. All levels accepted.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|--------------------------|----------|
| 18+ | M | Sep 14-Oct 26 11:30am-12:30pm | Res \$56 Non Res \$64 | 35421-01 |
| 18+ | M | Nov 2-Dec 14 11:30am-12:30pm | Res \$56 Non Res \$64 | 35421-02 |

**YOGA EASY**

Plymouth Creek Activity Center, 14800 34th Avenue N

Enjoy a soothing stretch journey celebrating life with body, mind and spirit! Strengthens and conditions muscles as it relieves stiff joints and aids balance and breath. All postures have modifications. No program: 11/27.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 18+ | F | Sep 11-Oct 23 9:00am-10:00am | Res \$56 Non Res \$64 | 35420-01 |
| 18+ | F | Oct 30-Dec 18 9:00am-10:00am | Res \$56 Non Res \$64 | 35420-02 |

YOGA TONE

Plymouth Creek Activity Center, 14800 34th Avenue N

Safe strength training using light weights, infused with yoga alignment and breathing principles. Builds muscle and overall well-being. No program: 11/11.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|--------------------------|----------|
| 18+ | W | Sep 9-Oct 21 11:00am-12:00pm | Res \$56 Non Res \$64 | 35422-01 |
| 18+ | W | Oct 28-Dec 16 11:00am-12:00pm | Res \$56 Non Res \$64 | 35422-02 |

ZUMBA**ZUMBA GOLD**

Plymouth Creek Activity Center, 14800 34th Avenue N

Fitness class for senior adults that uses exciting Latin and international dance rhythms. Class is modified for beginner participants. No dance experience necessary. Comfortable clothing and workout shoes recommended. Using dance and fitness moves, experience a complete body workout.

Instr: Gina Galindo.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 18+ | Tu | Sep 15-Oct 27 9:00am-10:00am | Res \$56 Non Res \$64 | 35418-01 |
| 18+ | Tu | Nov 10-Dec 15 9:00am-10:00am | Res \$48 Non Res \$56 | 35418-02 |
| 18+ | Th | Sep 17-Oct 29 9:00am-10:00am | Res \$56 Non Res \$64 | 35418-03 |
| 18+ | Th | Nov 5-Dec 17 9:00am-10:00am | Res \$48 Non Res \$56 | 35418-04 |



WEATHER LINE
763-509-5205
 call for updates
 on class cancellations

ZUMBA LEVEL 1

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------|------|----------|
|------|-----|-------------|------|----------|

Plymouth Creek Activity Center, 14800 34th Avenue N

| | | | | |
|-----|---|--------------------------------|--------------------------|----------|
| 16+ | M | Sep 14-Oct 26 5:30pm-6:30pm | Res \$56 Non Res \$64 | 35409-01 |
| 16+ | W | Sep 16-Oct 28 6:45pm-7:45pm | Res \$56 Non Res \$64 | 35409-02 |
| 16+ | F | Sep 11-Oct 30 5:30pm-6:30pm | Res \$56 Non Res \$64 | 35409-03 |
| 16+ | M | Nov 2-Dec 14 5:30pm-6:30pm | Res \$56 Non Res \$64 | 35409-04 |
| 16+ | W | Nov 4-Dec 16 6:45pm-7:45pm | Res \$48 Non Res \$56 | 35409-05 |
| 16+ | F | Nov 6-Dec 18 5:30pm-6:30pm | Res \$48 Non Res \$56 | 35409-06 |

Zoom

| | | | | |
|-----|---|--------------------------------|------|----------|
| 16+ | M | Sep 14-Oct 26 5:30pm-6:30pm | \$56 | 35409-07 |
| 16+ | W | Sep 16-Oct 28 6:45pm-7:45pm | \$56 | 35409-08 |
| 16+ | F | Sep 11-Oct 30 5:30pm-6:30pm | \$56 | 35409-09 |
| 16+ | M | Nov 2-Dec 14 5:30pm-6:30pm | \$56 | 35409-10 |
| 16+ | W | Nov 4-Dec 16 6:45pm-7:45pm | \$48 | 35409-11 |
| 16+ | F | Nov 6-Dec 18 5:30pm-6:30pm | \$48 | 35409-12 |

ZUMBA LEVEL 2

Plymouth Creek Activity Center, 14800 34th Avenue N

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------|------|----------|
|------|-----|-------------|------|----------|

Plymouth Creek Activity Center, 14800 34th Avenue N

| | | | | |
|-----|----|--------------------------------|--------------------------|----------|
| 16+ | Tu | Sep 15-Oct 27 6:45pm-7:45pm | Res \$56 Non Res \$64 | 35410-01 |
| 16+ | W | Sep 16-Oct 28 5:30pm-6:30pm | Res \$56 Non Res \$64 | 35410-02 |
| 16+ | Tu | Nov 10-Dec 15 6:45pm-7:45pm | Res \$48 Non Res \$56 | 35410-03 |
| 16+ | W | Nov 4-Dec 16 5:30pm-6:30pm | Res \$40 Non Res \$46 | 35410-04 |

Zoom

| | | | | |
|-----|----|--------------------------------|------|----------|
| 16+ | Tu | Sep 15-Oct 27 6:45pm-7:45pm | \$56 | 35410-05 |
| 16+ | W | Sep 16-Oct 28 5:30pm-6:30pm | \$56 | 35410-06 |
| 16+ | Tu | Nov 10-Dec 15 6:45pm-7:45pm | \$48 | 35410-07 |
| 16+ | W | Nov 4-Dec 16 5:30pm-6:30pm | \$40 | 35410-08 |

SAFETY

**WOMEN'S SELF-DEFENSE**

Ultimate Martial Arts, 147 Hamel Road

Take control of the situation with basic self-defense moves that are easy to remember. Learn escapes, kicks and strikes that really work as well as what to do and say when in a compromised situation. Taught by Thomas M. Malone with over 30 years teaching experience and Black Belt Hall of Fame member.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 18+ | Sa | Nov 14 1:00pm-3:00pm | Res \$39 Non Res \$44 | 35212-01 |

SPORTS

BADMINTON**BADMINTON - ADULT OPEN**

Wayzata High School, 4955 Peony Lane

We supply the net and the birdies, you supply the racket. Limited number of loaner rackets available. Players must pre-register for this program. Registration is limited. No program: 10/15, 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 18+ | M | Sep 14-Oct 26 7:30pm-10:00pm | Res \$35 Non Res \$42 | 35213-01 |
| 18+ | Th | Sep 17-Oct 29 7:30pm-10:00pm | Res \$30 Non Res \$36 | 35213-02 |
| 18+ | M | Nov 2-Dec 14 7:30pm-10:00pm | Res \$35 Non Res \$42 | 35213-03 |
| 18+ | Th | Nov 12-Dec 17 7:30pm-10:00pm | Res \$25 Non Res \$30 | 35213-04 |

