Plymouth Parks & Recreation Activities Guide

# WINTER PRING 2020

Registration Begins:
December 4 (Residents) / December 11 (Non-residents)

(6 a.m. online / 10 a.m. phone or in-person)

# **PLYMOUTH PARKS & RECREATION**

**EST 1974** 



**POPULATION** 78.351



ATHLETIC FIELDS



PARKS & FACILITIES



PARK BUILDINGS





**PLAYGROUNDS** 46



**OUTDOOR RINKS** 



# **OUR MISSION**

Enhancing the quality of life for all residents. Fostering individual and community in all aspects:

PHYSICAL · MENTAL · SOCIAL · ENVIRONMENTAL

**ANNUAL PARTICIPANTS** 31,444

**ANNUAL PROGRAMS** 2,141



East Medicine Lake Park

# **NEW OR RECENTLY RENOVATED PARKS**



#### New

Crooked Creek Park 4255 Walnut Grove Lane N

#### Renovated

**Imperial Hills Park** 18215 17th Avenue N

Sunrise Park 2995 Kilmer Lane N



2018

#### New

The Meadows 5720 Peony Court N opened 2019

#### Renovated

Green Oaks Park 2600 Zircon Lane N

East Medicine Lake 1740 E Medicine Lake Blvd



2019

#### New

Harvest Park 18101 61st Avenue N

#### Renovated

Zachary Playfield 4355 Zachary Lane N

### PLYMOUTH PARKS & RECREATION ACTIVITIES GUIDE

# WINTER/SPRING 2020

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#### NATIONAL ACCREDITATION

On October 27, 2010, Plymouth Parks and Recreation was recognized as an accredited park and recreation agency by the Commission for Accreditation of Park and Recreation Agencies (CAPRA).

Plymouth Parks and Recreation received re-accreditation September 14, 2015, and is proud to be one of only five Minnesota agencies to be nationally accredited.

### **%** CONTACT INFORMATION

#### MAIN PHONE NUMBERS

City Hall	763-509-5000
Parks & Forestry Office	763-509-5940
Plymouth Creek Center	763-509-5280
Plymouth Ice Center	763-509-5250
Weather Line	763-509-5205

#### PARKS & RECREATION • 763-509-5200

763-509-5220
763-509-5946
763-509-5281
763-509-5251
763-509-5283
763-509-5222
763-509-5225
763-509-5223
763-509-5228
763-509-5230
763-509-5941
763-509-5201

#### **CITY COUNCIL MEMBERS**

Jeffry Wosje, Mayor	jwosje@plymouthmn.gov
Alise McGregor, Ward 1	amcgregor@plymouthmn.gov
Nick Roehl, Ward 2	nroehl@plymouthmn.gov
Jim Davis, Ward 3	jdavis@plymouthmn.gov
Jim Prom, Ward 4	jprom@plymouthmn.gov
Ned Carroll, At Large	ncarroll@plymouthmn.gov
Jim Willis, At Large	jwillis@plymouthmn.gov

# PARK & RECREATION ADVISORY COMMISSION (PRAC) MEMBERS

Marilyn Sunseri, Ward 1
Dick Burkhardt, Ward 2
Vita Wilson, At Large
Michael Swanson, Ward 4
Margie DuPuis, At Large
Tricia DeBleeckere, Ward 3
Ann Hoekstra, At Large

marilynjsunseri@comcast.net richard.burkhardt@comcast.net vitawilson@edinarealty.com windupmike@comcast.net mdupuis1@msn.com tricialynn@gmail.com brigl003@umn.edu

Graphic Design & Layout by Libby Renslo-Nondorf

# REGISTER FOR PROGRAMS



#### PARKS & REC OFFICE HOURS

Monday-Friday, 8am to 4:30pm





Residents: December 4 6am online / 10am phone

6am online / 10am phone



Call the weather line for updates on class cancellations any time of the year.

763-509-5205



# GUIDES

The Parks & Rec Guide is published three times a year. The Winter/Spring guide is published in November. **Subscriptions for non-residents** are available for \$9/year.

Non-Residents: December 11

**Aquatics Programs: December 4** 6am online / 10am phone

# HOW TO SET UP **YOUR ONLINE ACCOUNT**



**GO ONLINE** 

plymouthmn.gov/recreation

Click the blue and grey "Register Online" button Click Create Account



**CREATE AN ACCOUNT** 

Enter information about yourself. Before you save, add family members that participate in recreation activities by clicking Add New Member.



SAVE

A quick approval process is required before your account is active. A confirmation will be emailed when your account is approved.





### QUESTIONS ON PROGRAMS OR REGISTERING?

763-509-5200 / recreation@plymouthmn.gov

#### FINANCIAL ASSISTANCE

- » Financial assistance application forms are available at: plymouthmn.gov or by calling 763-509-5200.
- » Program financial assistance dollars are available to assist families with children who meet income guidelines.
- » Funds are available to Plymouth residents only and only for children under 18 years of age.
- » Plymouth residents qualifying for assistance may purchase eight reduced price Lifetime passes per year at the Plymouth Parks & Recreation office (\$6.50 for adults and \$2.50 for children).

#### **REGISTRATION POLICIES**

- » Total fee must be paid at the time of registration.
- » Registrations are not accepted at program site.
- » We reserve the right to cancel programs if needed. Full refunds will be issued if a class is cancelled by the City.
- » Cancellations made by Parks and Rec will be sent via e-mail from the Recreation general e-mail account. Credits will be put on the household account to use at a later date or account holder may request to be refunded by the original payment method.
- » Waiting lists will be started if classes fill. Additional or expanded classes may be formed if possible.
- » A receipt may be emailed as a confirmation. Further confirmations will not be sent by mail. phone or fax.
- » When registering by phone, you are officially agreeing to the liability and photo waivers stated on the registration form.

#### WITHDRAWAL / TRANSFER POLICIES

- » Class transfers are available and must be made at least one full week prior to the first class unless noted otherwise.
- » Withdrawal/refund requests must be made at least one full week prior to the first class unless noted.
- » A \$5 service fee is retained on each withdrawal/refund request unless noted otherwise.
- » Withdrawals/transfers accepted by calling 763-509-5200. Faxed requests will not be accepted.
- » There are no refunds for missed classes or for withdrawals after the stated full week policy.

Liability Waiver: In consideration of your accepting this entry, I state and affirm that participation in the above program(s) is voluntary. I understand that the program(s) are not an essential service provided by the City; that certain risks are inherent and that these risks, anticipated or unanticipated, may result in injury or damage to persons and/or property. I hereby assume all risks in connection with the program(s); agree to hold the City or anyone acting on behalf of the City harmless and waive any right to make claims or bring lawsuits for any injuries or damages related to the alleged negligence of the City. This waiver does not apply to any injuries or damages that are a result of willful, wanton or intentional misconduct by the City or anyone acting on behalf of the City.

Photo Waiver: I understand that the City may use photographs taken at its programs that picture me or my dependents for publicity purposes.

# **VOLUNTEER OPPORTUNITIES**

Contact volunteer services: 763-509-5230 / plymouthmn.gov/volunteer / volunteer@plymouthmn.gov







# 1,600+ VOLUNTEERS MAKE A DIFFERENCE IN YOUR COMMUNITY

#### **SPECIAL EVENTS**

Open to individuals 14 years & older. Shift times and lengths vary.

#### Fire & Ice Outdoor Winter Festival Saturday, Feb. 1

Hardy, winter-loving Minnesotans are needed to help with outdoor games including havrides, ice mini-golf and snow bowling. The outdoor shifts are about two-hours long.

#### **Discover Plymouth**

Saturday, April 18

Volunteer positions include helping with set-up/take-down, registration, greeters and clean up.

#### Primavera Fine Arts Event

Thursday - Wednesday, April 15 - 21

Pre-event opportunities include hanging and checking in art. During the event, hand out programs, help with refreshments and assist with set up and clean up.

# MAKE A DIFFERENCE **VOLUNTEER!**

#### GENERAL OPPORTUNITIES

Must be 18 years or older

#### **Hockey Ticket Taker**

January - February

Be an ambassador for Plymouth while taking tickets at high school hockey games.

#### Community Emergency Response Team (CERT)

Provide support to police, fire and paramedic services at emergency scenes and disaster sites. Participate in community education, emergency preparedness planning, and crime, fire and injury prevention activities. CERT volunteers represent a wide range of ages, backgrounds and professions. Must be a Plymouth resident, be at least 21 years, have a Minnesota driver's license, pass a criminal background check and make a two-year commitment. Applications due Jan. 15. Contact 763-509-5230.

#### Spring Park and Trail Clean-up

Help keep Plymouth clean by picking up litter at a park or trail after the winter thaw. This project can be scheduled according to your availability and is great for individuals and/or groups of all ages. Bags are provided. Keep the efforts rolling by choosing a park or trail to keep clean from spring to fall. Call 763-509-5950 for a list of available parks and trails.

#### **SUMMER TWEEN VOLUNTEER PROGRAM - NEW!**

June. July. August

The Summer Tween Volunteer Program is an introduction to volunteering for students age 11-13. They will provide service to their community through three stand-alone volunteer activities. Sign up for one, two or all three events. Registration will begin March 18.

### **SUMMER TEEN VOLUNTEER PROGRAM**

June, July, August

The Summer Teen Volunteer Program is an excellent opportunity for teens 14 and older to learn leadership skills and gain valuable experience working with children while assisting with summer recreation programs. Teens choose the programs, locations and times that interest them

Recreation programs include playgrounds, sports and theatre programs. Teens must interview and attend a mandatory training session. Applications are available in mid-March by calling 763-509-5230 or going online to the City's website.

# PARKS & REC SERVICES

### ADAPTIVE RECREATION

REACH FOR RESOURCES provides programs for all ages and serves the northern and western Twin Cities suburbs. REACH programs include bowling, dances and trips.



952-200-3030



reachforresources.org

WINDOWS OF OPPORTUNITY provides programs for adults and serves the Robbinsdale School District 281. Program offerings include trips, dances, bike outings and computer classes.



**763-504-6990** 



ced.rdale.org

PROJECT SOAR provides programs for adults and serves four school districts: Hopkins, Minnetonka, St. Louis Park and Wayzata. Program offerings include trips, dances, arts and crafts, BINGO and cooking.



952-401-6898



projectsoarmn.org

#### **COURAGE KENNY REHABILITATION INSTITUTE**

provides programs for all ages and has locations in Burnsville, Golden Valley, Forest Lake and Stillwater. Program offerings include swim classes, sports and support groups as well as work and career skills.



**%** 612-863-4200



allinahealth.org/courage-kenny-rehabilitation-institute

### **INCLUSION SERVICES**

In compliance with the Americans with Disabilities Act of 1990, reasonable accommodations can be provided upon request to allow individuals with a disability to participate in Plymouth Parks & Recreation services. programs and activities.

Plymouth Parks & Recreation offers inclusion services. If you have questions regarding special needs and our inclusion services, please call 763-509-5200.

#### **INCLUSION POLICY**

Plymouth Parks & Recreation prides itself on providing quality programs and activities for people of all abilities. To create the best recreation experience for people with and without disabilities, we require a minimum of two weeks advance notice before the start of a recreation program or activity.

Without a two-week notice, Plymouth Parks & Recreation is not able to augrantee that individual requests can be met. If Plymouth Parks & Recreation cannot meet a given request due to short notice, the participant would be required to arrange for their own Personal Care Attendant (PCA).

No refund will be issued due to the lack of an inclusion aide if you register less than one week from the start of the program.

To ensure that each participant has the best possible experience, follow these steps:

- » Register and notify Recreation staff of any special needs a minimum of two weeks in advance
- » Complete and return the Participant Information Form.

### **SENIOR SERVICES**

Plymouth Parks & Recreation offers Senior Outreach Services in collaboration with Senior Community Services.

Senior Community Services is a nonprofit organization with a mission to develop, coordinate and provide services that help meet the needs of older adults and support their caregivers. For more information or to set up an appointment call 952-541-1019.



HONOR A VETERAN by having their name engraved on our Veterans Memorial wall located adjacent to City Hall. Any veteran who has been honorably discharged is eligible for engraving. For details and pricing, call 763-509-5200.

### **MEMORIALS**

The City offers opportunities to memorialize a person, pet or event by donating money for a bench or a tree. These unique items range in price from \$500 to \$2.500.

For details, contact Paul Buck at pbuck@plymouthmn.gov or 763-509-5944.

## LIFETIME™ FITNESS: PLYMOUTH

Plymouth residents may purchase daily passes for the pools and fitness club without the purchase of a LIFETIME™ Fitness membership, Daily rates are: Full club use: \$11.00 (adults), \$6.75 (youth 12-17), \$4.00 (youth under age 12) Pool only: \$8.25 (adults), \$4.00 (youth under age 12)

The City of Plymouth is not involved in LIFETIME's™ membership services or day-to-day operations. Contacting LIFETIME™ is strongly recommended prior to attending, as they have specific admittance requirements. For more information, call LIFETIME™ Fitness at 763-509-0909.

# SPECIAL USE FACILITIES 1 Plymouth Dog Park – 17005 Co Rd 47 2 Hilde Performance Center – 3500 Plymouth Blvd 3 Ice Center – 3650 Plymouth Blvd 4 Millennium Garden – 14800 34th Ave 5 Nature Canyon – 13919 45th Ave 6 Plymouth Creek Center/Fieldhouse – 14800 34th Ave

Skate Park – 3625 Fernbrook Ln

#### **PLAYFIELDS**

7

PLAT	LATFIELDS				
8	Bass Lake – 5450 Northwest Blvd				
9	Bass Lake Tennis Courts - Pineview Lane N & 54th Ave N				
10	Elm Creek – 4905 Peony Ln				
11	LaCompte - 10795 Old Co Rd 15				
12	Oakwood – 1700 Co Rd 101				
13	Parkers Lake – 15500 Co Rd 6				
14	Plymouth - 9755 36th Ave N				
15	Plymouth Creek – 3625 Fernbrook Ln				
16	Ridgemount - 11950 Ridgemount Ave W				
17	Zachary – 4355 Zachary Ln				

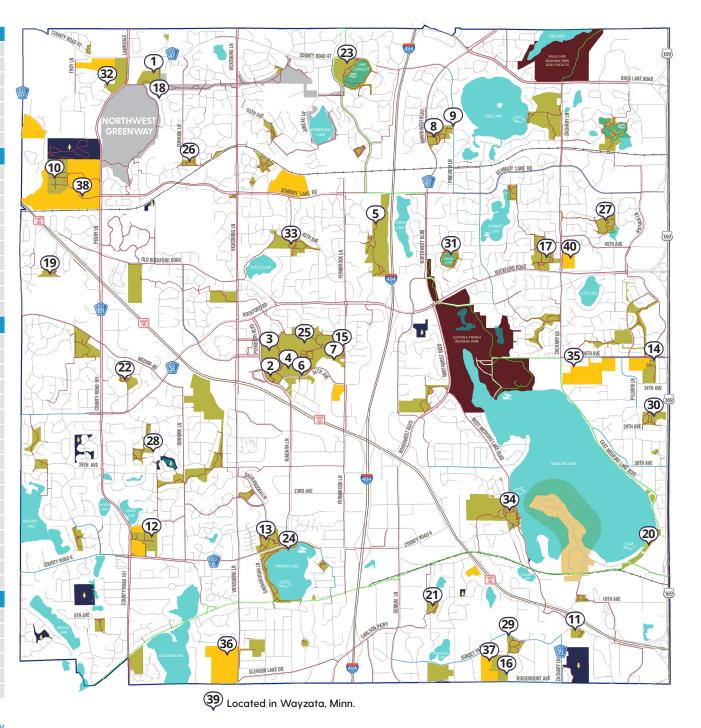
#### PARKS

PARK	( <b>S</b>
18	Aspen Ridge - 5670 Garland Ln N
19	Crooked Creek - 4255 Walnut Grove Ln N
20	East Medicine Lake - 1740 E Medicine Lk Blvd
21	Gleanloch - 735 Sycamore Ln N
22	Heather Ponds - 3426 Lawndale Ln N
23	Lake Camelot - 14105 Co Rd 47
24	Parkers Lake – 15205 Co Rd 6
25	Plymouth Creek - 14800 34th Ave N
26	Prairie Ponds - 5150 Dunkirk Ln N
27	Rolling Hills - 10355 48th Ave N
28	Shiloh - 2700 Jewel Ln N
29	St. Mary's - 401 Forestview Ln N
30	Sunrise - 2995 Kilmer Ln N
31	Swan Lake - 4480 Quinwood Ln N
32	The Meadows - 5720 Peony Court N
33	Turtle Lake - 14991 45th Ave N
34	West Medicine Lake - 1920 W Medicine Lk Dr

#### **SCHOOLS**

35	Armstrong Senior High – 10635 36th Ave
36	Wayzata Central Middle – 305 Vicksburg Ln
37	Wayzata East Middle School – 12000 Ridgemount Ave
38	Wayzata High School – 4955 Peony Ln
39	Wayzata West Middle School – 149 Barry Ave, Wayzata
40	Zachary Elementary – 4350 Zachary Ln

This map shows where activities are located.
To view the full Parks & Trails map, visit plymouthmn.gov



### **FIELDHOUSE**



763-509-5280



14800 34th Ave. N., Plymouth, MN 55447



plymouthmn.gov/facilities

Open	Open Play Information			
Activity	Toddler/Youth Open Play	Teen Open Play		
Age	12 years or younger	13-18 years old		
Day	Mon, Wed, Fri (starts Nov 1)	Mon, Wed, Fri (starts Nov 1)		
Time	10:30am-1:30pm	2:15pm-4:15pm		
Cost	Res: \$4 per child Non-Res: \$5 per child	Res: \$4 per child Non-Res: \$5 per child		

<sup>\*</sup> Open play may occasionally be canceled due to special events, field rentals, severe weather or dome maintenance.

#### Field Rentals - Dome opens Nov. 1

The Fieldhouse dome is inflated from November through mid-April, providing an indoor space for field rentals. The artificial grass surface is ideal for many sports and activities. Please call or visit the website for hourly rental rates and more information. A field permit is required to use the field. Full field is 60yds x 100yds Half field is 45yds x 60yds

#### BANNER ADVERTISING IN THE DOME

\$300 provides the opportunity to display your company's information on a banner in the Fieldhouse hanging just above eye level to 150,000 annual visitors.

Contact the Plymouth Fieldhouse for more information or questions. 763-509-5281 or cfleck@plymouthmn.gov

#### **Walking Track Information**

Walk or jog indoors for free during the winter months at the fieldhouse starting on November 1, 2019. Dome temperatures depend on the outdoor temperature and will range from 30-55 degrees.

The walking track schedule can vary depending on scheduled activities on the field

Call 763-509-5292 for the most up to date walking schedule.

5.25 laps = 1 mile. Baby strollers are permitted.

### PLYMOUTH CREEK CENTER



763-509-5280



14800 34th Ave. N., Plymouth, MN 55447



plymouthmn.gov/facilities

#### **FACILITY RENTAL INFORMATION**

Let the Plymouth Creek Center host your birthday party, meeting, seminar, family reunion, wedding reception or other special event.

CAPACITY	AMENITIES
Plymouth Room (1/	<sub>2</sub> or <sup>1</sup> / <sub>4</sub> room also available)
350 at round tables 400 audience	Carpeted room, stage, wood dance floor, sound & video system
The Alcove - A Uniq	ue Space
12-18 people	Commonly used as a dressing room for weddings or an informal meeting room. Casual seating, lounge furniture and a salon-style makeup bar with large mirrors.
Black Box Theater	
40 at tables 130 audience	Theatre style, sound & lighting, tiered seating.
Meeting Rooms	
40-50 classroom 50 audience	Tile floors, whiteboards
Fireside Room	
40 at round tables	Fireplace, lounge furniture
Millennium Garden	
300	Sound system

#### **BUY A BRICK AT THE MILLENNIUM GARDEN**

By purchasing a \$175 personalized brick, you will pave the walkways that meander through the gardens. Your paver will be personalized with an inscription of your choice.

### PLYMOUTH ICE CENTER



763-509-5250



3650 Plymouth Blvd., Plymouth, MN 55446



plymouthmn.gov/facilities

Home to Wayzata High School and Providence Academy hockey teams as well as Plymouth Skate School (pg 53-54). Rink A recently underwent a conversion from Olympic-sized rink to professional-sized. The facility now has three professional-sized sheets of ice.

PUBLIC OPEN SKATING - CALL FOR OPEN SKATE HOUR		
Activity/Item	Age	Cost
	18 & Older (Out of high school)	\$5
Open Skating	18 & Under (Including high school seniors)	\$3
Adult Open Hockey	18 & Older	\$6
ADDITIONAL IT	EMS AVAILABLE	
Item		Cost
Skate Rental	Skate Rental	
Skate Aid Rental		\$2
Skate Sharpening	9	\$5

FACILITY REN	FACILITY RENTAL		
	Center Ice Room	Blue Line Room	
Capacity	2,750 sq ft 125 max	870 sq ft 39 max	
Amenities	Kitchenette 37" TV & VCR Sound System	Overlooks Rink A conveniently located near entrance	
Rates	\$60/hour \$350/day	\$30/hour \$150/day	



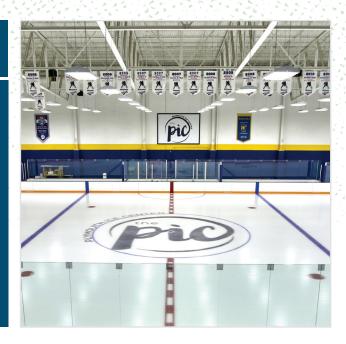
### **PUBLIC OPEN SKATING**

SUNDAYS: 1:45PM-3:15PM Jan 5, 12, 19, 26 / Feb 2, 9, 16, 23 / Mar 8, 15, 22

FRIDAYS: 6:45PM-8:15PM
Jan 3, 10, 24 / Feb 7, 14, 21 / Mar 6, 13, 20 / Apr 10

TUESDAYS: 12:00PM-1:30PM January 7-April 28

EXTRA OPEN SKATE DATES: 1/20, 1/24, 3/26, 3/30, 4/1, 4/2, 4/3 - 12:00pm-1:30pm, 2/17 - 12:45pm-2:15pm





2019-2020 OUTDOOR SKATING SEASON

# WARMING HOUSES

Mon, Dec 16 - Mon, Feb 17

Subject to change based on weather and safe ice conditions.

#### Warming House Rink Sites (staffed)

Oakwood, 1700 Co Rd 101

Plymouth Creek, 3625 Fernbrook Ln

🖺 Ridgemount, 12000 Ridgemount Ave

🖢 Zachary, 4355 Zachary Ln

#### Rink sites (non-staffed)

Bass Lake, 5450 Northwest Blvd

놀 LaCompte, 10795 Old Co Rd 15

Millennium Garden, 14800 34th Ave N
(Month of January only, weather dependent)

#### **General Information**

Rink lights stay on until 10 pm daily

Warming house sites close when:

The temp is -10 or below, when the wind chill is -25 or below, or the ice is deemed unsafe/unskatable.

Some rinks have scheduled activities posted on site.

#### **Regular Rink Hours**

Monday-Friday 5-8pm Saturday-Sunday 12-7pm

#### **Holiday Hours:**

Winter Break: Weekdays 2-7pm

 Robbinsdale District: Dec 23-Jan 3 (Plymouth Creek and Zachary)

 Wayzata District: Dec 23-31 (Oakwood, Ridgemount)

Christmas Eve (Dec 24) 12-5pm
Christmas Day (Dec 25) Closed
New Year's Eve (Dec 31) 12-5pm
New Year's Day (Jan 1) 2-7pm
Martin Luther King Day (Jan 20) 2-7pm
Presidents Day (Feb 17) 2-7pm



#### MUSIC FOR EVERYONE

Plymouth Creek Activity Center, 14800 34th Avenue N

Private 30-minute lessons are taught by qualified, experienced teachers. Beginner to intermediate students welcome. Learn new skills or improve those you already have. Develop your tone, rhythm and reading skills while you enjoy a variety of musical styles. Students will need their own instrument at home for practice. Piano students will need a piano with natural touch and at least 76 keys.

AGES: 7+

DAY: Mondays - Thursdays

WINTER SESSION: January 6 - March 19

**COST:** \$252

SPRING SESSION: April 6 - May 14

COST: \$154 RECITAL:

March 21 or March 22

#### **REGISTRATION**

Plymouth, Brooklyn Park and Maple Grove belong to this consortium. If you live in any of these cities, you qualify for the resident rate.

Before registering, call 763-509-5224 or email musicforeveryone@plymouthmn.gov to arrange lesson time.

- · Brass, Harp, Flute and Woodwinds
- · Piano
- · Viola, Violin or Guitar
- Voice

New students can start anytime during the session, subject to availability. Fees are pro-rated at \$22 per lesson. Bring the course registration receipt to the first class.

#### **CANCELLATION POLICY**

Lessons canceled by City or instructor will be made up.