GOLF**GOLF - ADULT BEGINNER**

Parkers Lake Golf Center, 1050 Vicksburg Lane

From beginners to experienced players, we have a class that fits your ability and comfort level. Lessons are taught by Instructors from the Bryan Skavnak Golf Academy. Price includes all aspects of the class including golf balls. Bring your own clubs. Call 763-443-8090 on rainy days to see if the course is open. Rainouts will be made up the following week for each session.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 18+ | Sa | Sep 12-Oct 3 11:15am-12:15pm | Res \$81 Non Res \$93 | 35219-01 |
| 18+ | Su | Sep 13-Oct 4 3:00pm-4:00pm | Res \$81 Non Res \$93 | 35219-02 |

MARTIAL ARTS**SHOSHIN RYU JUJITSU ADULT**

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Classical Japanese Martial Art with the emphasis on Self Defense along with the improvement in one's character and spirit. The class integrates a variety of skills including throws, striking, kicking, grappling, weaponry and jujitsu into a powerful self-defense based art.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|--------------------------|----------|
| 13+ | Th | Sep 10-Oct 22 7:00pm-8:00pm | Res \$69 Non Res \$79 | 35217-01 |
| 13+ | Th | Nov 5-Dec 17 7:00pm-8:00pm | Res \$60 Non Res \$69 | 35217-02 |

SOCCER**ADULT OPEN SOCCER**

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Co-rec soccer on a social level. Not for aggressive/competitive players. No slide tackling; shin guards recommended. Teams formed on site by captains. Pre-registration required.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------------|----------|
| 18+ | M | Nov 2-Dec 21 9:00pm-10:30pm | Res \$109 Non Res \$120 | 35207-01 |
| 18+ | W | Nov 4-Dec 23 9:00pm-10:30pm | Res \$109 Non Res \$120 | 35207-02 |

SOCCER - ADULT OPEN

Parkers Lake Playfield, 15500 County Road 6

Co-Rec soccer on a social level. Not for the aggressive/competitive player. No slide tackling, shin guards recommended. Teams formed on site by captains each week. Pre-registration required.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-----------------------------------|--------------------------|----------|
| 18+ | W | August 26-Oct 14 7:30pm-9:00pm | Res \$37 Non Res \$44 | 35216-02 |

SPORTS

TABLE TENNIS**TABLE TENNIS - ADULT OPEN**

Wayzata High School, 4955 Peony Lane

We supply the tables, paddles, balls, and setup. Players rotate on the tables depending on the number of people. Players will need to pre-register for each session.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 18+ | Tu | Oct 6-Nov 3 7:30pm-10:00pm | Res \$25 Non Res \$30 | 35206-01 |
| 18+ | Tu | Nov 10-Dec 15 7:30pm-10:00pm | Res \$30 Non Res \$36 | 35206-02 |

VOLLEYBALL**VOLLEYBALL - ADULT OPEN**

Wayzata High School, 4955 Peony Lane

We supply the nets, volleyballs and setup. Players rotate on the court depending on the number of people. Participants will need to pre-register for this program. No program: 11/25.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|--------------------------|----------|
| 18+ | W | Oct 7-Nov 4 7:30pm-10:00pm | Res \$25 Non Res \$30 | 35214-01 |
| 18+ | W | Nov 11-Dec 16 7:30pm-10:00pm | Res \$25 Non Res \$30 | 35214-02 |

SPORTS - LEAGUES

LEAGUES**FALL 5X5 UNOFFICIATED BASKETBALL**

Armstrong High School, 10635 36th Avenue N

Full court; no referees, call your own fouls. Timekeeper supplied. Two divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|-------|----------|
| 18+ | M | Sep 14-Nov 16 6:00pm-10:00 pm | \$190 | 35220 |

FALL MEN'S OUTDOOR UNOFFICIATED SOCCER

Parkers Lake Playfield, 15500 County Road 6

Play 6 v 6 plus goalie. Depending on number of teams, two divisions based on competitive level. Returning teams may be moved up. Roster limit is 16.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|-------|----------|
| 18+ | Su | Sep 13-Oct 25 6:00pm-8:00 pm | \$315 | 35205 |

FALL SOCCER INDOOR OFFICIATED LEAGUE

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Play 6 v 6 plus goalie, 2 or 3 divisions based on competitive level. Returning teams may be moved up. Roster limit is 16. No program: 11/26.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|----------------------------------|-------|----------|
| 18+ | Th | Oct 29-Dec 17 8:00pm-11:15 pm | \$875 | 35206 |

FALL CO-REC UNOFFICIATED VOLLEYBALL

Armstrong High School, 10635 36th Avenue N

Play with up to 3 men and 3 women per team on the court (4 player minimum). Teams call their own violations. Roster limit is 12. Call 763-509-5200 to register or for details.

This is a Friday league.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|-------|----------|
| 18+ | F | Oct 2-Nov 20 6:30pm-10:00 pm | \$130 | 35203 |

WINTER 5X5 OFFICIATED BASKETBALL (WED)

Armstrong High School, 10635 36th Avenue N

Scrimmage game plus ten game season. Single-elimination playoff within division at end of season. Roster limit is 12. Teams are sanctioned by the MRPA. League champion advances to a state tournament. Call 763-509-5200 for roster and registration forms. No Play Dec 23 or Dec 30.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|-------|----------|
| 18+ | W | Dec 2-Feb 24 6:00pm-10:00 pm | \$625 | 35221 |

WINTER 5X5 OFFICIATED BASKETBALL (THURS)

Armstrong High School, 10635 36th Avenue N

Scrimmage game plus ten game season. Single-elimination playoff within division at end of season. Roster limit is 12. Teams are sanctioned by the MRPA. League champion advances to a state tournament. Call 763-509-5200 for roster and registration forms. No Play Dec 24 or Dec 31.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|-------|----------|
| 18+ | Th | Dec 3-Feb 25 6:00pm-10:00 pm | \$625 | 35222 |

SENIOR TRIPS

SENIOR TRIPS: ST. CROIX RIVER BOAT CRUISE

Meet at PCC Fireside Room

Enjoy a private two-hour cruise on the St. Croix River with your friends from Plymouth! Worry-free travel accommodations, lunch, and of course Fun! Deadline to register is Aug. 14

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|------------------------|---------------------------|----------|
| 50+ | Th | Sep 3 9:45am-5:00pm | Res \$85 Non Res \$100 | 35601-02 |

AUTUMN ORCHARD ADVENTURE

Plymouth Creek Activity Center, 14800 34th Avenue N

Enjoy a private tour of Minnesota's best Orchards, taste delicious cider, view trails, pick a pumpkin, shop in the gift shop, and enjoy lunch prepared by the gracious owners of the orchard.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------|--------------------------|----------|
| 55+ | M | Oct 5 10:00am-4:45pm | Res \$65 Non Res \$75 | 35602-01 |

ARBORETUM EXPERIENCE

Plymouth Creek Activity Center, 14800 34th Avenue N

Enjoy two very specialized private classes.
Nov 19: power of stone balancing. Must register by Nov 4.
Dec 15: a Bee Hive experience - tasting honey and making luminaries from beeswax. Must register by Nov. 30.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------|--------------------------|----------|
| 55+ | Th | Nov 19 12:30pm-4:00pm | Res \$70 Non Res \$80 | 35603-01 |
| 55+ | Tu | Dec 15 12:30pm-4:00pm | Res \$60 Non Res \$70 | 35603-02 |

EVENTS

VETERANS BREAKFAST

Plymouth Creek Activity Center, 14800 34th Avenue N

Join us for a breakfast honoring our local Veterans and recognizing their service to our country. All Veterans are free. Last day to register or cancel is Nov. 1.

| DAY | DATE & TIME | COST | ACTIVITY |
|-----|--------------------------|--------------------------|----------|
| Tu | Nov 10 9:30am-11:00am | \$10 for non-veterans | 35700-01 |

KENTUCKY DERBY

Plymouth Creek Activity Center, 14800 34th Avenue N

Don't miss the "most exciting two minutes in sports" from the comfort of Plymouth. Enjoy a true Kentucky Derby experience enjoying favorites like mint juleps, "betting" on your favorite horse, and games. Dress to impress and don't forget the hat! Light lunch provided.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------|--------------------------|----------|
| 55+ | Sa | Sep 10 11:30am-1:30pm | Res \$25 Non Res \$35 | 35707-01 |



COFFEE
WITH
Katie

THURSDAYS JULY 2-AUGUST 7 | 10:00-11:00AM

A new weekly event for Seniors! Meet the new Senior Program Supervisor and learn how Plymouth is adapting programs to meet your needs and keep you safe. Suggest ideas for future programs and voice concerns. Participate via phone or sign in to Zoom through a smart phone or computer. Registration is required.

ORAL HISTORY SERIES: PLYMOUTH

Plymouth Creek Activity Center, 14800 34th Avenue N

Plymouth Historical Society welcomes you to enjoy the oral history series. This series will feature residents' and historians' accounts on a variety of topics. The topic of immigrants old and new will allow Plymouth residents to provide insight into the foundations of Plymouth from the eyes of their ancestry and the journey to Plymouth. We will also look into the parallel of those first residents and today's newer immigrants and the decisions to make Plymouth home and how their culture and history contributes to our home.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------|------|----------|
|------|-----|-------------|------|----------|

Family Origins Immigrants New and Old

| | | | | |
|-----|----|-------------------------|--------------------------|----------|
| 55+ | Sa | Sep 26 1:00pm-3:00pm | Res \$14 Non Res \$17 | 35346-02 |
|-----|----|-------------------------|--------------------------|----------|

Cultural and Religious Influences

| | | | | |
|-----|----|-------------------------|--------------------------|----------|
| 55+ | Sa | Oct 24 1:00pm-3:00pm | Res \$14 Non Res \$17 | 35346-03 |
|-----|----|-------------------------|--------------------------|----------|

History of Heroes

| | | | | |
|-----|----|-------------------------|--------------------------|----------|
| 55+ | Sa | Nov 14 1:00pm-3:00pm | Res \$14 Non Res \$17 | 35346-04 |
|-----|----|-------------------------|--------------------------|----------|

HISTORICAL WALK THROUGH PARKER'S LAKE CEMETERY

Plymouth Creek Activity Center, 14800 34th Avenue N

On this historical walk through Parker's Lake Cemetery, learn the history of the cemetery, Plymouth's founding families and the Parker's Lake area. The group will meet at Parker's Lake Pavilion and walk to the cemetery. All participants must be comfortable walking two miles. Led by the Plymouth Historical Society.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|----------|-----|-------------------------|--------------------------|----------|
| all ages | Sa | Oct 10 4:00pm-6:00pm | Res \$14 Non Res \$17 | 35345-02 |

SENIOR GROUPS

| GROUP | MEETING DAY | TIME | CONTACT | FEE |
|---------------------------------|--|----------------|-----------------------|-----|
| 500 Card Club | Every Friday | 1:00–4:00pm | Linda: 952-448-9202 | YES |
| Antiques & Collectibles | Last Wed of Month No Meetings June - August | 1:30–3:30pm | Arlene: 763-559-9636 | YES |
| Arts Studio | Every Friday | 9:00–11:30am | David: 763-383-8921 | YES |
| Biking Club | Wednesdays (April - Oct.) | Times Vary | Bill: 763-546-7835 | YES |
| Book Club | 1st Wednesday | 1:30–2:30pm | Janice: 612-801-3680 | YES |
| Bridge - Party | Every Wednesday | 12:00pm–4:00pm | Diane: 763-473-6047 | YES |
| Duplicate Bridge Group | 2nd & 4th Wednesday | 12:00pm–4:00pm | Nancy: 763-559-3259 | YES |
| Computer Users Group | 4th Wednesday | 10:00am–Noon | John: 763-557-8087 | YES |
| Cribbage | Every Thursday | 12:30–3:00pm | Jeff: 763-551-9185 | YES |
| Current Events Discussion Group | Every Thursday | 9:45–11:45am | Jan 763-557-0140 | YES |
| Evening Bridge | Every Monday | 6:30pm–9:15pm | Diane: 763-473-6047 | YES |
| Mah Jongg | Every Tuesday | 12:30–4:00pm | 763-509-5280 | YES |
| Men's Club | 4th Tuesday | 9:00–11:00am | 763-509-5280 | YES |
| Needle Arts | 1st & 3rd Thursdays | 11:30am–2:30pm | Kay: 763-577-0753 | YES |
| Plymouth Handycrafters | 2nd & 4th Thursday | 1:00–3:00pm | Fran: 763-559-9316 | YES |
| Plymouth Rockers Chorus | Mondays, Feb-June, Sept-Dec | 9:00–11:30am | Marilou: 763-473-4404 | YES |
| Plymouth Senior Club | 3rd Monday (May-Dec) 4th Monday (Jan-Apr) No Meeting in July | 12:00–4:00pm | Sandy: 763-218-1611 | YES |
| Plymouth Woodcarvers | Every Thursday | 9:00am–12:00pm | Jim: 763-441-4279 | YES |
| Story Time Players | 1st & 3rd Tuesdays | 1:00–3:00pm | Randi: 218-791-2884 | YES |
| Writers Group | Every Monday | 1:00–3:00pm | Elaine: 763-473-5628 | YES |