Lessons canceled by the participant cannot be refunded and no make-up will be accommodated.

#### **EDUCATION**

#### MINNESOTA STARWATCH PARTY

Plymouth Creek Activity Center, 14800 34th Avenue N

Indoor orientation followed by time under the stars learning the constellations. Use large telescopes to view star clusters, nebulae and galaxies. Receive a packet with user-friendly star maps and info on apps, websites, a telescope-buying guide, and more. Even if it's the cloudy you'll still learn and will receive a WCCO Meteorologist Mike Lynch "Cloud Check" for a future class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
All	F	Apr 3	Res \$10	16300-01
ages		8:00pm-10:00pm	Non Res \$12	



#### MARTIAL ARTS

#### TAE KWON DO KARATE

Ultimate Martial Arts, 147 Hamel Road

Improve balance, coordination and overall physical health.
Build confidence, self-esteem and concentration. Register for 2 months and receive free uniform and belt test (limit: 2 uniforms/family-see instr for details). Fee is for unlimited classes during the month. Instr. Tom Malone, Martial Arts Hall of Fame Inductee.

#### **BEGINNER**

AGES	DAY	TIME	COST
5+	M,Tu,Th,F	6:00pm-6:45pm	Res \$134
	Sa	10:15am-11:00am	Non-Res \$147

DATE & ACTIVITY				
Jan 2-Jan 31	Feb 1-Feb 29	Mar 2-Mar 31	Apr 2-Apr 30	
16215-01	16215-02	16215-03	16215-04	

#### **ORANGE BELT & ABOVE**

AGES	DAY	TIME	COST
5+	M,Tu,Th,F	6:45pm-7:30pm	Res \$134
	Sa	10:15am-11:00am	Non-Res \$147

DATE & ACTIVITY				
Jan 2-Jan 31	Feb 1-Feb 29	Mar 2-Mar 31	Apr 2-Apr 30	
16216-01	16216-02	16216-03	16216-04	

# ABRAKADOODLE®: MOMMY/DADDY AND ME ART Plymouth Creek Activity Center, 14800 34th Avenue N

For toddlers/preschool students and their parent (or helper). Create art while developing fine motor, language and self-help skills. Messy fun accompanied by stories and songs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-4	Tu	Jan 7-Jan 28 10:00am-10:45am	Res \$73 Non Res \$84	11100-01
1.5-4	Tu	Feb 4-Feb 25 10:00am-10:45am	Res \$73 Non Res \$84	11100-03
1.5-4	Tu	Mar 3-Mar 24 10:00am-10:45am	Res \$73 Non Res \$84	11100-05
1.5-4	Tu	Apr 7-Apr 28 10:00am-10:45am	Res \$73 Non Res \$84	11100-07
1.5-4	Tu	May 5-May 26 10:00am-10:45am	Res \$73 Non Res \$84	11100-09

# MUSIC FOR EVERYONE FIRST STEPS IN MUSICLAND

Plymouth Creek Activity Center, 14800 34th Avenue N

Exposure to basic musical concepts and a wide variety of musical styles through fun activities. Parents and children will dance, sing and play while learning rhythm and fine/gross motor coordination. Instr: Kerri Olson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	W	Jan 8-Feb 12 9:30am-10:15am	Res \$58 Non Res \$67	11110-01
2-5	W	Jan 8-Feb 12 10:20am-11:05am	Res \$58 Non Res \$67	11110-02
2-5	W	Feb 19-Mar 25 9:30am-10:15am	Res \$58 Non Res \$67	11110-03
2-5	W	Feb 19-Mar 25 10:20am-11:05am	Res \$58 Non Res \$67	11110-04
2-5	W	Apr 8-May 20 9:30am-10:15am	Res \$68 Non Res \$78	11110-05
2-5	W	Apr 8-May 20 10:20am-11:05am	Res \$68 Non Res \$78	11110-06

#### KIDCREATE STUDIO®: GRANDPARENTS AND ME - EVERYDAY HEROES FIREFIGHTERS

Plymouth Creek Activity Center, 14800 34th Avenue N

Firefighters are brave and strong. They're everyday heroes! Join us as we create a cool painting of a fire truck that your little firefighter fanatic will love.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Jan 11 9:30am-10:30am	Res \$18 Non Res \$20	11104-01

# KIDCREATE STUDIO®: MY MESSY VALENTINE Plymouth Creek Activity Center, 14800 34th Avenue N

We'll throw and splatter paint on a canvas board to create a one-of-a-kind masterpiece. Nothing says "I love you" better than a hand-made aift!

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Feb 8 9:30am-10:30am	Res \$18 Non Res \$20	11105-01

# KIDCREATE STUDIO®: STORY TIME ART Plymouth Creek Activity Center, 14800 34th Avenue N

Each story will help us create our masterpieces. We'll swim with Swimmy, meet Yertle the Turtle, ride bikes with Curious George, and aet wild with Where the Wild Thinas Are.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	М	Feb 24-Mar 16 9:30am-10:30am	Res \$74 Non Res \$89	11113-01

# KIDCREATE STUDIO®: PLAY DATE WITH MOM Plymouth Creek Activity Center, 14800 34th Avenue N

In honor of Mother's Day, you and your child will create a beautiful hand print flower bouquet on a canvas board.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	May 9 9:30am-10:30am		11114-01

DANCE

#### **ADULT AND ME DANCE**

Plymouth Creek Activity Center, 14800 34th Avenue N

One adult can attend with up to two children (register children separately). We'll introduce various forms of dance for this program. Tennis shoes, bare feet, or ballet/jazz shoes and athletic clothing required, Instr: City of Plymouth Dance Staff. Recital costumes are an additional fee. Costume fees are approx. \$65. Payment due second week of class. Picture Day: Apr 26. Recital Rehearsal: May 1. Recital: May 2 & 3. 4/18 class held at Bass Lake Park Building, 5450 Northwest Blvd.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	Sa	Jan 4-Apr 25 2:30pm-3:00pm	Res \$170 Non Res \$187	11116-02

#### ONCE UPON A STAR:

#### **DADDY-DAUGHTER PRINCESS BALL**

Plymouth Creek Activity Center, 14800 34th Avenue N

Join Once Upon a Star's Ariel, Belle, Aurora and Elsa for an enchanted evening with your special adult-date. Each princess will enjoy dancing, crafting jewelry, creating a snack and posing for photos with our princesses. Registrants also receive a princess tote bag and castle gift to take home. Couples will have a photo taken with next-day proof access.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-8	F	Feb 7 6:30pm-8:00pm	Res \$42 Non Res \$50	11700-01

# TIPPI TOES® DANCE - TODDLER & ME Plymouth Creek Activity Center, 14800 34th Avenue N

A dance class for mom, dad or guardian to learn basic dance steps with your little dancer. We'll incorporate music, movement, balance and basic dance steps in a fun and positive environment.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-3	W	Jan 8-Feb 12 9:30am-10:15am	Res \$100 Non Res \$110	11109-01
1.5-3	W	Apr 8-May 13 9:30am-10:15am	Res \$100 Non Res \$110	11109-02

#### CHILDREN MUST BE ACCOMPANIED BY A CAREGIVER

**HEALTH AND FITNESS** 

**SPORTS** 

#### BLOOMA BRING YOUR OWN BABY YOGA Blooma: 3900 Vinewood Ln N

Nurture baby while caring for yourself. BYOB invites babies and their caregivers (parents, grandparents, nannies) to bond through loving touch, sight, sound and movement. Let baby in on the yoga practice physically, mentally and spiritually to build a strong bond of trust and security—the foundation of self-confidence for baby. You'll find a warm, supportive community—essential during the postpartum period.

AGES	DAY	DATE & TIME	COST	ACTIVITY
0-1	Tu	Jan 14-Mar 3 10:45am-11:45am	Res \$96 Non Res \$105	11404-01

#### BLOOMA LITTLE KIDS YOGA Blooma, 3900 Vinewood Ln N

Little Movers, Crawlers and Tots come together for yoga, songs and stories with their parents or caregiver(s). Bond with your tiny yogi, meet other parents in the community and get some of that pent-up energy from the week out as you sing, dance, and perform basic yoga postures together.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9 mo-4	Tu	Jan 14-Mar 3 9:45am-10:30am	Res \$56 Non Res \$64	11403-01

#### **PARENT & CHILD YOGA**

#### Parkers Lake Park, 15205 County Road 6

Learn the basic postures of yoga while integrating engaging games, movements, read-aloud books and mindfulness activities all centered on a theme. Children will learn the healthy benefits of yoga and will also learn how fun it can be, too. Kids will move alongside their parents through partner poses. Families will love this great way to bond and move together. Instr: Minnesota Kids Yoga Co.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Th	Jan 9-Feb 13 8:30am-9:15am	Res \$47 Non Res \$54	11402-01
3-6	Th	Feb 20-Mar 26 8:30am-9:15am	Res \$47 Non Res \$54	11402-02

#### YOGA TIME! FAMILY

Parkers Lake Park, 15205 County Road 6

Try it for FREE! Enjoy yoga with the whole family in this fun filled class. Yoga poses, stretching and breathing exercises promote flexibility, coordination and body awareness. Helps to improve concentration and focus. Promotes confidence, self-esteem and respect for others. Bring a yoga mat and water. Instr. Jessica Spore. No program: 2/1, 3/28, 4/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-10	Sa	Jan 11 10:15am-11:00am	Free	11400-01
3-10	Sa	Jan 18-Feb 29 10:15am-11:00am	Res \$65 Non Res \$75	11400-02
3-10	Sa	Mar 14-Apr 25 10:15am-11:00am	Res \$65 Non Res \$75	11400-03

#### **ZUMBINI**

#### Parkers Lake Park, 15205 County Road 6

Zumbini combines music, dance, and educational tools for 45 minutes of can't-stop, won't stop bonding, learning and fun! Sing, dance and play as you bond with your child. Silliness and wacky dance moves are not required, but highly encouraged. Parent, grandparent or caretakers attend along with a registered child. All participants will also receive a Zumbini bundle, complete with a song book, plush toy and 20 original songs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
0-4	Tu	Jan 14-Feb 18 9:15am-10:00am	Res \$95 Non Res \$105	11401-01

#### **MARTIAL ARTS**

#### MINDFUL MARTIAL ARTS AND SELF DEFENSE Plymouth World TaeKwonDo Academy, 11540 Bass Lake Road #2

Through dynamic martial arts exercises, drills and games, Grand Master Kastelle leads groups through classes structured to increase coordination, focus, body awareness and social skills. This program's commitment to each student's individual growth and progression is shown in its unique ranking and reinforcement system. Because participants each come in with different strengths and goals, individual physical and behavioral achievements are recognized and each student is rewarded for their efforts while also continuing to be challenged.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6+	М	Jan 6-Jan 27 6:30pm-7:15pm	Res \$69 Non Res \$79	11200-01
6+	М	Feb 3-Feb 24 6:30pm-7:15pm	Res \$69 Non Res \$79	11200-02
6+	М	Mar 2-Mar 23 6:30pm-7:15pm	Res \$69 Non Res \$79	11200-03

# PARENT/CHILD

**SPORTS** 

# PRESCHOOL

ARTS

#### **GYMNASTICS**

#### **TUMBLING TYKES**

Wayzata High School, 4955 Peony Lane (Enter at the Commons Door: East side of Building)

Emphasis on fun! Parent-child class. Explore basic gymnastics skills and improve motor skills, including safe use of gymnastics equipment. No program: 2/15, 3/7, 4/25, 5/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-4	Sa	Jan 4-March 14 9:00am-9:35am	Res \$128 Non Res \$140	12200-01
2-4	Sa	Jan 4-March 14 10:40am-11:15am	Res \$128 Non Res \$140	12200-02
2-4	Sa	Apr 18-May 30 9:00am-9:35am	Res \$73 Non Res \$82	12200-03
2-4	Sa	Apr 18-May 30 10:40am-11:15am	Res \$73 Non Res \$84	12200-04

# **TUMBLING TYKES AND FITNESS**Parkers Lake Park, 15205 County Road 6

Emphasis on fun! Parent-child class. Start a foundation of fitness, balance and strength with your child. Explore basic gymnastics skills and improve motor skills in a small class setting. Class

meets in the Parkers Lake Park Building.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	М	Apr 6-May 4 5:30pm-6:15pm	Res \$66 Non Res \$76	12201-01
2-3	М	Apr 6-May 4 6:25pm-7:10pm	Res \$66 Non Res \$76	12201-02
2-3	Tu	Apr 7-May 5 5:30pm-6:15pm	Res \$66 Non Res \$76	12201-03
2-3	Tu	Apr 7-May 5 6:25pm-7:10pm	Res \$66 Non Res \$76	12201-04

# ABRAKADOODLE®: PARENT'S MORNING OUT Plymouth Creek Activity Center, 14800 34th Avenue N

This fun morning is filed with favorite stories and fun art projects. We'll experiment with different materials including: painting, gluing, sticking and printing, while developing fine motor, language and self-help skills. Please bring beverage and nut-free snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Sa	Feb 29 9:00am-12:00pm	Res \$ 53 Non Res \$60	12100-01

#### **KIDCREATE STUDIO®: UNICORN SLIME**

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll learn the secret recipe for fabulous, glittery unicorn slime and take it home in a unicorn jar so sparkly that it's guaranteed to dazzle! Please bring a beverage and nut-free snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Sa	Feb 22 9:00am-12:00pm	Res \$ 46 Non Res \$57	12101-01

# MUSIC FOR EVERYONE PIANO FOR LITTLE MOZARTS

Plymouth Creek Activity Center, 14800 34th Avenue N

Explore beginning piano in a dual lesson format (two students per class - each register separately). Lessons include music facts, movements, singing, percussion instruments and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	W	Jan 8-Feb 12 11:15am-11:45am	Res \$ 84 Non Res \$96	12104-01
4-6	W	Jan 8-Feb 12 11:45am-12:15pm	Res \$ 84 Non Res \$96	12104-02
4-6	W	Feb 19-Mar 25 11:15am-11:45am	Res \$ 84 Non Res \$96	12104-03
4-6	W	Feb 19-Mar 25 11:45am-12:15pm	Res \$ 84 Non Res \$96	12104-04
4-6	W	Apr 8-May 20 11:15am-11:45am	Res \$ 98 Non Res \$113	12104-05
4-6	W	Apr 8-May 20 11:45am-12:15pm	Res \$ 98 Non Res \$113	12104-06

#### **BACH TO ROCK: ROCK CITY**

Bach to Rock - Plymouth, 345 Nathan Ln N

This high energy class focuses on foundational music skills; each week we'll introduce different instruments.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	М	Jan 13-Feb 3 1:30pm-2:15pm	Res \$123 Non Res \$135	12106-01
3-5	М	Apr 6-Apr 27 2:00pm-2:45pm	Res \$123 Non Res \$135	12106-02

# PRESCHOOL

DANCE

#### **BALLET & TAP 3-4**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Focus on ballet and tap technique, alignment and steps. Students will use these skills to perform fun and challenging sequences. Pink ballet slippers, black tap shoes and leotards/tights of your color choices are needed. Instr: City of Plymouth Dance Staff. \*\*

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	М	Jan 6-Apr 27 4:45pm-5:30pm	Res \$ 170 Non Res \$187	12102-01
3-4	Sa	Jan 4-Apr 25 9:00am-9:45am	Res \$ 170 Non Res \$187	12102-03
3-4	Th	Jan 9-Apr 30 6:00pm-6:45pm	Res \$ 170 Non Res \$187	12102-04

#### **CREATIVE MODERN 3-4**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

We'll introduce students to dance elements of ballet, jazz and modern with a focus on creative expression. Bare feet or ballet shoes required. Instr. City of Plymouth Dance Staff. \*\*

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Tu	Jan 7-Apr 28 5:00pm-5:30pm	Res \$ 170 Non Res \$187	12103-01

\*\*Costume fees are \$65 for Ballet and Tap, \$50 for Creative Modern. Payment due second week of class. Important dates: Picture Day- Sun., Apr. 26. Rehearsal - Fri., May 1. Recital - Sat., May 2 and Sun., May 3. Class on 4/18 will be held at Bass Lake Park Building: 5450 Northwest Blvd.

#### CREATIVE THEATER DANCE

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Was your child born for the stage? This course will introduce students to basic jazz dance and musical theatre dance moves. Students will develop body coordination while learning to dance with a group. Various creative movement exercises will be used to encourage the student's ability to express their individuality. Instr. Lisa Richardson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	М	Jan 6-Feb 10 5:15pm-6:00pm	Res \$ 65 Non Res \$75	12107-01

#### **EDUCATION**

## SCIENCE EXPLORERS: MUSICAL SCIENCE Bass Lake Playfield, 5450 Northwest Boulevard

Learn how sound travels while exploring octaves. Plus, make your own simple musical instrument. Join us as you make your own beautiful, yet scientific music.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6		Jan 23 9:30am-11:00am	Res \$ 19 Non Res \$23	12303-01

# SCIENCE EXPLORERS: MIXTURES AND MORE Bass Lake Playfield. 5450 Northwest Boulevard

Pour, mix, measure and stir. Join Science Explorers for an exciting morning as we formulate mixtures through open exploration, plus experiment with slime and magic crystals. Be sure to dress so you can get messy.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	Th	Feb 20 9:30am-11:00am	Res \$ 19 Non Res \$23	12305-01

#### SCIENCE EXPLORERS: AFRICAN SAFARI Bass Lake Playfield, 5450 Northwest Boulevard

Discover the wonders of Africa on your imaginary safari as we explore the grasslands of the Savannah and the amazing animals that live there. We will camp beside a waterhole while watching elephants, monkeys and crocodiles come for a drink. Stories, experiments and art projects will be part of our African safari.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	Th	Mar 19 9:30am-11:00am	Res \$ 19 Non Res \$23	12304-01

### SCIENCE EXPLORERS: WONDERS OF NATURE

Bass Lake Playfield, 5450 Northwest Boulevard

Have you ever wondered how animals survive in nature? Discover the strange and fascinating ways nature takes care of its animals. Discover how animals use mimicry, camouflage, movement and even sleep in order to survive. Join us for this fun, hands-on class as we look to nature and discover its wonders.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	Th	Apr 30 9:30am-11:00am	Res \$ 19 Non Res \$23	12313-01

#### SNAPOLOGY: JUNIOR ENGINEERS

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Young students build fun and simple models using DUPLO® blocks. By playing with and manipulating the models, they experience pulleys, levers, gears, wheels and axles while exploring energy, bouyancy and balance. Classes include free-building time to promote creativity.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Sa	Feb 22-Mar 14 9:00am-10:00am	Res \$ 60 Non Res \$70	12310-01



#### **HEALTH AND FITNESS**

#### **REVSPORTS - NINJA WARRIORS**

#### Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve running, jumping, balance and control, coordination, strength and agility. Each session is challenging, but FUN!

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Th	Jan 16-Feb 6 9:30am-10:00am	Res \$ 48 Non Res \$55	12402-01
3-5	Th	Jan 16-Feb 6 10:00am-10:45am	Res \$ 48 Non Res \$55	12402-02
2-3	Th	Feb 13-Mar 5 9:30am-10:00am	Res \$ 48 Non Res \$55	12402-03
3-5	Th	Feb 13-Mar 5 10:00am-10:45am	Res \$ 48 Non Res \$55	12402-04

#### **YOGA TIME!**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Fun-filled yoga, for kids only! Combine yoga with play. Poses, stretching and breathing exercises promote flexibility, coordination and body awareness. Learn more about the mindbody connection and how it helps to improve concentration and focus. Promotes confidence, self-esteem and respect for others. Bring a yoga mat and water. Certified Instr: Jessica Spore. No program: 3/24, 3/31.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-10	Tu	Jan 7-Feb 11 4:00pm-4:45pm	Res \$ 65 Non-Res \$75	12400-01
4-10	Tu	Feb 25-April 14 4:00pm-4:45pm	Res \$ 65 Non-Res \$75	12400-02

#### **SPORTS**

#### SKYHAWKS VOLLEYBALL MINI-SPIKERS

#### Armstrong High School, 10635 36th Avenue N

It is never too early to learn volleyball. Cool games, special equipment and tons of fun all make each class awesome. Players should wear appropriate clothing and bring a water bottle. No program: 2/8.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Sa	Jan 18-Feb 15 1:30pm-2:30pm	Res \$ 89 Non Res \$102	12209-01

#### SPORTS UNLIMITED SPORTS SAMPLER

#### Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Explore baseball, soccer, soft lacrosse and flag football. Bring appropriate clothing (shin guards recommended), baseball glove, snack and water.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	Jan 7-Jan 28 4:30pm-6:00pm	Res \$ 72 Non Res \$83	12202-01
4-6	Tu	Feb 4-Feb 25 4:30pm-6:00pm	Res \$ 72 Non Res \$83	12202-02

#### **MARTIAL ARTS**

#### LITTLE TIGER

#### Ultimate Martial Arts, 147 Hamel Road

Learn basic self-defense and martial arts skills, develop coordination and flexibility. Basic kicks and punches taught through exercises and fun games. Earn belts and stickers. Instr. Tom Malone

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Th	Jan 9-Feb 20 5:20pm-6:00pm	Res \$ 99 Non Res \$114	12208-02
3-5	Th	Apr 9-May 21 5:20pm-6:00pm	Res \$ 99 Non Res \$114	12208-04

#### **REVSPORTS:**

Parents are expected to participate. These are NOT leagues.

#### BASKETBALL

#### Armstrong High School, 10635 36th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Th	Mar 19-Apr 16 6:00pm-6:30pm	Res \$ 55 Non Res \$64	12212-01
3-5	Th	Mar 19-Apr 16 6:30pm-7:15pm	Res \$ 55 Non Res \$64	12212-02
4-6	Th	Mar 19-Apr 16 7:15pm-8:00pm	Res \$ 55 Non Res \$64	12212-03

#### **SOCCER**

AGES	DAY	DATE & TIME	COST	ACTIVITY	
Plymo	Plymouth Creek Center Fieldhouse, 14800 34th Avenue N				
2-3	W	Jan 22-Feb 19 4:30pm-5:00pm	Res \$ 55 Non Res \$64	12210-01	
3-5	W	Jan 22-Feb 19 5:00pm-5:45pm	Res \$ 55 Non Res \$64	12210-02	
Armst	rong Hi	gh School, 10635 - 3	36th Ave N		
2-3	Tu	Mar 17-Apr 14 6:00pm-6:30pm	Res \$ 55 Non Res \$64	12210-03	
2-3	Tu	Mar 17-Apr 14 6:30pm-7:00pm	Res \$ 55 Non Res \$64	12210-04	
3-5	Tu	Mar 17 - Apr 14 7:00pm-7:45pm	Res \$ 55 Non Res \$64	12210-05	

#### TBALL

#### Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	W	Jan 22-Feb 19 4:30pm-5:00pm	Res \$ 55 Non Res \$64	12211-01
3-5	W	Jan 22-Feb 19 5:00pm-5:45pm	Res \$ 55 Non Res \$64	12211-02

# **SUMMER** 2020

# **PRESCHOOL** PLAYGROUND PROGRAMS



**ACTIVITY** 

22315-01

22315-02

22315-03

22315-04

22315-05

22315-06

22315-07

22315-08 22315-09

# LITTLE ADVENTURES CAMP

Kids have a great time learning, playing and meeting new friends. Crafts, games, stories, songs and more. Designed to enhance your child's social and emotional growth, increase independence and promote creative play.

Sign up for sessions at your favorite site. Each week will have a different theme listed. Children participate without parent and must be toilet-trained. T-shirt included.

Staff ratio is 1:5. Please bring a nut-free snack and water for your child each day. Parent information packets will be emailed with your receipt when you register.

ZACHARY	DATE	THEME	ACTIVITY	PLYMOUTH	DATE	THEME	ACTIVITY
PLAYFIELD	Jun 16-18	Toy Story	22311-01	CREEK PLAYFIELD	Jun 16-18	Toy Story	22324-01
4355 Zachary Ln N	Jun 23-25	Let's Build!	22311-02	3625 Fernbrook Ln N	Jun 23-25	Let's Build!	22324-02
<b>AGES:</b> 3-5	Jun 30-Jul 2	Paw Patrol	22311-03		Jun 30-Jul 2	Paw Patrol	22324-03
DAY: Tu-Th TIME:	Jul 7-9	Sharks & Mermaids (water week)	22311-04	AGES: 3-5 DAY: Tu-Th	Jul 7-9	Sharks & Mermaids (water week)	22324-04
9:30am-11:30am	Jul 14-16	Frozen Summer	22311-05	TIME: 9:30am-11:30am COST: Res \$35 Non-Res \$40	Jul 14-16	Frozen Summer	22324-05
COST: Res \$35 Non-Res \$40	Jul 21-23	Crazy Kitchen Science	22311-06		Jul 21-23	Crazy Kitchen Science	22324-06
	Jul 28-30	Princesses & Super Heroes	22311-07		Jul 28-30	Princesses & Super Heroes	22324-07
	Aug 4-6	Curious George	22311-08		Aug 4-6	Curious George	22324-08
	Aug 11-13	Dr. Seuss	22311-09		Aug 11-13	Dr. Seuss	22324-09

# **SUMMER FUN DAYS**

Fun one-day programs for preschoolers. Staff will lead children in a variety of games, circle time activities, stories and arts and crafts related to the day's theme. Staff ratio is 1:5. Please bring a nut-free snack and drink for your child. Child must be toilet-trained and willing to participate without parent attending. Parent information packets will be emailed with your receipt when you register.