SERVICES

| | | | | |
|-------------------------|--------------------------|-----------------|-----------------------------------|----|
| Caregiver Coaching | | | SCS: 612-770-7005 | NO |
| Caregiver Support Group | 3rd Wednesday each month | 10:00am–11:30am | Becky Allard, LSW 952-746-4028 | NO |
| Senior Outreach | by appointment | | SCS: 612-770-7005 | NO |

MINNESOTA HIGHWAY SAFETY
& RESEARCH CENTER DRIVING CLASSES

Plymouth Creek Activity Center, 14800 34th Avenue N

Taught by trained instructors, topics include changes in traffic laws, vehicle technology and defensive driving tips using educational videos and classroom training/discussion. Sessions are available in a basic (8-hour) first-time course or a refresher (4-hour) course. Please bring what you need for the day (eg. snack, lunch or beverage). Completion of this course allows for a 10% reduction on automobile insurance premiums in Minnesota for those ages 55 and over. Refresher course must be completed every three years for discount.

For class fees & registration contact
MN Hwy Safety Center toll free number: 1-888-234-1294

| DAY/DATE | COURSE | TIME |
|------------------------|-----------|----------------|
| Friday, September 11 | Refresher | Noon-4:00pm |
| Thursday, September 24 | Refresher | 10:00am-2:00pm |
| Tuesday, October 6 | Refresher | 4:30pm-8:30pm |
| Friday, October 16 | Refresher | Noon-4:00pm |
| Friday, November 13 | Refresher | Noon-4:00pm |
| Thursday, December 10 | Refresher | 4:00pm-8:00pm |



CLASS DESCRIPTIONS (please see schedule on following pages)



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

ADULT BEGINNER SWIMMING (AGES: 15+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety.

ADULT FITNESS SWIMMING (AGES: 15+)

Learn how to develop a fitness program in the water. Workouts will be provided based on skill level.

INFANT/TODDLER SWIMMING (AGES: 6 MOS-2.5)

A parent/child class that builds basic swimming skills and water safety knowledge. Using games and activities, the class will focus on water adjustment and basic comfort in front & back positions. One adult required to be in the water.

PRESCHOOL PARENT/CHILD SWIMMING (AGES: 2-4)

A class for those new to swimming or wishing to build on comfort and water safety skills learned in the Infant/Toddler class. Beginning swim skills introduced including: breath control, front & back position, and movement in the water. One adult per child required in the water.

SWIM STARS (AGES: 3-5)

A transition class for children who are 3-5 who are working on becoming more independent. The parent is in the water with the child for the first half of the classes and then the child will be with the instructor only.

PRESCHOOL 1 SWIMMING (AGES: 3-5)

This class is for those who have completed a parent/child class or a child comfortable in a class setting without a parent. Class introduces age appropriate basic swimming skills, breath control, bobbing underwater, supported front and back floats/glides and movement in the water (5-10 ft). (Ratio 4:1)

PRESCHOOL 2 SWIMMING (AGES: 3-5)

For preschoolers who are comfortable in the water. Expand on basic skills: bobbing underwater, unsupported front and back floats/glides, swim on front and back unsupported 6ft. Jump in water alone. (Ratio 4:1)

LEVEL 1 SWIMMING (AGES: 5-14)

This class is an introduction to water skills and builds basic swimming skills for comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control. (Ratio 5:1)

LEVEL 2 SWIMMING (AGES: 5-14)

This class is for those who have passed Level 1 or are able to float on front and back (5 sec) and independent swim (10 ft on front/back). Class builds on level 1 skills introducing front & back crawl, elementary backstroke and fundamental techniques while building endurance to swim front crawl (15 ft). (Ratio 6:1)

LEVEL 3 SWIMMING (AGES: 6-14)

A class for those who have passed Level 2 or have the equivalent skills. Class concentrates on stroke development, through guided practice, to swim front crawl & back crawl (15 yds each). 30 yd. endurance swim. Intro of elementary back stroke (15 ft), treading water, and diving introduction. (Ratio 6:1)

LEVEL 4 SWIMMING (AGES: 6-14)

A class for those who have passed Level 3 or have the equivalent skills. Class stresses technique and endurance with front & back crawl and elementary backstroke (25 yds). Class introduces breast stroke kick and dolphin kicks, diving progression, deep water skills, lap swimming, and 50 yds endurance swim. (Ratio 6:1)

LEVEL 5 SWIMMING (AGES: 8-14)

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer (ratio 6:1)

LEVEL 6 SWIMMING (AGES: 8-14)

Objectives: Perfect all strokes (front crawl and back crawl 100 yds., elementary backstroke, breaststroke, and sidestroke 50yds, butterfly 25yds), tread water 5 minutes, endurance swim 500yds (ratio 6:1)



AQUATICS

ADULT BEGINNER (AGES 15+)

| DAY | DATE | TIME | COST | ACTIVITY |
|------------------------------|---------------|---------------|-------|----------|
| 8 classes. No program: 10/17 | | | | |
| Sa | Sep 12-Nov 7 | 1:20pm-2:05pm | \$120 | 35800-01 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 2:00pm-3:15pm | \$60 | 35800-02 |

ADULT FITNESS SWIMMING (AGES 15+)

| DAY | DATE | TIME | COST | ACTIVITY |
|-------------------------------------|---------------|---------------|------|----------|
| 8 classes. No program: 10/16, 10/17 | | | | |
| Sa | Sep 12-Nov 7 | 1:20pm-2:05pm | \$80 | 35830-01 |
| F | Sep 18-Nov 13 | 7:30pm-8:15pm | \$80 | 35830-02 |
| 4 classes. No program: 11/28 | | | | |
| Tu | Nov 17-Dec 8 | 7:30pm-8:15pm | \$40 | 35830-03 |
| Sa | Nov 14-Dec 12 | 2:25pm-3:00pm | \$40 | 35830-04 |