#### **MONDAYS - ZACHARY PLAYFIELD**

ZACHARY	DATE	THEME	ACTIVITY	PLYMOUTH	DATE	THEME
PLAYFIELD 4355 Zachary Ln N	Jun 15	Toy Story	22327-01	CREEK PLAYFIELD 3625 Fernbrook Ln N	Jun 19	Toy Story
	Jun 22	Let's Build!	22327-02		Jun 26	Let's Build!
<b>AGES:</b> 3-5	Jun 29	Paw Patrol	22327-03		Jul 3	Paw Patrol
DAY: Mon TIME:	Jul 6	Sharks & Mermaids (water week)	22327-04	AGES: 3-5 DAY: Fri	Jul 10	Sharks & Mermaids (water week)
9:30am-11:30am	Jul 13	Frozen Summer	22327-05	TIME:	Jul 17	Frozen Summer
COST: Res \$15	Jul 20	Crazy Kitchen Science	22327-06	9:30am-11:30am <b>COST:</b> Res \$15 Non-Res \$18	Jul 24	Crazy Kitchen Science
Non-Res \$18	Jul 27	Princesses & Super Heroes	22327-07		Jul 31	Princesses & Super Heroes
	Aug 3	Curious George	22327-08		Aug 7	Curious George
	Aug 10	Dr. Seuss	22327-09		Aug 14	Dr. Seuss

FRIDAYS - PLYMOUTH CREEK PLAYFIELD



Park Antics and Splash and Play will not meet Thursday, Aug. 6 due to the Kids Fest event.

### PARK ANTICS

Explore your neighborhood park and play with friends new and old. Each day will include structured games, free play, crafts and activities.

#### **MONDAY & WEDNESDAY MORNINGS (9 WEEKS)**

LOCATION	ACTIVITY
Shiloh Park	23349-01
2700 Jewel Ln N	
Parkers Lake Park 15205 Co. Rd. 6	23349-02
Swan Lake Park 4480 Quinwood Ln N	23349-03
The Meadows 5720 Peony Court N	23349-04
	Shiloh Park 2700 Jewel Ln N Parkers Lake Park 15205 Co. Rd. 6 Swan Lake Park 4480 Quinwood Ln N The Meadows

#### TUESDAY & THURSDAY MORNINGS (9 WEEKS)

DATE: Jun 16-Aug 13	LOCATION	ACTIVITY	
No program: 8/6	Prairie Ponds Park	23351-01	
<b>AGES:</b> 5-10	5150 Dunkirk Ln N		
DAY: Tu,Th	Turtle Lake Park 14991 45th Ave N	23351-02	
TIME: 9:30am-11:30am  COST: Res \$90  Non-Res \$105	Crooked Creek Park 4255 Walnut Grove Ln. N	23351-03	
Non Nes 5105	St. Mary's 401 Forestview Ln N	23351-04	

# YOUTH PLAYGROUND PROGRAMS

2020

Playground Programs are an awesome way to make friends, learn new things, play and have tons of fun. Programs are led by a great team of aspiring teachers and recreational professionals.

Check out the listings below to determine which program works best for you. Please have your child bring a water bottle each day. Parent information packets will be emailed with your receipt when you register.

**Weather Hotline:** Please check the weather hotline for cancellations in the event of inclement weather, **763-509-5205** 

### SPLASH & PLAY

All new program! Join your friends at the beach for swimming and then head to the playground for free play and structured games. Lifeguard will be present. Participants can bring a life jacket.

DATE: Jun 15-Aug 14	LOCATION	ACTIVITY		
No program: 8/6	MONDAY & WEDNESDAY AFTERNOONS			
<b>AGES:</b> 5-10 <b>TIME:</b> 1:00pm-4:00pm	East Medicine Lake 1740 E Medicine Lk Blvd	23350-01		
COST: Res \$100 Non-Res \$110	TUESDAY & THURSDAY AFTERNOONS			
Non-kes \$110	Parkers Lake Park 15205 Co. Rd. 6	23352-01		



# PARK ALL DAY

This all-day program for ages 5-10 gives kids the opportunity to spend a big part of their summer at the park. Each day will include structured games, crafts and activities and free play. Register for one week or all nine. Participants should bring a lunch and beverage each day as well as a few snacks. Each week will include a field trip. It is recommended that kids have completed kindergarten. Parent information packets will be emailed out before the start of the program.

Field Trip Calendar will be available in May

#### **BASS LAKE PLAYFIELD**

Bass Lake Playfield, 5450 Northwest Boulevard

AGES: 5-10	WEEK	DATE	ACTIVITY
	14.	1 / " A 1" A	
DAY: M-F	1 1	Jun 15-Jun 19	23353-01
<b>TIME:</b> 8:00am-4:30pm	2,	Jun 22-Jun 26	23353-02
COST: Res \$150 Non-Res \$165	3	Jun 29-Jul 3	23353-03
14011 Res \$103	4	Jul 6-Jul 10	23353-04
	5	Jul 13-Jul 17	23353-05
*WEEK 9:	6	Jul 20-Jul 24	23353-06
No program: 8/11 (due to elections)	7	Jul 27-Jul 31	23353-07
<b>COST:</b> Res \$120	8	Aug 3-Aug 7	23353-08
Non-Res \$132	9	Aug 10-Aug 14*	23353-09



# ALL ABOUT DRAWING DRAWING WITH CONFIDENCE Plymouth Creek Activity Center, 14800 34th Avenue N

Introduction to drawing and various materials. A professional artist will show you how to use different techniques and methods to draw all you can imagine with confidence. Instr. Tatiana Eletsky.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	Th	Feb 6-Mar 19 6:00pm-7:00pm	Res \$104 Non Res \$114	13109-01

#### WHEEL POTTERY CLASSES

Parkers Lake Park, 15205 County Road 6

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr. Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-15	W	Jan 8-Jan 29 4:30pm-6:30pm	Res \$95 Non Res \$109	13135-02
8-15	W	Feb 5-Feb 26 4:30pm-6:30pm	Res \$95 Non Res \$109	13135-03
8-15	W	Mar 4-Mar 25 4:30pm-6:30pm	Res \$95 Non Res \$109	13135-04
8-15	W	Apr 8-Apr 22 4:30pm-6:30pm	Res \$71 Non Res \$82	13135-05
8-15	W	May 6-May 27 4:30pm-6:30pm	Res \$95 Non Res \$109	13135-06

#### **BACH TO ROCK CAMPS**

#### **GLEE CLUB**

Bach to Rock - Plymouth, 345 Nathan Ln N

This class provides group learning emphasizing reading music, intonation, listening skills, rhythm and healthy vocal technique. The club will get to showcase their talent at live performances.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Jan 14-Feb 4 4:00pm-5:00pm	Res \$197 Non Res \$217	13138-05
7-14	W	Apr 8-Apr 29 4:00pm-5:00pm	Res \$197 Non Res \$217	13138-06

#### **GROUP UKULELE LESSONS**

Bach to Rock - Plymouth, 345 Nathan Ln N

Learning ukulele in a group setting, ending series with performance and CD Recording

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	М	Feb 3-Feb 24 3:30pm-4:30pm	Res \$197 Non Res \$217	13138-10
7-14	Tu	Apr 7-Apr 28 4:00pm-5:00pm	Res \$197 Non Res \$217	13138-11



#### ABRAKADOODLE®: ART LAB

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll learn techniques that artists use in their studios to create astonishing effects. You'll paint on canvas, watercolor paper, draw, sculpt, collage and more using professional artist's materials. Make room for amazing masterpieces! Bring a beverage and nut-free snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	Jan 25 9:00am-12:00pm	Res \$53 Non Res \$60	13100-01

# ABRAKADOODLE®: MIND BLOWING ART FUN Plymouth Creek Activity Center, 14800 34th Avenue N

Come to this awesome class and get ready to have a blast painting, learning to draw and sculpting clay. This all-day class is full of amazing projects like painting on real canvas, sculpting with clay, making an oil pastel artwork, painting with watercolors and much more. Bring a beverage and nut-free bagged lunch.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	Feb 15 9:00am-3:00pm	Res \$110 Non Res \$121	13101-01

# ABRAKADOODLE®: CLAY STUDIO Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to sculpt, coil, slab and pinch clay to make astonishing creations with different types of air dry clay. Bring a beverage and nut-free bagged lunch.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	Mar 7 9:00am-3:00pm	Res \$110 Non Res \$121	13102-01

#### ABRAKADOODLE®:

#### DAZZLING, SPARKLY ART STUDIO

Plymouth Creek Activity Center, 14800 34th Avenue N

In this wildly-creative class we'll draw, paint and collage using glitter, sequins and gems to make our artwork sparkle. We'll also work with clay as we make sparkling masterpieces. Please bring a drink and nut-free snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	Sa	Apr 25 9:00am-12:00pm	Res \$53 Non Res \$60	13128-01

# ARTISTIC MOMENTS: COOKIE DECORATING Plymouth Creek Activity Center, 14800 34th Avenue N

Create your very own cookie designs using a special needle-like scribe tool and colorful royal icing to create beautiful works of art! No previous experience necessary. All artistic abilities are welcome! Please Note: If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Th	Jan 16 5:30pm-7:00pm	Res \$31 Non Res \$37	13104-01

# ARTISTIC MOMENTS: VALENTINES CANDY ART Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to pour candy coating into festive molds. Have fun dipping, swirling and sculpting tasty treats. You can even add colorful candy sprinkles for a final touch. Take some home after class or give as a gift to someone special!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Th	Feb 13 5:30pm-7:00pm	Res \$31 Non Res \$37	13126-01

#### **ARTISTIC MOMENTS:**

#### PRINTMAKING - FOAM BOARD CARVING

Plymouth Creek Activity Center, 14800 34th Avenue N

This fun course exposes you to the world of basic printmaking. You'll create and carve your own unique designs to roll out on card stock. You'll make several prints and pick your favorites to be matted.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М	Mar 16 5:30pm-7:00pm	Res \$31 Non Res \$37	13127-01

# ARTISTIC MOMENTS: CUPCAKE ART FONDANT Plymouth Creek Activity Center, 14800 34th Avenue N

Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut and sculpt colorful fondant. You will have fun creating festive cupcakes. Please Note: If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	F	Apr 24 5:30pm-7:00pm	Res \$31 Non Res \$37	13131-01

# ARTISTIC MOMENTS: GARDEN STEPPING STONES Plymouth Creek Activity Center, 14800 34th Avenue N

Create a beautiful work of art for your garden by arranging colorful pieces of cut glass, rocks, glass pebbles and/or other embellishments to your stone. Projects can be taken home the same day, but will need to set after class. Cure time is approximately one week.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М	May 18 5:30pm-7:00pm	Res \$31 Non Res \$37	13132-01

# KIDCREATE STUDIO®: LOL SURPRISE DOLLS Plymouth Creek Activity Center, 14800 34th Avenue N

Come and create awesome L.O.L. Surprise projects using clay, paint and more. We'll even make a diorama that a real L.O.L. Surprise Doll could call home. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Jan 11 1:00pm-4:00pm	Res \$47 Non Res \$56	13105-01

# KIDCREATE STUDIO®: PARENT & CHILD DATE NIGHT - VALENTINE'S DAY CRAFT Plymouth Creek Activity Center, 14800 34th Avenue N

What better way to celebrate Valentine's Day than by creating masterpieces with your child? You and your child will follow easy step-by-step instructions as you create your own heart-themed painting. These masterpieces will be inspired by artist Jim Dine. Each parent and child will create their own masterpiece on a real canvas board.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Th	Feb 6 6:30pm-8:00pm	Res \$50 Non Res \$58	13107-01

#### KIDCREATE STUDIO®: SQUISHIES

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll use air-dry clay, Model Magic®, and paint to create a squishy sculpture that's totally adorable. Get ready to display this way-too-silly sculpture! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Feb 8 1:00pm-4:00pm	Res \$47 Non Res \$56	13106-01

MORE KIDCREATE STUDIO® CLASSES ON PAGE 18



# KIDCREATE STUDIO®: HOW TO DRAW A UNICORN Plymouth Creek Activity Center, 14800 34th Avenue N

We'll learn how to draw a mystical unicorn using a simple step-

We'll learn how to draw a mystical unicorn using a simple stepby-step process. The final project will then be created using a super cool scratch board technique! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	Sa	Mar 14 1:00pm-4:00pm	Res \$47 Non Res \$56	13108-01

# KIDCREATE STUDIO®: PARENT & CHILD DATE NIGHT - MOTHERS DAY CRAFT

Plymouth Creek Activity Center, 14800 34th Avenue N

What better way to celebrate Mother's Day than creating masterpieces with your child? You and your child will follow easy step-by-step instructions as you create matching collages with a garden theme. Each duo will create their own masterpiece on a real canvas board.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	Th	May 7 6:30pm-8:00pm	Res \$50 Non Res \$58	13110-01

#### DANCE

Recital costumes are an additional fee. Payment due second week of class. Costume fees are approx. \$65 for Ballet 5-6, \$100 for Ballet 7-8, \$115 for 9-11, \$50 for Creative Modern, \$60 for Contemporary Modern, \$75 for Jazz and Hip Hop 6-8, \$100 for Jazz and Hip Hop 9-11. Picture Day: Apr 26. Recital Rehearsal: May 1. Recital: May 2 & 3. Saturday, Apr 18 classes will be held at Bass Lake Park Building, 5450 Northwest Blvd.

#### **CONTEMPORARY MODERN**

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on creative movement and expression through dance. Students learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. Instr. City of Plymouth Dance staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-11	Th	Jan 9-Apr 30 6:45pm-7:45pm	Res \$170 Non Res \$187	13120-01

#### **CREATIVE MODERN**

Plymouth Creek Activity Center, 14800 34th Avenue N

Participants will create their own choreography, explore modern dance technique and play interactive creative movement games. Leotard/Tights and/or activewear required. Students will dance barefoot. Instr: City of Plymouth Dance staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Tu	Jan 7-Apr 28 5:30pm-6:15pm	Res \$170 Non Res \$187	13137-01

#### **JAZZ & HIP HOP**

Plymouth Creek Activity Center, 14800 34th Avenue N

This fun, high-energy class will focus on jazz and hip hop at a beginner level. Students will experiment with rhythm, energy and musicality while practicing big movements and performance qualities. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Sa	Jan 4-Apr 25 1:30pm-2:30pm	Res \$170 Non Res \$187	13121-01
9-11	Sa	Jan 4-Apr 25 12:15pm-1:30pm	Res \$170 Non Res \$187	13121-02

#### **BALLET & TAP**

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences that will be expanded each week. Ballet shoes, tap shoes and leotards/tights or activewear required. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	М	Jan 6-Apr 27 5:30pm-6:15pm	Res \$170 Non Res \$187	13118-01
5-6	Sa	Jan 4-Apr 25 9:45am-10:30am	Res \$170 Non Res \$187	13118-03
7-8	Tu	Jan 7-Apr 28 6:15pm-7:15pm	Res \$170 Non Res \$187	13118-04
9-11	М	Jan 6-Apr 27 6:15pm-7:30pm	Res \$170 Non Res \$187	13118-06



#### THEATER WORKSHOPS WITH DEBORAH SCHEE

These theatrical workshops will use games and activities to help students learn the basics of acting, such as using your voice on stage, building a character and stage positions. Using props, music and costume pieces, we'll present a final production for family and friends on the final day of class. Please wear closed-toe shoes and dress comfortably.

#### **BROADWAY KIDS: WILLY WONKA JR**

Plymouth Creek Activity Center, 14800 34th Avenue N

Golden tickets, Oompa Loompas and chocolate! Our "little kids" version of this classic story will come to life with acting, singing and dancing. Join us for scrumptious fun!

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	Jan 21-Feb 11 5:30pm-6:45pm	Res \$84 Non Res \$96	13112-01

#### **BROADWAY KIDS: WICKED!**

Plymouth Creek Activity Center, 14800 34th Avenue N

Allow yourself to be transported to the Emerald City and the land of OZ in this singing, dancing, acting Broadway adventure! Students will perform "What is this Feeling?" from the hit smash *Wicked*, showing off their triple threat abilities. A final performance will be presented to family and friends on the final class date. No program: 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М		Res \$84 Non Res \$96	13113-01

#### **FROZEN 2**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

In this new story, Elsa starts to hear a strange sound calling her from the north. Her sister Anna, Kristoff, Olaf and Sven, embark on a journey beyond their homeland in order to discover the origin of Elsa's magical powers and save their kingdom.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-8	Sa	Feb 15-Feb 22 9:30am-11:30am	Res \$84 Non Res \$96	13111-01

#### AMERICAN GIRL THEATER: JULIE

Plymouth Creek Activity Center, 14800 34th Avenue N

It's the 1970's and Julie really likes the new girl in her class, Carla Warner. Still, there's something odd about her. The things Carla says don't quite add up. Julie and her friends investigate this 'Tangled Web' in our original class production that we'll perform for family and friends, including a groovy disco dance finale!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М	Apr 6-Apr 27 5:30pm-6:45pm	Res \$84 Non Res \$96	13114-01

#### THE ADVENTURES OF CAPTAIN UNDERPANTS

Plymouth Creek Activity Center, 14800 34th Avenue N

George and Harold are fourth grade class clowns who write their own homemade comic books. After hypnotizing their ill-tempered principal, Mr. Krupp, their superhero, Captain Underpants becomes real. Things get interesting when Mr. Krupp drinks alien juices and gains superpowers!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Tu	Apr 7-Apr 28 5:30pm-6:45pm	Res \$84 Non Res \$96	13115-01

#### **EDUCATION**

#### **CONVERSATIONAL SPANISH**

Plymouth Creek Activity Center, 14800 34th Avenue N

At the end of this course, the students will be able to introduce themselves, talk about their current state (emotional and physical), describe their everyday routine and the things and activities they like. Instr. Maria del Carmen Troncoso Gonzalez.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Tu	Feb 4-Mar 10 5:00pm-6:00pm	Res \$75 Non Res \$87	13323-01

#### SKYROCK FARM HORSE CAMP

Skyrock Farm, 2825 Willow Drive

Learn all about horses, including grooming, care and common vocabulary. After we've met the horses, we'll meet the chickens and collect the daily farm eggs. We'll also take a guided nature hike and hang out in the club house. Be ready to play games, make new friends and enjoy a day of adventure on the farm! Bring a bag lunch, water and a nut-free snack. Instr. Hanna Nunn.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-15	Th	Apr 2 9:00am-3:00pm	Res \$110 Non Res \$110	13324-01



#### TWIN CITIES CHESS CLUB: AFTER SCHOOL CHESS

Plymouth Creek Activity Center, 14800 34th Avenue N

Do you want to amaze your friends and impress your opponents while raising your IQ playing chess? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals and chess sets. All chess levels are welcome. Each class will include a lesson and playing time. No program: 4/18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-16	Th	Jan 23-Feb 27 4:30pm-5:30pm	Res \$76 Non Res \$89	13321-01
5-16	Sa	Jan 25-Feb 29 10:00am-11:00am	Res \$76 Non Res \$89	13321-02
5-16	Th	Apr 9-May 14 4:30pm-5:30pm	Res \$76 Non Res \$89	13321-03
5-16	Sa	Apr 11-May 23 10:00am-11:00am	Res \$76 Non Res \$89	13321-04

#### **ENGINEERING FOR KIDS:**

#### CODING CLUB- APP DEVELOPMENT Plymouth Creek Activity Center, 14800 34th Avenue N

App development has increased manifold in the past 5 years due to lower costs and easier access to essential tools. We're offering a unique experience in which students get to code, test, and create their own apps in real-time using an easy-tounderstand format. Save created apps right to your devices for play anywhere, anytime.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Sa	Feb 15-Mar 7 1:00pm-4:00pm	Res \$165 Non Res \$182	13307-01

#### **ENGINEERING FOR KIDS:**

#### **CODING CLUB - CREATIVE GAME DESIGN**

Plymouth Creek Activity Center, 14800 34th Avenue N

Enjoy storyboarding games with character, enemy and plot development. Turn interactive stories and physical creations into a digital video game. Use a special game board and blocks to design characters, levels, and other art. Capture your creations. and edit and customize your game, deciding how each of the elements interact and behave. Walk away with a playable game for tablets. No program: 4/18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Sa	Feb 15-Mar 7 1:00pm-4:00pm	Res \$165 Non Res \$182	13315-01

#### **ENGINEERING FOR KIDS: JUNIOR STEM CLUB**

Plymouth Creek Activity Center, 14800 34th Avenue N

New hands-on STEM learning lesson every week. WINTER:

Week 1: Aerospace Engineering - Helicopters

Week 2: Chemical Engineering - Lava Lamp and Secret Inkers

Week 3: Environmental - Wind Energy and Anemometer

Week 4: Mechanical Engineering - Ooze Diffuse and Spinner

#### SPRING:

Week 1: Civil Engineering - Learn to Stand Firm

Week 2: Marine Enaineering - Does Your Boat Float?

Week 3: Mechanical Engineering - Catapults

Week 4: Environmental Engineering - Reuse and Recycle

No program: 4/18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Jan 18-Feb 8 9:00am-12:00pm	Res \$165 Non Res \$182	13306-01
5-8	Sa	Apr 11-May 9 9:00am-12:00pm	Res \$165 Non Res \$182	13306-02

#### **PLAY-WELL TEKNOLOGIES:**

STEM CHALLENGE + JEDI

Parkers Lake Park, 15205 County Road 6

Prepare for a full-day LEGO® camp packed with hands-on and minds-on STEM fun. Build projects inspired by cool machines such as: chugging steamboats, enchanting moon bridges and bustling airports. Then build a Creeper, a Lava Trap and a Minecart from the Minecraft universe. Engineer and craft innovative solutions in this new full-day themed engineering camp for LFGO® fanatics

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M-F	Mar 30-Apr 3 9:00am-4:00pm	Res \$340 Non Res \$375	13304-01

#### SCIENCE EXPLORERS: CRAZY CATAPULTS

Bass Lake Playfield, 5450 Northwest Boulevard

Are you looking for a fun, hands-on class that incorporates all the areas of STEM? Investigate science as we learn about energy and Newton's Laws of Motion. Plus, we will cover technology and engineering as we build our simple catapults and then use math as we practice our skills of trajectory against a castle wall

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М	Feb 17 9:30am-11:30am	Res \$30 Non Res \$36	13308-01

#### SCIENCE EXPLORERS: LOST IN SPACE Bass Lake Playfield, 5450 Northwest Boulevard

Blast off on an adventure through the universe. As we are blasting our way through space, we will explore the planets of our solar system. We will also spend time on the Red Planet and learn why scientists are captivated with Mars while building a simple Mars Rover. Experiments, activities and much more will be a part of the adventure.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Th	Mar 26 9:30am-11:30am	Res \$30 Non Res \$36	13309-01



#### **SNAPOLOGY: AMAZING ANIMALS ROBOTICS** Plymouth Creek Activity Center, 14800 34th Avenue N

Amazina Animals introduces students to the technical world of robotics. Students will work in teams to create a zoo of interactive and mechanical animals Build robotic animals and explore different mechanisms such as tilt and motion sensors. motors and coding software to help you bring your creation to life

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Sa	Jan 25-Feb 8 10:00am-11:00am	Res \$45 Non Res \$55	13378-01

#### **SNAPOLOGY: COMBAT BOTS**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Who can build the strongest and most agile robot? Which robots will win a head-to-head combat mission? Students will learn strategies for building sturdy structures and then apply that knowledge to build a robot for friendly competition and challenaes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Feb 29 1:00pm-4:00pm	Res \$45 Non Res \$55	13379-01

#### SNAPOLOGY: SNAPOLOGY NINJAS

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Sensei Wu needs you to save Ninjago City from danger. Work on things like designing a new dojo and training supplies with which to perfect your ninja abilities, experience the training to help you a become more focused and controlled ninja. and discover and create your very own elemental dragon companion to help save the day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Apr 25 9:00am-12:00pm	Res \$45 Non Res \$55	13380-01

#### STEM BUILDERS: DIGITAL CIRCUITS WITH ARDUINO

STEM Builders Learning Center, 15600 35th Ave N. #201

Learn programming Arduino Circuit boards along with fundamentals of electrical engineering.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-15	F	Jan 3-Feb 28 6:00pm-7:30pm	Res \$281 Non Res \$309	13326-01

#### STEM BUILDERS: JUNIOR XPERTS- INTRO TO STEM STEM Builders Learning Center, 15600 35th Ave N, #201

Design, build and program autonomous robots. Understand the mechanics of robotics, various motors and sensors. Learn science and simple machine concepts with hands on experiments. This class is an excellent introduction to STEM.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-10	F	Jan 3-Mar 27 6:00pm-7:30pm	Res \$369 Non Res \$409	13332-01

#### STEM BUILDERS: GAME DESIGN USING SCRATCH STEM Builders Learning Center, 15600 35th Ave N, #201

This course provides an introduction to programming and game development. Students will learn how to program their own computer games in SCRATCH® by recreating the most popular games in history.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	М	Jan 6-Feb 24 6:00pm-7:30pm		13329-01

#### STEM BUILDERS: ACCELERATED MATH

STEM Builders Learning Center, 15600 35th Ave N. #201

This program offers accelerated math for Kindergarten to eighth grade students and aligns with common core math standards. Our context and problem-based teaching strategy helps students understand math like never before. We customize each student's math curriculum based on where they need improvement. This helps fill in gaps in their learning. Students will also receive a free math assessment

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Tu Sa	Jan 7-Mar 24 6:00pm-7:30pm 10:00am-11:30pm	Res \$375 Non Res \$415	13333-01

#### STEM BUILDERS: WRESTLE BOTS

STEM Builders Learning Center, 15600 35th Ave N, #201

Design, build and program your own wrestle robots. Understand the mechanics of robotics utilizing various motors and sensors. Also learn foundational building and computer science. At the end of the session students will build wrestling robots in teams of two to do battle against each other. No program: 3/29, 4/5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	Tu	Jan 7-Mar 24 6:00pm-7:30pm	Res \$369 Non Res \$405	13325-01

MORE STEM BUILDERS CLASSES ON PAGE 22



#### STEM BUILDERS: CREATIVE WEB DESIGN STEM Builders Learning Center, 15600 35th Ave N, #201

HTML is the foundation behind all web pages. Learn how to design and style web pages and develop your own website. No program: 3/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-15	М		Res \$345 Non Res \$379	13331-01

# STEM BUILDERS: CODING WITH PYTHON STEM Builders Learning Center, 15600 35th Ave N. #201

Brand new to text-based programming? Python is one of the most versatile, popular and easy to use languages today. It is used in wide range of fields, from web programming, to data science, to robotics. With a strong foundation in Python programming, you'll have a good start in any of these career paths. No program: 3/31.