INFANT/TODDLER (AGES 6 MONTHS-2.5)

| DAY | DATE | TIME | COST | ACTIVITY |
|------------------------------|---------------|-----------------|-------|----------|
| 8 classes. No program: 10/17 | | | | |
| Sa | Sep 12-Nov 7 | 8:30am-9:00am | \$120 | 31800-01 |
| Sa | Sep 12-Nov 7 | 11:00am-11:30am | \$120 | 31800-02 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 10:10am-10:40am | \$60 | 31800-03 |

PRESCHOOL PARENT/CHILD (AGES 2-4)

| DAY | DATE | TIME | COST | ACTIVITY |
|------------------------------|---------------|-----------------|-------|----------|
| 8 classes. No program: 10/17 | | | | |
| M | Sep 14-Nov 2 | 6:30pm-7:00pm | \$120 | 31801-01 |
| Sa | Sep 12-Nov 7 | 10:10am-10:40am | \$120 | 31801-02 |
| 6 classes. | | | | |
| M | Nov 9-Dec 14 | 7:15pm-7:45pm | \$90 | 31801-03 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 9:20am-9:50am | \$60 | 31801-04 |

SWIM STARS SWIMMING (AGES 3-5)

| DAY | DATE | TIME | COST | ACTIVITY |
|------------------------------|---------------|---------------|-------|----------|
| 8 classes. No program: 10/17 | | | | |
| Sa | Sep 12-Nov 7 | 9:20am-9:50am | \$120 | 31802-02 |
| 6 classes. No program: 11/28 | | | | |
| M | Nov 9-Dec 14 | 7:15pm-7:45pm | \$90 | 31802-03 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 8:30am-9:00am | \$60 | 31802-04 |

PRESCHOOL 1 (AGES 3-5)

| DAY | DATE | TIME | COST | ACTIVITY |
|------------------------------|---------------|-----------------|-------|----------|
| 8 classes. No program: 10/17 | | | | |
| M | Sep 14-Nov 2 | 7:15pm-7:45pm | \$120 | 32800-01 |
| Sa | Sep 12-Nov 7 | 9:20am-9:50am | \$120 | 32800-02 |
| 6 classes. No program: 11/28 | | | | |
| M | Nov 9-Dec 14 | 6:30pm-7:00pm | \$90 | 32800-03 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 11:50am-12:20pm | \$60 | 32800-04 |

PRESCHOOL 2 (AGES 3-5)

| DAY | DATE | TIME | COST | ACTIVITY |
|------------------------------|---------------|-----------------|-------|----------|
| 8 classes. No program: 10/17 | | | | |
| M | Sep 14-Nov 2 | 6:30pm-7:00pm | \$120 | 32801-01 |
| Sa | Sep 12-Nov 7 | 8:30am-9:00am | \$120 | 32801-02 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 10:40am-11:10am | \$60 | 32801-04 |

LEVEL 1 (AGES 5-14)

| DAY | DATE | TIME | COST | ACTIVITY |
|------------------------------|---------------|-----------------|-------|----------|
| 8 classes. No program: 10/17 | | | | |
| M | Sep 14-Nov 2 | 6:30pm-7:00pm | \$120 | 33800-01 |
| Sa | Sep 12-Nov 7 | 8:30am-9:00am | \$120 | 33800-03 |
| 6 classes. No program: 11/28 | | | | |
| M | Nov 9-Dec 14 | 7:30pm-8:00pm | \$90 | 33800-05 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 10:25am-10:55am | \$60 | 33800-07 |
| Sa | Nov 14-Dec 12 | 12:20pm-12:50pm | \$60 | 33800-08 |



ALL SWIMMING PROGRAMS MEET AT
WAYZATA EAST MIDDLE SCHOOL
 12000 Ridgemount Avenue

| LEVEL 2 (AGES 5-14) | | | | |
|------------------------------|---------------|-----------------|-------|----------|
| DAY | DATE | TIME | COST | ACTIVITY |
| 8 classes. No program: 10/17 | | | | |
| M | Sep 14-Nov 2 | 7:15pm-7:45pm | \$120 | 33801-01 |
| Sa | Sep 12-Nov 7 | 11:50am-12:15pm | \$120 | 33801-05 |
| 6 classes. | | | | |
| M | Nov 9-Dec 14 | 6:30pm-7:00pm | \$90 | 33801-06 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 8:30am-9:00am | \$60 | 33801-08 |
| Sa | Nov 14-Dec 12 | 11:00am-11:30am | \$60 | 33801-09 |
| Sa | Nov 14-Dec 12 | 12:35pm-1:05pm | \$60 | 33801-10 |



| LEVEL 3 (AGES 6-14) | | | | |
|------------------------------|---------------|-----------------|-------|----------|
| DAY | DATE | TIME | COST | ACTIVITY |
| 8 classes. No program: 10/17 | | | | |
| M | Sep 14-Nov 2 | 7:15pm-8:00pm | \$120 | 33802-01 |
| M | Sep 14-Nov 2 | 8:00pm-8:45pm | \$120 | 33802-02 |
| Sa | Sep 12-Nov 7 | 11:30am-12:15pm | \$120 | 33802-04 |
| Sa | Sep 12-Nov 7 | 9:20am-10:05am | \$120 | 33802-03 |
| 6 classes. | | | | |
| M | Nov 9-Dec 14 | 6:30pm-7:15pm | \$90 | 33802-05 |
| M | Nov 9-Dec 14 | 8:00pm-8:45pm | \$90 | 33802-06 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 8:30am-9:15am | \$60 | 33802-07 |

| LEVEL 4 (AGES 6-14) | | | | |
|------------------------------|---------------|-----------------|-------|----------|
| DAY | DATE | TIME | COST | ACTIVITY |
| 8 classes. No program: 10/17 | | | | |
| M | Sep 14-Nov 2 | 8:15pm-9:00pm | \$120 | 33803-01 |
| Sa | Sep 12-Nov 7 | 10:25am-11:10am | \$120 | 33803-02 |
| Sa | Sep 12-Nov 7 | 11:05am-11:50am | \$120 | 33803-03 |
| 6 classes. | | | | |
| M | Nov 9-Dec 14 | 8:00pm-8:45pm | \$90 | 33803-04 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 9:20am-10:05am | \$60 | 33803-05 |

| LEVEL 5 (AGES 8-14) | | | | |
|------------------------------|---------------|-----------------|-------|----------|
| DAY | DATE | TIME | COST | ACTIVITY |
| 8 classes. No program: 10/17 | | | | |
| Sa | Sep 12-Nov 7 | 10:10am-10:55am | \$120 | 33805-02 |
| Sa | Sep 12-Nov 7 | 12:10pm-12:55pm | \$120 | 33805-03 |
| 6 classes. | | | | |
| M | Nov 9-Dec 14 | 8:00pm-8:45pm | \$90 | 33805-04 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 9:35am-10:20am | \$60 | 33805-05 |
| Sa | Nov 14-Dec 12 | 11:15am-12:00pm | \$60 | 33805-06 |

| LEVEL 6 (AGES 8-14) | | | | |
|------------------------------|---------------|-----------------|-------|----------|
| DAY | DATE | TIME | COST | ACTIVITY |
| 8 classes. No program: 10/17 | | | | |
| Sa | Sep 12-Nov 7 | 12:35pm-1:20pm | \$120 | 33806-01 |
| M | Sep 14-Nov 2 | 8:00pm-8:45pm | \$120 | 33806-03 |
| 4 classes. No program: 11/28 | | | | |
| Sa | Nov 14-Dec 12 | 11:30am-12:15pm | \$60 | 33806-02 |