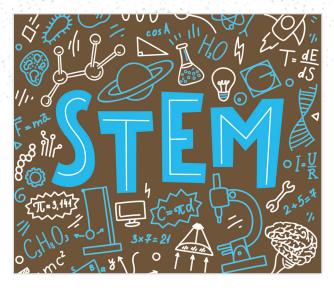
AGES	DAY	DATE & TIME	COST	ACTIVITY
10-15	Tu	Feb 4-Apr 28 6:00pm-7:30pm	Res \$369 Non Res \$405	13330-01

# STEM BUILDERS: VOICE RECOGNITION ROBOT USING RASPBERRY PI & PYTHON STEM Builders Legrning Center, 15600, 35th Ave N. #20

STEM Builders Learning Center, 15600 35th Ave N, #201

This camp will help you learn about voice recognition devices and the technology behind it. Students will make a voice recognition device utilizing Python programs on Raspberry Pi and take it home. No program: 3/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-15	F	Mar 6-Apr 24 6:00pm-7:30pm	Res \$345 Non Res \$379	13328-01





#### TECH ACADEMY:

# ROBOTIC BUILDERS: MIGHTY MACHINES Plymouth Creek Activity Center, 14800 34th Avenue N

With the LEGO™ WeDo Robotics System, students can build and program their robotic creations! The LEGO® Education WeDo™ Robotics Builder, allows students to explore different Robotic Themes. Students working in teams will work with simple machines, program models they design and create, measure time and distance, write, and much more! Please bring a snack and drink to class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Sa	Jan 25-Feb 1 9:00am-12:00pm	Res \$109 Non Res \$120	13300-01

#### **TECH ACADEMY:**

# JUNIOR ENGINEERING - THEME PARKS Plymouth Creek Activity Center, 14800 34th Avenue N

Students will use LEGO Techics® Engineering Kits to explore the world of science, technology, engineering, and mathematics in a team-based environment. Build working theme park rides and machines that reinforce the concepts learned. After each building project, students will customize, share, compete in challenges and enjoy experimenting with their creations. Please bring a drink and snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Feb 15-Feb 22 9:00am-12:00pm	Res \$109 Non Res \$120	13302-01



#### TECH ACADEMY:

#### MULTIPLAYER MINECRAFT: COLOSSEUM BUILDER Plymouth Creek Activity Center, 14800 34th Avenue N

Work on three mini-game battle arenas. Build your own spleef arena, capture the flag base and king of the hill stadium, then challenge your friends. Students will get a copy of the world map to take home and expand on. We will be using the PC/ Java Edition of Minecraft

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	Th	Feb 27-Mar 5 6:00pm-8:00pm	Res \$75 Non Res \$86	13301-01

# TECH ACADEMY: JAVA MINECRAFT MODDING Plymouth Creek Activity Center, 14800 34th Avenue N

Create custom armor. Learn to mod Minecraft using Java and the Forge API and customize their gaming experience. Discover coding concepts and learn how to use Eclipse to edit and debug code. Students should be comfortable with keyboarding and playing Minecraft. At the end of class, take home mods to share with friends. Bring a USB drive, drink and snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	Sa	Apr 4 9:00am-12:00pm	Res \$55 Non Res \$64	13303-01

#### TECH ACADEMY:

#### MULTIPLAYER MINECRAFT- MAP BUILDER

Plymouth Creek Activity Center, 14800 34th Avenue N

Work as a team to create a custom multi-player adventure map that features monster spawners, hidden armor, and more. Design an in-game dungeon or build a castle to explore. Learn the internal language of Minecraft to teleport, trap and prank each other using a variety of different commands and command block types.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	Sa	Apr 25-May 2 9:00am-12:00pm	Res \$109 Non Res \$120	13316-01

#### **TECH ACADEMY:**

# ROBOTICS - JEDI AND IMPERIAL DROIDS Plymouth Creek Activity Center, 14800 34th Avenue N

Use the "Micro Scout" Lego Mindstorm Robotics System's microcomputer for the brain of our droids. Use the built-in light sensor, motor, and sound to bring our droids to life. Learn about robotics and engineering as we build the base models, then customize the droids. Possible models include the microwalker, LEGO Trainer, Starfighter, X-Walker. Please bring a drink and snack

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Th	Apr 23-Apr 30 6:00pm-8:00pm	Res \$75 Non Res \$86	13322-01

#### **HEALTH AND FITNESS**

#### YOGA & ART

#### Plymouth Creek Activity Center, 14800 34th Avenue N

This course is designed to teach kids the basic postures of yoga while integrating engaging games, movements, read-aloud books and mindfulness activities centered on a theme. Further, kids will complete an art project that ties into the theme of the week. Children will learn how healthy yoga can be, as well as how fun and creative it is too!

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	Sa	Jan 18-Feb 22 2:00pm-3:00pm	Res \$47 Non Res \$54	13401-01
6-11	Sa	Mar 7-Apr 11 2:00pm-3:00pm	Res \$47 Non Res \$54	13401-02

#### **YOGA TIME!**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Restore balance to body, mind and spirit with a soothing dose of restorative yoga. Includes a variety of supportive, restful and positive knowledge to bring into you everyday life! Please bring a yoga mat and water. If you have them, a blanket, bolster and/or blocks are also helpful and welcome. Instr: Jessica Spore. No program: 3/24, 3/31.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-16	Tu	Jan 7-Feb 11 5:00pm-5:45pm	Res \$65 Non Res \$75	13400-01
11-16	Tu	Feb 25-April 14 5:00pm-5:45pm	Res \$65 Non Res \$75	13400-02



#### **GYMNASTICS**



Wayzata High School 4955 Peony Lane

Enter at the Commons Door: East side of Building

#### TUMBLEWEEDS 1 Wayzata High School, 4955 Peony Lane

Beginners (no experience required). Intro to Floor: jumps, leaps, turns, cartwheel, forward/backward roll; Vault: approach, squaton; Bars: grips, hanging skills, pullovers; Beam: walks, kicks, hops. No program: 2/15, 3/7, 4/25, 5/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-10	Sa	Jan 4-Mar 14 9:40am-10:25am	Res \$144 Non Res \$158	13219-01
4-10	Sa	Jan 4-Mar 14 10:40am-11:25am	Res \$144 Non Res \$158	13219-02
6-10	Sa	Jan 4-Mar 14 11:30am-12:15pm	Res \$144 Non Res \$158	13219-03
4-10	Sa	Jan 4-Mar 14 2:15pm-3:00pm	Res \$144 Non Res \$158	13219-04
4-10	Sa	Apr 18-May 30 9:40am-10:25am	Res \$80 Non Res \$94	13219-05
4-10	Sa	Apr 18-May 30 10:40am-11:25am	Res \$80 Non Res \$94	13219-06
6-10	Sa	Apr 18-May 30 11:30am-12:15pm	Res \$80 Non Res \$94	13219-07
4-10	Sa	Apr 18-May 30 2:15pm-3:00pm	Res \$80 Non Res \$94	13219-08

#### **TUMBLEWEEDS 2**

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds I. Continued development of skill, focus on technique. Skills taught - Floor: round off, handstand, front limbers, turns, leaps; Vaults: pop-up; Bars: back hip circle, dismounts; Beam: leaps, forward roll, dismounts.

No program: 2/15, 3/7, 4/25, 5/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	Sa	Jan 4-Mar 14 9:40am-10:35am	Res \$158 Non Res \$179	13220-01
5-13	Sa	Jan 4-Mar 14 11:30am-12:25pm	Res \$158 Non Res \$179	13220-02
5-13	Sa	Jan 4-Mar 14 2:15pm-3:10pm	Res \$158 Non Res \$179	13220-03
5-13	Sa	Apr 18-May 30 9:40am-10:35am	Res \$88 Non Res \$103	13220-04
5-13	Sa	Apr 18-May 30 11:30am-12:25pm	Res \$88 Non Res \$103	13220-05
5-13	Sa	Apr 18-May 30 2:15pm-3:10pm	Res \$88 Non Res \$103	13220-06

# PRE-TUMBLERS Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds 2. Advancing gymnastics skills for a more challenging class. Skills taught - Floor: intermediate dance skills intro, round off rebound, front walkover; Vault: pop-up, handstand off; Bars: back hip circle, glides, squat-on; Beam: cartwheel, handstand, jumps. No program: 2/15, 3/7, 4/25, 5/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Sa	Jan 4-Mar 14 12:55pm-2:15pm	Res \$186 Non Res \$204	13221-01
6-14	Sa	Apr 18-May 30 12:55pm-2:15pm	Res \$104 Non Res \$114	13221-02

#### **TUMBLERS I**

Wayzata High School, 4955 Peony Lane

Pre-req: pass Pre-Tumblers. Intermediate skills taught. Floor: intermediate dance skills, back walkover; Vault: handspring; Bars: kips, long hang pullover; Beams: mounts, turns. No program: 2/15, 3/7, 4/25, 5/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Sa	Jan 4-Mar 14 12:55pm-2:15pm	Res \$186 Non Res \$204	13222-01
7-14	Sa	Apr 18-May 30 12:55pm-2:15pm	Res \$104 Non Res \$114	13222-02

#### **TUMBLERS II**

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumblers I. Continue intermediate skill development, advancing technique. Skills taught: Floor: front and back handsprings, tumbling series, advanced dance skills; Vault: handspring; Bars: sole circle dismount; Beam: tumbling and jump series. No program: 2/15, 3/7, 4/25, 5/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-16	Sa	Jan 4-Mar 14 12:55pm-2:25pm	Res \$224 Non Res \$248	13223-01
7-16	Sa	Apr 18-May 30 12:55pm-2:25pm	Res \$125 Non Res \$137	13223-02

#### **ACROBATS**

Wayzata High School, 4955 Peony Lane

Advanced gymnastics. Skills taught: Floor: complex dance skills, handsprings, tucks; Vaults: handspring; Bars: squat-ons, fly away; Beam: backwalk-over, roundoff, handstand, aerial dismounts. No program: 2/15, 3/7, 4/25, 5/23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-16	Sa	Jan 4-Mar 14 12:55pm-2:25pm	Res \$224 Non Res \$248	13224-01
8-16	Sa	Apr 18-May 30 12:55pm-2:25pm	Res \$125 Non Res \$137	13224-02



#### **MARTIAL ARTS**

# JEDI LIGHT SABER/SAMURAI INTRODUCTION Plymouth World TaeKwonDo Academy, 11540 Bass Lake Rd #2

Students learn forms, step drills, sitting and standing meditation and cutting (paper, fruit, straw and bamboo). This is a non-contact martial art that is fast paced for good workout but is low impact, which makes it appropriate for many age groups. Instr: Plymouth World Tae Kwon Do Academy.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-16	Sa	Jan 4-Jan 25 12:00pm-12:45pm	Res \$79 Non Res \$90	13233-01
8-16	Sa	Feb 8-Feb 29 12:00pm-12:45pm	Res \$79 Non Res \$90	13233-02
8-16	Sa	Mar 7-Mar 28 12:00pm-12:45pm	Res \$79 Non Res \$90	13233-03

#### LIGHTSABER STAR WARS SWORD PLAY Ultimate Martial Arts, 147 Hamel Road

Learn Martial Arts skills influenced by the epic movie series, Star Wars. Understand, strikes, blocks and stances with using swords. Create your own Lightsaber skills and learn choreography just like the movies all while exercising and having fun. Padded swords are provided. Students may bring their own Lightsaber to class. Taught by Grandmaster Thomas Malone who has over 35 years experience in the Martial Arts.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	W	Jan 22-Feb 5 7:00pm-7:45pm	Res \$54 Non Res \$62	13232-01

#### SHOSHIN RYU JUJITSU BEGINNER-YELLOW BELT Shoshin Ryu Martial Arts. 13605 27th Avenue N

Increase self confidence, inner strength, coordination and balance. Primary emphasis on self-defense and development of character by integration of a variety of skills including throws, forms, strikes, kicks and ground-based training.

Instr: Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	М	Jan 6-Feb 17 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-01
7-12	W	Jan 8-Feb 19 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-02
7-12	М	Feb 24-Apr 6 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-03
7-12	W	Feb 26-Apr 8 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-04
7-12	М	Apr 13-June 1 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-05
7-12	W	Apr 15-May 27 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-06

# KID FU BEGINNER- YELLOW SASH Bass Lake Playfield, 5450 Northwest Boulevard

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr. National Martial Arts Assoc.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jan 9-Feb 27 5:30pm-6:25pm	Res \$77 Non Res \$89	13225-01
5+	Th	Mar 5-Apr 23 5:30pm-6:25pm	Res \$77 Non Res \$89	13225-02

#### KID FU INTERMEDIATE - ORANGE SASH & UP Bass Lake Playfield, 5450 Northwest Boulevard

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr. National Martial Arts Assoc.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jan 9-Feb 27 6:30pm-7:25pm	Res \$77 Non Res \$89	13226-01
5+	Th	Mar 5-Apr 23 6:30pm-7:25pm	Res \$77 Non Res \$89	13226-02



#### **ALLSPORTS BADMINTON**

Armstrong High School, 10635 36th Avenue N

Badminton coaching will focus on the basic shots of the serve, overhead clear, backhand and smash and develop basic rallying and hand eye coordination.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-8	Th	Mar 19-Apr 16 6:00pm-6:45pm	Res \$65 Non Res \$75	13229-01
9-10	Th	Mar 19-Apr 16 6:45pm-7:30pm	Res \$65 Non Res \$75	13229-02
11-12	Th	Mar 19-Apr 16 7:30pm-8:15pm	Res \$65 Non Res \$75	13229-03

#### **BASKETBALL - YOUTH OPEN**

Grab your family and join your friends for indoor basketball. Players must supply their own basketball. adults accompanied by their kids are welcome. No teams practices allowed.

AGES	DAY	DATE & TIME	COST	ACTIVITY		
Wayzata High School, 4955 Peony Lane						
8-18	Th,F	Dec 26-Dec 27 2:00pm-5:00pm	Res \$3 Non Res \$3	13216-01		
Armstrong High School, 10635 36th Avenue N						
8-18	Th,F	Jan 2-Jan 3 12:00pm-3:00pm	Res \$3 Non Res \$3	13216-02		

#### **BASKETBALL LEAGUE**

Armstrong High School, 10635 36th Avenue N

Fundamentals and skills taught the first 2 classes. Then kids are divided by instructors to work on team concepts and play scheduled games. Baskets are at 8 feet. T-shirt included. No program: 2/8.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-7	Sa	Jan 11-Mar 7 9:15am-10:30am	Res \$77 Non Res \$88	13217-01
7-8	Sa	Jan 11-Mar 7 10:45am-12:00pm	Res \$77 Non Res \$88	13217-02

#### SKYHAWKS BASKETBALL CAMP

Armstrong High School, 10635 36th Avenue N

Fun, skill-intensive program, designed for beginning to intermediate players. Progressive curriculum focusing on the whole player, teaching respect, teamwork and responsibility as well as skills: passing, shooting, dribbling and rebounding. Baskets will be set at 8' for the 6-8 yr age group. Participants should wear appropriate clothing, bring two snacks, a water bottle and gym shoes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	W	Apr 29-May 20 6:15pm-7:30pm	Res \$99 Non Res \$114	13231-01

#### **CRICKET - INDOOR YOUTH CAMP**

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Cricket is one of the fastest growing sports in the USA today and second most popular sport in the world. Cricket is a fun game, similar to baseball but two bases with no strikeouts. Camp will teach fundamentals of batting, bowling (pitching), fielding, catching and running between bases in a fun environment. Camp is designed for all ages and skill levels. Kids will be split by skill level at the site. Taught by the trained coaches from the Minnesota Cricket Association.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-16	F	Jan 24-Mar 6 4:30pm-6:00pm	Res \$79 Non Res \$90	13206-01

#### **FENCING**

Plymouth Ice Center, 3650 Plymouth Boulevard

Intro to fundamentals with the foil weapon in a nonthreatening environment. Emphasis on skill building, concentration, self-discipline and fun! Dress comfortably (wear long pants).

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	W	Feb 12-Mar 18 6:15pm-7:15pm	Res \$87 Non Res \$99	13214-01
10+	W	Feb 12-Mar 18 7:30pm-8:30pm	Res \$87 Non Res \$99	13214-02

#### **FLAG FOOTBALL**

Elm Creek Playfield, 4905 Peony Lane

Recreational flag football. Practice the first 2-3 weeks and then games the final 3-4 weeks. Kids will receive jerseys. Volunteer/parent coaches are needed for this program. Sign up to coach at www.plymouthmn.gov/volunteercoaching. No program: 5/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6				13205-01
	Su	Apr 26-June 7	Res \$68	13205-02
	Su	4:00pm-5:00pm	Non Res \$78	13205-03
				13205-04
	Su	Apr 26-June 7 5:15pm-6:15pm	Res \$68 Non Res \$78	13205-05
7-8				13205-06
7-0				13205-07
				13205-08
			Res \$68 Non Res \$78	13205-09
9-10	Su	Apr 26-June 7 6:30pm-7:30pm		13205-10
9-10	Su			13205-11
				13205-12

#### FLAG FOOTBALL INTRODUCTION

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Skills taught: passing, catching, kicking and throwing. Kids will be split into teams for games.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Tu	Jan 7-Jan 28 4:30pm-6:00pm	Res \$72 Non Res \$83	13200-01
5-9	Tu	Feb 4-Feb 25 4:30pm-6:00pm	Res \$72 Non Res \$83	13200-02



#### LACROSSE INTRODUCTION

#### Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Soft lacrosse (non-contact).

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Th	Jan 9-Jan 30 4:30pm-6:00pm	Res \$72 Non Res \$83	13201-01

#### **SOCCER INTRODUCTION**

#### Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Shin guards recommended.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Th	Jan 9-Jan 30 4:30pm-6:00pm	Res \$72 Non Res \$83	13202-01
5-9	Th	Feb 6-Feb 27 4:30pm-6:00pm	Res \$72 Non Res \$83	13202-02

#### TBALL INTRODUCTION

#### Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Basic skills taught: hitting, fielding and throwing. Kids should bring their own glove. Other equipment provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-7	Th	Feb 6-Feb 27 4:30pm-6:00pm	Res \$72 Non Res \$83	13204-01

#### TBALL/BASEBALL CLINICS

#### Armstrong High School, 10635 36th Avenue N

For girls and boys. Instructors teach fundamentals: throwing, catching, fielding and hitting. Scrimmage games held last week of program.

AGES	DAY	DATE & TIME	COST	ACTIVITY		
T Ball Clinic						
4-5	Sa	Mar 14-Apr 11 9:15am-10:30am	Res \$62 Non Res \$71	13203-01		
Baseball Clinic						
6-7	Sa	Mar 14-Apr 11 10:45am-12:00pm	Res \$62 Non Res \$71	13203-02		



#### **TENNIS LESSONS**

#### Armstrong High School, 10635 36th Avenue N

Provides beginner and intermediate players with fundamental skills: proper grip, footwork, strokes, serves and basic rules.Instr: Dan Richards, Varsity Tennis Coach, USPTA Certified. Lessons held in high school gym. No program: 3/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Su	Jan 12-Feb 2 11:30am-12:15pm	Res \$67 Non Res \$77	13215-01
4-6	Su	Jan 12-Feb 2 12:15pm-1:00pm	Res \$67 Non Res \$77	13215-02
7-8	Su	Jan 12-Feb 2 1:00pm-2:00pm	Res \$67 Non Res \$77	13215-03
7-8	Su	Jan 12-Feb 2 2:00pm-3:00pm	Res \$67 Non Res \$77	13215-04
9-10	Su	Jan 12-Feb 2 3:00pm-4:00pm	Res \$67 Non Res \$77	13215-05
11+	Su	Jan 12-Feb 2 4:00pm-5:00pm	Res \$67 Non Res \$77	13215-06
4-6	Su	Feb 23-Mar 22 11:30am-12:15pm	Res \$67 Non Res \$77	13215-07
4-6	Su	Feb 23-Mar 22 12:15pm-1:00pm	Res \$67 Non Res \$77	13215-08
7-8	Su	Feb 23-Mar 22 1:00pm-2:00pm	Res \$67 Non Res \$77	13215-09
7-8	Su	Feb 23-Mar 22 2:00pm-3:00pm	Res \$67 Non Res \$77	13215-10
9-10	Su	Feb 23-Mar 22 3:00pm-4:00pm	Res \$67 Non Res \$77	13215-11
11+	Su	Feb 23-Mar 22 4:00pm-5:00pm	Res \$67 Non Res \$77	13215-12

MORE YOUTH SPORTS ON PAGE 28



# TEEN

**ARTS** 

#### **ALLSPORTS TRACK & FIELD**

Indoor frack and field that concentrates on the skills required to compete as a multisport athlete. Children get to throw foam javelins, indoor discus, shot put and hammer. They also look at fundamental jumping, sprinting, and hurdling techniques that develop all around athleticism for general sport as well as track and field athletics.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Plymouth Creek Center Fieldhouse, 14800 34th Aver				
6-7	W	Jan 22-Feb 19 4:30pm-5:15pm	Res \$65 Non Res \$75	13230-01
8-9	W	Jan 22-Feb 19 5:15pm-6:00pm	Res \$65 Non Res \$75	13230-02
Armst	rong Hi	gh School, 10635 36	th Avenue N	
6-7	Tu	Mar 17-Apr 14 6:00pm-6:45pm	Res \$65 Non Res \$75	13230-03
8-9	Tu	Mar 17-Apr 14 6:45pm-7:30pm	Res \$65 Non Res \$75	13230-04
10-11	Tu	Mar 17-Apr 14 7:30pm-8:15pm	Res \$65 Non Res \$75	13230-05

#### **SKYHAWKS VOLLEYBALL** Armstrong High School, 10635 36th Avenue N

Volleyball taught through drills and excercises that focus on passing, setting, hitting, and serving. Coaches will assist participants in developing fundamental skills through gamespeed drills and daily scrimmages aimed at developing the whole player. Wear appropriate clothing and bring a water bottle. No program: 2/8.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-9	Sa	Jan 18-Feb 15 2:45pm-3:45pm	Res \$89 Non Res \$102	13228-01
10-12	Sa	Jan 18-Feb 15 2:45pm-3:45pm	Res \$89 Non Res \$102	13228-02

#### DANCE

Recital costumes are an additional fee. Payment due second week of class. Costume fees are approx. \$125 for Ballet and Tap, \$65 for Contemporary Modern, \$115 for Jazz and Hip Hop, \$65 for Musical Theatre, Picture Day: Apr 26. Recital Rehearsal: May 1. Recital: May 2 & 3. Saturday, Apr 18 Class held at Bass Lake Park Building, 5450 Northwest Blvd.

#### **BALLET AND TAP**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment and steps at an intermediate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences that will be expanded each week. Ballet shoes, tap shoes, and leotards/tights or activewear are required. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	М	Jan 6-Apr 27 7:30pm-9:15pm	Res \$170 Non Res \$187	14106-01

#### **CONTEMPORARY MODERN**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on creative movement and expression through dance. Students learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. Instr: City of Plymouth Dance staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Tu	Jan 7-Apr 28 7:15pm-8:30pm	Res \$170 Non Res \$187	14102-01

#### **JAZZ & HIP HOP**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. Instr. City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Sa	Jan 4-Apr 25 10:30am-12:00pm	Res \$170 Non Res \$187	14103-01

#### **MUSICAL THEATER JAZZ**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

This class will inspire the future Broadway star with upbeat, theatrical jazz choreography, complete with music from your favorite musicals. Jazz shoes and leotards/tights and/or activewear required. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Th	Jan 9-Apr 30 7:45pm-8:45pm	Res \$170 Non Res \$187	14104-01



#### ALL ABOUT DRAWING -DRAWING WITH CONFIDENCE

Plymouth Creek Activity Center, 14800 34th Avenue N

Introduction to drawing and various materials. A professional artist will show you how to use different techniques and drawing methods to help with art projects and portfolios. Instr. Tatiana Eletsky.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	Th	Feb 6-Mar 19 7:15pm-8:15pm	Res \$104 Non Res \$114	14105-01



#### **EDUCATION**

# TWIN CITIES CHESS CLUB: TEEN CHESS CLUB Plymouth Creek Activity Center, 14800 34th Avenue N

Do you want to amaze your friends and impress your opponents while raising your IQ playing chess? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals and chess sets. All chess levels are welcome. Each class will include a lesson and playing time. No program: 4/18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-16	Th	Jan 23-Feb 27 4:30pm-5:30pm	Res \$76 Non Res \$89	13321-01
5-16	Sa	Jan 25-Feb 29 10:00am-11:00am	Res \$76 Non Res \$89	13321-02
5-16	Th	Apr 9-May 14 4:30pm-5:30pm	Res \$76 Non Res \$89	13321-03
5-16	Sa	Apr 11-May 23 10:00am-11:00am	Res \$76 Non Res \$89	13321-04

#### **HEALTH AND FITNESS**

#### **TEEN ZUMBA**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-17	Tu	Jan 7-Feb 18 5:30pm-6:30pm	Res \$58 Non Res \$68	14400-02

#### SAFETY

#### SAFE SITTER BABYSITTERS TRAINING

Plymouth Creek Activity Center, 14800 34th Avenue N

Safe Sitter prepares students grades 6-8 to be safe when they're home alone, watching siblings, or babysitting. Students learn safety, child care skills, diapering, behavior management, online and personal safety. First aid and rescue skills including injury management, choking rescue, infant/ child CPR. Activities, role playing and hands on activities with manikins to practice skills create a fun learning environment. Course content follows guidelines of American Academy of Pediatrics and American Heart Association. Safe Sitter Babysitters Training with CPR.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-15	Sa	Jan 11 9:00am-2:45pm	Res \$99 Non Res \$114	13503-01
11-15	Sa	Feb 22 9:00am-2:45pm	Res \$99 Non Res \$114	13503-02
11-15	Sa	Apr 25 9:00am-2:45pm	Res \$99 Non Res \$114	13503-03
11-15	Sa	May 16 9:00am-2:45pm	Res \$99 Non Res \$114	13503-04

**SEE TEEN TRIPS ON PAGE 30** 

# TEEN

**TRIPS** 

Transportation provided to and from the Plymouth Creek Center.

### URBAN AIR ADVENTURE PARK

Plymouth

Enjoy an afternoon exploring the Urban Air Adventure Park in Plymouth with two hours of open play on the various attractions – climbing walls, ropes course, tubes, trampolines and more. Participants must complete a waiver.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-17	Sa		\$43 Non Res \$52	14600-01

### SNOW TUBING AT BUCK HILL Burnsville

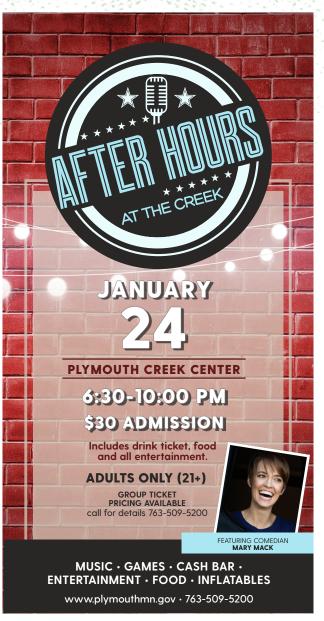
Join us for winter fun on a snow tube, the lift and Buck Hill's chutes and slides.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-15	Sa	Feb 22 12:00pm-4:00pm	Res \$25 Non Res \$30	14602-01

## **GAME SHOW BATTLE ROOM**Golden Valley

Enjoy an afternoon of heated game show-style competition at Golden Valley's Game Show Battle Room. Two teams face-off playing three different game show games – Friendly Feud, Minute Games, Matchup - for one hour.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	Sa	Mar 14 1:00pm-3:15pm	Res \$43 Non Res \$52	14601-01



# ADULT

ARTS

#### ALL OCCASIONS CARD MAKING CLASS

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll have fun making greeting cards for every occasion. All supplies are included. Instr: Nancy Berg.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 19-Mar 11 1:00pm-3:00pm	Res \$42 Non Res \$50	15119-01
18+	W	Apr 15-May 6 1:00pm-3:00pm	Res \$42 Non Res \$50	15119-02

#### **ART SEEN**

Plymouth Creek Activity Center, 14800 34th Avenue N

What if many of the benefits of mindfulness could be developed through the simple and enjoyable act of viewing works of art? Art Seen is a unique workshop that introduces four basic arenas of awareness and gives you practice in each through skillful quided viewing experience. Instr: Melissa Williamson-Herren.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 5-Mar 26 6:30pm-8:00pm	Res \$62 Non Res \$71	15122-01
18+	Sa	May 2-May 23 9:30am-11:30am	Res \$62 Non Res \$71	15122-02

# VOICE OVERS - NOW IS YOUR TIME Plymouth Creek Activity Center, 14800 34th Avenue N

We'll teach you a unique, outside the box way to break into this creative and potentially lucrative industry. Voice-overs can be managed on your own terms, time and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. Instr: Such a Voice.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 19 6:30pm-8:30pm	Res \$30 Non Res \$36	15129-01



#### **ARTISTIC MOMENTS®: COOKIE ART**

Plymouth Creek Activity Center, 14800 34th Avenue N

Create your very own cookie designs using a special needle-like scribe tool and colorful royal icing to create beautiful works of art! No previous experience necessary. All artistic abilities are welcome! Please Note: If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 16 7:00pm-9:00pm	Res \$31 Non Res \$37	15100-01

# ARTISTIC MOMENTS®: VALENTINES CANDY ART Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to pour candy coating into festive molds. Have fun dipping, swirling, and sculpting tasty treats. You can even add colorful candy sprinkles for a final touch. Take some home after class or give as a gift to someone special!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 13 7:00pm-9:00pm	Res \$31 Non Res \$37	15108-01

#### **ARTISTIC MOMENTS®: PRINTMAKING**

Plymouth Creek Activity Center, 14800 34th Avenue N

Want to create your own print design? This class will expose you to the world of printmaking! You'll create a unique design and then carve your artwork onto linoleum, using a metal carving tool and create a multitude of prints on paper. Choose your favorite prints and they will be matted.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Mar 16 7:00pm-9:00pm	Res \$31 Non Res \$37	15109-01

#### **ARTISTIC MOMENTS®:**

#### **CUPCAKE DECORATING FONDANT**

Plymouth Creek Activity Center, 14800 34th Avenue N

Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut, and sculpt colorful fondant. You will have fun creating festive cupcakes. Please Note: If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Apr 24 7:00pm-9:00pm	Res \$31 Non Res \$37	15144-01

# ARTISTIC MOMENTS®: GARDEN STEPPING STONES Plymouth Creek Activity Center, 14800 34th Avenue N

Create a beautiful work of art for your garden by arranging colorful pieces of cut glass, rocks, glass pebbles and/or other embellishments to your stone. Projects can be taken home the same day, but will need to set after class. Cure time is approximately one week.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	May 18 7:00pm-9:00pm	Res \$31 Non Res \$37	15142-01

#### DANCE

#### BALLROOM DANCING FOR BEGINNERS

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn easy steps and turns including waltz, foxtrot, swing, salsa, and more. The perfect course for anyone getting married or preparing for an upcoming event. Couples stay together and singles rotate with other singles. Instr: Deanna Constantine.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Feb 4-Feb 25 7:00pm-8:30pm	Res \$55 Non Res \$63	15103-01
16+	Tu	Apr 28-May 19 7:00pm-8:30pm	Res \$55 Non Res \$63	15103-02

#### **TAP DANCE FOR SENIORS**

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn a whole dance in your weeks with Stephanie Stockton. Fun, good exercise, keeps you young. No experience required. Tap shoes are preferred, but hard-soled leather shoes will work, if desired.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	F	Jan 17-Apr 3 10:30am-11:30am	Res \$126 Non Res \$139	15104-01

#### **FELTING SERIES**

#### **NEEDLE FELTED WALL HANGING**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to needle felt your own small wall hanging with teaching artist Kayla McDaniels. Students will learn how to use a barbed felting needle to create a one-of-a-kind wall hanging for a home decoration or gift. Materials included in course fee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	March 24 6:30pm-8:30pm	Res \$50 Non Res \$58	15102-01

#### **WET FELTED SOAP BARS**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Learn to wet felt a bar of natural soap with teaching artist Kayla McDaniels. You'll learn how to use wool roving, soap, and water to create 2 colorful felt-layered soap bars. It's perfect for home and travel, making soap and washcloth all in one! Students should bring an apron and dish gloves. Materials included in fee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	January 21 6:30pm-8:30pm	Res \$50 Non Res \$58	15102-02



#### **GLASSBLOWING**

# SKYLAB GLASS ARTS: INTRO TO GLASSBLOWING Skylab Glass Arts, 8838 7th Avenue

Explore the art of lampworking. Students will learn about torch safety, operating involved equipment and a brief history of glass art. Begin with solid sculpting of simple shapes like marbles and cubes. With the assistance of our instructors, students can move on to hollow form objects like pendants and ornaments. All materials provided in class fee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 5-Feb 26 6:30pm-8:30pm	Res \$165 Non Res \$181	15143-01
18+	W	May 6-May 27 6:30pm-8:30pm	Res \$165 Non Res \$181	15143-02
One T	ime Wo	orkshops		
18+	Th	Jan 30 6:00pm-9:00pm	Res \$68 Non Res \$78	15143-03
18+	W	Mar 18 6:00pm-9:00pm	Res \$68 Non Res \$78	15143-04

#### SKYLAB GLASS ARTS: GLASS FUSING WORKSHOP Skylab Glass Arts, 8838 7th Avenue

Glass fusing is like puzzle making with sheet glass and your imagination. Create a beautiful fused glass tile or set of coasters as you learn the basics about glass fusing and the kiln process. Leave your piece and we will fire it in our kiln for you. No experience is needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 17 6:00pm-9:00pm	Res \$68 Non Res \$78	15158-01

#### SKYLAB GLASS ARTS:

# **HEART SHAPED PENDANT WORKSHOP**Skylab Glass Arts. 8838 7th Avenue

Skylab Glass Arts, 8838 /th Avenue

Students will learn to shape colored glass with a fixed torch into solid pendants. You will be able to choose several colors to be combined and with the assistance of our instructors attach a loop to hang from any necklace! You can take home any finished pieces, generally 2-3 per class. No experience needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 25 6:00pm-9:00pm	Res \$68 Non Res \$78	15155-01



#### KNITTING AND WEAVING

#### LACE KNITTING

#### Plymouth Creek Activity Center, 14800 34th Avenue N

For experienced knitters who know the basics of knitting. Learn how to read a lace pattern and begin a lace scarf project. Bring U.S. size 3 (straight or 16" circular) knitting needles and any other basic knitting tools you may have. Yarn is provided. Instr. Wendy Johnson, Saga Hill Designs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 19 1:00pm-4:00pm	Res \$58 Non Res \$67	15147-01

#### REFRESH YOUR KNITTING SKILLS

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Learn the basics or brush up on knitting including casting on, purling and binding off. All supplies included. Instr: Wendy Johnson, Saga Hill Designs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Apr 21 1:00pm-4:00pm	Res \$58 Non Res \$67	15146-01

#### MUSIC

#### UNWRAPPING MUSIC WITH MACPHAIL

Each month in this music appreciation class, we'll explore a particular musical genre, time period, composer, or performing artist. We'll cover the history, form, and function that shaped each musical style and how music and society changed each other across eras cultures and continents. Hear recorded and live examples, have interactive question and answer time, may participate in some singing, and are sure to learn something new! Instr: Andrea Leap.

#### **WORLD MUSIC**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Learn about the complex traditions, rich history and incredible variety of music around the world - from Indian Ragas to Balinese Gamelan to Chinese Opera and beyond.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Jan 21 10:00am-11:00am	Res \$15 Non Res \$18	15157-01

#### **MUSIC OF MARDI GRAS**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Celebrate "Fat Tuesday" at this Music Appreciation seminar! We'll learn about history and the populations that melded musical styles to form Zydeco, Cajun and New Orleans Jazz, and the major role music plays during New Orleans' largest festival!

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Feb 18 10:00am-11:00am	Res \$15 Non Res \$18	15157-02

#### **MUSIC AND VISUAL ART**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

We'll explore the connections between visual art and music -and discover the tools used to communicate and express emotion Learn about historical eras from medieval times and Gregorian chant, through the Tudor era and madriaals, to Western art and Cowboy Songs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Mar 17 10:00am-11:00am	Res \$15 Non Res \$18	15157-03

#### **FILM MUSIC**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Music can change movie narratives. We'll explore techniques film composers use to amplify or contradict the story that we see from the director. From epic symphonic soundtracks to the dissonance of jazz and eerie soundscapes of sci-fi, music is a powerful tool used to evoke mood, location and character.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Apr 14 10:00am-11:00am	Res \$15 Non Res \$18	15157-04

#### THE BEAUTIFUL MUSIC OF CAROLE KING Plymouth Creek Activity Center, 14800 34th Avenue N

Carole King began her own career as a singer-songwriter with the release of "Tapestry" - an album that stayed at number 1 on the charts for 15 weeks. We'll explore the elements of King's songs that make them popular and timeless in American culture.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 19 10:00am-11:00am	Res \$15 Non Res \$18	15157-05

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#### **PAINTING AND PASTELS**

# EXPLORING CREATIVITY IN WATERCOLOR Plymouth Creek Activity Center, 14800 34th Avenue N

Kick start your creative journey for a day. You'll be introduced to the creative process that combines special textural effects with simple contours to develop a fresh and unique watercolor painting. Bring your own watercolor supplies (supply list available) Other materials will be supplied. Instr: Sonja Hutchinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 26 9:30am-3:30pm	Res \$75 Non Res \$86	15115-01

#### **BEYOND BEGINNING WATERCOLOR**

Plymouth Creek Activity Center, 14800 34th Avenue N

Develop your skills and confidence with watercolor painting a variety of subjects while practicing specific techniques. Each session includes demonstrations and supplied reference material. Bring your own watercolor supplies (supply list available). Instr: Sonja Hutchinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 9-Jan 23 1:00pm-4:00pm	Res \$75 Non Res \$86	15112-01
18+	Th	Feb 13-Feb 27 1:00pm-4:00pm	Res \$75 Non Res \$86	15112-02
18+	Th	Apr 9-Apr 23 1:00pm-4:00pm	Res \$75 Non Res \$86	15112-03
18+	Th	May 7-May 21 1:00pm-4:00pm	Res \$75 Non Res \$86	15112-04

#### OIL PAINTING

#### Plymouth Creek Activity Center, 14800 34th Avenue N

We'll use oil paint to learn techniques on both wood and canvas boards. Instr. Maria del Carmen Troncoso Gonzalez. No program: 4/7.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 4-Mar 10 12:00pm-2:00pm	Res \$80 Non Res \$92	15116-01
18+	Tu	Mar 24-May 5 12:00pm-2:00pm	Res \$80 Non Res \$92	15116-02

#### **PASTEL DRAWING**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

You will learn the basics of pastel drawing which combine drawing and painting. Dry pastels allow you to draw, blur and mix using your fingers, resulting in wonderful works of art. Instr: Maria del Carmen Troncoso Gonzalez.

No program: 4/10, 4/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Feb 7-Mar 13 1:00pm-3:00pm	Res \$80 Non Res \$92	15133-01
18+	F	Mar 27-May 15 1:00pm-3:00pm	Res \$80 Non Res \$92	15133-02

#### **SUMIE PAINTING**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Sumie painting is a unique style of Japanese brush, water based painting. Customs and philosophy are part of class. Authentic supplies available for purchase from instructor. Instr: Marion Brown.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 11-Mar 10 9:30am-12:00pm	Res \$48 Non Res \$57	15106-01
18+	Tu	Mar 11-Apr 14 9:30am-12:00pm	Res \$48 Non Res \$57	15106-02
18+	Tu	Apr 21-May 26 9:30am-12:00pm	Res \$57 Non Res \$66	15106-03

#### WET INTO WATERCOLOR

Instr: Gail Speckmann

#### WET INTO WATERCOLOR BASICS

#### Plymouth Creek Activity Center, 14800 34th Avenue N

An essential technique for a watercolor artist, but there are challenges to be met including degree of wetness for paper and paint, and which materials achieve success. We'll introduce ways on how to use this vital technique. Gail, author of Wet-Into-Wet Watercolor has taught across the US and Canada. Demos and personal help given.

18+	W	Jan 22 9:30am-3:30pm	Res \$88 Non Res \$101	15117-01
		7.50dili-5.50pili	14011 Kes \$101	

#### **PAINTING IN SECTIONS AND STROKES**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

We'll start out on dry paper followed by stroking water into sections and brush strokes. Then paint is added and distributes naturally, achieving sharp, clean edges, but with rich, wet color within the shapes. Demos and personal help given.

18+	W	Feb 12 9:30am-3:30pm	Res \$88 Non Res \$101	15117-02
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#### **PAINTING ON SATURATED PAPER**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to appreciate the softness while still achieving some structure and form by painting on saturated paper. Demos and personal help given.

18+	W	Mar 11	Res \$88	15117-03
		9:30am-3:30pm	Non Res \$101	

#### PAINTING CRABAPPLE TREES & BLOSSOMS

Parkers Lake Park, 15205 County Road 6

Learn to paint Crabapple Trees, both within landscape and close-up. Using Masa paper we'll create the branching and blossoms. Second painting will explore the light and shadow painting close-up blossoms. Demos and personal help given.

9:30am-3:30pm Non Res \$101
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**ARTS** 

#### PALETTE UP!

# ADULT ART: INTRO TO WOOD BURNING Plymouth Creek Activity Center, 14800 34th Avenue N

You'll receive a beautiful piece of wood to work on, several design templates to choose from, and the tools to complete your project. Practice first with different burning tips on a training board, pick a design to transfer to wood, and finally complete your project. You can even add some color with watercolors. No experience necessary. Instr. ArtInnovatorsMN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Feb 3 6:30pm-9:00pm	Res \$63 Non Res \$72	15111-01

#### PALETTE UP! ACRYLIC POURING

Under Pressure Brewing, 8806 7th Ave N, Golden Valley

Come see what the latest craze of fluid acrylics and pouring medium. Try your hand at the "flip cup" method or use a sink strainer to create an abstract painting. You'll make a 9x12" canvas and get a box to transport your work of art. Art materials included. Drink ticket and art materials provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 25 7:00pm-9:00pm	Res \$58 Non Res \$67	15113-01

#### PALETTE UP! PET PORTRAIT PAINTING

Under Pressure Brewing, 8806 7th Ave N, Golden Valley

Paint a portrait of your favorite fuzzy friend after their photo is transferred onto an 11x14-inch canvas. Email a quality photo of your pet (one pet per photo) to nwmpls@kidzart.com at least four days before class. Drink ticket and art supplies included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+		Mar 8 12:30pm-2:30pm	Res \$60 Non Res \$69	15126-01

#### **PALETTE UP! COLD ONE**

Under Pressure Brewing, 8806 7th Ave N, Golden Valley

Grab a cold one from the bar and then paint your pint on a 16x20" canvas with acrylic paints. No art experience necessary. Drink ticket and art supplies included. Instr: ArtInnovatorsMN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 12 7:00pm-9:00pm	Res \$56 Non Res \$65	15128-01

#### **PHOTOGRAPHY**

#### ADVANCED CAMERA TECHNIQUES

Plymouth Creek Activity Center, 14800 34th Avenue N

A detailed, technical look at advanced camera techniques - for experienced photographers, amateur and semi-pro. Topics include: shooting manual, macro, ultrawide, fast-action, low light, external flash, best accessories, advanced shooting techniques. Please bring digital camera to class. Register early, space limited. Instr. Justin Cox.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 3-Mar 10 7:00pm-8:30pm	Res \$65 Non Res \$75	15124-01
18+	Tu	Apr 21-Apr 28 7:00pm-8:30pm	Res \$65 Non Res \$75	15124-02

#### **INTRODUCTION TO PHOTOGRAPHY**

Plymouth Creek Activity Center, 14800 34th Avenue N

No matter what kind of camera you have, understanding the basics of photography will help you take better pictures. This crash course will introduce fundamental operation of all kinds of cameras and photographic concepts including composition, camera modes, exposure triangle (f-stop/shutter speed/ISO), focus, lighting, and color. Instr: Keith Bridges.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 4-Feb 11 6:30pm-8:30pm	Res \$75 Non Res \$86	15120-01

#### **SMART PHONE PHOTOGRAPHY**

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to improve your smartphone photos. This class will offer a brief introduction on photographic composition and light, hardware and software available to make your photos even better, and hands on time in class to explore and learn the capabilities of your phone's camera. We'll also learn how to share and how print your photos. Instr. Ron Timm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 19 7:00pm-8:30pm	Res \$25 Non Res \$30	15134-01



ARTS

#### **UKRAINIAN EGG DECORATING**

Under Pressure Brewing, 8806 7th Ave N, Golden Valley

Learn the age old process of Ukrainian Egg Decorating. Make a number of decorated eggs to take home and display. Wear old clothes. Bring 1-2 used tapered candles (any color), and 2 old potholders OR hand towel. Drink ticket included with class fee. Instr. Lori Ertl.