ALL SWIMMING PROGRAMS MEET AT
WAYZATA EAST MIDDLE SCHOOL
 12000 Ridgemount Avenue



AQUATICS

WATER SAFETY AIDE

Wayzata East Middle School, 12000 Ridgemount Avenue

A class for those interested in assisting swim instructors emphasizing safety, lesson levels and proper teaching techniques. Ten summer volunteer hours are required for class completion. Students may apply for the Plymouth Aquatic Program (must be 14 yrs old and complete 20 volunteer hours to apply). 4 classes.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|-------------------------------|------|----------|
| 14+ | Tu | Nov 17-Dec 8 6:00pm-6:45pm | \$60 | 34801-01 |

WOMEN'S ADULT BEGINNER SWIMMING

Wayzata East Middle School, 12000 Ridgemount Avenue

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety. Taught by female instructors. No program: 10/17, 11/28.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|----------------------|----------|
| 16+ | Sa | Sep 12-Nov 7 2:15pm-3:00pm | \$120 (8 classes) | 35802-01 |
| 16+ | Sa | Nov 14-Dec 12 1:20pm-2:05pm | \$60 (4 classes) | 35802-02 |

WOMEN'S FITNESS SWIMMING

Wayzata East Middle School, 12000 Ridgemount Avenue

Swim freely and comfortably in a space supervised and guarded by women. Workouts are provided. No program: 10/17, 11/28.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|---------------------|----------|
| 16+ | Sa | Sep 12-Nov 7 2:15pm-3:00pm | \$80 (8 classes) | 35803-01 |
| 16+ | Sa | Nov 14-Dec 12 1:20pm-2:05pm | \$40 (4 classes) | 35803-02 |

DEEP WATER RUNNING

Wayzata East Middle School, 12000 Ridgemount Avenue

Have an injury? Tired of your same old workout? This 30 minute class is the perfect addition to your routine. Allow yourself to experience a new challenge with absolutely zero impact. Water belts are provided or you can bring your own. No program: 10/16, 8 classes.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-------|--------------------------------|--------------------------|----------|
| 16+ | Tu,Th | Sep 15-Oct 8 6:15pm-7:00pm | Res \$30 Non Res \$37 | 35801-01 |
| 16+ | F | Sep 18-Nov 13 6:15pm-7:00pm | Res \$30 Non Res \$37 | 35801-02 |
| 16+ | Tu,Th | Oct 20-Nov 12 6:15pm-7:00pm | Res \$30 Non Res \$37 | 35801-03 |

SWIM CLINICS

Wayzata East Middle School, 12000 Ridgemount Avenue

These Clinic style swim lessons are designed to provide drills, games, and skills to develop more efficient strokes and endurance. 8 classes.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|--------|--------------------------------|----------------------------|----------|
| 16+ | Tu, Th | Sep 15-Oct 8 7:15pm-8:00pm | Res \$120 Non Res \$120 | 36218-01 |
| 16+ | Tu, Th | Sep 15-Oct 8 8:15pm-9:00pm | Res \$120 Non Res \$120 | 36218-02 |
| 16+ | Tu, Th | Oct 20-Nov 10 7:15pm-8:00pm | Res \$120 Non Res \$120 | 36218-03 |
| 16+ | Tu, Th | Oct 20-Nov 12 8:15pm-9:00pm | Res \$120 Non Res \$120 | 36218-04 |

TURKEY 2K

Swim away the calories before you eat them!

**WEDNESDAY
NOVEMBER 25**

AGES 12+ COST \$10

3:00PM-4:00PM
Registration number: 33807-01

4:00PM-5:00PM
Registration number: 33807-02

Swim 98 lengths
(49 laps) = a full 2K (2.5 miles)

Wayzata East Middle School
12000 Ridgemount Avenue

CLASS DESCRIPTIONS (please see schedule on following pages)

SKATING BEGINNERS (AGES: 4-6)

For children that have never been on ice. Helmets required.

SKATING BEGINNER/INTERMEDIATE (AGES: 4-6)

For children who have skated previously and can walk on the ice. They must know how to fall down and get up on their own.

SKATING PRE-ALPHA LEVEL 1 (AGES: 7-15)

For children that have very minimal skating experience. Helmets required at this beginner level.

SKATING PRE-ALPHA LEVEL 2 (AGES: 4-15)

Class Elements: One foot glide, right/left, two foot glide, forward/backward swizzles, backward wiggle, two foot turns in place, forward pumps on circles.

SKATING ALPHA (AGES: 4-18)

Pre-req: Pre-Alpha. Class Elements: Forward stroking, forward crossover (both directions), one foot snowplow stop, backward one foot glides, backward pumps on circle, moving two foot turns.

SKATING BETA (AGES: 4-18)

Pre-req: Alpha. Class Elements: Backward stroking, backward crossovers both directions, t-stop, backward edges on circle, side toe hop/shuffle, forward edges.

SKATING GAMMA (AGES: 4-18)

Pre-req: Beta. Class Elements: Forward outside 3-turns, inside open Mohawk, hockey stop, moving backward two foot turns on circle, chasse.

SKATING DELTA (AGES: 4-18)

Pre-req: Gamma. Class Elements: Forward inside 3-turn, forward consecutive edges, shoot the duck/lunge bunny hop, backward crossover to backward outside glide, backward outside edge transitions on circle.

SKATING FREESTYLE 1-6 (AGES: 4+)

Pre-req: Delta. Advanced figure skating lessons. Jumps and spins.

SKATING HOCKEY 1 (AGES: 4+)

For those who are starting to play or preparing to play hockey. This is NOT a beginner class. This is a skating skills class - no pucks or sticks. Participants must have hockey skates and know how to fall and recover. Class Elements: Proper stance, stationary snowplow stop, forward marching, dips and glides, backwards wiggle, stationary two-foot turns, forward swizzles, rocking horses, t-pushes.