AGES	DAY	DATE & TIME	COST	ACTIVITY
21+	Tu	Mar 24 7:00pm-9:30pm	Res \$12 Non Res \$15	15118-01
21+	Su	Mar 29 1:30pm-4:00pm	Res \$12 Non Res \$15	15118-02

#### WHEEL POTTERY WORKSHOP

Parkers Lake Park, 15205 County Road 6

Learn the basics of wheel sculpting with ceramic clay. We'll cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Jan 29 6:45pm-9:00pm	Res \$115 Non Res \$127	15153-02
18+	W	Feb 5-Feb 26 6:45pm-9:00pm	Res \$115 Non Res \$127	15153-03
18+	W	Mar 4-Mar 25 6:45pm-9:00pm	Res \$115 Non Res \$127	15153-04
18+	W	Apr 8-Apr 22 6:45pm-9:00pm	Res \$86 Non Res \$99	15153-05
18+	W	May 6-May 27 6:45pm-9:00pm	Res \$115 Non Res \$127	15153-06

#### **EDUCATION**

#### THE TRUE STORY OF THE JAMES GANG

Plymouth Creek Activity Center, 14800 34th Avenue N

Why did they turn to a life of crime? Why did they only rob a certain type of bank? How long did the James-Younger gang ride? Get the answers to these questions and more in this session. Instr: Tom Ryther and Associates.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Apr 27 2:00pm-3:30pm	Res \$10 Non Res \$12	15374-01

#### **CONVERSATIONAL SPANISH**

Plymouth Creek Activity Center, 14800 34th Avenue N

At the end of this course, the students will be able to introduce themselves, talk about their current state (emotional and physical), describe their everyday routine and the things and activities they like.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 6-Mar 12 6:00pm-8:00pm	Res \$75 Non Res \$87	15396-01
18+	М	Apr 6-May 11 9:00am-11:00am	Res \$75 Non Res \$87	15396-02

#### INTRODUCTION TO FLYCASTING

Plymouth Creek Fieldhouse, 14800 34th Avenue N

This class is an introduction to flyfishing and focuses on casting a flyrod. The course is designed for beginners who would like to learn the basics of casting but will also help novice casters focus on fundamental principles to improve their skills. Students must bring own equipment. Instr. Garv Ness.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 2-Feb 25 1:00pm-2:30pm	Res \$67 Non Res \$77	15362-01

#### BRIDGE AND MAH JONGG

#### **BRIDGE: BOOK 3 - DEFENSE**

Plymouth Creek Activity Center, 14800 34th Avenue N

Pre-req: Book 1 & 2. This course provides the techniques critical to the thinking needed to defeat the opponent's contracts. It is the most challenging of the three books but also the most interesting. Class includes lesson and playing time. Books can be purchased from Instructor Mignon Nearmeyer at class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 23-Mar 12 9:00am-11:00am	Res \$48 Non Res \$58	15311-02
18+	Tu	Jan 28-Mar 17 6:45pm-8:45pm	Res \$48 Non Res \$58	15311-01

### BRIDGE: BOOK 4 - COMMONLY USED CONVENTIONS

Plymouth Creek Activity Center, 14800 34th Avenue N

Pre-req: Book 1-3. Class will include lesson and playing time. Books can be purchased from instructor Mignon Nearmeyer at class. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jan 6-Mar 9 1:30pm-3:30pm	Res \$48 Non Res \$58	15313-02
18+	Tu	May 12-June 30 6:45pm-8:45pm	Res \$48 Non Res \$58	15313-01

#### **BRIDGE: COMPETITIVE BIDDING**

Plymouth Creek Activity Center, 14800 34th Avenue N

Expand your game to a new level and begin to consider other factors than just point count. Must know the basics of Bridge. Instr. Mignon Nearmeyer. No program: 4/20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Mar 16-May 11 1:30pm-3:30pm	Res \$48 Non Res \$58	15305-01

#### **BRIDGE: DOUBLES**

Plymouth Creek Activity Center, 14800 34th Avenue N

The double is one of the most useful bids in bridge, one with many different meanings. Class will address takeout doubles, balancing doubles and more. Each class will have lesson time and time for playing actual hands. The text accompanying the book will be available from the instructor. Instr: Mignon Nearmeyer.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Apr 30-June 18 9:00am-11:00am	Res \$48 Non Res \$58	15314-01

#### **BRIDGE: SHUFFLE. DEAL AND PLAY**

Plymouth Creek Activity Center, 14800 34th Avenue N

Pre-req: Book 1-4. Practice what you have learned in class. Also get a little instruction on the latest rules and play under the eye of an expert Bridge Master. Instr: Mignon Nearmeyer. No program: 4/14.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 23-Mar 19 9:00am-11:00am	Res \$30 Non Res \$36	15309-02
18+	Tu	Mar 24-Apr 28 6:45pm-8:45pm	Res \$30 Non Res \$36	15309-01

### MAH JONGG 101: INTRODUCTION TO MAH JONGG

Plymouth Creek Activity Center, 14800 34th Avenue N

This class is for beginners. Mah Jongg is played with 4 players and a set of 144 tiles based on Chinese characters and symbols. Players draw and discard tiles trying to complete a legal hand. Mahjong set and official rules and game card will be provided. Bring a notebook and writing utensil to class to take notes. Instr. Wendy Salita.

AGE	ES	DAY	DATE & TIME	COST	ACTIVITY
18+		Tu	Apr 7-May 5 9:30am-11:00am	Res \$60 Non Res \$69	15385-01
18+		Tu	Apr 7-May 5 11:00am-12:30pm	Res \$60 Non Res \$69	15385-02

#### **MAH JONGG 102: OPEN PLAY**

Plymouth Creek Activity Center, 14800 34th Avenue N

This class is for students who have completed Mah Jongg 101 and want to practice their skills by playing with others. There will be minimal instruction so it is recommended you are comfortable with the rules and how to play Mah Jongg. Students must bring a current Mah Jongg card with them. Instr: Wendy Salita.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 7 1:00pm-2:30pm	Res \$15 Non Res \$20	15394-01

#### **FOOD AND DRINK**

#### ASIAN FAVORITES FOOD DEMONSTRATION

Plymouth Creek Activity Center, 14800 34th Avenue N

Instructor Jeff Sandino will begin by preparing egg rolls stuffed with pork, shrimp and vegetables served with hot mustard and sweet and sour sauce for dipping. Then fried rice using chicken, shrimp, fresh vegetables and secret sauce. Classic pork chow mein follows with crispy egg noodles and chicken egg foo young. Instr: Jeff Sandino.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jan 20 6:00pm-9:00pm	Res \$39 Non Res \$49	15379-01

#### **CLASSIC ITALIAN CUISINE**

Plymouth Creek Activity Center, 14800 34th Avenue N

Start with greens tossed with tomatoes, onion, Kalamata olives, prosciutto and gorgonzola cheese. Enjoy "Chicken Parmigiana", sautéed and baked with prosciutto ham, tomatoes, relish and provolone cheese in marinara sauce. Add "Macaroni Rosa", a combination of vegetables and pasta in marinara sauce with a splash of cream. Finish with "Torta Formaggio", a rich Italian style cheesecake. Instr. Jeff Sandino.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu		Res \$39 Non Res \$49	15380-01

#### **CRAFT BEER FOR BEGINNERS**

Under Pressure Brewing, 8806 7th Ave N, Golden Valley

Have fun learning about craft beer at Under Pressure Brewing in Golden Valley. Sample your way through beer styles on tap while discussing grain varieties, color, ABV, water and a brief overview of what it takes to make beer. Must be 21+ and bring a valid photo ID. Instr: Lori Ertl.

AGES	DAY	DATE & TIME	COST	ACTIVITY
21+	М	Jan 13 7:00pm-8:30pm	Res \$25 Non Res \$30	15365-01
21+	Sa	Feb 22 12:00pm-1:30pm	Res \$25 Non Res \$30	15365-02



#### **FAMILY MATTERS**

### I'VE GOT MY DNA RESULTS. NOW WHAT? Plymouth Creek Activity Center, 14800 34th Avenue N

Your DNA results have arrived, but your ethnicity isn't what you expected? You have cousin matches, but have no idea who they are or how you are related? This introductory class will discuss what's behind DNA results and provide practical approaches to determining your relationship to your matches. Students are welcome to bring a computer.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Apr 14 6:30pm-8:00pm	Res \$29 Non Res \$35	15345-01

#### **CLIMBING YOUR FAMILY TREE: GENEALOGY BASICS**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

This four-week course is geared toward beginning genealogists. We will cover methods for organizing family information, commonly used resources for online and archival genealogy research, and best practices used by successful genealogists. The final session will focus on individual student's progress and next steps. Students are welcome to bring a computer. Instr. Elizabeth Williams Gomoll, CG.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 20-Mar 12 6:30pm-8:00pm	Res \$79 Non Res \$91	15346-01

#### **COLLEGE PLANNING STRATEGIES**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Avoid costly mistakes that can arise throughout the admission and selection process. Learn basic facts about financial aid; steps parents can take to save money by using admission and academic strategies; discover funding sources to help pay for your child's college education and ways to help minimize out-of-pocket expenses. Instr: Edward Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 14 6:00pm-8:00pm	Res \$10 Non Res \$12	15377-01
18+	Tu	Feb 11 6:00pm-8:00pm	Res \$10 Non Res \$12	15377-02
18+	Th	Mar 12 6:00pm-8:00pm	Res \$10 Non Res \$12	15377-03

#### **GREAT BRITAIN: SPOT ON! WITH TERRY KUBISTA**

### **GREAT BRITAIN: SPOT ON! A JIGGER OF IRELAND**Plymouth Creek Activity Center, 14800 34th Avenue N

A very short sampling of Ireland is in store for you. Visit Dublin, Irish Castles and explore the effects, even today, of the potato famine.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Jan 22 9:30am-11:30am	Res \$25 Non Res \$30	15315-01

# **GREAT BRITAIN: SPOT ON! REFORMATION MAINSTAYS**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Tyndale, Calvin, and Wesley are all names associated with the Protestant Reformation. The contributions of these British men to the movement will be looked at. What their contributions mean today must also be explored.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 5-Feb 19 9:30am-11:30am	Res \$25 Non Res \$30	15316-01

# GREAT BRITAIN: SPOT ON! A SMALL TASTE OF WALES

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Travel the canals, highways and byways of Wales to explore an economically-blighted region that even few British citizens know a lot about.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Mar 4-Mar 18 9:30am-11:30am	Res \$25 Non Res \$30	15317-01

# GREAT BRITAIN: SPOT ON! SOME HIDDEN ENGLISH VILLAGES

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Get off the highways and into the back country. Meet the villagers who are the backbone of England's heritage.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Apr 1-Apr 15 9:30am-11:30am	Res \$25 Non Res \$30	15318-01

# GREAT BRITAIN: SPOT ON! THE PERILOUS VICTORIAN HOME

#### Plymouth Creek Activity Center, 14800 34th Avenue N

The Victorian home was anything but "Home Sweet Home". Most residences were riddled with safety and health hazards. The "Good Old Days" were not really that good. Or were they?

А	GES	DAY	DATE & TIME	COST	ACTIVITY
18	3+	W	May 6-May 20 9:30am-11:30am	Res \$25 Non Res \$30	15320-01

### GREAT BRITAIN: SPOT ON! A SIP OF SCOTLAND

### Plymouth Creek Activity Center, 14800 34th Avenue N

Visit Hadrian's wall, Blair Castle and The Edinburgh Tattoo. Scotland's history can be a very pleasing experience. All you have to do is enjoy.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	June 3-June 17 9:30am-11:30am	Res \$25 Non Res \$30	15321-01

#### HOME

#### **DOWNSIZING MADE EASY**

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will help you make a plan and set goals to fit your schedule. Learn how to sort through your possessions, and receive resources on where to donate, recycle and sell items. Instr. Amy Podein, Sort Toss Pack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 27 1:00pm-2:30pm	Res \$10 Non Res \$12	15306-01
18+	Tu	Apr 21 6:30pm-8:00pm	Res \$10 Non Res \$12	15306-02

#### **HOME BUYER BOSS**

Plymouth Creek Activity Center, 14800 34th Avenue N

The landscape of real estate is changing. Learn information and tools to help you navigate the home buying process now and in the future, whether you're downsizing or upgrading. Discuss reasons for selling your current home, comparable home values, buying a new or existing home, condos and more. Instr. Sean and Blanca Schellsmidt.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 7 10:00am-11:00am	Res \$10 Non Res \$12	15359-01

#### **UPDATE YOUR HOME TO SELL**

Plymouth Creek Activity Center, 14800 34th Avenue N

Cover trends on home decor and money-saving techniques that will transform your home on a budget. Learn what improvements will bring the most return on investment. This is a no-pressure workshop. See before and after pictures and case studies on how home sellers have made an additional \$20k-\$50k more when they follow these strategies.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Apr 8 6:30pm-7:30pm	Res \$10 Non Res \$12	15360-01

#### RETIREMENT AND FUTURE PLANNING

#### **DON'T WORRY. RETIRE HAPPY**

Plymouth Creek Activity Center, 14800 34th Avenue N

In retirement every day can be like a Saturday. That's a lot of time to fill and it's important to have a plan. Learn from financial expert Tom Hegna's book *Don't Worry*, *Retire Happy: 7 Steps to a Secure Retirement*. Instr. Edward Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 16 6:00pm-8:00pm	Res \$10 Non Res \$12	15376-01
18+	Th	Feb 13 6:00pm-8:00pm	Res \$10 Non Res \$12	15376-02
18+	Tu	Apr 21 6:00pm-8:00pm	Res \$10 Non Res \$12	15376-03

#### INCOME TAXES AND RETIREMENT

Plymouth Creek Activity Center, 14800 34th Avenue N

Preparing for retirement includes making choices that can affect your income taxes. Learn more about the financial impact of taxes and how to make the wise decisions that minimize their impact on you. Instr: Edward Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 21 6:00pm-8:00pm	Res \$10 Non Res \$12	15390-01
18+	Th	Feb 20 6:00pm-8:00pm	Res \$10 Non Res \$12	15390-02
18+	Th	Mar 19 6:00pm-8:00pm	Res \$10 Non Res \$12	15390-03

# RETIREMENT ACCUMULATION: STRATEGIES & CONCEPTS

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn valuable concepts and strategies to plan for your financial future. Risks to consider, concepts to consider and stories to help you learn from valuable experiences of others. Ideal for those 18-60 years old. Receive additional resources to continue your retirement accumulation strategy beyond the classroom. Instr. Nick Christoff, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Apr 15 6:30pm-7:30pm	Res \$10 Non Res \$12	15393-01

### SOCIAL SECURITY: TIMING IS EVERYTHING Plymouth Creek Activity Center, 14800 34th Avenue N

As you approach retirement, take time to determine how you'll support yourself when your paycheck stops. Find out how you can optimize Social Security and determine how much you can expect to receive from other income sources. Instr: Edward Sachs. Thrivent Financial

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 23 6:00pm-8:00pm	Res \$10 Non Res \$12	15375-01
18+	Tu	Feb 18 6:00pm-8:00pm	Res \$10 Non Res \$12	15375-02
18+	Tu	Mar 17 6:00pm-8:00pm	Res \$10 Non Res \$12	15375-03

MORE FUTURE PLANNING CLASSES ON PAGE 40



# WHAT IS SENIOR HOUSING AND IS IT RIGHT FOR ME?

Plymouth Creek Activity Center, 14800 34th Avenue N

Thinking about making a move? Hear from three industry experts about the basics of making a smooth transition, how to get your home ready to sell, what is happening in the real estate market, how to start downsizing and what to do with your collections. Plus valuable information on availability and options in senior housing.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 7 10:00am-11:30am	Res \$8 Non Res \$10	15307-01

# PREPARING FOR LONG TERM CARE - A GIFT YOUR FAMILY DESERVES

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn what long term care is and what it isn't. Why an extended care strategy should be part of your financial conversation.

Learn the three levels of care and the possibilities for care.

Learn ways to manage the cost of care and how government programs contribute. Instr: Nick Christoff. Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 10 6:30pm-7:30pm	Res \$10 Non Res \$12	15391-01

#### PREPARE YOUR OWN WILL

Plymouth Creek Activity Center, 14800 34th Avenue N

Who would raise your children if you died? Who will be your executor? Without a will, the laws in Minnesota and a judge decide. Class is taught by an experienced attorney in drafting wills - Adam Altman. Leave with a simple will prepared. Instruction and all of the necessary forms, witnesses and notaries are provided. This is an individual will.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 21 1:00pm-3:00pm	Res \$38 Non Res \$46	15330-01
18+	М	Apr 20 6:30pm-8:30pm	Res \$38 Non Res \$46	15330-02

#### **TECHNOLOGY**

#### HOW TO CUT THE CABLE CORD

Plymouth Creek Activity Center, 14800 34th Avenue N

Cable (or satellite) television is the single most expensive utility for many households. Learn about viewing options that are free or a lower cost. Discuss pros/cons of cable, how to get internet without cable, how to get TV from your computer to your television, and more. Find out why and how thousands of TV watchers are ditching cable forever. Instr: Ron Timm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18-125	Th	Jan 30 7:00pm-8:30pm	Res \$29 Non Res \$35	15341-01

#### INTRODUCTION TO SOCIAL MEDIA

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn the step-by-step basics for Facebook, Instagram, Snapchat, Twitter and YouTube. Common questions and insights on social media will be reviewed so that you're up to date on the latest buzz words and topics. Come and learn to share, search and connect and leave social media savvy as ever! No prior experience required. Instr: Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 4 9:00am-10:30am	Res \$20 Non Res \$25	15395-01

#### **SMART PHONE WORKSHOP I**

Plymouth Creek Activity Center, 14800 34th Avenue N

This hands-on workshop is for people with little to no experience working with their iPhone or Android phone. Class will cover the most common cellphone options including: texting, calls and security management. Several of the main cellphone settings, Wi-Fi, security, maps, photos/videos, accessories, icons and apps management, commands and controls will be among the highlighted points. Instr: "Raythecomputerquy."

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 13 2:00pm-4:00pm	Res \$35 Non Res \$42	15354-01
18+	Th	Apr 9 2:00pm-4:00pm	Res \$35 Non Res \$42	15354-02

#### SMART PHONE WORKSHOP II

Plymouth Creek Activity Center, 14800 34th Avenue N

Build on what you learned in the first workshop. Instr: "RayTheComputerGuy."

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 20 2:00pm-4:00pm	Res \$35 Non Res \$42	15357-01
18+	Th	Apr 16 2:00pm-4:00pm	Res \$35 Non Res \$42	15357-02



#### **CARDIO STRENGTH INTERVALS**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Class includes intervals of cardio and weight training to build muscle and aerobic capacity. Some sessions may incorporate circuit stations to add variety and additional conditioning. Core, ab and balance work are practiced. Each class concludes with a combo of yoga poses, stretches, and relaxation. Bring a mat, small towel and water. ACE Certified instructor. Aleen Waters.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Feb 19 5:30pm-6:30pm	Res \$62 Non Res \$70	15403-01
18+	W	Feb 26-Apr 8 5:30pm-6:30pm	Res \$62 Non Res \$70	15403-02

#### **FUSION FITNESS**

#### ZoYoga & Fitness, 112 Hamel Road

Full body workout using movement inspired by yoga, ballet, drumming and traditional exercises. Beginners welcome. The fee is for unlimited classes in those time slots. All equipment provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M,W	Jan 6-Jan 29 5:45pm-6:45pm	Res \$59 Non Res \$69	15401-01
18+	Tu,F	Jan 7-Jan 31 8:30am-9:30am	Res \$59 Non Res \$69	15401-02
18+	M,W	Mar 2-Mar 25 5:45pm-6:45pm	Res \$59 Non Res \$69	15401-03
18+	Tu,F	Mar 3-Mar 27 8:30am-9:30am	Res \$59 Non Res \$69	15401-04

# ESSENTIAL OILS FOR BABIES AND CHILDREN Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to safely use essential oils to address a number of common health issues in babies and children. Specific topics to be addressed include colic and digestive upsets, teething pain, diaper rash, motion sickness, headaches, ear discomfort, acne, minor burns and scrapes, fussiness, anxiety, hyperactivity and poor focus.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18÷	Th	Jan 23 6:00pm-7:00pm	Res \$12 Non Res \$15	15439-01

#### **FACIAL EXERCISE**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Geared for women. Just like the rest of your body, the face has muscles that can be tightened to lift up what gravity pulls down no matter what age. Sagging jowls, droopy eyelids and turkey neck can be corrected through a 4-minute workout. Bring a small stand-up mirror and washcloth. Instruction booklet provided. Instr: Tessa Hill.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 5 10:30am-12:00pm	Res \$24 Non Res \$28	15411-01

#### LAUGHTER MEDITATION Yoga MN, 3900 Vinewood Ln N

Increase happiness, decrease stress, build your immune system and breathe. No stretchy poses or balancing...just tons of lovely, healthy laughter and breath work. Wear loose comfy clothes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Jan 7 6:30pm-7:15pm	Res \$5 Non Res \$6	15428-01
16+	Tu	Feb 4 6:30pm-7:15pm	Res \$5 Non Res \$6	15428-02
16+	Tu	Mar 3 6:30pm-7:15pm	Res \$5 Non Res \$6	15428-03
16+	Tu	Apr 7 6:30pm-7:15pm	Res \$5 Non Res \$6	15428-04
16+	Tu	May 5 6:30pm-7:15pm	Res \$5 Non Res \$6	15428-05





#### **HEALTH AND FITNESS**

#### AGE 50+ CLASSES

### SENIOR FITNESS: ARE YOU PHYSICALLY FIT? Plymouth Creek Activity Center, 14800 34th Avenue N

This physical therapist-led course will start with an initial fitness assessment. Following the assessment, this weekly exercise class will teach exercises that will improve your overall fitness. This class will educate you of the benefits of exercise and how to exercise as you age! Exercises will accommodate all levels.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Th	Jan 9-Feb 13 1:30pm-2:30pm	Res \$90 Non Res \$100	15437-01

#### **FIT4LIFE: LIVE YOUR LIFE!**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

This class will be focused on providing exercise opportunities in an inclusive and dynamic setting for the aging adult (50+), by an American College of Sports Medicine Certified Exercise Physiologist. 8 sessions will include group flexibility, cardio, and strengthening activities in a fun and positive setting. Weekly handouts will be provided on topics to live a healthy lifestyle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	W	Jan 15-Mar 4 1:30pm-2:30pm	Res \$104 Non Res \$114	15438-01

#### TAI CHI CHIH

Tai Chi Chih® is a gentle, meditative and calming practice consisting of 19 movements and one pose which are designed to circulate and balance the vital energy of the body to optimize health and well-being; it can be done standing or seated. It is not a martial art. With daily practice, benefits may include improved balance and flexibility, reduced stress, blood pressure control, increased energy, better concentration or improved immune function

#### **BEGINNER**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Feb 25 10:00am-11:00am	Res \$48 Non Res \$55	15416-01
18+	Tu	Mar 10-May 12 10:00am-11:00am	Res \$60 Non Res \$69	15416-02

#### INTERMEDIATE

#### Plymouth Creek Activity Center, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Feb 25. 11:30am-12:30pm	Res \$48 Non Res \$55	15417-01
18+	Tu	Mar 10-May 12 11:30am-12:30pm	Res \$60 Non Res \$69	15417-02

#### TAI CHI FOR HEALTH

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Using mind and body connection, Tai Chi practice creates internal strength through gentle relaxing movements. You increase balance, strengthen bones, improve flexibility and coordination. Tai Chi is a life-long exercise with many positive benefits for participants living with or without arthritis. The form is easy to learn and suitable for all ages. Wear loose fitting clothing and flat comfortable shoes. Instr: Cindy Bergstrom.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Apr 1-May 20 6:45pm-7:45pm	Res \$64 Non Res \$74	15406-01

#### YOGA

### Blooma 3900 Vinewood Ln N

All fitness levels welcome. Blooma Barre utilizes targeted isometric movements to tone, lift and engage muscle groups one at a time and is adaptable for babies in carriers. Each class uses a blend of unique exercises on your mat or at the stable wooden barre. Caregivers are invited to bring their baby (birth to pre-crawling) in a carrier. Feeding or diaper changing in the space is welcome, and bringing baby is not required.

AGES	S DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Jan 9-Feb 27 7:45pm-8:45pm	Res \$96 Non Res \$105	15436-01
16+	Th	Mar 5-Apr 23 7:45pm-8:45pm	Res \$96 Non Res \$105	15436-02

### **BLOOMA PRENATAL YOGA**

Blooma, 3900 Vinewood Ln N

All stages of pregnancy and levels of yoga experience welcome. You'll be guided gracefully through meditation, breathing, and movement specialized for the prenatal body and mind. Designed to both nurture and challenge you, Blooma prenatal yoga inspires trust in your birthing journey while providing an open community to discuss what you are experiencing. You'll benefit from much needed relaxation, while strengthening the muscles that support your baby during pregnancy, birth and the postpartum period.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Jan 9-Feb 27 9:30am-10:30am	Res \$96 Non Res \$105	15435-01
16+	Th	Mar 5-Apr 23 6:30pm-7:30pm	Res \$96 Non Res \$105	15435-02



#### **HEALTH AND FITNESS**

#### YOGA WITH CLARE OCHRY

#### CHAIR YOGA

#### Plymouth Creek Activity Center, 14800 34th Avenue N

A series of seated and standing yoga poses. Chair support modification offered. Designed to increase flexibility and balance. Restorative breathing emphasized and a final relaxation is included. No program: 1/20, 2/17, 3/23, 3/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jan 6-Mar 2 10:30am-11:15am	Res \$56 Non Res \$64	15419-01
18+	М	Mar 9-May 4 10:30am-11:15am	Res \$56 Non Res \$64	15419-02

#### MINDFUL MOVEMENTS YOGA

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Blend your deep breathing techniques with mindful movements. Discover clarity of mind, strength of body and beauty of spirit. A mix of poses and mediations for a complete sense of wellbeing. All levels accepted. Instructor: Clare Ochry. No program: 1/20, 2/17, 3/23, 3/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jan 6-Mar 2 11:30am-12:30pm	Res \$56 Non Res \$64	15421-01
18+	М	Mar 9-May 4 11:30am-12:30pm	Res \$56 Non Res \$64	15421-02

#### YOGA TONE

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Safe strength training using light weights, infused with yoga alignment and breathing principles. Builds muscle and overall well-being. Instr. Clare Ochry. No program: 3/25, 4/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Feb 19 11:00am-12:00pm	Res \$56 Non Res \$64	15422-01
18+	W	Feb 26-Apr 22 11:00am-12:00pm	Res \$56 Non Res \$64	15422-02
18+	W	Apr 29-Jun 10 11:00am-12:00pm	Res \$56 Non Res \$64	15422-03

#### YOGA EASY

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Enjoy a soothing stretch journey celebrating life with body, mind and spirit! Strengthens and conditions muscles as it relieves stiff joints and aids balance and breath. All postures have modifications. No program: 3/20, 3/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 10-Feb 21 9:00am-10:00am	Res \$56 Non Res \$64	15420-01
18+	F	Feb 28-Apr 24 9:00am-10:00am	Res \$56 Non Res \$64	15420-02
18+	F	May 1-Jun 12 9:00am-10:00am	Res \$56 Non Res \$64	15420-03

#### HATHA YOGA

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Increase your energy, condition, relax tight muscles and release stiff joints. Your body will be challenged to align, strengthen and balance. Program for all levels. Monday focus: Slow Flow, Wednesday focus: Power Yoga/Vinyasa. Bring a mat and water. Instr: Jessica Spore. No program: 3/23, 3/25, 3/30, 4/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M,W	Jan 6-Feb 19 6:30pm-7:30pm	Res \$105 Non Res \$115	15408-01
18+	M,W	Feb 24-Apr 22 6:30pm-7:30pm	Res \$105 Non Res \$115	15408-02

#### **RESTORATIVE YOGA**

#### Parkers Lake Park, 15205 County Road 6

Facilitated conscious relaxation brings the nervous system to a parasympathetic state that helps to achieve a deeper sleep at night. Just 15 – 20 minutes of conscious relaxation is as beneficial as 3 hours of sleep. Other benefits of deep relaxation include: lowering of blood pressure, increased "good cholesterol" levels, reductions in belly fat, digestion improvements, lowering blood sugar levels, reduction of muscle tension and general fatigue. Learn how to get into "rest and digest mode" in this gentle, nurturing series. Great for all experience levels. Bring a mat and your favorite blanket. No program: 2/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jan 6-Mar 2 7:00pm-8:15pm	Res \$108 Non Res \$118	15440-01
18+	М	Mar 9-Apr 27 7:00pm-8:15pm	Res \$108 Non Res \$118	15440-02

SEE KIDS YOGA CLASSES ON PAGES 10 & 23

**MORE YOGA CLASSES ON PAGE 44** 



#### **HEALTH AND FITNESS**

#### YIN YOGA

#### Parkers Lake Park, 15205 County Road 6

The practice of Yin Yoga is a slow and restorative style that involves relaxing the body right up to ones' healthy edge, really feeling into each and every part of the body, especially any areas of pain. This process results in feeling more balanced and less restless. Great for people who stand all day, are tense, inflexible or experience anxiety. Bring a mat and your favorite blanket. No program: 2/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Mar 3 7:00pm-8:15pm	Res \$108 Non Res \$118	15441-01
18+	Tu	Mar 10-Apr 28 7:00pm-8:15pm	Res \$108 Non Res \$118	15441-02

#### **YOGA & HOPS**

#### Under Pressure Brewing, 8806 7th Ave N, Golden Valley

Join us for Yoga with a side of Hops! The Tap Room at Under Pressure Brewing will transform into the perfect pop up yoga studio. Fee includes one drink ticket. Under Pressure also brews their own root beer. Register with a partner or friend, or come meet new ones at this fun adult-only event.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 14 7:00pm-8:15pm	Res \$30 Non Res \$35	15442-01
18+	Tu	Feb 11 7:00pm-8:15pm	Res \$30 Non Res \$35	15442-02

#### **ZUMBA**

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr. Gina Galindo.

#### **ZUMBA LEVEL 1**

Plymouth Creek Activity Center, 14800 34th Avenue N No program: 1/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	М	Jan 6-Feb 17 5:30pm-6:30pm	Res \$58 Non Res \$68	15409-01
16+	М	Jan 6-Feb 17 6:45pm-7:45pm	Res \$58 Non Res \$68	15409-02
16+	W	Jan 8-Feb 19 6:45pm-7:45pm	Res \$58 Non Res \$68	15409-03
16+	F	Jan 10-Feb 21 5:30pm-6:30pm	Res \$50 Non Res \$58	15409-04
16+	М	Mar 2-Apr 13 5:30pm-6:30pm	Res \$58 Non Res \$68	15409-05
16+	М	Mar 2-Apr 13 6:45pm-7:45pm	Res \$58 Non Res \$68	15409-06
16+	W	Mar 4-Apr 15 6:45pm-7:45pm	Res \$58 Non Res \$68	15409-07
16+	F	Mar 6-Apr 17 5:30pm-6:30pm	Res \$58 Non Res \$68	15409-08

#### **ZUMBA LEVEL 2**

Plymouth Creek Activity Center, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Jan 7-Feb 18 6:45pm-7:45pm	Res \$58 Non Res \$68	15410-01
16+	W	Jan 8-Feb 19 5:30pm-6:30pm	Res \$58 Non Res \$68	15410-02
16+	Tu	Mar 3-Apr 14 6:45pm-7:45pm	Res \$58 Non Res \$68	15410-03
16+	W	Mar 4-Apr 15 5:30pm-6:30pm	Res \$58 Non Res \$68	15410-04

#### **ZUMBA GOLD**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Fitness class for senior adults that uses exciting Latin and international dance rhythms. Class is modified for beginner participants. No dance experience necessary. Comfortable clothing and workout shoes recommended. Using dance and fitness moves, experience a complete body workout. Instr: Gina Galindo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Feb 18 9:00am-10:00am	Res \$58 Non Res \$68	15418-01
18+	Th	Jan 9-Feb 20 9:00am-10:00am	Res \$58 Non Res \$68	15418-02
18+	Tu	Mar 3-Apr 14 9:00am-10:00am	Res \$58 Non Res \$68	15418-03
18+	Th	Mar 5-Apr 16 9:00am-10:00am	Res \$58 Non Res \$68	15418-04

#### **SPORTS**

#### BADMINTON - ADULT OPEN Wayzata High School, 4955 Peony Lane

We supply the net and the birdies; you supply the racket. Limited number of loaner rackets available. Players must pre-register for this program. Registration is limited. No program: 1/20, 2/17, 3/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jan 6-Feb 24 7:30pm-10:00pm	Res \$30 Non Res \$36	15213-01
18+	Th	Jan 9-Feb 13 7:30pm-10:00pm	Res \$30 Non Res \$36	15213-02
18+	М	Mar 2-Apr 13 7:30pm-10:00pm	Res \$30 Non Res \$36	15213-03
18+	Th	Feb 20-Mar 19 7:30pm-10:00pm	Res \$25 Non Res \$30	15213-04
18+	М	Apr 20-May 18 7:30pm-10:00pm	Res \$25 Non Res \$30	15213-05
18+	Th	Apr 9-May 21 7:30pm-10:00pm	Res \$35 Non Res \$42	15213-06

#### **ADULT OPEN SOCCER**

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Co-rec soccer on a social level. Not for aggressive/competitive players. No slide tackling; shin guards recommended. Teams formed on site by captains. Pre-registration required. No program: 12/25, 1/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Dec 30-Feb 17 9:00pm-10:30pm	Res \$109 Non Res \$120	15207-01
18+	W	Dec 18-Feb 19 9:00pm-10:30pm	Res \$109 Non Res \$120	15207-02
18+	М	Feb 24-Apr 13 9:00pm-10:30pm	Res \$109 Non Res \$120	15207-03
18+	W	Feb 26-Apr 15 9:00pm-10:30pm	Res \$109 Non Res \$120	15207-04
18+	Su	Apr 26-May 31 4:30pm-6:00pm	Res \$28 Non Res \$33	15207-05
18+	F	May 1-June 5 6:00pm-7:30pm	Res \$28 Non Res \$33	15207-06

#### TABLE TENNIS - ADULT OPEN

Wayzata High School, 4955 Peony Lane

We supply the tables, paddles, balls and setup. Players rotate on the tables depending on the number of people. Players will need to pre-register for each session.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Feb 18 7:30pm-10:00pm	Res \$35 Non Res \$42	15211-01
18+	Tu	Feb 25-Mar 31 7:30pm-10:00pm	Res \$30 Non Res \$36	15211-02
18+	Tu	Apr 7-May 19 7:30pm-10:00pm	Res \$35 Non Res \$42	15211-03

#### VOLLEYBALL - ADULT OPEN

Wayzata High School, 4955 Peony Lane

We supply the nets, volleyballs and setup. Players rotate on the court depending on the number of people. Participants will need to pre-register for this program - no cash at the door. Participants will need to register for each seasonal session.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Feb 12 7:30pm-10:00pm	Res \$30 Non Res \$36	15214-01
18+	W	Feb 19-Mar 25 7:30pm-10:00pm	Res \$30 Non Res \$36	15214-02
18+	W	Apr 8-May 20 7:30pm-10:00pm	Res \$35 Non Res \$42	15214-03

#### **MARTIAL ARTS**

#### SHOSHIN RYU JUJITSU ADULT

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Increase self confidence, inner strength, coordination and balance. Primary emphasis on self-defense and development of character by integration of a variety of skills including throws, forms, strikes, kicks and ground-based training. Instr. Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	Th	Jan 9-Feb 13 7:00pm-8:00pm	Res \$80 Non Res \$92	15209-01
13+	Th	Feb 20-Apr 2 7:00pm-8:00pm	Res \$80 Non Res \$92	15209-02
13+	Th	Apr 9-May 21 7:00pm-8:00pm	Res \$80 Non Res \$92	15209-03



#### LEAGUES

#### WINTER 5 X 5 UNOFFICIATED BASKETBALL Armstrong High School, 10635 36th Avenue N

Full court, no referees, call your own fouls. Timekeeper supplied. 2 or 3 divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball. Call 763-509-5200 to register or for details.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Jan 6-Mar 23 6:00pm-10:00pm	\$190	15200

# WINTER SOCCER INDOOR OFFICIATED LEAGUE 1 Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Play 6 v 6 plus goalie, 2 or 3 divisions based on competitive level. Returning teams may be moved up or down within the divisions. Roster limit is 16.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 2-Feb 20 8:00pm-11:00pm	\$975	15206

### WINTER SOCCER INDOOR OFFICIATED LEAGUE 2 Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Play 6 v 6 plus goalie, 2 or 3 divisions based on competitive level. Returning teams may be moved up or down within the divisions. Roster limit is 16.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 27-Apr 16 8:00pm-11:00pm	\$975	15207

# WINTER CO-REC UNOFFICIATED VOLLEYBALL Wayzata High School, 4955 Peony Lane

Play with up to 3 men and 3 women per team on the court (4 player minimum). Teams call their own violations. Roster limit is 12. Call 763-509-5200 to register or for details.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 21-Mar 10 6:00pm-10:00pm	\$130	15203

### SPRING 5 X 5 UNOFFICIATED BASKETBALL Armstrong High School, 10635 36th Avenue N

Full court; no referees, call your own fouls. Timekeeper supplied. 2 divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball. No program: 5/24

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	М	Apr 13-Jun 8 6:00pm-10:00pm	\$160	15201







# EVENTS AT THE PLYMOUTH CREEK CENTER

14800 34th Avenue N

#### **SPRING DANCE - MON., MAY 4**

Enjoy a lovely afternoon dancing to the music of Dick Macko in the Plymouth Creek Center Ballroom overlooking the beautiful Millennium Garden. Refreshments will be served. Please register by May 1 at 4:30pm for the advance rate.

TIME: 1:00pm-3:30pm

COST: \$10 on or before 5/1 | \$13 at the door and after 5/1

#### **MOVIES & POPCORN**

Enjoy an afternoon going to the movies right here at Plymouth Creek Center. Popcorn, movie and soda are free. Please call for movie title. Theater seats fill up quickly, so please be sure to register at 763-509-5280.

AGES: 50+ | COST: Free | TIME: 1:00-3:30 pm

DATES:

Tuesday, Jan 14 Tuesday, Feb 11

Tuesday, March 10 Tuesday, Apr 14

Wednesday, May 13

### **BELGIAN WAFFLE BREAKFAST**

See page 56

WEDDING OPEN HOUSE

see page 56

#### SENIOR TRIPS

#### **VIKINGS MUSEUM**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Tour the Vikings Museum located next to the TCO Performance Center, It is a place for Vikings fans and Legends alike to experience the history of the Minnesota Vikings and football in Minnesota. The facility features a 360-degree video theater, multiple interactive exhibits and hundreds of historical artifacts. Enjoy lunch at Casper's Cherokee Restaurant in Eagan. Menu includes Chicken Entree with Tossed Salad, Baked Potato, Rolls, Beverage and Dessert. Make a stop at Abdallah's Chocolates store on the way home. Purchase candy and other gift items. Deadline to register/cancel is January 20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55÷	Th	Feb 20 9:30am-4:00pm	Res \$72 Non Res \$82	15602-01

#### **ANASTASIA AT THE ORPHEUM**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

See the Broadway musical, "Anastasia" at the Orpheum Theater. This romantic and adventure-filled new musical will transport you from the twilight of the Russian Empire to the euphoria of Paris in the 1920's, as a brave young woman sets out to discover the mystery of her past. Concessions are available for purchase. Cost includes ticket and bus transportation. Deadline to register/cancel is January 2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Tu	Mar 31 6:15pm-11:00pm	Res \$76 Non Res \$87	15603-01

#### **DIAMOND JO CASINO**

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Spend the day at Diamond Jo Casino in Northern IA. Register/Cancel by April 7.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Tu	Apr 14 8:30am-4:30pm	Res \$25 Non Res \$28	15606-01

# "TRIPLE ESPRESSO" AT THE SHELDON THEATER Plymouth Creek Activity Center, 14800 34th Avenue N

Spend a lovely day in Red Wing. Start with lunch a the St. James Hotel. Menu includes Tuscan Chicken (grilled chicken breast with sun dried tomato & fresh basil, pesto cream sauce) served with a starch, vegetable, roll, cookie and coffee. After lunch, shop downtown Red Wing as time permits. Next, head over to the historic, Sheldon Theater to enjoy a matinee performance of "Triple Espresso". This highly caffeinated comedy shines the spotlight on three hilarious performers as they reminisce about the ill-fated big break. Hear them tell their rags-to-riches story. The laughter is infectious, and the comedy appeals to everyone young and old. Deadline to register/cancel is March 23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	F	Apr 24 10:45am-7:00pm	Res \$86 Non Res \$96	15604-01

#### SPRINGTIME IN FARIBAULT

#### Plymouth Creek Activity Center, 14800 34th Avenue N

Spend a beautiful spring day in Faribault! Tour Fairbault Woolen Mill, the country's last mill to turn raw wool into finished blankets. The mill dates back to the Civil War and was closed into foreclosure in 2009. You will be able to shop a wide range of woven goods after the tour. Enjoy lunch at the Depot Restaurant. Menu includes Meatloaf, Mashed Potatoes, Gravy, Vegetable, Roll, Beverage and Dessert. After lunch visit Donahues Greenhouse where they grow one of the largest selections of Clematis in the country. Stop in Kenyon to visit the gorgeous Aspelund Peony Gardens and Winery overlooking the Zumbro River Valley. Purchase wine and other goods. Deadline to register/cancel: April 20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	W	May 20 8:45am-4:30pm	Res \$67 Non Res \$77	15605-01

# ADULT

GROUP	MEETING DAY	TIME	CONTACT	FEE
500 Card Club	Every Friday	1:00-4:00pm	Linda: 952-448-9202	YES
Antiques & Collectibles	Last Wed of Month No Meetings June - August	1:30-3:30pm	Arlene: 763-559-9636	YES
Arts Studio	Every Friday	9:00-11:30am	David: 763-383-8921	YES
Biking Club	Wednesdays (April - Oct.)	Times Vary	Bill: 763-546-7835	YES
Book Club	1st Wednesday	1:30-2:30pm	763-509-5280	YES
Boomers & Up Friends Club	Dates Vary - call for info	Times Vary	Sandy: 763-473-1514	YES
Bridge - Party	Every Wednesday	12:00pm-4:00pm	Diane: 763-473-6047	YES
Duplicate Bridge Group	2nd & 4th Wednesday	12:00pm-4:00pm	Nancy: 763-559-3259	YES
Computer Users Group	4th Wednesday	10:00am-Noon	John: 763-557-8087	YES
Cribbage	Every Thursday	12:30-3:00pm	Jeff: 763-551-9185	YES
Current Events Discussion Group	Every Thursday	9:45-11:45am	Jan 763-557-0140	YES
Evening Bridge	Every Monday	6:30pm-9:15pm	Diane: 763-473-6047	YES
Mah Jongg	Every Tuesday	12:30-4:00pm	763-509-5280	YES
Men's Club	4th Tuesday	9:00-11:00am	763-509-5280	YES
Needle Arts	1st & 3rd Thursdays	11:30am-2:30pm	Kay: 763-577-0753	YES
Plymouth Handycrafters	2nd & 4th Thursday	1:00-3:00pm	Fran: 763-559-9316	YES
Plymouth Rockers Chorus	Mondays, Feb-June, Sept-Dec	9:00-11:30am	Marilou: 763-473-4404	YES
Plymouth Senior Club	3rd Monday (May-Dec) 4th Monday (Jan-Apr) No Meeting in July	12:00-4:00pm	Sandy: 763-218-1611	YES
Plymouth Woodcarvers	Every Thursday	9:00am-12:00pm	Jim: 763-441-4279	YES
Story Time Players	1st & 3rd Tuesdays	1:00-3:00pm	Randi: 218-791-2884	YES
Writers Group	Every Monday	1:00-3:00pm	Elaine: 763-473-5628	YES

#### **SERVICES**

English as a Second Language - ESL	2nd Monday each month	10:00am-12:00pm	763-509-5280	NO
Caregiver Coaching			SCS: 612-770-7005	NO
Caregiver Support Group	3rd Wednesday each month	10:00am-11:30am	Becky Allard, LSW 952-746-4028	NO
Senior Outreach	by appointment		SCS: 612-770-7005	NO

# MINNESOTA HIGHWAY SAFETY 8. RESEARCH CENTER DRIVING CLASSES Plymouth Creek Activity Center, 14800 34th Avenue N

Taught by trained instructors, topics include changes in traffic laws, vehicle technology and defensive driving tips using educational videos and classroom training/discussion. Sessions are available in a basic (8-hour) first-time course or a refresher (4-hour) course. Please bring what you need for the day (eg. snack, lunch or beverage). Completion of this course allows for a 10% reduction on automobile insurance premiums in Minnesota for those ages 55 and over. Refresher course must be completed every three years for discount.

#### For class fees & registration contact MN Hwy Safety Center toll free number: 1-888-234-1294

DAY/DATE	COURSE	TIME
Friday, Jan 3	Refresher	12:00pm-4:00pm
Wednesday, Jan 15	Refresher	4:30pm-8:30pm
Wednesday, Feb 19	Refresher	12:00pm-4:00pm
Wednesday, Mar 18	Refresher	11:00am-3:00pm
Mon/Tues, March 30/31	Basic Course	5:00pm-9:00pm
Thursday, Apr 16	Refresher	10:00am-2:00pm
Friday, Apr 24	Refresher	11:00am-3:00pm







#### **ADULT BEGINNER SWIMMING**

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety. (Rafio 4:1). No program: 2/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	Sa	Jan 11-Mar 7 1:00pm-1:45pm	\$112	15800-01
15+	Sa	Apr 18-May 16 1:00pm-1:45pm	\$70	15800-02

#### **WOMEN'S ADULT BEGINNER SWIMMING**

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety. (Ratio: 4:1) Taught by female instructors.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	F	Apr 17-May 22 7:35pm-8:20pm	\$70	15802-01

#### **INFANT/TODDLER SWIMMING**

Wayzata East Middle School, 12000 Ridgemount Avenue

A parent/child class that builds basic swimming skills and water safety knowledge. Using games and activities, the class will focus on water adjustment and basic comfort in front and back positions. One adult required to be in the water. No program: 2/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
0.5-2.5	Sa	Jan 11-Mar 7 12:20pm-12:50pm	\$112	11800-01
0.5-2.5	Sa	Apr 18-May 16 12:20pm-12:50pm	\$70	11800-02

#### PRESCHOOL PARENT/CHILD SWIMMING

A class for those new to swimming or wishing to build on comfort and water safety skills learned in the Infant/Toddler class. Beginning swim skills introduced including: breath control, front and back position, and movement in the water. One adult per child required in the water. No program: 1/20, 2/15, 2/17.

	AGES	DAY	DATE & TIME	COST	ACTIVITY
-	2-4	М	Jan 6-Mar 9 6:40pm-7:10pm	\$112	11801-01
	2-4	Th	Jan 9-Feb 27 6:40pm-7:10pm	\$112	11801-02
	2-4	Sa	Jan 11-Mar 7 10:20am-10:50am	\$112	11801-03
	2-4	М	Apr 13-May 11 6:40pm-7:10pm	\$70	11801-04
	2-4	Th	Apr 16-May 14 6:40pm-7:10pm	\$70	11801-05
	2-4	Sa	Apr 18-May 16 10:20am-10:50am	\$70	11801-06

#### **SWIM STARS SWIMMING**

Pre-req: Parent/Child Preschool. A class for children to develop the confidence needed to transition to a Preschool 1 swimming class. Parent/adults will be in the water for the first 3 classes,then transition to a preschool class with an instructor. (Ratio: 4:1) No program: 2/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Sa	Jan 11-Mar 7 9:40am-10:10am	\$112	11802-01

#### PRESCHOOL 1 SWIMMING

This class is for those who have completed a parent/child class or a child comfortable in a class setting without a parent. Class introduces age appropriate basic swimming skills, breath control, bobbing underwater, supported front and back floats/glides and movement in the water (5-10 ft). (Ratio 4:1) No program: 1/20, 2/15, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	М	Jan 6-Mar 9 6:40pm-7:10pm	\$112	12800-01
3-5	Th	Jan 9-Feb 27 6:40pm-7:10pm	\$112	12800-02
3-5	Th	Jan 9-Feb 27 7:15pm-7:45pm	\$112	12800-03
3-5	Sa	Jan 11-Mar 7 9:00am-9:30am	\$112	12800-04
3-5	Sa	Jan 11-Mar 7 11:00am-11:30am	\$112	12800-05
3-5	М	Apr 13-May 11 6:40pm-7:10pm	\$70	12800-06
3-5	Th	Apr 16-May 14 6:40pm-7:10pm	\$70	12800-07
3-5	Th	Apr 16-May 14 7:15pm-7:45pm	\$70	12800-08
3-5	Sa	Apr 18-May 16 9:00am-9:30am	\$70	12800-09
3-5	Sa	Apr 18-May 16 11:00am-11:30am	\$70	12800-10





#### PRESCHOOL 2 SWIMMING

For preschoolers who are comfortable in the water. Expand on basic skills: bobbing underwater, unsupported front and back floats/glides, swim on front and back unsupported 6ft. Jump in water alone. (Ratio 4:1) No program: 1/20, 2/15, 2/17.

2	AGES	DAY	DATE & TIME	COST	ACTIVITY
	3-5	М	Jan 6-Mar 9 6:40pm-7:10pm	\$112	12801-01
	3-5	Th	Jan 9-Feb 27 6:40pm-7:10pm	\$112	12801-02
	3-5	Sa	Jan 11-Mar 7 11:40am-12:10pm	\$112	12801-03
	3-5	М	Apr 13-May 11 6:40pm-7:10pm	\$112	12801-04
	3-5	Th	Apr 16-May 14 6:40pm-7:10pm	\$70	12801-05
	3-5	Sa	Apr 18-May 16 9:40am-10:10am	\$70	12801-06
	3-5	Sa	Apr 18-May 16 11:40am-12:10pm	\$70	12801-07

#### **BEGINNER 1 SWIMMING**

This class is an introduction to water skills and builds basic swimming skills for comfort in the water. Class introduces floating, kicking, gliding, arm and leg action, swimming independently on front/back (10 ft), and breath control. (Ratio 4:1) No program: 1/20, 2/15, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-14	М	Jan 6-Mar 9 7:15pm-7:55pm	\$112	13800-01
5-14	Th	Jan 9-Feb 27 7:15pm-7:55pm	\$112	13800-02
5-14	Sa	Jan 11-Mar 7 10:00am-10:45am	\$112	13800-03
5-14	Sa	Jan 11-Mar 7 12:00pm-12:40pm	\$112	13800-04
5-14	М	Apr 13-May 11 7:15pm-7:55pm	\$70	13800-05
5-14	М	Apr 13-May 11 7:15pm-7:55pm	\$70	13800-06
5-14	Th	Apr 16-May 14 7:15pm-7:55pm	\$70	13800-07
5-14	Sa	Apr 18-May 16 10:00am-10:40am	\$70	13800-08
5-14	Sa	Apr 18-May 16 12:00pm-12:40pm	\$70	13800-09

#### **BEGINNER 2 SWIMMING**

This class is for those who have passed Beginner 1 or are able to float on front and back (5 sec) and independent swim (10 ft on front/back). Class builds on Beginner 1 skills introducing front and back crawl, elementary backstroke and fundamental techniques while building endurance to swim front crawl (15 ft). (Ratio 5:1) No program: 1/20, 2/15, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-14	М	Jan 6-Mar 9 7:15pm-7:55pm	\$112	13801-01
5-14	Th	Jan 9-Feb 27 7:15pm-7:55pm	\$112	13801-02
5-14	Sa	Jan 11-Mar 7 11:00am-11:40am	\$112	13801-03
5-14	М	Apr 13-May 11 7:15pm-7:55pm	\$70	13801-04
5-14	Th	Apr 16-May 14 7:15pm-7:55pm	\$70	13801-05
5-14	F	Apr 17-May 22 6:40pm-7:25pm	\$70	13801-06
5-14	Sa	Apr 18-May 16 11:00am-11:40am	\$70	13801-07

### SWIM LESSON POLICIES Questions? Call 763-509-5200

- No refund will be given for a single canceled class due to circumstances beyond our control.
- Proper placement in the appropriate level is critical to your child's success. Please read the class descriptions carefully.
- Child must meet level's age requirement by first day of class and successful completion of previous level or equivalent skills required.
- · All levels include water safety instruction.
- Tight-fitting plastic pants required over Little Swimmers (or similar) if child is not toilet trained. No diapers.
- All staff are Red Cross-certified; Lifeguards are on duty.