SKATING HOCKEY 2 (AGES: 4+)

Pre-req: Hockey 1. For those with moderate skating experience. Must have hockey skates. Forward power swizzles, backward C-cuts, backward snowplow stops, forward/backward C-cuts on circle plus glides, skateboard push, t-push with glides.

SKATING HOCKEY 3 (AGES: 4+)

Pre-Req: Hockey 2. For those with considerable skating experience. Must have hockey skates. One-foot snowplow stops, full stride v-pushes, shuffle stride, backward hustle, forward and backward crossovers, hockey stops, quick starts, forward power turns, mohawks, alternating backward crossovers with wide transitions.



ALL SKATING PROGRAMS MEET AT THE
PLYMOUTH ICE CENTER

3650 Plymouth Blvd.



PLYMOUTH SKATE SCHOOL

OFFERS A FUN AND SAFE LEARNING ENVIRONMENT
FOR STUDENTS OF ALL AGES AND ABILITIES TO
LEARN HOW TO SKATE.

GENERAL INFORMATION

- Beginning levels are required to wear helmets.
- Skaters MUST be at least 4 years old by the start of the class – no exceptions will be made.
- Participants receive an open-skating punch card (free for 4 sessions), valid through one month after the registered session's end date.
- Rental skates – available for \$3/lesson.
- Parents are not allowed on the ice during class time.
- For safety reasons, no shoes allowed on the ice.

PROPER ATTIRE

Skaters will benefit more from a lesson with proper skates. We prefer boots be of leather rather than vinyl and they should have strong ankle support. Skates should not crease or buckle when worn, and should fit to the foot size and not have excess 'room to grow'. Blades should be of high tempered steel and properly sharpened. Double runner blades are NOT allowed.

It is important that all skaters are warm and comfortable while skating. We suggest dressing in layers and request all skaters to wear mittens or gloves.

SKATING

SKATING CONTRACT ICE

An opportunity for skaters to practice or take private lessons. If space is available, walk-ins will be \$16 per hour or \$8 per half hour. If interested, contact the Plymouth Ice Center, 763-509-5250.

NOTE: Coaches who are Skate School instructors will not be charged to teach on contract ice. All others pay for ice time.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|--------------------------------|------|----------|
| 0+ | Sa | Sep 26-Nov 21 8:30am-9:00am | \$60 | 36200-01 |
| 0+ | Su | Sep 27-Nov 22 2:15pm-3:15pm | \$60 | 36200-02 |

SKATING ADULT

Beginner through advanced levels using basic skills.

| AGES | DAY | DATE & TIME | COST | ACTIVITY |
|------|-----|---------------------------------|----------------------------|----------|
| 16+ | Sa | Sep 26-Nov 21 9:35am-10:10am | Res \$102 Non Res \$116 | 36201-01 |
| 16+ | Su | Sep 27-Nov 22 4:05pm-4:35pm | Res \$102 Non Res \$116 | 36201-02 |
| 16+ | Su | Sep 27-Nov 22 6:30pm-7:00pm | Res \$102 Non Res \$116 | 36201-03 |



BEGINNERS (AGES 4-6)

Res \$102 Non Res \$116

| DAY | DATE | TIME | ACTIVITY |
|-----|---------------|-----------------|----------|
| Sa | Sep 26-Nov 21 | 9:00am-9:30am | 36203-01 |
| Sa | Sep 26-Nov 21 | 9:35am-10:05am | 36203-02 |
| Sa | Sep 26-Nov 21 | 10:55am-11:25am | 36203-03 |
| Sa | Sep 26-Nov 21 | 11:30am-12:00pm | 36203-04 |
| Su | Sep 27-Nov 22 | 2:15pm-2:45pm | 36203-05 |
| Su | Sep 27-Nov 22 | 3:30pm-4:00pm | 36203-06 |
| Su | Sep 27-Nov 22 | 4:05pm-4:35pm | 36203-07 |
| Su | Sep 27-Nov 22 | 5:25pm-5:55pm | 36203-08 |
| Su | Sep 27-Nov 22 | 6:00pm-6:30pm | 36203-09 |

BEGINNER/INTERMEDIATE (AGES 4-6)

Res \$102 Non Res \$116

| | | | |
|----|---------------|-----------------|----------|
| Sa | Sep 26-Nov 21 | 9:00am-9:30am | 36204-01 |
| Sa | Sep 26-Nov 21 | 9:35am-10:05am | 36204-02 |
| Sa | Sep 26-Nov 21 | 11:30am-12:00pm | 36204-03 |
| Su | Sep 27-Nov 22 | 3:30pm-4:00pm | 36204-04 |
| Su | Sep 27-Nov 22 | 4:05pm-4:35pm | 36204-05 |
| Su | Sep 27-Nov 22 | 5:25pm-5:55pm | 36204-06 |
| Su | Sep 27-Nov 22 | 6:00pm-6:30pm | 36204-07 |

PRE-ALPHA LEVEL 1 (AGES 7-15)

Res \$102 Non Res \$116

| | | | |
|----|---------------|-----------------|----------|
| Sa | Sep 26-Nov 21 | 9:00am-9:30am | 36205-01 |
| Sa | Sep 26-Nov 21 | 11:30am-12:00pm | 36205-02 |
| Su | Sep 27-Nov 22 | 2:45pm-3:15pm | 36205-03 |
| Su | Sep 27-Nov 22 | 3:30pm-4:00pm | 36205-04 |
| Su | Sep 27-Nov 22 | 6:00pm-6:30pm | 36205-05 |

PRE-ALPHA LEVEL 2 (AGES 4-15)

Res \$102 Non Res \$116

| DAY | DATE | TIME | ACTIVITY |
|-----|---------------|-----------------|----------|
| Sa | Sep 26-Nov 21 | 9:00am-9:30am | 36206-01 |
| Sa | Sep 26-Nov 21 | 10:55am-11:25am | 36206-02 |
| Sa | Sep 26-Nov 21 | 11:30am-12:00pm | 36206-03 |
| Su | Sep 27-Nov 22 | 3:30pm-4:00pm | 36206-04 |
| Su | Sep 27-Nov 22 | 4:05pm-4:35pm | 36206-05 |
| Su | Sep 27-Nov 22 | 5:25pm-5:55pm | 36206-06 |
| Su | Sep 27-Nov 22 | 6:30pm-7:00pm | 36206-07 |

ALPHA (AGES 4-18)