#### ADVANCED BEGINNER SWIMMING

A class for those who have passed Beginner 2 or have the equivalent skills. Class concentrates on stroke development, through guided practice, to swim front crawl and back crawl (15 yds each). 30 yd. endurance swim. Intro of elementary back stroke (15 ft), treading water, and diving introduction. (Ratio 6:1). No program: 1/20, 2/15, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	М	Jan 6-Mar 9 8:00pm-8:45pm	\$112	13802-01
6-14	Th	Jan 9-Feb 27 8:00pm-8:45pm	\$112	13802-02
6-14	Sa	Jan 11-Mar 7 9:00am-9:45am	\$112	13802-03
6-14	Sa	Jan 11-Mar 7 11:00am-11:45am	\$112	13802-04
6-14	М	Apr 13-May 11 8:00pm-8:45pm	\$70	13802-05
6-14	Th	Apr 16-May 14 8:00pm-8:45pm	\$70	13802-06
6-14	Sa	Apr 18-May 16 9:00am-9:45am	\$70	13802-07
6-14	Sa	Apr 18-May 16 11:00am-11:45am	\$70	13802-08



#### INTERMEDIATE 1 SWIMMING

A class for those who have passed Advanced Beginner or have the equivalent skills. Class stresses technique and endurance with front and back crawl and elementary backstroke (25 yds). Class introduces breast stroke kick and dolphin kicks, diving progression, deep water skills, lap swimming, and 50 yds endurance swim. (Ratio 6:1) No program: 1/20, 2/15, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	М	Jan 6-Mar 9 8:00pm-8:45pm	\$112	13803-01
6-14	Sa	Jan 11-Mar 7 9:00am-9:45am	\$112	13803-02
6-14	М	Apr 13-May 11 8:00pm-8:45pm	\$70	13803-03
6-14	Sa	Apr 18-May 16 9:00am-9:45am	\$70	13803-04

#### **INTERMEDIATE 2 SWIMMING**

This class is for those who have passed Intermediate 1 or have equivalent skills. Class stresses stroke refinement of swimming 25 yds of front crawl, elementary back stroke, with a combined endurance swim of 100 yds. Class introduces breast stroke and side stroke coordination (15 yds), dolphin kick, and refines dives and deep water skills. (Ratio 6:1) No program: 2/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Th	Jan 9-Feb 27 8:00pm-8:45pm	\$112	13804-01
6-14	Sa	Jan 11-Mar 7 12:00pm-12:45pm	\$112	13804-02
6-14	Th	Apr 16-May 14 8:00pm-8:45pm	\$70	13804-03
6-14	Sa	Apr 18-May 16 12:00pm-12:45pm	\$70	13804-04

#### ADVANCED 1 SWIMMING

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer (ratio 6:1) No program: 1/20, 2/14, 2/15, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	М	Jan 6-Mar 9 8:00pm-8:45pm	\$112	13805-01
8-14	F	Jan 24-Mar 20 6:40pm-7:24pm	\$112	13805-02
8-14	Sa	Jan 11-Mar 7 10:00am-10:45am	\$112	13805-03
8-14	М	Apr 13-May 11 8:00pm-8:45pm	\$70	13805-04
8-14	Sa	Apr 18-May 16 10:00am-10:45am	\$70	13805-05

#### **ADVANCED 2 SWIMMING**

Objectives: Perfect all strokes (front crawl and back crawl 100 yds., elementary backstroke, breaststroke, and sidestroke 50yds, butterfly 25yds), tread water 5 minutes, endurance swim 500yds. (ratio 6:1). No program: 2/14.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	Th	Jan 9-Feb 27 8:00pm-8:45pm	\$112	13806-01
8-14	F	Jan 24-Mar 20 7:35pm-8:20pm	\$112	13806-02
8-14	Th	Apr 16-May 14 8:00pm-8:45pm	\$70	13806-03





#### LIFEGUARD INSTRUCTOR TRAINING

By becoming an American Red Cross Lifeguard Instructor, you will gain the knowledge and applicable skills needed to effectively teach Red Cross Lifeguard classes including variations and associated certifications. This is a blended learning course to keep in class instruction concise and application based. Must be currently 17 years of age and ARC Lifeguard certified for 6 months.

AGES	DAY	DATE & TIME	COST	ACTIVITY
17+	F, Sa, Su	Dec 13-Dec 15 Fri: 5:00pm-10:00pm Sa & Su: 9:00am-6:00pm	\$250**	14805-01

<sup>\*\*</sup> With an additional \$37.00 American Red Cross fee

#### LIFEGUARD COURSE

Upon successful completion of this blended learning course, you will obtain the skills and knowledge to prevent, recognize, and respond to aquatic emergencies. In addition you will earn certifications in Lifeguarding, CPR/AED PRO, and First Aid. Pre-Skills course test: April 21, 6:30–8:00 pm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	F, Sa, Su	May 1-May 3 Fri: 5:00pm-10:00pm Sa & Su: 9:00am-6:00pm	\$175	14804-01

#### WATER SAFETY INSTRUCTOR

Gain the skills you need to become an American Red Cross Instructor. After completing this course, you will be able to confidently teach all ages and skill levels for stroke development and refinement as well as key components of water safety.

Pre Skills Test: March 13, 6:30–8:00 pm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
17+	Su	Mar 20-Mar 22 Fri: 5:00pm-10:00pm Sa & Su: 9:00am-6:00pm	\$175**	14806-01

<sup>\*\*</sup> With an additional \$37.00 American Red Cross fee



#### Enjoy the pool with your group, club or organization.

Wayzata East Pool and Wayzata West Pool rental fee is \$95/hour and includes two lifeguards. Large groups will be charged for additional guards. Call 763-509-5200 at least two weeks in advance.

NOTE: Rentals are dependent upon pool and lifeguard availability, limited hours. No Sunday Rentals.



# Do you love kids? How about being in the water? We have the perfect job for you!

We are looking for prospective lifeguards, swimming assistants and instructors. Training for qualified candidates, including Lifeguard certification.

For part-time hours, school year and summer positions (part-time and full-time) lifeguarding or teaching swimming for Plymouth Parks and Recreation, apply on-line at plymouthmn.gov or call 763-509-5200 for more information.

# **OPEN SWIM**

FRIDAY NIGHTS - 6:45-8:30 PM

Wayzata East Middle School Pool 12000 Ridgemount Avenue

#### **DATES:**

JANUARY 10, 17, 24, 31 / FEBRUARY 7, 21, 28 MARCH 6, 13, 20 / APRIL 17, 24 / MAY 1, 8, 15

#### COST:

\$5 individual or child / \$15 family of four

- Lap lane available
- Non-swimmers/children under 36" must be accompanied by an adult
- Parents/adults must directly supervise children 6 and under
- A swim test is required before children can use the deep end and diving board

#### **FAMILIES:**

- Enjoy swimming together
- Bring toys, noodles and lifejackets (no waterwings/inflatable swimsuits)
- Schedule subject to change
- Summer Camp and Scout swim testing available.
   Call 763-509-5200 for more information.

#### CLASS DESCRIPTIONS (please see schedule on next page)



#### **SKATING BEGINNERS (AGES: 4-6)**

For children that have never been on ice. Helmets required.

#### **SKATING BEGINNER/INTERMEDIATE (AGES: 4-6)**

For children who have skated previously and can walk on the ice. They must know how to fall down and get up on their own.

#### SKATING PRE-ALPHA LEVEL 1 (AGES: 7-15)

A beginner level class for children ages 7-15 with little to no skating experience. Helmets required at this beginner level.

#### SKATING PRE-ALPHA LEVEL 2 (AGES: 4-15)

Class Elements: One foot glide, right/left, two-foot glide, forward/backward swizzles, backward wiggle, two foot turns in place, forward pumps on circles.

#### **SKATING ALPHA (AGES: 4-18)**

Pre-reg: Pre-Alpha. Class Elements: Forward stroking, forward crossover (both directions), one-foot snowplow stop, backward one-foot glides, backward pumps on circle, moving two foot

#### **SKATING BETA (AGES: 4-18)**

Pre-reg: Alpha. Class Elements: Backward stroking, backward crossovers both directions, t-stop, backward edges on circle. side toe hop/shuffle, forward edges.

#### **SKATING GAMMA (AGES: 4-18)**

Pre-rea: Beta, Class Elements: Forward outside 3-turns, inside open Mohawk, hockey stop, moving backward two-foot turns on circle chasse

#### **SKATING DELTA (AGES: 4-18)**

Pre-reg: Gamma. Class Elements: Forward inside 3-turn, forward consecutive edges, shoot the duck/lunge, bunny hop, backward crossover to backward outside alide, backward outside edge transitions on circle

#### SKATING FREESTYLE 1-6 (AGES: 4+)

Pre-reg: Delta. Advanced figure skating lessons. Class Elements: COST: \$60 Jumps and spins.

#### **SKATING HOCKEY 1 (AGES: 4+)**

For those who are starting to play or preparing to play hockey. This is NOT a beginner class. This is a skating skills class - no sticks or pucks. Participants must have hockey skates and know how to fall and recover. Class Elements: Proper stance, stationary snowplow stop, forward marching, dips and glides, backwards wiggle, stationary two-foot turns, forward swizzles, rocking horses, t-pushes.

#### **SKATING HOCKEY 2 (AGES: 4+)**

Pre-reg: Hockey 1. For those with moderate skating experience. Must have hockey skates. Class Elements: Forward power swizzles, backward C-cuts, backward snowplow stops, forward/backward C-cuts on circle plus glides, skateboard push, t-push with glides.

#### SKATING HOCKEY 3 (AGES: 4+)

Pre-Reg: Hockey 2. For those with considerable skating experience. Must have hockey skates. Class Elements: One-foot snowplow stops, full stride v-pushes, shuffle stride, backward hustle, forward and backward crossovers, hockey stops, quick starts, forward power turns, mohawks, alternating backward crossovers with wide transitions.

#### SKATING CONTRACT ICE

Plymouth Ice Center, 3650 Plymouth Boulevard

Contract ice is an opportunity for skaters to come and practice their skating skills on reserved ice time. Walk-ins are welcome at a rate of \$16 per hour, \$8 per half hour.

DAY	DATE	TIME	ACTIVITY
Sa	Jan 11-Feb 29	8:30am-9:00am	16200-01
Su	Jan 12-Mar 1	2:15pm-3:15pm	16200-02
Tu	Mar 31-May 19	4:00pm-4:30pm	16200-03

#### **SKATING ADULT**

Plymouth Ice Center, 3650 Plymouth Boulevard

Beginner through advanced levels using basic skills.

AGES: 16+ COST: Res \$102 | Non-Res \$116

DAY	DATE	TIME	ACTIVITY
Su	Jan 12-Mar 1	4:05pm-4:35pm	16201-01
Su	Jan 12-Mar 1	6:30pm-7:00pm	16201-02
Tu	Mar 31-May 19	6:20pm-6:50pm	16201-03



#### **GENERAL INFORMATION**

- Beginning levels are required to wear helmets.
- Skaters MUST be at least 4 years old by the start of the class no exceptions will be made.
- Participants receive an open-skating punch card (free for 4 sessions), valid through one month after the registered session's end date.
- Rental skates available for \$3/lesson.
- Parents are not allowed on the ice during class time.
- For safety reasons, no shoes allowed on the ice.

#### **PROPER ATTIRE**

Skaters will benefit more from a lesson with proper skates. We prefer boots be of leather rather than vinyl and they should have strong ankle support. Skates should not crease or buckle when worn, and should fit to the foot size and not have excess 'room to grow'. Blades should be of high tempered steel and properly sharpened. Double runner blades are NOT allowed.

It is important that all skaters are warm and comfortable while skating. We suggest dressing in layers and request all skaters to wear mittens or gloves.



3650 PLYMOUTH BLVD.

# WINTER SESSION COST:

Res \$102 | Non-Res \$116

#### **SATURDAY DATES:**

January 11-Feb 29

#### **SUNDAY DATES:**

January 12-March 1

# SPRING SESSION COST:

Res \$102 | Non-Res \$116

**TUESDAY DATES:** 

Mar 31–May 19

Plymouth Skate School offers a fun and safe learning environment for students of all ages and abilities to learn how to skate.

	2 " " " " " " " " " " " " " " " " " " "		
TIME	SESSION	DAY	ACTIVITY
SKATING BEGIN	INERS		
9:00am-9:30am	Winter	Sa	16203-01
9:35am-10:05am	Winter	Sa	16203-02
10:55am-11:25am	Winter	Sa	16203-03
11:30am-12:00pm	Winter	Sa	16203-04
2:15pm-2:45pm	Winter	Su	16203-05
3:30pm-4:00pm	Winter	Su	16203-06
4:05pm-4:35pm	Winter	Su	16203-07
5:25pm-5:55pm	Winter	Su	16203-08
6:00pm-6:30pm	Winter	Su	16203-09
4:35pm-5:05pm	Spring	Tu	16203-10
5:10pm-5:40pm	Spring	Tu	16203-11
5:45pm-6:15pm	Spring	Tu	16203-12
6:20pm-6:50pm	Spring	Tu	16203-13

#### **SKATING BEGINNER/INTERMEDIATE**

9:00am-9:30am	Winter	Sa	16204-01
9:35am-10:05am	Winter	Sa	16204-02
11:30am-12:00pm	Winter	Sa	16204-03
2:45pm-3:15pm	Winter	Su	16204-04
3:30pm-4:00pm	Winter	Su	16204-05
4:05pm-4:35pm	Winter	Su	16204-06
6:00pm-6:30pm	Winter	Su	16204-07
4:35pm-5:05pm	Spring	Tu	16204-08
5:10pm-5:40pm	Spring	Tu	16204-09
5:45pm-6:15pm	Spring	Tu	16204-10
6:20pm-6:50pm	Spring	Tu	16204-11
6:55pm-7:25pm	Spring	Tu	16204-12

SEE INFORMATION AND DATES FOR OPEN SKATE ON PAGE 7

TIME	SESSION	DAY	ACTIVITY
SKATING PRE-A	LPHA LEV	EL 1.	
9:00am-9:30am	Winter	Sa	16205-01
10:55am-11:25am	Winter	Sa	16205-02
11:30am-12:00pm	Winter	Sa	16205-03
2:45pm-3:15pm	Winter	Su	16205-04
3:30pm-4:00pm	Winter	Su	16205-05
4:05pm-4:35pm	Winter	Su	16205-06
6:00pm-6:30pm	Winter	Su	16205-07
4:35pm-5:05pm	Spring	Tu	16205-08
5:45pm-6:15pm	Spring	Tu	16205-09
6:55pm-7:25pm	Spring	Tu	16205-10
SKATING PRE-A	LPHA LEV	EL 2	
9:00am-9:30am	Winter	Sa	16206-01
9:35am-10:05am	Winter	Sa	16206-02
11:30am-12:00pm	Winter	Sa	16206-03
3:30pm-4:00pm	Winter	Su	16206-04
4:05pm-4:35pm	Winter	Su	16206-05
5:25pm-5:55pm	Winter	Su	16206-06
6:30pm-7:00pm	Winter	Su	16206-07
4:35pm-5:05pm	Spring	Tu	16206-08
5:10pm-5:40pm	Spring	Tu	16206-09
6:20pm-6:50pm	Spring	Tu	16206-10
6:55pm-7:25pm	Spring	Tu	16206-11
SKATING ALPHA	1		
9:35am-10:05am	Winter	Sa	16207-01
10:55am-11:25am	Winter	Sa	16207-02
3:30pm-4:00pm	Winter	Su	16207-03
5:25pm-5:55pm	Winter	Su	16207-04
6:30pm-7:00pm	Winter	Su	16207-05
5:10pm-5:40pm	Spring	Tu	16207-06
4:20mm 4:50mm	Cumina	т.,	1/207 07

Tu

Tu

16207-07

16207-08

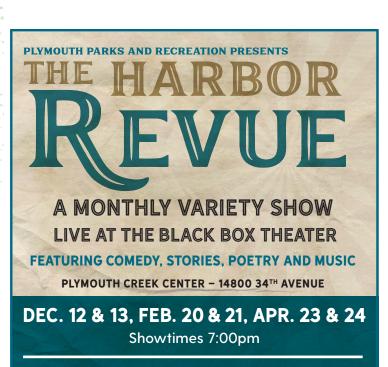
Spring

Spring

6:20pm-6:50pm

7:30pm-8:00pm

	1	TIME	SESSION	DAY	ACTIVITY	
3	SKATING BETA					
		10:10am-10:40am	Winter	Sa	16208-01	
- ^	3	4:40pm-5:10pm	Winter	Su	16208-02	
		6:30pm-7:00pm	Winter	Su	16208-03	
2	,	5:45pm-6:15pm	Spring	Tu	16208-04	
		6:55pm-7:25pm	Spring	Ţu	16208-05	
		SKATING GAMMA				
	13	10:10am-10:40am	Winter	Sa	16209-01	
		4:40pm-5:10pm	Winter	Su	16209-02	
_		7:30pm-8:00pm	Spring	Tu	16209-03	
_		SKATING DELTA				
_		10:10am-10:40am	Winter	Sa	16210-01	
_		4:40pm-5:10pm	Winter	Su	16210-02	
_		7:30pm-8:00pm	Spring	Tu	16210-03	
_		SKATING FREESTYLE 1-6				
_		10:10am-10:40am	Winter	Sa	16211-01	
_		4:40pm-5:10pm	Winter	Su	16211-02	
_		7:30pm-8:00pm	Spring	Tu	16211-03	
_		SKATING HOCKEY 1				
_		0:55am-11:25am	Winter	Sa	16212-01	
_		2:15pm-2:45pm	Winter	Su	16212-02	
_		5:25pm-5:55pm	Winter	Su	16212-03	
_		5:10pm-5:40pm	Spring	Tu	16212-04	
_		6:55pm-7:25pm	Spring	Tu	16212-05	
_		SKATING HOCK	EY 2			
_		10:10am-10:40am	Winter	Sa	16213-01	
_		4:40pm-5:10pm	Winter	Su	16213-02	
_		5:45pm-6:15pm	Spring	Tu	16213-03	
_		SKATING HOCK	EY 3			
		6:00pm-6:30pm	Winter	Su	16214-01	
		7:30pm-8:00pm	Spring	Tu	16214-02	



TICKETS: \$15 ONLINE, \$20 AT DOOR

STUDENT/SENIOR DISCOUNT: \$10 ONLINE, \$15 AT DOOR

Produced by Harbor Repertory Theater with support from The Plymouth Arts Council

PLYMOUTHMN.GOV | WWW.HARBORREP.ORG

THANK YOU! 2019 SPONSORS



For sponsorship opportunities, visit plymouthmn.gov/sponsors



# FEBRUARY 1.3-7PM

PARKERS LAKE PARK, COUNTY ROAD 6 & NIAGARA LANE



### **ACTIVITIES**

Hayrides · Pony and Sled Dog Rides · Recycle Bin Races · Games on Ice
Youth Ice Fishing Contest · Skating · Food Vendors and more!

TIMES VARY BETWEEN 3-6PM

FIREWORKS FINALE AT 6:30PM

MORE INFO COMING IN JANUARY: PLYMOUTHMN.GOV



### OLD FASHIONED CHRISTMAS

#### December 7, 2-5pm Plymouth Creek Park

Enjoy the sights, sounds, smells and tastes of the holidays; sleigh rides, musical performances and cookies. Visit with Santa and his reindeer. Co-sponsored by the Plymouth Historical Society.

PRISM Toy Drive! New, unwrapped toys and gifts will be collected for local children.

Free Event

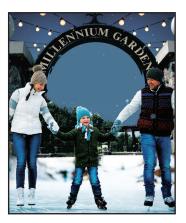


### BELGIAN WAFFLE BREAKFAST

Sunday, January 26, 9am—12:30pm Plymouth Creek Center

Ages 5 & under: \$4, Ages 6 & older: \$7. Pay at the door.

All you can eat "made from scratch" waffles from Dad's Belgian Waffle Co. served hot right off the griddle with sausage, syrups, toppings, coffee and juice. This senior fundraiser will support senior events at the Plymouth Creek Center.



#### SKATE THE GARDEN

### January 16, 6–8pm Millennium Gardens, Plymouth Creek Center

Come see the Millennium Garden be transformed into a skating wonderland. Embrace winter and see this special facility in a whole new way – lights, music and a frozen pond will replace blooming flowers, waterfalls and fish-filled water. Hot Chocolate and treats provided.

Free Event



#### WEDDING OPEN HOUSE

Thursday, February 13, 5:00pm-7:30pm Plymouth Creek Center, 14800 34th Avenue N

Please join us for an evening of vendors, food, ideas & wedding planning!

What is an OPEN HOUSE?

It's a great way to start your wedding planning! It's a totally free event, open to brides & grooms, no matter what venue you choose to host your wedding day.

You'll be able to come and go as you please while you taste catering samples and engage with vendors.



### AFTER HOURS AT THE CREEK

### January 24, 6:30pm-10:00pm Plymouth Creek Center - \$30/ticket

This adults-only (21+) event is the perfect night out in the middle of winter. Join us at the Plymouth Creek Center for appetizers, dinner, music, games and inflatables in the dome. The featured headliner is comedian Mary Mack. Ticket cost includes one drink ticket, food and all entertainment for the night.

See ad on page 30



### TREE & SHRUB SALE

Opens March 1, 2020 Shrubs under \$15 / Trees \$25-\$45

Get help choosing the right plant at the

Tree & Shrub Sale Preview
Thursday, February 27 from 6:30pm - 7:30pm
Plymouth Maintenance Facility, 14900 23rd Ave.

For more information, visit www.plymouthmn.gov/treesale for all the details starting March 1.



### KID'S GARAGE SALE

Sunday, May 3, 12:00pm-2:30pm Plymouth Creek Center

Kids: Here is a way for you to make money! Clear out those old toys, games and clothes you no longer want and come sell them at our event. Must be age 6-13 to rent a table (Res \$15, Non-Res \$20). This is a garage sale for kids and run by kids! Shoppers, support your young entrepreneurs!



BARK IN THE PARK

May 30, 10:00am - 1:00pm Hilde Performance Center

Spoil your favorite furry friend out at the park and meet other dog lovers. Activities and contests along with info and products from local vendors.





### MUSIC IN PLYMOUTH

July 14, 5:30pm-10:30pm Hilde Performance Center

Revel in an enchanted evening of music under the stars featuring musical performances including the Minnesota Orchestra. Stay for the grand finale, a spectacular fireworks display set to music!

Sponsored by the Plymouth Civic League. For more info, visit musicinplymouth.org.

Free Event



# **APRIL 17-19**

Plymouth Creek Center, 14800 34th Ave N | times vary

Come support local creatives. Primavera features a juried art exhibit, performances in music and the literary arts. Primavera is a partnership with Plymouth Arts Council and City of Plymouth.

For more information and full schedule of events, visit plymouthartscouncil.org.



# Plymouth Arts Council (PAC) plymouthartscouncil.org

A non-profit organization. Our mission is to promote awareness and appreciation of visual, musical, literary and theater arts. PAC sponsors community art endeavors and provides partial funding to the Plymouth Concert Band.



# Plymouth Concert Band plymouthconcertband.org

Members of the band all share in one thing, their love of music and the desire to bring the arts to the citizens of Plymouth.

They strongly emphasize quality through direction, musical literature, commitment of the players and rehearsal requirements.













# **SATURDAY, APRIL 18**

9AM-2PM | PLYMOUTH CREEK CENTER DOME, 14800 34th Ave N

Visit with local businesses, community groups and non-profits. Learn about city services and connect with City Council. Shop the marketplace for homemade and handmade goods. Explore health and wellness opportunities.

Discover your community.

# NOW ACCEPTING VENDOR APPLICATIONS

Business · Home Improvement · Wellness · Volunteer Opportunities

Interested in being a vendor? Visit plymouthmn.gov/specialevents

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Residential Postal Customer

Mon - Fri: 8 am - 4:30 pm