Res \$102 Non Res \$116

| | | | |
|----|---------------|-----------------|----------|
| Sa | Sep 26-Nov 21 | 9:35am-10:05am | 36207-01 |
| Sa | Sep 26-Nov 21 | 10:55am-11:25am | 36207-02 |
| Su | Sep 27-Nov 22 | 3:30pm-4:00pm | 36207-03 |
| Su | Sep 27-Nov 22 | 5:25pm-5:55pm | 36207-04 |
| Su | Sep 27-Nov 22 | 6:30pm-7:00pm | 36207-05 |

BETA (AGES 4-18)

Res \$102 Non Res \$116

| | | | |
|----|---------------|-----------------|----------|
| Sa | Sep 26-Nov 21 | 10:10am-10:40am | 36208-01 |
| Su | Sep 27-Nov 22 | 4:40pm-5:10pm | 36208-02 |
| Su | Sep 27-Nov 22 | 6:30pm-7:00pm | 36208-03 |

GAMMA (AGES 4-18)

Res \$102 Non Res \$116

| | | | |
|----|---------------|-----------------|----------|
| Sa | Sep 26-Nov 21 | 10:10am-10:40am | 36209-01 |
| Su | Sep 27-Nov 22 | 4:40pm-5:10pm | 36209-02 |

| DELTA (AGES 4-18) | | | |
|---|---------------|-----------------|----------|
| Tuesday, Jun 16-Aug 4 Res \$102 Non Res \$116 | | | |
| Sa | Sep 26-Nov 21 | 10:10am-10:40am | 36210-01 |
| Su | Sep 27-Nov 22 | 4:40pm-5:10pm | 36210-02 |
| FREESTYLE 1-6 (AGES 4+) | | | |
| Res \$102 Non Res \$116 | | | |
| DAY | DATE | TIME | ACTIVITY |
| Sa | Sep 26-Nov 21 | 10:10am-10:40am | 36211-01 |
| Su | Sep 27-Nov 22 | 4:40pm-5:10pm | 36211-02 |
| HOCKEY 1 (AGES 4+) | | | |
| Res \$102 Non Res \$116 | | | |
| Sa | Sep 26-Nov 21 | 10:55am-11:25am | 36212-01 |
| Su | Sep 27-Nov 22 | 2:45pm-3:15pm | 36212-02 |
| Su | Sep 27-Nov 22 | 5:25pm-5:55pm | 36212-03 |
| HOCKEY 2 (AGES 4+) | | | |
| Res \$102 Non Res \$116 | | | |
| Sa | Sep 26-Nov 21 | 10:10am-10:40am | 36213-01 |
| Su | Sep 27-Nov 22 | 2:15pm-2:45pm | 36213-02 |
| Su | Sep 27-Nov 22 | 4:40pm-5:10pm | 36213-03 |
| HOCKEY 3 (AGES 4+) | | | |
| Res \$102 Non Res \$116 | | | |
| Su | Sep 27-Nov 22 | 6:00pm-6:30pm | 36214-01 |



ALL SKATING PROGRAMS MEET AT THE
PLYMOUTH ICE CENTER
 3650 Plymouth Blvd.

OPEN SKATING

Please note that the Open Skate schedule is subject to change.

TUESDAYS: 12:00PM–1:30PM

• Sep 1 - Dec 29

FRIDAYS: 6:45PM–8:15PM

• Sep. 4, 11
 • Oct 2-Nov 13
 • Dec 4, 11

6:15PM–7:45PM

• Dec 18

SUNDAYS: 1:45PM – 3:15PM

• Sep 6, 13
 • Oct 4-Dec 27

SUMMER SERIES



TUES, SEPT 1

REGISTRATION AT 4PM / CONTEST AT 5PM

PLYMOUTH SKATE PARK

PLYMOUTH CREEK PARK - 3625 FERNBROOK LN

PLYMOUTH PARKS AND RECREATION PRESENTS

THE HARBOR REVUE

A MONTHLY VARIETY SHOW
LIVE AT THE BLACK BOX THEATER

FEATURING COMEDY, STORIES, POETRY AND MUSIC

PLYMOUTH CREEK CENTER - 14800 34TH AVENUE

OCT. 16 & 17
DEC. 11 & 12

Showtimes 7:00pm

TICKETS:

\$15 ONLINE, \$20 AT DOOR

STUDENT/SENIOR DISCOUNT:

\$10 ONLINE, \$15 AT DOOR

Produced by Harbor Repertory Theater
with support from The Plymouth Arts Council

PLYMOUTHMN.GOV | WWW.HARBORREP.ORG

Santa's Mailbox



DROP OFF LOCATIONS:

Plymouth City Hall
Plymouth Ice Center
Plymouth Creek Center

Your child can drop off a letter to Santa

November 23-December 4.

All letters are responded to. Letters must include a
self-addressed-stamped envelope

OLD FASHIONED

Christmas

FREE COMMUNITY EVENT!

SATURDAY, DECEMBER 5, 2-5 PM
Plymouth Creek Park, 3625 Fernbrook Ln

Activities for all ages!

MUSIC IN PLYMOUTH

Although we weren't able to gather in person this year, watch for a virtual celebration of Music in Plymouth in late summer. The Plymouth Civic League and the City of Plymouth wish to thank the generous contributors to the event and we look forward to Music in Plymouth 2021!

THANK YOU!

musicinplymouth.org



plymouth
civic league

SEE 2K SWIM RACE EVENT
ON PAGE 54



SHOWCASING YOUR COMMUNITY

SATURDAY, APRIL 17

9AM-2PM | PLYMOUTH CREEK CENTER DOME, 14800 34th Ave N

Visit with local businesses, community groups and non-profits. Learn about city services and connect with City Council. Shop the marketplace for homemade and handmade goods. Explore health and wellness opportunities.

Discover your community.

NOW ACCEPTING VENDOR APPLICATIONS

Business • Home Improvement • Wellness • Volunteer Opportunities

Interested in being a vendor? Visit plymouthmn.gov/specialevents

PLYMOUTH PARKS & RECREATION

WWW.PLYMOUTHMN.GOV • 763-509-5200

HALLOWEEN **AT THE CREEK**



OCTOBER 30



Plymouth Creek Center, 14800 34th Ave N



PLYMOUTH
ARTS FAIR
ONLINE

online sales, demos and displays

FRIDAY, NOVEMBER 20 - FRIDAY, DECEMBER 11

VISIT WWW.PLYMOUTHMN.GOV/ARTSFAIR

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FOR YOUR CONTINUED SUPPORT
OF PLYMOUTH PARKS & RECREATION PROGRAMMING

